Depth Electrodes in Pediatric Epilepsy Surgery

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ABSTRACT: Background: The surgical removal of the epileptogenic zone in medically intractable seizures depends on accurate localization to minimize the neurological sequela and prevent future seizures. To date, few studies have demonstrated the use of depth electrodes in a pediatric epilepsy population. Here, we report our study of pediatric epilepsy patients at our epilepsy center who were successfully operated for medically intractable seizures following the use of intracranial depth electrodes. In addition, we detail three individuals with distinct clinical scenarios in which depth electrodes were helpful and describe our technical approach to implantation and surgery. Methods: We retrospectively reviewed 18 pediatric epilepsy patients requiring depth electrode studies who presented at the University of Alberta Comprehensive Epilepsy Program between 1999 and 2010 with medically intractable epilepsy. Patients underwent cortical resection following depth electrode placement according to the Comprehensive Epilepsy Program surgical protocols after failure of surface electroencephalogram and magnetic resonance imaging to localize ictal onset zone. Result: The ictal onset zone was successfully identified in all 18 patients. Treatment of all surgical patients resulted in successful seizure freedom (Engel class I) without neurological complications. Conclusion: Intracranial depth electrode use is safe and able to provide sufficient information for the identification of the epileptogenic zone in pediatric epilepsy patients previously not considered for epilepsy surgery.

Previous studies have shown that deep brain structures are more efficiently monitored with depth electrodes. Here, we report our experience with pediatric epilepsy patients treated with depth electrodes and report their outcomes. In addition, we describe three individuals with distinct clinical scenarios who exemplify the complex types of patients in whom depth electrodes can be helpful and detail our approach to surgery.

**METHODS**

We reviewed the medical records of 18 depth electrode patients (ten males and 8 females; ages 3-18 years) seen in our Comprehensive Epilepsy Program at the University of Alberta hospital between 1999-2010. Medical records were systematically evaluated for seizure history, neurologic examination, EEG, long-term video-electroencephalography (LTVEEG, Nicolet) monitoring, magnetic resonance imaging (MRI; Siemens 1.5 Tesla), neuropsychological assessment (Dr. T. Snyder), and depth electrode insertion, surgery, pathology, and post-operative outcomes.

**Pre-surgical evaluation**

All children experienced intractable seizures with failure of multiple medications and presented with unclear scalp EEG results or discordant preoperative data. Initially, all children admitted to the Pediatric Epilepsy Monitoring Unit were evaluated with multiple scalp EEG, LTVEEG, MRI, and neuropsychological evaluations. Depth electrode insertion was undertaken following a discussion at seizure conference because of lack of consistent concordance of data for the localization of epileptogenic foci using all of the above techniques.

Placement was determined by clinical seizure semiology, surface EEG, and MRI. For each patient a hypothesis was formulated, i.e. seizures are either from the right temporal or right frontal lobe, which could be answered by stereotactically placed depth electrodes.

**Depth electrode placement**

The neurologist and neurosurgeon met preoperatively to decide on the placement of the depth electrodes. This is based on seizure semiology, surface EEG, MRI and the hypothesis as to origin of seizures generated at seizure conference. The individual electrode trajectories are then planned and plotted using the neuronavigation system (Medtronic, Stealth). At the time of the operation the frameless stereotactic arm (“Olivier arm”, Hybex Industries) is used to align the depth electrode (DIXI medical) along the preoperatively planned trajectory. A two mm twist drill hole is made for each electrode insertion, and the electrode is passed down to the target. The electrodes are fixed in place using a guide screw and cap (DIXI medical) and a head dressing is applied. There is a 7 mm distance between each electrode and the number of electrodes is variable (between 4-16) per patient. Please see Figure 1 for sample illustration. The boundary for surgical resection was defined by a 5mm resection in all directions around the active zone identified preoperatively by the depth electrodes. Electrocorticography was not performed as it did not, in our experience, add any additional information about the epileptic zone.

