Folate malabsorption is associated with down-regulation of folate transporter expression and function at colon basolateral membrane in rats

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Abstract

Folates, an essential component (important B vitamin) in the human diet, are involved in many metabolic pathways, mainly in carbon transfer reactions such as purine and pyrimidine biosynthesis and amino acid interconversions. Deficiency of this micronutrient leads to the disruption of folate-dependent metabolic pathways that lead to the development of clinical abnormalities ranging from anaemia to growth retardation. Folate deficiency due to alcohol ingestion is quite common, primarily due to malabsorption. The present study dealt with the mechanistic insights of folate malabsorption in colonic basolateral membrane (BLM). Wistar rats (n 12) were fed 1 g/kg body weight per d ethanol (20%) solution orally for 3 months and folate transport was studied in the isolated colonic BLM. The folate exit across colon BLM shows characteristics of carrier-mediated process with the major involvement of reduced folate carrier (RFC). The chronic ethanol ingestion decreased the uptake by decreasing the affinity by 46% (P < 0·01) and the number of transport molecules by 43% (P < 0·001) at the colon BLM. The decreased uptake was associated with down-regulation of proton-coupled folate transporter (PCFT) and RFC expression at mRNA and protein levels. The extent of decrease was 44% (P < 0·01) and 24% (P < 0·05) for PCFT and 23% (P < 0·01) and 57% (P < 0·01) for RFC at mRNA and protein levels, respectively. Moreover, folate transporters were associated with lipid rafts (LR) of colon BLM, and chronic alcoholism decreased the association of these transporters with LR.

Key words: Rats: Proton-coupled folate transporter: Reduced folate carrier: Alcohol: Lipid rafts: Colon: Folate

Folate is an essential micronutrient, the primary function of which is as a carrier of single-carbon units for the biosynthesis of thymidylate, purines, methionine and glycine(1,2). Maintenance of intracellular folate homeostasis is vitally important; particularly for rapidly replicating cells such as colonic epithelial cells. Indeed, perturbed 1-carbon transfer reactions resulting from folate depletion and disrupted folate metabolism predispose normal colonic epithelial cells to neoplastic transformation through aberrant DNA synthesis, integrity, repair and methylation(3–5). A number of epidemiological and clinical studies linking decreased folate status with risk of colorectal cancer support this. Folate is absorbed in the proximal small intestine after the polyglutamate chain is hydrolysed by glutamate carboxypeptidase II. The hydrolytic step is followed by membrane transport of monoglutamyl folate into cells by folate transporters(6–8). Whereas monoglutamates are the only circulating forms of folate in blood and the only forms of folate that are transported across the cell membrane, once taken up into cells, cellular folate exists primarily as polyglutamates(9). Intracellular folate is converted to polyglutamates by folylpolyglutamate synthase(10). The polyglutamylation of cellular folates is a form of metabolic trapping, allowing the retention of folate that would otherwise be lost to efflux from cells(10). In the colon, folate – exogenous as well as synthesised by normal microflora – undergoes the initial step of transport across the brush border membrane (BBM) and then the exit of folate across basolateral membrane (BLM) into portal circulation. The mechanism of absorption of dietary folate in the BBM and BLM of colon has been investigated and the existence of pH-dependent, 4,4′-diisothiocyanato-2,2′-stilbenedisulfonic acid (DIDS)-sensitive, carrier-mediated uptake system has been demonstrated with the involvement of reduced folate carrier (RFC) in the exit of folate out of colonocytes(7,11). However, the role of proton-coupled folate transporter (PCFT) still remains silent.

Abbreviations: BBM, brush border membrane; BLM, basolateral membrane; BLMV, basolateral membrane vesicles; CAM, colon apical membrane; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; LR, lipid rafts; MES, 3-(N-morpholino)ethanesulfonic acid; PCFT, proton-coupled folate transporter; rPCFT, rat proton-coupled folate transporter; rRFC, rat reduced folate carrier; RFC, reduced folate carrier.

