Contents

MAIN ARTICLES
Development and Evaluation of a Cognitive Behavioural Intervention for Chronic Post-Stroke Insomnia 641
Katie Herron, Lorna Faruqhi, Abigail Wroe & Annette Sterr

Adapted CBT to Stabilize Sleep on Psychiatric Wards: a Transdiagnostic Treatment Approach 661
Bryony Sheaves, Louise Isham, Jonathan Bradley, Colin Espie, Álvaro Barrera, Felicity Waite, Alison G. Harvey, Caroline Attard & Daniel Freeman

Effects of an Appearance-Focused Interpretation Training Intervention on Eating Disorder Symptoms 676
Berta J. Summers & Jesse R. Cougle

Accelerated Outpatient Individual Cognitive Behavioural Therapy for Social Anxiety Disorder: A Preliminary Pilot Study 690
Bethany M. Wootton, Alexandra Hurm, Annabelle Moody, Bethany R. Lusk, Valerie A. Ranson & Kim L. Felmingham

Imagery-Focused Cognitive Therapy (ImCT) for Mood Instability and Anxiety in a Small Sample of Patients with Bipolar Disorder: a Pilot Clinical Audit 706
Susie A. Hales, Marina Di Simplicio, Lalitha Iyadurai, Simon E. Blackwell, Kenny Young, Christopher G. Fairburn, John R. Geddes, Guy M. Goodwin & Emily A. Holmes

Does Mid-Treatment Insomnia Severity Mediate between Cognitive Behavioural Therapy for Insomnia and Post-Treatment Depression? An Investigation in a Sample with Comorbid Insomnia and Depressive Symptomatology 726
Annika Norell-Clarke, Maria Tillfors, Markus Jansson-Fröjmark, Fredrik Hollandare & Ingemar Engström

Are Schemas Passed on? A Study on the Association Between Early Maladaptive Schemas in Parents and Their Offspring and the Putative Translating Mechanisms 738
Johanna Sundag, Christine Zene, Leonie Ascon, Susanne Thoms & Anna M. Lincoln

BRIEF CLINICAL REPORTS
The Scarier the Better: Maximizing Exposure Therapy Outcomes for Spider Fear 754
Melissa M. Norberg, Arnie R. Nawins, Yan Jiang, Jianqiu Xu, Eduard Forcadell, Cristina Alberich & Brett J. Deacon

Preliminary Findings of a New Primary and Community Care Psychological Service in Northern Ireland: Low-Intensity Cognitive Behavioural Therapy for Common Mental Health Difficulties 761
Orla McDavitt-Petrovic, Karen Kirby, Orla McBride, Mark Shevin, Donal McAteer, Colin Gorman & Jamie Murphy

CORRIGENDUM 768