**Post-surgical outcome**

Patients were assessed for complications, seizure frequency as well as neurological and cognitive outcome immediately and postoperatively, at three months, six months, and at one year follow up by our Comprehensive Epilepsy team. Each patient had a seizure diary, EEG and a neurological and neuropsychological exam. The patients were then seen annually in our epilepsy clinic (duration of one to ten years, mean of three years).

Seizure outcome is classified according to Engel’s classification into four main outcome categories based on the patient’s last postoperative seizure status. Patients who were seizure free or had only auras since surgery were assigned to...

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**Figure 1:** (Patient #2): Frontal vs Temporal seizures. a) Magnetic resonance imaging showing implanted frontal and temporal depth electrodes. b) Depth electrode electroencephalogram showing seizure origin (arrows) in right amygdala and hippocampus.
Class I; those patients who experienced rare seizures postoperative (two or more per year) were assigned to Class II; patients with a seizure reduction >75% were classified in Class III; and patients who experienced ≤ 75% reduction in seizure frequency were assigned to Class IV.

RESULTS

The demographic and clinical features of the 18 patients included in this study are described in the Table. The mean patient age was 14.1 years, with a range of 3 to 18 years. Ten patients were male and eight were female. The mean period of LVEEG monitoring was 7.5 days with a range of 1-17 days. All patients underwent preoperative neuropsychological testing and MRI. Eight patients had a normal MRI. Four patients were found to have a focal cortical dysplasia (one bifrontal, one left occipital, one left frontal, and one right temporal); one had multiple cortical tubers; two had gliosis (one left temporal as well as right frontal and one left occipital); one had bilateral mesial temporal sclerosis, while two had incidental findings (one a left subependymal cyst and one a cerebellopontine angle tumor) with otherwise normal cortical MRI.

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Table: Characteristics of patients with depth electrodes

<table>
<thead>
<tr>
<th>Subject</th>
<th>Gender</th>
<th>Age at seizure onset</th>
<th>Age at surgery</th>
<th>MRI</th>
<th>EEG discharges</th>
<th>Depth electrode Discharges</th>
<th>Surgery</th>
<th>Engel class</th>
<th>Complications</th>
<th>Pathology</th>
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<tr>
<td>1</td>
<td>M</td>
<td>15Y</td>
<td>17Y</td>
<td>N</td>
<td>L temporal and frontal</td>
<td>Bifrontal</td>
<td>L. orbito-frontal resection</td>
<td>I</td>
<td>No</td>
<td>FCD</td>
</tr>
<tr>
<td>2</td>
<td>M</td>
<td>8Y</td>
<td>15Y</td>
<td>L</td>
<td>L subependymal cyst</td>
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<td>R fronto-temporal</td>
<td>I</td>
<td>No</td>
<td>Gliosis</td>
</tr>
<tr>
<td>3</td>
<td>M</td>
<td>4Y</td>
<td>13Y</td>
<td>N</td>
<td>L occipital and frontal</td>
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<td>I</td>
<td>No</td>
<td>FCD</td>
</tr>
<tr>
<td>4</td>
<td>M</td>
<td>2Y</td>
<td>15Y</td>
<td>N</td>
<td>L frontal temporal</td>
<td>L frontal</td>
<td>L frontal insular resection</td>
<td>I</td>
<td>No</td>
<td>Gliosis</td>
</tr>
<tr>
<td>5</td>
<td>M</td>
<td>3MO</td>
<td>16Y</td>
<td>L</td>
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<td>Not a surgical candidate</td>
<td>N/A</td>
<td>N/A N/A</td>
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<tr>
<td>6</td>
<td>M</td>
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<td>5Y</td>
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<td>L hemisphere</td>
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<td>L frontal lesionectomy</td>
<td>I</td>
<td>No</td>
<td>Tuber</td>
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<tr>
<td>7</td>
<td>F</td>
<td>2.5Y</td>
<td>17Y</td>
<td>N</td>
<td>Bifrontal and L temporal</td>
<td>L anterior temporal resection</td>
<td>I</td>
<td>No</td>
<td>Gliosis</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>M</td>
<td>10Y</td>
<td>15Y</td>
<td>N</td>
<td>R frontal</td>
<td>Bifrontal</td>
<td>R frontal resection</td>
<td>I</td>
<td>No</td>
<td>N</td>
</tr>
<tr>
<td>9</td>
<td>F</td>
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<td>17Y</td>
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<td>L occipital</td>
<td>L occipital resection</td>
<td>I</td>
<td>No</td>
<td>FCD</td>
</tr>
<tr>
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<td>16Y</td>
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<td>Bifrontal</td>
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<td>I</td>
<td>No</td>
<td>FCD</td>
</tr>
<tr>
<td>12</td>
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<td>17Y</td>
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<td>R temporal</td>
<td>Bilateral temporal</td>
<td>R amygdalo hippocampectomy</td>
<td>I</td>
<td>No</td>
<td>MTS</td>
</tr>
<tr>
<td>13</td>
<td>M</td>
<td>6Y</td>
<td>18Y</td>
<td>N</td>
<td>Bifrontal and bi temporal</td>
<td>Left SMA resection</td>
<td>I</td>
<td>No</td>
<td>FCD</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>M</td>
<td>5Y</td>
<td>11Y</td>
<td>N</td>
<td>Generalized</td>
<td>Bitemporal</td>
<td>R mesial temporal resection</td>
<td>I</td>
<td>No</td>
<td>MTS</td>
</tr>
<tr>
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<td>F</td>
<td>6Y</td>
<td>13Y</td>
<td>L focal gliosis temporal and R frontal</td>
<td>Bifrontal</td>
<td>Bifronto-parietal</td>
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<td>I</td>
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<td>Gliosis</td>
</tr>
<tr>
<td>16</td>
<td>F</td>
<td>10Y</td>
<td>14Y</td>
<td>L occipital gliosis</td>
<td>L occipital</td>
<td>L parieto-occipital</td>
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<td>N/A</td>
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<tr>
<td>17</td>
<td>M</td>
<td>4Y</td>
<td>13Y</td>
<td>R amygdala FCD</td>
<td>R and L temporal</td>
<td>Bitemporal</td>
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<td>Gliosis</td>
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<tr>
<td>18</td>
<td>F</td>
<td>2Y</td>
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<td>L frontal FCD</td>
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<td>L frontal</td>
<td>L frontal lesionectomy</td>
<td>I</td>
<td>No</td>
<td>FCD</td>
</tr>
</tbody>
</table>

