# CNS SPECTRUM

The International Journal of Neuropsychiatric Medicine

## **Editorial Questionnaire**

Your comments are important to us. This form provides you with the opportunity to express your opinions. Our goal is to make CNS Spectrums your source for practical and clinical neuropsychiatric information. By filling out this Questionnaire, you enable us to incorporate your views about our editorial content in future issues. Please fill out this form in its entirety. Thank you. Name (please print) Address City State Zip Code E-mail Specialty Signature Date Fax this form to 212.328.0600. E-mail to LM@mblcommunications.com. Or mail it to: CNS SPECTRUMS. MBL Communications, Inc., 333 Hudson Street, 7th Floor, New York, NY 10013 1. On a scale of 1 to 5 (1=Poor, 5=Excellent), please indicate 3. Please describe your reading pattern for this issue: your level of interest and/or satisfaction with the edito-☐ Read cover to cover rial content in this issue. ☐ Skimmed table of contents ☐ Read select items of interest **Cover Topic: Sleep Disorders** ☐ Skimmed text □ 1 □ 2 □ 3 **1** 4 □ 5 Did not read **Departments CNS Reports** 4. On a scale of 1 to 5 (1=Incomplete, 5=Comprehensive), how □ 1 □ 2 □ 3 □ 4 □ 5 would you describe the depth of coverage for this issue? **CME** □ 1  $\square$  2 **3 4** □ 1 □ 5 □ 2 □ 3 □ 4 **Point & Commentary** 5. Any other comments? □ 1 □ 3 □ 5 □ 2 □ 4 The Neurology of Behavior □ 1 □ 2 □ 3 □ 4 □ 5 2. Which areas of neuropsychiatry would you like us to cover in the future? 6. Please indicate your title: Psychiatrist ■ Neurologist Please select any of the following educational materials you would like to receive: **Teaching Monographs: CD-ROMs Pocket Reference Guides** ☐ Pharmacologic Advances in the Treatment of ADHD ☐ The 2003 Black Book of Psychotropic Dosing and Monitoring ☐ The Use of Lithium in Bipolar Disorder ☐ The Diagnostic and Therapeutic Guide to Sleep Disorders ☐ Atypical Antipsychotics in the Treatment of Bipolar Disorder ☐ The Effects of Antidepressants on Human Sexuality Comorbidities Associated With Bipolar Disorder ☐ Dosing and Monitoring Guidelines: Mood Disorders

☐ The Side-Effect Profiles of Psychotropic Medications

# GUIDE TO DSM-IV AND ICD-10 CODES

acception of the Alabeira Ture With Park On at Will Describe	DSM-IV	ICD-10
ementia of the Alzheimer Type, With Early Onset With Depressed Mood pecify if: With Behavioral Disturbance	290.13	F00.03
ementia of the Alzheimer's Type, With Late Onset With Depressed Mood pecify if: With Behavioral Disturbance	290.21	F00.13
elirium Due to: Indicate General Medical Condition	293.0	F05.0
sychotic Disorder Due to: Indicate General Medical Condition With Delusions	293.81	F06.2
ith Hallucinations	293.82	F06.0
ood Disorder Due to: Indicate General Medical Condition  nxiety Disorder Due to: Indicate General Medical Condition	293.83 293.89	F06 F06.4
nnestic Disorder Due to: Indicate General Medical Condition	294.0	F02,8
ementia NOS	294.8	F03
mnestic Disorder NOS	294.8	R41.3
chizophrenia chizophrenia—Disorganized Type	295 295.10	F20 F20.1
chizophrenia—Catatonic Type	295.20	F20.2
hizophrenia—Paranoid Type	295.30	F20.0
chizophrenia—Residual Type chizoaffective Disorder	295.60 295.70	F20.5 F25
chizophrenia—Undifferentiated Type	295.70	F20.3
ajor Depressive Disorder	296	F32
polar I Disorder	296	F30
polar Disorder NOS polar II Disorder	296.80 296.89	F39 F31,8
ood Disorder NOS	296.89	F31.8 F39
ychotic Disorder NOS	298.9	F29
tistic Disorder	299.00	F84
perger's Disorder rvasive Developmental Disorder NOS	299.80 299.80	F84.5 F84.9
xiety Disorder NOS	300.00	F41.9
nic Disorder Without Agoraphobia	300.01	F41
eneralized Anxiety Disorder	300.02	F41.1
ssociative Identity Disorder ssociative Disorder NOS	300.14 300.15	F44.81 F44.9
ctitious Disorder NOS	300.19	F68,1
nic Disorder With Agoraphobia	300.21	F40.01
oraphobia Without History of Panic Disorder	300.22	F40
ocial Phobia Decific Phobia	300.23 300.29	F40.1 F40.2
osessive-Compulsive Disorder	300.29	F42.8
/sthymic Disorder	300.4	F34.1
epersonalization Disorder	300.6	F48.1
ody Dysmorphic Disorder  matization Disorder	300.7 300.81	F45.2 F45.
omatoform Disorder NOS	300.81	F45.9
clothymic Disorder	301.13	F34
cohol Dependence	303.90	F10.2
ncaine Dependence	304.20 304.30	F14.2 F12.2
nphetamine Dependence	304.40	F15.2
cohol Abuse	305.00	F10.1
nnabis Abuse	305.20	F12.1
paperamine Abuse	305.60 305.70	F14.1 F15.1
uttering	307.0	F98.5
orexia Nervosa	307.1	F50
Disorder NOS	307.20	F95.9
urette Disorder mary Insomnia	307.23 307.42	F95.2 F51.0
mary Hypersomnia	307.44	F51.1
eepwalking Disorder	307.46	F51.3
ssomnia NOS ghtmare Disorder	307.47	F51.9
ntmare Disorder rasomnia NOS	307.47 307.47	F51.5 F51.8
ting Disorder NOS	307.50	F50.9
limia Nervosa	307.51	F50.2
eding Disorders of Infancy or Early Childhood	307.59	F98.2
mmunication Disorder NOS sttraumatic Stress Disorder	307.9 309.81	F80.9 F43.1
pressive Disorder NOS	311	F32.9
oulse-Control Disorder NOS	312.30	F63.9
hological Gambling	312.3 <u>1</u>	F63.0
omania ptomania	312.33 312.34	F63.1 F63.2
hotillomania	312.39	F63.3
ruptive Behavior Disorder NOS	312.9	F91.9
ention-Deficit/Hyperactivity Disorder, Combined Type	314.01	F90
ention-Deficit/Hyperactivity Disorder NOS arning Disorder NOS	314.9 315.9	F90.9 F81.9
velopmental Coordination Disorder	315.4	F82
rcolepsy	347	G47.4
eep Disorder Due to: Indicate General Medical Condition	780	G47

