

This abstract presents the second interim results of patients treated with esketamine and whom data collection ranges from Oct.2019 and Sept.2021.

**Results:** 66.7% of patients were females. Average age was 49 years old with 26 patients > 65 years old. Duration of the current depressive episode was 26.0 months (mean). 48.8% of patient have > 1 suicide attempt during whole life. At esketamine initiation, 78.2% patients were clinically perceived to have severe depression with a MADRS score of 32.4 (median) and a PHQ9 score of 19.5 (median). For the overall sample, esketamine was prescribed in median as a 3<sup>rd</sup> line and for 40.5% of patients after neurostimulation. The majority of the patient started esketamine at 28 mg or 56 mg and increased the dose to 84 mg. After 4 months of treatment, clinical benefits are the following: decrease of MADRS total score -16.5 points (median) corresponding to 58% of responders and a PHQ9 total score decrease of -8.6 points (median). No new safety signal detected.

**Conclusions:** This second interim analysis describes patients' profiles and clinical evolution over a longer period and a broader population than the first interim analysis. The conditions of use are consistent with the ones approved by health authorities.

**Disclosure:** I (Marie-Alix Codet) works as a full employee at Janssen Cilag

**Keywords:** esketamine; Treatment Resistant Depression; retrospective study; Real World Evidence

## EPP0438

### Immune cells as a potential therapeutic agent in the treatment of depression

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**Introduction:** There are sufficient amount data on the immune cells and their biologically active products leading role in the pathogenesis of depression, which allows viewing modulated immune cells as model objects for developing new approaches to depression immunotherapy.

**Objectives:** We first demonstrated the ability of immune cells modulated outside the body by caffeine to edit depression-like behavior and showed the central cytokines-mediated mechanisms of this effect. Considering the important role of the peripheral immune system in the pathogenesis of depression, we investigated the main parameters of its functional activity after transplantation of modulated immunocytes.

**Methods:** (CBAXC57Bl/6) F1 depressive-like male mice, developed under the long-term social stress, were undergoing the transplantation of syngeneic immune cells with *in vitro* caffeine-modulated functional activity. Recipient's behavior and immune systems functional activity parameters were studied.

**Results:** We showed earlier significant positive psychoneuromodulatory effect of caffeine-treated immune cells in depressive-like recipients which manifests itself in the behavioral editing (anhedonia reduction, stimulation of exploratory behavior and activity in forced swimming test); hippocampal neurogenesis stimulation against the background of increased BDN and modulation of brain cell's cytokines production. Transplantation of caffeine-modulated immune

cells in syngeneic depressive-like recipients also leads to positive changes in the immune system functional activity as evidenced by enhanced immune response, splenocytes proliferation stimulation on the background of modulation of cell's cytokines production and decreased tryptophan catabolism, reducing systemic inflammation.

**Conclusions:** Results demonstrated that *in vitro* caffeine-modulated immune cells caused positive psychoneuroimmunomodulating effect in depressive-like recipients. So, its may be considered as a potential therapeutic agent in the treatment of depression.

**Disclosure:** No significant relationships.

**Keywords:** immune cells; Depression

## Child and Adolescent Psychiatry 04

### EPP0440

#### Relationship to physical and psychological pain as factors of deviant behavior in Russian female adolescents

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**Introduction:** Borderline personality manifests in female adolescence and youth by higher frequency of deviant behaviors and suicidal ideations. Psychological models suggests that both perception and relationship to physical pain (Joiner, 2005, O'Connor, Kirtley, 2018, Galynker, 2017) as well as psychological pain (Eisenberger et al., 2003) could increase the risk.

**Objectives:** This study concentrates on the relationship between relationship to physical and psychological pain and reported deviant behavior in female adolescents.

**Methods:** 204 female adolescents (13-21 years old) filled checklist appraising alcohol use, drug use, aggressive behavior, suicidal ideations and emotional difficulties (Cronbach's alphas .67-.89), Interpersonal Needs Questionnaire (Van Orden et al., 2012), Discomfort Intolerance Scale (Schmidt et al., 2006), The Pain Catastrophizing Scale (Sullivan et al., 1995).

**Results:** Elder females more frequently reported substance use ( $r=.23-.28$ ) and less frequently aggressive behavior ( $r=-.19$ ) while suicidal ideations were unrelated to age. Females reporting higher perceived burdensomeness and emotional difficulties also reported higher alcohol use ( $r=.25-.29$ ), aggressive behavior ( $r=.37-.42$ ) and suicidal ideations ( $r=.64-.84$ ). Thwarted belongingness correlated with suicidal ideations ( $r=.50$ ) and aggressive behavior ( $r=.26$ ). Higher alcohol use was associated with catastrophizing of pain in the form of magnification and helplessness ( $r=.17$ ) while suicidal ideations and aggressive behavior were related to ruminations, magnification and helplessness ( $r=.23-.33$ ). Only correlations between aggression and pain catastrophizing remained significant after statistical control of psychological pain ( $r=.15-.22$ ).