N, normal; F, female; M, male; Y, years; MO, months; L, left; R, right; FCD, focal cortical dysplasia; MTS, mesial temporal sclerosis; NPE, neurogenic pulmonary edema; N/A, not applicable.
The location and number of depth electrode placement varied depending on the individual case based on seizure semiology, surface EEG, and MRI. Of the 18 patients with depth electrodes five had unilateral (one right frontal, two left frontal, one left occipital, one left parieto-occipital) depth electrode placements and 13 had bilateral (four bifrontal, three bitemporal, two bioccipito-temporal, three bifronto-temporal, one bifronto-parietal) placements.

On the basis of data obtained from seizure semiology, depth EEG monitoring, and MRI a cortical resection was performed in 15 of 18 patients. One patient (#5) had bifrontal onset so that we did not proceed with surgery; another two patients (#9, #16) are awaiting surgery. The resection involved the frontal lobe in eight patients (six left, two right), of the temporal lobe in five (three right and one left anterior temporal as well as one mesial temporal), and of the left occipital lobe in two patients.

Seizure outcomes are described in Table 1. Of the 15 patients who underwent resection, the outcome currently is Engel Class I in all. One patient developed acute neurogenic pulmonary edema following bitemporal depth electrode placement and later underwent a right anterior temporal lobe lesionectomy and has been previously described in the literature and has been seizure free.

Histopathological examination revealed mesial temporal sclerosis in two cases, focal cortical dysplasia in six cases, a tuber (of tuberous sclerosis) in one case, and gliosis in five cases. One case did not show any tissue abnormality.

Case Presentations

Examples of three different cases, where implanted depth electrodes were helpful, are presented below to demonstrate usefulness of depth electrodes in specific clinical scenarios.