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### **Author Guidelines**

#### Introduction

CNS Spectrums is an Index Medicus journal that publishes original scientific literature and reviews on a wide variety of neuroscientific topics of interest to the clinician. CNS Spectrums will publish 12 issues in 2003. As the immense prevalence of comorbid diseases among patients seen by psychiatrists and neurologists increases, these physicians will jointly diagnose and treat the neuropsychiatrically ill. Our mission is to provide these physicians with an editorial package that will enhance and increase their understanding of neuropsychiatry; therefore, manuscripts that address crossover issues germane to neurology and psychiatry will be given immediate priority.

#### Scope of Manuscripts

CNS Spectrums will consider the following types of articles for publication:

Original Reports: Original reports present methodologically sound original data.

Reviews: Reviews are overview articles that summarize and synthesize the literature on various topics in a scholarly and clinically relevant fashion. Suitable topics include mood disorders, schizophrenia and related disorders, personality disorders, substance-use disorders, anxiety disorders, neuroscience, psychosocial aspects of psychiatry, child psychiatry, geriatric psychiatry, and other topics of interest to clinicians. Original flowcharts designed to aid the clinician in diagnosis and treatment will be considered for publication in reviews and are encouraged.

Case Reports: Single or multiple case reports will be considered for publication.

**Letters to the Editor:** Letters will be considered for publication.

#### **Manuscript Submission**

**General information:** Two copies of the manuscript with a letter on the author's letterhead should be submitted to Jack M. Gorman, Editor (or, in Europe, to Joseph Zohar, International Editor), c/o MBL Communications, 333 Hudson Street, 7th Floor, New York, NY 10013; (F) 212.328.0600. Authors are also required to submit their manuscripts on computer disk in Microsoft Word format. Disks should be labeled with the word processing program, title of paper, and lead author's name. Accepted manuscripts and letters will be edited for clarity and style.

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#### **Manuscript Preparation**

Length: Reviews and Original Reports should not exceed 5,000 words (excluding References). Letters should not exceed 1,500 words. Single Case Reports should not exceed 3,750 words and may be submitted with a photograph, if applicable. Diagnostic/treatment algorithms (see Reviews) should contain an extensive introduction, flowchart or series of graphs that fill 8-12 journal pages, and a concise summary.

**Spacing:** One space should be left after commas and periods. Manuscripts should be double-spaced.

**Abstract:** Authors must provide a brief abstract.

References: American Medical Association style. See the following examples:

- 1. Jones J. Necrotizing Candida esophagitis. JAMA. 1980;244:2190-2191.
- 2. Stryer L. Biochemistry. 2nd ed. San Francisco, Calif: WH Freeman Co; 1980:559-596.

Continuing Medical Education: Authors must submit four multiple-choice questions (two Type A and two Type K), with answers.