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Deficiency of folate is highly prevalent throughout the world and alcohol ingestion has been the major contributor12,13). Approximately 60–70% of binge drinkers are folate deficient14). Regardless of the cause, folate deficiency leads to a variety of clinical abnormalities like megaloblastic anemia, growth retardation etc., whereas optimisation of folate homeostasis prevents certain disorders like neural tube defects15). Earlier, we have reported the derangement of PCFT and RFC across colon apical membrane (CAM) and of RFC on intestinal membrane surfaces during chronic alcohol ingestion in rats7,15,16–18). However, no studies have been attempted so far to delineate the distribution of folate transporters to lipid microdomains and activity of folate transport system in BLM under conditions of folate malabsorption. For this, the present work was sought to characterise the folate transport across the colon BLM and the role of the folate transporters therein during alcoholism. We used rats as an experimental model of chronic alcoholism based on the published studies demonstrating their resemblance and utility as a model in order to relate to humans on the basis of blood and intestinal alcohol concentration as well as plasma folate levels18–20). Such mechanistic insights could lead to strategies for deducing folate transport regulation in diverse cellular microenvironments and will be important for designing therapeutic targets involving derangements in folate transport systems in primary absorptive epithelia.

Materials and methods

Chemicals

Radiolabelled 5-[14Cl]-methyltetrahydrofolate, potassium salt with specific activity 240Ci/mmol (88.8 x 1010 Bq/mmol) were purchased from Amersham Pharmacia Biotech (Hong Kong). Color burst™ electrophoresis marker (molecular weight 8000–220 000) was purchased from Sigma Chemical Company (St Louis, MO, USA). Total RNA Extraction Kit was purchased from Taurus Scientific (Cincinnati, OH, USA). Moloney Murine Leukemia Virus RT (RevertAid™ M-MuLV RT) kit was purchased from the MBI Fermentas, Life Sciences (Glen Burnie, MD, USA). RNA later (RNA stabilisation solution) was obtained from Ambion, Inc. (Austin, TX, USA). Primary antibodies rabbit anti-rat reduced folate carrier (rRFC) and anti-rat proton-coupled folate transporter (rPCFT) polyclonal antibodies were raised in rabbits in our laboratory51). Horseradish peroxidase labelled goat anti-rabbit-IgG secondary antibodies were purchased from Immunology Diagnostics (St Louis, MO, USA). Enhanced Chemiluminescence Detection Kit was purchased from Biological industries Limited (Kibbutz Beit Haemek, Israel). Metal enhanced 3,3′-diaminobenzidine substrate kit was purchased from Thermo Fisher Scientific, Inc. (Rockford, IL, USA). Cryoprotected Lactobacillus casei bacterial strain (MTCC 1423) was purchased from IMTECH (Chandigarh, India).

Animals

Young adult male albino rats (Wistar strain) weighing 100–150 g (2–3 months old) were obtained from the Institute’s Central Animal House. The animals were housed in clean wire mesh cages with controlled temperature (23 ± 1°C) and humidity (45–55%) and had a 12 h dark–12 h light cycle throughout the study. The rats were randomised into two groups of twelve animals each. The rats in group I were given 1 g ethanol (20% solution)/kg body weight per d and those in group II received isenergetic amount of sucrose (36% solution) orally by Ryle’s tube daily for 3 months. The rats were fed ad libitum commercially available pellet diet (Ashirwad Industries, Ropar, India) and water. Animals from both the groups were killed under anaesthesia using sodium pentothal.

The protocol of the study was approved by ‘Institutional Animal Ethical Committee’ and ‘Institutional Biosafety Committee’.