Case 1 (Patient #2): Frontal vs. Temporal lobe

Patient #2 was a 16-year-old, right-handed male with a history of complex partial seizures starting at the age of eight.

He was the product of a normal pregnancy and had no history of central nervous system (CNS) infection, trauma, or developmental delay. Neurological exam and cognition was normal. The family history was deemed to be non-contributory.

Starting at the age of eight years, the patient reported experiencing unusual episodes of “funny feelings” in both legs, which sometimes were more prominent in the left leg. These episodes were followed by falling down, whole body stiffening, and kicking. The events lasted for approximately 30 seconds and predominately occurred at night with left sided post-ictal weakness. A diagnosis of Frontal Lobe Epilepsy was made.

In the Pediatric Epilepsy Monitoring Unit, LTVEEG recordings showed right frontal lobe epileptic discharges, and MRI showed a small arachnoid cyst in the left anterior temporal lobe, which was considered an incidental finding. The patient was treated with carbamazepine but continued to have seizures. It was unclear if the seizures were of frontal or anterior temporal origin based on surface EEG recordings.

Subsequently, depth electrodes were implanted in both temporal and frontal regions (Figure 1a). All of the patient’s seizures were determined to have originated in the right temporal lobe, from the hippocampus and amygdala and spread to right frontal region (Figure 1b). As a result of this finding, the patient underwent epileptic surgery with a right anterior temporal lobectomy. He has been seizure free for the past five years.

Case 2 (Patient #12): Bitemporal depth electrode

The patient was a 17-year-old right handed female with history of complex partial seizures since the age of 18 months.

She was the product of a normal pregnancy and full term delivery. The patient met all normal milestones on time. There was a prolonged febrile seizure experienced at 18 months-of-age, which resulted in admission to the pediatric intensive care unit (PICU). The patient also had a history of migraine headaches and attention deficit disorder (ADD).

The seizures began at five years-of-age. The patient experienced an aura followed by a “funny smell” and a feeling of fear. This was normally followed by flushing of the skin, staring, and progressed to unresponsiveness. The seizures would last approximately 30-120 seconds, and would cluster. Clusters occurred every two weeks. The seizures were initially controlled with carbamazepine.

Over time the seizure frequency increased to the point of daily occurrence. At the time, the patient was admitted to The Pediatric Epilepsy Monitoring Unit (PEMU) and seizures with surface EEG were recorded from the left temporal lobe; an MRI revealed left Mesial Temporal Sclerosis (MTS). The patient was treated with escalating doses of carbamazepine.

Three years later, surface EEG revealed focal epileptic discharges from the right temporal lobe and the patient was re-admitted to the PEMU for additional testing. Results now showed that complex partial seizures were occurring independently, arising from both left and right temporal lobes. A repeat MRI now revealed bilateral Mesial Temporal Sclerosis. Clobazam was added to the carbamazepine regimen and seizures were incompletely controlled for another seven years.

The case was presented at a seizure conference. Because of bilateral MRI changes and a history of seizures from both left and right temporal lobes a decision to implant bilateral temporal depth electrodes was made (Figure 2a).

Following depth electrode implantation, it was found that the complex partial seizures originated exclusively from the right amygdala with spread over the right temporal lobe and later to the left temporal lobe (Figure 2b). Subsequently, a selective right amygdalohippocampectomy was performed. The patient has been seizure-free for the past two years on medication, although she still experiences auras.

Case 3 (Patient #6): Multiple intracranial tubers

Patient #6 was a 5-year-old, left-handed boy with Tuberous Sclerosis.

He was the product of a normal pregnancy and full term delivery. He was diagnosed to have Tuberous Sclerosis at three months-of-age, at which time he also started experiencing seizures. He had a rhabdomyoma, bilateral renal cyst, retinal hypopigmentation (no hamartomas), adenoma sebaceum, and shagreen spots. Moreover he exhibited global developmental delay and autistic spectrum disorder.