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#### Disclosure of Commercial Interests

Authors must include a statement about all forms of support, including grant and drug company support. Such information may, at the editor's discretion, be shared with reviewers. If the article is accepted for publication, the editors will consult with the authors as to whether this information should be included in the published paper.

#### **Submission Checklist**

□ Original manuscript plus one copy, with cover letter on
author's letterhead
$\square$ Copies of permission letters to reproduce previously published
and unpublished material
☐ A brief abstract of the article
☐ Four CME multiple-choice questions with answers
☐ Disk labeled with the word processing program, title of paper,
and lead author's name
☐ Names and addresses of five potential reviewers

INDICATIONS AND USAGE
SEROQUEL is indicated for the treatment of schizophrenia.
The efficacy of SEROQUEL in schizophrenia was established in short-term (6-west) controlled trials of schizophrenia impalients (See CLINICAL PHARMACOLOGY).
The effectiveness of SEROQUEL in Jong-term use, that is, for more than 6 weeks, has not been systematically evaluated in controlled trials. Therefore, the physician who elects to use SEROQUEL for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient
CONTRAINDICATIONS
SEROQUEL is singerized to fait in the contrained of the contr

traindicated in individuals with a known hypersensitivity to this SEROQUEL is contraindicate medication or any of its ingred WARNINGS

SEROULE Is contraindicated in individuals with a known hypersensitivity to this medication or any of its ingredients.

WARNINGS

Neuroleptic Malignant Syndrome: (NMS) A potentially fatal symptom complex sometimes reterred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with administration of antipsychotic drugs. Two possible cases of NMS [22387 (17%) have been reported in clinical trials with SEROULEL Clinical manifestations of MMS are hyperpyrexia, muscle rigidity, altered mental status, and evidence of autonomic instability (irregular pulse or blood pression, Ladvycarda, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatine phospholomaes, myoglobiumis (irreductions) and acute renal failure. The diagnoss, it is important to exclude cases where the clinical presentation includes both serious neutral intervals and inactional regions and inactional regions. It is mortant to exclude cases where the clinical presentation includes both serious neutral individual anticional region to the discussion of the individual regions and inactional regions and other drugs not essential to concurrent therapy? Jintensive symptomatic regions and other drugs not essential to concurrent therapy? Jintensive symptomatic regions and other drugs not essential to concurrent therapy? Jintensive symptomatic regions and other drugs not essential to concurrent therapy? Jintensive symptomatic regions and symptomatic regions and symptomatic regions and symptomatic regions and symptomatic regions of mytes begotic treatments are available. There is no general agreement about specific pharmacological transment regions for MMS. It a patient requires antipsychotic drug therapy should be carefulty monitored since recurrences of NMS have been

SSHOULEL, compared with UPs (uzzbo) on placebo and about u.27s (c24cu) or active control drings. The risk of orthostatic hypotension and syncope may be minimized by limiting the initial dose to 25 mg bid. If hypotension cust during thration to the larged dose, a return to the previous dose in the introduction studies appropriate. SERGOLEL should be used with particular caution in patients with known cardovascular disease until steam of the provident interacts in scheme heart disease, nearl failure or conduction abomatics, cerebrovascular disease or conditions which would predispose patients to hypotension (dehydration, hypotension) and treatment of the provident of the providen

SEROQUEL ... (quetiapine fumarate) Tablets have been associated with antipsychotic drug use. Aspiration pneumonia is a common have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of mortifity and indext just in electry patients, in particular those with advance Alzheimer's dementia. SEROQUEL and other antipsychotic drugs should be useful cautiously in patients at a should be useful cautiously in patients at patients. A spiration prevention in Stricture of high risk patients should accompany drug therapy. Prescriptions for SEROQUEL should be written for the smallest quantity of tablets consistent with good patient management in order to reduce the risk of overdose. Use in Patients with Concomitant Illness: a similar service of the concomitant systemic liminases is similar distriction. Proteins of useful of any appreciable exist in patients with secret highly of myocardial inforcer used to any appreciable exist in patients with a recent highly of involved in concomitant systemic liminases is similar distriction. The patients with a recent highly of myocardial inforcer parametering clinical studies. Because of the risk of orthostatic hypotension with SEROQUEL, cardion should be observed in cardiac patients. (see Orthostatic hypotension.) Information for Patients: Physicians are advised to discuss the tolioliving issues with patients for whom they prescribe SEROQUEL for constant hypotension. Information for Patients: Physicians are advised to discuss the tolioliving issues with patients for whom they prescribe SEROQUEL for constant hypotension. As a second of the patients of the patients. As a second of the patients of the patients