Preparation of colon basolateral membrane vesicles

Basolateral membrane vesicles (BLMV) from colon was prepared by the self-generating percoll gradient method21 as described earlier22). The mucosa was scraped from the proximal colon. The scrapings were homogenised in ice-cold buffer containing 250 mm-mannitol and 12 mm-HEPES–Tris, pH 7.4 and centrifuged at 2500 g for 20 min. The supernatant was then centrifuged at 22 000 g for 25 min and the resulting fluffy layer of the pellet resuspended in the same buffer followed by homogenisation in glass Teflon homogeniser. The resulting homogenate was mixed with percoll at a concentration of 15–4% and centrifuged at 48 000 g for 2 h. A distinct band of BLMV was seen at the upper one-third of the percoll gradient. The band was aspirated by a syringe and suspended in buffer composing 100 mm-mannitol, 100 mm-KCl, 12 mm-HEPES–Tris, pH 7.4 and centrifuged at 48 000 g for 20 min. The pellet obtained was resuspended in loading buffer containing 280 mm-mannitol and 20 mm-HEPES–Tris, pH 7.4 and centrifuged at 48 000 g for 20 min twice in order to wash out the residual percoll from membrane preparation. The final pellet representing purified BLMV was suspended in loading buffer (280 mm-mannitol, 20 mm-HEPES–Tris, pH 7.4) at 5 mg/ml protein concentration. Purity of the membrane preparations was checked by measuring the specific activities of Na+, K+-ATPase in BLMV and in original homogenate.

Transport of 5-[14Cl]-methyltetrahydrofolate

Uptake studies were performed at 37°C using the incubation buffer (100 mm-NaCl, 80 mm-mannitol, 10 mm-HEPES, 10 mm-3-(N-morpholino)ethanesulfonic acid (MES), pH 7.0). A quantity of 10 µl of vesicles (50 µg protein) was added to the incubation buffer containing 5-[14Cl]-methyltetrahydrofolate at a concentration as specified. The initial rate of transport was determined by stopping the reaction after 20 s by adding ice-cold stop solution containing 280 mm-mannitol, 20 mm-HEPES–Tris, pH 7.4 followed by rapid vacuum filtration18,23).

RT-PCR analysis

Total RNA was isolated from the colon by using total RNA extraction kit and complementary DNA synthesis was carried...
out from the purified and intact RNA according to the manufacturer’s instructions. Expression of RFC, PCFT and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was evaluated using sequence-specific primers corresponding to the sequence in the open reading frame. PCR mixture (20 μl) was prepared in 1 × PCR buffer consisting of 0.5 U of Taq polymerase, 2 μM of each primer for rGAPDH, rPCFT and rRFC along with 200 μM of each deoxynucleotide triphosphate. In optimised PCR, the initial denaturation step was carried out for 2 min at 95°C. The denaturation, annealing and elongation steps were carried out, respectively, for 1 min at 94°C, 45 s at 64°C (PCFT) or 56°C (GAPDH) and 1 min at 72°C for thirty-five cycles. In the case of RFC denaturation, annealing and elongation steps were carried out, respectively, for 30 s at 94°C, 30 s at 52-1°C, 30 s at 72°C for thirty-five cycles. The final extension step was carried out for 10 min at 72°C. The primers were designed using Primer3 Input (version 0.4.0; http://primer3.sourceforge.net). The sequences of the primers used were as follows: 5’-CATGCTAAACGGAGACTG-GTGA-3’ (sense) and 5’-TTTCACAGGACATGGACA-3’ (antisense) for RFC, AAGCCAGTTATGGGCAACAC (sense) and GGATAGGCTGTGGTCAAGGA (antisense) for PCFT. The expected PCR products of size 120, 300 and 400 bp were obtained for rRFC, rPCFT and rGAPDH, respectively when electrophoresed on 1-2% agarose gel. The densitometric analyses of products were determined by using ‘Scion image’ software (Scion Image, Frederick, MD, USA).