The seizures began at three months-of-age. They consisted of twitching on the right side of the face, drooling, and shaking of the right side of the body. Each of these episodes lasted 30-60 seconds. He was initially investigated in another epilepsy center.
and was treated with carbamazepine. Despite therapeutic intervention, he continued to have several seizures per day and night. According to records from the original treating hospital, he was treated with multiple medications including carbamazepine, vigabatrin, clobazam, valproic acid, and topiramate and not considered for epilepsy surgery in view of the presence of multiple tubers.

At the age of four years, he was referred to our center for a second opinion regarding epilepsy surgery having been refused surgery elsewhere. An MRI brain showed multiple tubers, including in the left sylvian fissure, left mesiofrontal, left frontal pole, right temporal lobe, and right frontal pole. The largest tuber was in left perisylvian region. Long-term video EEG recorded several stereotypical frontal lobe seizures. The seizure onset was in the left hemisphere with rapid secondary generalization although it was unclear from which tuber the seizure originated.

The patient had bilateral multiple depth electrodes implanted in the frontal and temporal lobes adjacent to the tubers (Figure 3a). A total of thirty-two seizures were recorded. All showed seizure onset from the left suprasylvian tuber with spread to the left frontal lobe, left SMA cortex, left frontal pole and right mesial frontal region (Figure 3b). The patient underwent a left suprasylvian fronto-central tuber resection and has been seizure-free for the past two years.

**DISCUSSION**

Victor Horsley (1886) and Wilder Penfield (1930) pioneered the use of epilepsy surgery in adult patients. Pediatric
epilepsy surgery was introduced in 1975 when Davidson and Falconer demonstrated that surgery could alter temporal lobe epilepsy \(^1\). Since then several studies have shown that pediatric epilepsy surgery provides gratifying outcome \(^1,2,5,6,14\). Still, the optimal criteria for selection are debated in the epilepsy community as epilepsy surgery in children is not simply an extension of treatment of adults. Heterogeneous causes of epilepsy, developmental progress, and capacity for plasticity of the brain as well as fears about surgical outcome makes pediatric epilepsy population unique from adults.

Depth electrode recording was first introduced in 1974 by Talairach and colleagues \(^15\) and have been studied for their accuracy, safety, and success rate in determining the location of a single epileptic zone that has proven difficult to identify by other non-invasive approaches \(^9,16-20\). However, few studies have reported the use of depth electrodes in the pediatric population \(^21-23\). In our center, we have successfully used depth electrodes for more than ten years to precisely localize the epileptogenic zones and have performed their surgical removal without major complications. Importantly, the long-term results of this procedure have been safe and excellent for all patients. Patients previously considered inoperable have had successful epilepsy surgery following depth electrode implantation and recording.

In our study we found that 71% (10/14) had extratemporal lesions compared to 29% (4/14) temporal lesion which is consistent with previous studies which show that extra-temporal lesions comprise a major percentage of pediatric epilepsy patients \(^24,25\). In terms of outcome, adult studies \(^17,26\) and some pediatric studies \(^27,28\) including our past series \(^9\) have shown that compared to temporal resection, with extra temporal resection fewer patients are rendered seizure free. However, our current study and others \(^29,30\) have shown excellent seizure reduction even with extra-temporal resection, likely because of the use of carefully coordinated invasive monitoring.

The pathological findings in surgical material from children with refractory epilepsy are different from those of adult patients. In pediatric epilepsy the most common pathology found was focal cortical dysplasia (FCD) \(^31\). In our group 35% had FCD which is a slightly higher percentage than in previous studies \(^32,33\) likely because FCD are extremely difficult to detect with imaging techniques \(^44\) and non invasive techniques. Unlike adult studies \(^17\), mesial temporal sclerosis is far less common in the pediatric population. In our study and other pediatric epilepsy studies \(^31\) mesial temporal sclerosis was found in 10-15% of patients.