**Conclusions:** After control for psychological pain, only aggressive behavior is related to catastrophizing of physical pain. Study is supported by Russian science Foundation, project 22-28-01524.

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**Keywords:** relationship to pain; female adolescents; deviant behavior; psychological factors

## EPP0441

### Are allergic diseases and internalizing and externalizing behaviours in children related? A cross-sectional study

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**Introduction:** The prevalence of allergies in children has grown in last few decades. Allergies are very often associated with physical, mental, and emotional problems that could be detected through child's behaviour and feelings.

**Objectives:** to describe and compare children's behaviour (internalizing and externalizing) across a sample of children aged 6–11 years with and without allergic diseases.

**Methods:** This was a cross-sectional observational case-control study. A survey to 366 families (194 allergic cases and 172 controls), including a child behaviour checklist (CBCL) and a socio-demographic questionnaire with questions related to family, school education, health conditions and allergy symptoms, was administered.

**Results:** Children with a diagnosis of allergy showed higher scores in the overall CBCL score (standardised mean differences [SMD]=0.47; confidence intervals [CI]: 0.26–0.68) and in the internalizing and externalizing factors (SMD=0.52 and SMD=0.36, respectively) than non-allergic children. Odds ratio (OR) analyses showed a higher risk (OR=2.76; 95% CI [1.61 to 4.72]) of developing a behavioural difficulty in children diagnosed with allergies. Age and level of asthma appear as modulatory variables.

**Conclusions:** Children aged 6–11 years diagnosed with allergies showed larger behavioural problems than non-allergic children. This relationship is stronger in internalizing behaviours. These findings suggest the importance of attending to them and treating them in the early stages of diagnosis to avoid future psychological disorders.

**Disclosure:** No significant relationships.

**Keywords:** Child; behaviour; parent; allergy

## EPP0442

### Depression in Adolescents with Asperger's Syndrome: Long-Term Outcome

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**Introduction:** Asperger Syndrome (AS) exhibits a particular set of difficulties, the foremost of them being the impairment in social interaction. Furthermore, adolescence by itself is a period burdened with many social challenges and distress. The attempt to adjust to them while having AS is much harder, thus it may constitute the premise for the onset of internalizing symptomatology, in particular depression.

**Objectives:** This study aimed to observe what factors either improved or hindered the long-term outcome. It was analyzed how the different types of interventions influenced the outcome of these individuals in terms of academic performance, social functioning, psychiatric relapses and quality of life.

**Methods:** Our lot was represented by 16 patients diagnosed with Asperger Syndrome and Major Depressive Disorder (MDD), followed up on a period between 1 to 10 years. The lot was divided into two groups, each with a different therapeutic plan. The main instruments used were clinical observation and parents' assessments.

**Results:** In the first group, the adolescents, treated with a complex intervention which included also a psychotherapeutic component, were found to have a positive outcome, 71,42% of them having no other psychiatric comorbidity than Major Depressive Disorder. The adolescents in the second group, who were treated only with pharmacological treatment, were found to have a negative outcome.

**Conclusions:** The factors that were found to have the most important impact on the long-term outcome were: the integration in a psychotherapy programme, having family support, compliance with the pharmacological treatment and having MDD as the only psychiatric comorbidity.

**Disclosure:** No significant relationships.

**Keywords:** adolescence; Asperger; Depression

## EPP0443

### Neuroticism, Empathy, and Internet Addiction in Different Roles in Cyberbullying

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**Introduction:** Research on cyberbullying has focused on the psychological characteristics of victims and aggressors, but the important roles of bystanders and defenders have not been sufficiently explored (Escortell et al., 2020; Polanco-Levican, Salvo-Garrido, 2021; Schultze-Krumbholz et al., 2018).

**Objectives:** The aim is to compare neuroticism, empathy, and Internet addiction in adolescents in different roles in cyberbullying.

**Methods:** 1505 adolescents aged 12-17 years old from 8 Federal regions in Russia appraised their experience of cyberbullying (as aggressors, victims, passive bystanders and defenders) using vignettes and filled Aggression Questionnaire (Buss, Perry, 1992), Ten-Item Personality Inventory (Gosling et al., 2003; Egorova, Parshikova, 2016); Interpersonal Reactivity Index (Davis, 1983;