Western blot analysis

For protein expression studies, colon BLMV (100 μg) were resolved on 10% SDS-PAGE and transferred to polyvinylidene fluoride membrane for 20 min at 15 V. Western blotting was performed using the procedure described by Towbin et al. (24) using polyclonal primary antibodies as rabbit anti-rat RFC (1:800 dilutions) raised against the specific region of rat RFC synthetic peptide corresponding to amino acids 494-512 (25). The polyclonal antibodies against PCFT (1:1000 dilutions) were raised against the specific region of rat PCFT synthetic peptide corresponding to amino acids 442-459. Secondary antibodies used were goat anti-rabbit IgG-horseradish peroxidase-labellled (1:2000). The bands were visualised by either metal enhanced 3,3′-diaminobenzidine substrate kit or enhanced chemiluminescence detection kit according to the manufacturer’s instructions. The quantification of the blots was carried out by using ‘Scion image’.

Lipid rafts (LR) were isolated by floatation on Optiprep density gradient (26) as described earlier (27). Briefly, membrane preparations were centrifuged at 100,000 × g for 30 min at 4°C and then resuspended and incubated for 30 min at 4°C in TNE buffer containing 25 mM-Tris (pH 7.4), 150 mM-NaCl, 5 mM-EDTA and 1% Triton X-100 supplemented with 1 × complete protease inhibitor cocktail. The membranes were then adjusted to 40% final concentration of Optiprep and layered at the bottom of density gradient with steps of final concentrations of 35, 30, 25 and 20% of Optiprep in TNE buffer. TNE buffer was laid on the top of the gradient, which was then centrifuged at 215000 × g for 4 h at 4°C. Fractions were collected from the top of the gradient and then analysed by Western blotting. Proteins in the top four fractions are considered to be raft-associated (27). Protein concentrations in each fraction were assessed by using better Bradford kit (Bio Basic Inc., East Markham, ON, Canada).

Immunohistochemical analysis

Freshly removed colon was cut followed by fixing in sufficient amount of 10% formalin (28). Paraffin sections of 4 μm thickness on poly-L-lysine-coated slides were baked overnight at 37°C. Endogenous peroxidase was quenched by pretreatment with 1% H2O2 in methanol for 20 min followed by washings in PBS. Slides were put in primary diluted antibody (rabbit polyclonal anti-rat RFC and PCFT (1:200) for 2 h at 37°C followed by secondary antibodies as goat anti-rabbit IgG-horseradish peroxidase (1:200)). Presence of antibody at specific site(s) was revealed using freshly prepared 3,3′-diaminobenzene (29) and H2O2 at room temperature for 3–5 min and counter-staining with haematoxylin.

Estimation of folate by microbiological assay

The folate estimations were determined by microtitre plate assay using L. casei as described earlier (18). For intracellular folate concentrations in colon, a 10% homogenate of colon was made in phosphate buffer of pH 6.3 containing 5 mg/ml ascorbate. The homogenate was incubated at 110°C for 10 min followed by centrifugation at 300 rpm for 10 min. Then, 0.1 ml of the supernatant was treated with 0.02 ml of rat plasma conjugase in 0.375 ml of phosphate buffer of pH 4.5. The free folate was then determined by a standard microbiological microtitre plate assay using L. casei. All the steps were carried out in aseptic conditions.

Statistical analysis

The data were computed as means and standard deviations. Group means were compared by using the Student’s t test and ANOVA was used wherever necessary. The acceptable level of significance was less than 5% for each analysis. The power of the study was 0.80.

Results

Folate levels in colon

As the present study dealt with folate malabsorption during alcoholism, the determination of folate levels was of prime importance. The results showed that a significant reduction (P<0.01) in colonic tissue folate levels (the levels were 8.8 (SD 0.09) and 4.2 (SD 0.05) nmol/g tissue for control and ethanol fed, respectively) in chronic alcoholism, confirming the association of alcoholism with folate deficiency.
Kinetic characterisation of folate transport across colon basolateral membrane

