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Psychiatric Disorders in Iranian Children and Adolescents: Application of the Kiddie-sads-present and Lifetime Version (K-sads-pl)

M. Mohammadi<sup>1</sup>, **N. Ahmadi**<sup>1</sup>, M. Salmanian<sup>1</sup>, S. Arman<sup>2</sup>, J. Khoshhal Dastjerdi<sup>3</sup>, A. Ghanizadeh<sup>4</sup>, A.L.I. Alavi<sup>4</sup>, A. Malek<sup>5</sup>, H. Fathzadeh Gharibeh<sup>5</sup>, F. Moharreri<sup>6</sup>, P. Hebrani<sup>6</sup>, A.L.I. Motavallian<sup>7</sup>

¹Psychiatry and Psychology Research Center, Tehran University of Medical Sciences, Tehran, Iran; ²Behavioral Sciences Research Center, Isfahan University of Medical Sciences, Isfahan, Iran; ³Department of Geography, Geographic Sciences and Planning Faculty University of Isfahan, Isfahan, Iran; ⁴Research Center for Psychiatry and Behavioral Sciences, Shiraz University of Medical Sciences, Shiraz, Iran; ⁵Clinical Psychiatry Research Center, Tabriz University of Medical Sciences, Tabriz, Iran; <sup>6</sup>Psychiatry and Behavioral Sciences Research Center, Mashhad University of Medical Sciences, Mashhad, Iran; <sup>7</sup>Deputy of Research, Iran University of Medical Sciences, Tehran, Iran

**Objective:** The aim of the present study was toinvestigate the epidemiology of psychiatric disorders in adolescents in fiveprovinces of Iran: Tehran, Shiraz, Esfahan, Tabriz and Mashhad.

**Method:** In the present study, 9636 children and adolescents aged 6-18 yearswere selected from Tehran, Shiraz, Esfahan, Tabriz and Mashhad. The clinicalpsychologists were instructed to complete the Strength and Difficulties Questionnaire (SDQ), then each of them that received high score in SDQ, complete the Persian version of Kiddie-Sads-Present and Lifetime Version (K-SADS-PL). Oneway ANOVA was used totest for significant differences of disorders according to sex, age and province of residence.

**Result:** Based on the results, the highest prevalenceof psychiatric disorders in the five provinces was related to conduct disorder (20.9%), and the lowest prevalence was related to substance abuse and alcohol abuse (0%). Also, ADHD had the most prevalence in boys (23.6%) and ODDhad the most prevalence in girls (19%). Among the 5 provinces, Tehran and Shiraz allocated the highest rates of ODD; Esfahan, Tabriz and Mashhad had the highest rates of social phobia

**Conclusion:** In this study, the highest prevalence ofpsychological problems in the five provinces was related to conduct problems, and the lowest prevalence was related to substance abuse and alcohol abuse. It was determined that girls have more ODD than boys. In the current study, the prevalence of psychiatric disorders in children and adolescents in the urban population in Tehran province was higher than expected.