In Case 1 MRI, surface long-term video EEG monitoring, and the clinical profile yielded discordant data. It was unclear if seizures were of frontal or temporal onset. When depth electrodes were placed in the right fronto-temporal region, it was revealed that the epileptic zone was in the hippocampus and amygdala with spread occurring ipsilaterally to the frontal lobe. Previous studies in primates have shown that the temporal lobe is extensively connected with the orbitofrontal and medial prefrontal cortex \(^35-37\) and this connection has been demonstrated physiologically in humans \(^38\). Therefore, it was not surprising when the surface EEG recording for this patient showed a right frontal discharge while the clinical seizures suggested frontal lobe seizure semiology. Once we were able to successfully recognize the seizure generators in the hippocampus and amygdala and remove them via a selective amygdalo-hippocampectomy, the patient became seizure free while leaving the frontal lobe intact.

For Case #2, bilateral independent epileptiform abnormalities involving both temporal lobes on scalp EEG have been observed in about 30% of temporal lobe epilepsy patients \(^38-40\), often making it challenging to localize the epileptogenic zone and with poor surgical outcome. However, approximately 20% of seizures rapidly spread to the contralateral hippocampus through the hippocampal commissure or frontal limbic pathways \(^41,42\). In Case 2, imaging results showed bilateral MTS, and the clinical seizures and surface EEG recordings did not conclusively identify the side of origin and the epilepsy surgery was delayed. With the use of depth electrodes we were able to localize the ictal zone and correct side and excise it with excellent surgical results following a selective amygdalohippocampectomy. A previously inoperable patient became operable with good results.

Epileptic seizures are very common in patients suffering from Tuberous Sclerosis and 50% of these seizures become intractable. Identification of the epileptogenic zone is challenging given the potentially multiple epileptogenic lesions visible on MRI \(^13,43,44\). Children (such as our Case 3) who present with multiple tubers may become refractory to multiple medications. Surface electrodes could not identify the tuber responsible for seizures and he was refused epilepsy surgery. Depth electrodes identified the candidate tuber with excellent results in a patient also previously considered inoperable.

The advantages of using depth electrode over scalp EEG monitoring has long been described \(^3,8\). Over the past decade, various intracranial recording techniques have been used to localize the epileptic origin. Some centers have relied on the use of epidural electrodes to study wide cortical regions in an attempt to localize, or more often lateralize, seizures \(^46\). Similarly, foramen ovale electrodes have been used to localize mesial temporal discharges because they may be placed extra-operatively and lie outside the dura \(^47\). We have previously used subdural EEG recording in our patients requiring invasive monitoring. However, a major disadvantage of all of these intracranial recording modalities, aside from a craniotomy and complications such as infection, aseptic meningitis, inflammation, and hemorrhage, is their ineffectiveness to specifically localize the epileptogenic zone and in some cases providing false lateralization \(^48\). Shift in plate location remains a major drawback. According to the most recent study by Placantonakis, the use of depth electrodes represents the most accurate way of localizing epileptic origin \(^49\). We have been implanting depth electrodes for ten years with the help of an experienced team and we have experienced only rare complications during the post-implantation stage \(^50\). Patients are up and about following implantation with no morbidity. Moreover, patients achieve complete seizure freedom after accurate localization and resection of the epileptogenic zone.

One of the most complex issues in epilepsy surgery is accurately targeting the foci and removing the zone of interest while producing a minimal amount of additional neurological damage. Depth electrodes have a very focal and limited recording potential, so a well-established hypothesis and identification of the epileptic zone is needed prior to implantation. We recently have started using stereotactic guided MRI for depth electrode placement. It has been shown that MRI-
guided stereotactic implantation may substantially reduce the risk of complication. Although, depth electrodes can be used to functionally map brain function, we rarely did this in our young patient group due to high resistance of brain, unpredictable results, and lack of normative data as in adult patients.

**Conclusion**

We retrospectively evaluated a heterogeneous pediatric cohort with medically intractable epilepsy treated successfully following the use of depth electrodes to identify the epileptic zone. Many of these patients were previously considered inoperable based on surface EEG and MRI. New data following depth implantation allowed us to proceed with epilepsy surgery in these patients. The clinical outcomes achieved, including complete resolution of seizures with few post-operative complications, indicate that depth electrodes can provide additional information towards accurately localizing the epileptogenic zone and can be safely used in the pediatric population. Many patients considered inoperable may now become candidates for epilepsy surgery.

**References**