Folate uptake was studied at different time intervals from 10 to 240 s, the uptake attained maximum value at 120 s in control and 240 s in ethanol-fed rats (Fig. 1(a)), with 14–23% (P<0.05, <0.001) less folate uptake at different time intervals in ethanol-fed group as compared to control. Further, kinetic constants were determined in BLMV as a function of 5-[14C]-methyltetrahydrofolate concentration varying from 0.125 to 80 μM for 20 s (Fig. 2(a)). There was a gradual increase in folate uptake in the two groups of rats with increase in substrate concentration. In the ethanol-fed group, there was a significant reduction of 15–50% in uptake as compared to the control group at different concentrations of folate used. The data were then extrapolated as a Lineweaver–Burk plot and kinetic constants were determined (Fig. 2(b)). The \( K_m \) value in the ethanol-fed group was found to be 5.0 (SD 0.56) in comparison to 2.8 (SD 0.81) μM in control group (P<0.01). In addition, \( V_{\text{max}} \) in control and ethanol-fed groups were 76.33 (SD 5.4) and 43.66 (SD 4.95) pmol/30 s per mg protein (P<0.001), respectively.

To determine whether a proton gradient-dependent exchange process is involved in folate transport across the colon BLM, the effect of transmembrane pH was studied (Fig. 1(b)) keeping inside pH constant at 7.4. As the pH was increased in the extra-vesicular medium from 5.0 to 8.0, the uptake was constant till 6, and started increasing beyond that, with maximum uptake at pH 7.0 in both the groups (Fig. 1(b)). In addition, a significant reduction of the order of 33–40% (P<0.01, <0.01, <0.001) in transport was observed in the ethanol-fed group at and above pH 7.0; however, no such uniform reduction was observed in the acidic pH range.

Further, in order to determine the specificity of the folate transporters (Fig. 2(c)), the folate transport was measured in the presence of the structural analogues methotrexate and folic acid, and thiamine pyrophosphate, reported to be a substrate of RFC(50) and hemin, is a weak inhibitor of folate transport via heme carrier protein 1(56). The structural analogues methotrexate and folic acid decreased the uptake by 41 (P<0.001) and 44% (P<0.01) in control, and 41 (P<0.01) and 33% (P<0.05) in ethanol-fed rats, respectively, confirming the specificity of folate transporters. The inhibitor thiamine pyrophosphate significantly decreased the uptake by 20 (P<0.05) and 38% (P<0.001) in control and ethanol-fed rats, respectively, while hemin did not change the uptake significantly.

To study the role of S–S groups (Fig. 2(d)), the effect of addition of dithiothreitol or Cleland’s reagent on the transport of folate revealed decreased transport of folate by 56% (P<0.01) in control and 32% in ethanol-fed rats (P<0.01; Fig. 2(d)). The determination of the influence of ATP on folate uptake showed that there was not any significant change in the uptake of folate across BLM in both the groups (Fig. 2(d)).

Expression of the proton-coupled folate transporter and reduced folate carrier in colon; association with lipid rafts

In order to elucidate the mechanism of reduced folate transport in chronic alcoholism, transcriptional and translation regulations of the RFC and PCFT were studied. The relative mRNA for the PCFT was approximately 1.8 fold (44%) lower (P<0.01) while that for the RFC was approximately 1.3 fold (23%) lower (P<0.01) in the ethanol-fed group (Fig. 3(a) and (b)).

Further, to investigate the effect of chronic alcohol feeding on the level of expression of the PCFT and the RFC protein, we performed Western blotting on the colon BLM protein of both the groups of rats (Fig. 3(c) and (d)). The results showed a significant decrease of 1.3 fold (24%) in the level of expression of the PCFT (P<0.05) and 2.3 fold (57%) in the levels of RFC (P<0.01) proteins in ethanol-fed rats (Fig. 3).

