International Psychiatry

<i>Guest editorial</i> Futures of psychiatrists 2020: external and internal challenges George Ikkos	79
Thematic papers – Alcohol misuse by the young: problems and solutions Introduction David Skuse	81
Perceptions of and attitudes to alcohol use among Pakistani medical students Nazish Imran, Imran Ijaz Haider, Atif Sohail, Mohsan Zafar and Muhammad Riaz Bhatti	82
Problem drinking among young people in Ireland Nnamdi Nkire and Izu Nwachukwu	84
A collaborative community approach to adolescent substance misuse in Iceland Inga Dora Sigfusdottir, Alfgeir L. Kristjansson, Margret L. Gudmunsdottir and John P. Allegrante	86
Country profiles Mental healthcare in the Slovak Republic: current situation and future challenges Jozef Dragašek and Alexander Nawka	88
Psychiatry in the USA: an overview Carol A. Bernstein, Bruce Hershfield and Deborah C. Cohen	90
Mental health in Zimbabwe Walter Mangezi and Dixon Chibanda	93
<i>Original papers</i> Personality profiles of patients with alcohol and drug misuse in a Nigerian treatment facility T. A. Adamson, P. O. Onifade, O. I. Ibikunle and E. B. Somoye	95
Public mental health services in Mumbai Ajanta Akhuly and Mrinmoyi Kulkarni	97
<i>Special paper</i> UK devolution and the international perspective of the College Nick Craddock	99
News and notes	100
Correspondence	101
Forthcoming international events	104



Journal affiliated to International Psychiatry: African Journal of Psychiatry

Editor

Hamid Ghodse

Deputy editor

David Skuse

Associate editor

Christopher Szabo (Editor, *African Journal of Psychiatry*)

Editorial board

John Cox Rachel Jenkins Nasser Loza Amit Malik Shekhar Saxena Fabrizio Schifano

Administrative support

Joanna Carroll

International Advisory Board

Dr Michel Botbol *France* Prof. Haroon Rashid Chaudhry *Pakistan* Prof. George Christodoulou *Greece* Dr Donald Milliken *Canada* Dr Gholam Reza Mir-Sepassi *Iran* Prof. R. N. Mohan *UK* Dr Olufemi Olugbile *Nigeria* Dr Vikram Harshad Patel *India* Dr Allan Tasman *USA* Prof. John Tsiantis *Greece* Prof. Yu Xin *China*

Subscriptions

International Psychiatry is published four times a year.

For subscriptions non-members of the College should contact: Publications Subscriptions Department, Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK tel. +44 (0)113 243 2800; fax +44 (0)113 386 8178; email subscriptions@maney.co.uk

For subscriptions in North America please contact: Maney Publishing North America, 875 Massachusetts Avenue, 7th Floor, Cambridge, MA 02139, USA tel. 866 297 5154 (toll free); fax 617 354 6875; email maney@maneyusa.com Annual subscription rates for 2010 (four issues, post free) are £28.00 (US\$50.00). Single issues are £8.00 (US\$14.40), post free.

Design $\ensuremath{\textcircled{O}}$ The Royal College of Psychiatrists 2010.

For copyright enquiries, please contact the Director of Publications and Website, Royal College of Psychiatrists.

All rights reserved. No part of this publication may be reprinted or reproduced or utilised in any form or by any electronic, mechanical or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

The views presented in this publication do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

International Psychiatry was originally published as (and subtitled) the *Bulletin of the Board of International Affairs* of the Royal College of Psychiatrists.

Printed in the UK by Henry Ling Limited at the Dorset Press, Dorchester DT1 1HD.

TMThe paper used in this publication meets the minimum requirements for the American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials, ANSI Z39.48-1984.

Notice to contributors

International Psychiatry publishes original and scientific articles, country profiles and points of view, dealing with the policy and promotion of mental health, the administration and management of mental health services, and training in psychiatry around the world. Correspondence as well as items for the news and notes column will also be considered for publication.

Manuscripts for publication must be submitted electronically to the Editor (hghodse@sghms.ac.uk), with a copy sent to the Secretariat (ip@rcpsych.ac.uk). The maximum length for papers is 1500 words; correspondence should not be longer than 500 words. The Harvard system of referencing should be used.

A declaration of interest must be given and should list fees and grants from, employment by, consultancy for, shared ownership in, or any close relationship with, any organisation whose interests, financial or otherwise, may be affected by the publication of your submission. This pertains to all the authors.

Manuscripts accepted for publication are copy-edited to improve readability and to ensure conformity with house style. Contributions are accepted for publication on the condition that their substance has not been published or submitted elsewhere.

About our peer-review process

All articles submitted as 'original papers' will be peer-reviewed to ensure that their content, length and structure are appropriate for the journal. Although not all papers will be accepted for publication, our peerreview process is intended to assist our authors in producing articles for worldwide dissemination. Wherever possible, our expert panel of assessors will help authors to improve their papers to maximise their impact when published.

Mission of International Psychiatry

The journal is intended primarily as a platform for authors from low- and middle-income countries, sometimes writing in partnership with colleagues elsewhere. Submissions from authors from International Divisions of the Royal College of Psychiatrists are particularly encouraged.