Nursing Mothers: SERQUIEL; was excepted in mulk of treated animals during lactation. It is not known if SERQUIEL is excepted in human milk it is recommended that women receiving SERQUIEL is excepted in human milk it is recommended that women receiving SERQUIEL is excepted in human milk it is recommended that women receiving SERQUIEL in pediatric patients have not been established. Beriatric User Off the approximately 2400 patients in clinical studies with SERQUIEL. 8s. 1910 were 65 years of age or over. In general, there was no indication of any different idenability of SERQUIEL in the elienty compared to younger adults. Nevertheless, the presence of factors that might decrease planmacokinetic clearance, increase the pharmacokynamic response to SERQUIEL or suggestion. He was not increased the presence of sergories of SERQUIEL or account of the properties of SERQUIEL or account of sergories of sergori younger patients.
ADVERSE REACTIONS

shandl liest to consideration of a lower stating does, shows thration, and careful monitoring during the initial disang period in the elderly. The man patient of SEROULEL was reduced by 30% to 50% in elderly patients when compared to younger patients.

ADVERSE REACTIONS

Adverse Events Occurring at an Incidence of 1% or More Among SEROULEL Treated Patients in Short-term. Placebo-Controlled Trials: The most commonly beserved adverse events associated with the use of SEROULEL (incidence of 5% or greater) and observed at a rate on SEROULEL at least twice that of placebo were dizenses (10%), postural hypotension (7%), dry month (7%), and drysepsia (6%). The tollowing treatment-emergent adverse experiences occurred at an incidence rate of 1% or more, and were at least as frequent among SEROULEL treated patients, treated at doses of 75 mg/day or greater than among placebo treated patients in 3- to 6-week placebo-controlled trials.

Body as a Whole: Headcacke. Asthenia, Abdominal pain, Back pain, Fever: Nervous System: Somelence. Dizenses: Quiestive System: Constitution, Dry Mounth. Drysepsial, Cardiovascular System: Postural hypotension, Lachycarda. Metabolic and Nutritional Bioenfers: Weight gain: Six in and Appendages: Rais: Respiratory System: Rhinitis: Special Senses: Ear pain levents for which the SEROULEL microdence was equal to or less than placebo are not listed in the table, but included the following: pain intention, chest pain, and the place of Body as a Whole: Frequent file syndrome. Intraquent neck pain, pelvic pain, suicide attempt, meliase, photosensitivity reaction, chils, See edema, monilaisis, Rarez-abdomen enlarged. Digestive System: Frequent annexus. Intraquent: increased salvation increased appetitic gamma glutamyl transpeptitises uncreased, ginginisis, dysphagia. flatience, pastroenteritis, gastrinis, hemorrhoids stomalitis: thirst, tooth cares-test almost pastroenteritis, gastrinis, hemorrhoids stomalitis: thirst, tooth cares-test incontinence, gastroenteritis, gastrinis, hemorrhoids stomalitis: thirst, tooth cares-test incontinence, gastroenteritis, gastrinis, hemorrhoids stomalitis: thirst, tooth cares-test incontinence, gastroenteritis, gastrinis, hemorrhoids, too manual participation, rectal hemorrhage, longue edema. Rarez (possitis, hematemass, intestinal obstruction, neilan, pancreatistis. Cardiovascular System: Frequent politation: Intraquent: vasodilatation. Of interval prolonged, imprame, brankpardia, cerebral schema, tregular puise. I wave abnormality, bundle branch block cerebrovascular accident, deep thrombophilebitis. I wave that cheming. ST abnormality increased OPS buration. Respiratory System: Frequent, polyaria, asthma. Rarez: lincup, hyperventilation. Metabolic and Nutritional System: Frequent, polyaria, alcohal intolerance, debydiation, hyperdylecemia, creatinine increased, hypodigemia, alcohal intolerance, debydiation, hyperdylecemia, creatinine increased, hyperdigemia, alcohal intolerance, debydiation, hyperdylecemia,

First-line treatment for schizophrenia

Efficacy You Look for in an Atypical Antipsychotic

# Accepted!

An Excellent Side-effect Profile

#### **Treatment patients can COUNT ON!**

- 5 years of clinical experience<sup>2</sup>
- Over 12.5 million prescriptions written<sup>2</sup>

The most common adverse events associated with the use of SEROQUEL are dizziness (10%), postural hypotension (7%), dry mouth (7%), and dyspepsia (6%). The majority of adverse events are mild or moderate.

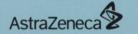
In 3- to 6-week, placebo-controlled trials, the incidence of somnolence was 18% with SEROQUEL vs 11% with placebo.

As with all antipsychotic medications, prescribing should be consistent with the need to minimize the risk of tardive dyskinesia, seizures, and orthostatic hypotension.

References: 1. Prescribing Information for SEROQUEL\* (quetiapine furnarate), Rev 1/01, AstraZeneca Pharmaceuticals LP, Wilmington, Delaware. 2. Data on file, IMS data, AstraZeneca Pharmaceuticals LP, Wilmington, Delaware.



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