LR are the specialised microdomains of the plasma membrane that are essential for the normal functioning of various membrane transporters(51–53). We sought to determine whether the folate transporters (PCFT and RFC) are associated with lipid microdomains of the colon basolateral membrane of rat. We had validated this technique earlier by measuring the specific activity of alkaline phosphatase (well-known marker for LR) in all the fractions collected from gradient.
using CAM\(^7\)). The pattern of specific activity of alkaline phosphatase in all these fractions had revealed a gradient with considerable activity in the top floating fractions (1–4), indicating that these fractions contained LR. So the top fractions isolated from the gradient using colon BLM were subjected to Western blotting for the PCFT and the RFC (Fig. 3(e) and (h)). We found the presence of the PCFT and RFC protein in the floating fractions on the top five fractions (20–30% with negligible or no expression thereafter of Optiprep density gradient. Together, these data provide strong evidence that the majority of the PCFT and the RFC pool are associated with the lipid raft microdomains. Moreover, chronic alcoholism leads to a decreased association of both the PCFT and the RFC to the LR (Fig. 3(e) and (h)). The extent of decrease was 1·23- to 1·41-fold for PCFT \((P<0·01\) and \(<0·05)\) and 1·12- to 1·21-fold for RFC \((P<0·01, <0·05)\), respectively, which is in accordance with the decreased levels of these transporters in the colon BLM.

**Localisation of proton-coupled folate transporter and reduced folate carrier in colon**

As there was a significant decrease in RFC and PCFT expression across colon BLM, we studied the localisation of these transporters in colon by immunohistochemistry (Fig. 4). The localisation of the RFC and PCFT was seen at both the apical and basolateral side membranes of colon. In ethanol-fed rats, there was marked reduction in the intensity of RFC and PCFT positive cells in colon (Fig. 4).

**Discussion**

The observed reduced folate levels in the colon of ethanol-fed rats suggested the association of chronic alcoholism with colonic folate malabsorption. After the transport of folate across the CAM, the folate is transported across colon BLM to portal circulation. The higher values of \(K_m\) (5·0 (SD 0·56) \(\mu\)M in comparison to 2·8 (SD 0·81) \(\mu\)M of the control group...
Fig. 3. (a) RT-PCR analysis of reduced folate carrier (RFC) and proton-coupled folate transporter (PCFT) with glyceraldehyde 3-phosphate dehydrogenase as an internal control in colon. Resolved on 1·2 % agarose gel electrophoresis, lanes 1 and 2: control; 3 and 4: ethanol fed. (b) Densitometric analysis representing relative change in PCFT and RFC mRNA expression. Values are means and standard deviations of five separate set of experiments. Mean values were significantly different from those of control: **P < 0·01. ■ Control; □ ethanol fed. (c) Western blot analysis of colon basolateral membrane (BLM) using anti RFC (58 kDa), anti-PCFT (54 kDa) antibodies, lane 1–3: control; 4–6: ethanol fed. (d) Graph represents summary data of densitometric analysis. ■ Control; □ ethanol fed. Mean values were significantly different from those of control: **P < 0·01, ***P < 0·001. (e and g) Association of folate transporters (PCFT and RFC) proteins with lipid rafts in colon BLM. The colon BLM were subjected to floatation on Optiprep density gradients, and fractions were collected from top of the gradients (fractions 1–4 represent detergent-resistant membrane). Fractions were separated by electrophoresis and analysed by Western blotting using (e) anti-PCFT (54 kDa) and (g) RFC (58 kDa) antibodies. The representative blot shown for PCFT and RFC expression as, upper panel lane 1–5: control; lower panel lane 1–5: ethanol fed. (f and h) Blots were scanned, and the intensity of bands was determined by densitometric analysis. Values are means and standard deviations of four separate experiments. Mean values were significantly different from those of control (—): *P < 0·05 **P < 0·01. ——, Ethanol fed.
neutral pH(11) and displayed similar characteristics as of folate transport across colon basolateral membrane occurs at pH, supporting the earlier observations, which suggests that uptake was observed at pH 7·4 inside and 7·0–7·4 outside is responsible for the folate uptake, as maximum folate neither the inwardly nor the outwardly directed H⁺ be the energising force in the BLM. The results depicted that uphill folate transport, the neutral/alkaline pH was found to of folate across colon BLM occurs less efficiently as compared ing the earlier contention which suggests that folate uptake via

This suggested that the RFC was the main transporter involved of PCFT and RFC on both the BBM and BLM of colon. More-

In order to determine the chemical driving force for the uphill folate transport, the neutral/alkaline pH was found to be the energising force in the BLM. The results depicted that neither the inwardly nor the outwardly directed H⁺ gradient is responsible for the folate uptake, as maximum folate uptake was observed at pH 7·4 inside and 7·0–7·4 outside pH, supporting the earlier observations, which suggests that folate transport across colon basolateral membrane occurs at neutral pH(11) and displayed similar characteristics as of intestinal BLM, and 1·5 (sd 0·19) of the CAM(7,22) suggested that the transport of folate across colon BLM occurs less efficiently as compared to intestinal BLM and CAM.

activity at acidic pH(6,35). This again supports the earlier results which showed maximum uptake at alkaline neutral pH, which is characteristic of folate uptake by RFC, confirming the results that neutral pH is the characteristic of folate uptake across the colon BLM, as RFC transport folate in neutral pH(6,35,36). Moreover, the folate uptake in BLM was sensitive to S–S group, suggesting that S–S bond(s) in its intact form is (are) required for the transport activity of folate transporters and the transport was found to be energy-independent and the transport was not mediated by ATP-binding cassette transporters, as there was no significant change in activity of folate transport in the presence of ATP.

The decreased Vmax of folate uptake process observed in ethanol-fed rats could relate to the reduced number of PCFT and RFC molecules on the colon BLM. In this context, the observed down-regulation (Fig. 3(a)–(d)) in the PCFT and the RFC mRNA corresponds to the reduced protein expression at colon BLM in ethanol-fed rats. This decrease in folate uptake in association with the down-regulation of the folate transporters in the rat colon is similar to the results of our earlier studies carried out in the small intestine(16,18) and kidneys(37,38), and might contribute to ethanol-induced folate deficiency. Moreover, the decreased folate content of colon tissue in ethanol-fed rats reflects reduced substrate availability for the transporters at the BLM under in vivo conditions and might also contribute to the colonic malabsorption in chronic alcoholism. Although we have observed a reduced folate transport across the colonic BLM in ethanol-fed rats, a substantial amount of uptake still takes place during chronic alcoholism. This might be due to the associated passive diffusion component of the transport process along with the carrier-mediated transport. An earlier study(59) carried out in L1210 leukaemia cells has shown that 20% of the total methotrexate uptake was contributed by passive diffusion; whether ethanol feeding affects this passive diffusion of 5-methyltetrahydrofolate under our experimental set is not known and is yet to be determined.

In the plane of basolateral membranes, LR could act as platforms modulating the protein activity by accumulating active pools of the transporters(51). Proteins might enter LR at the golgi level and their shuttling between the golgi and cell membranes allows the cells to exert regulatory control over the surface expression of their proteins. Utilising the Optiprep floatation, we found that folate transporter proteins – PCFT and RFC – were present in the floating fractions corresponding to lipid raft microdomains of colon basolateral membranes. Our findings demonstrated the presence of PCFT and RFC in LR of the colon membranes of rats, which might be due to alteration in the lipid composition of biological membranes by alcohol(40).

The immunohistochemical localisation of colon shows the localisation of both the folate transporters to the BBM as well as in the basolateral membrane surfaces, confirming the immunoblot experiment which demonstrated the expression of PCFT and RFC on both the BBM and BLM of colon. Moreover, less staining in the case of ethanol-fed rats suggests the decreased expression of PCFT and RFC.
Conclusions
In conclusion, these findings demonstrate that the decreased colon folate transport in chronic alcoholism may be attributed to decreased affinity and the number of folate transporter molecules across the colon BLM surfaces. Folate transport is carrier-mediated saturable, energy-independent, pH-dependent with the major involvement of RFC in folate exit across colon basolateral membrane with minimal involvement from PCFT. The decrease in uptake was associated with down-regulation of folate transporters and lipid raft associated reduction in levels of these transporters in colon BLM. The consequence of reduced folate transport across CAM results in reduced folate levels in colon.

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