Presidential policymaking, 1877–2020

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Abstract

While presidents frequently create new policies through unilateral power, empirical scholarship generally focuses on executive orders and overlooks other categories of directives. We introduce data on more than 50,000 unilateral directives issued between 1877 and 2020 and use machine learning techniques to characterize their substantive importance and issue areas. Our measures reveal significant increases in unilateral activity over time, driven largely by increases in foreign affairs and through the substitution of memoranda for executive orders. We use our measures to formally evaluate the historical development of the unilateral presidency and reassess theoretical claims about public opinion and unilateral power. Our research provides new evidence about variation in the use of presidential authority and opens new avenues for empirical inquiry.

Keywords: administrative presidency; American political development; executive orders; machine learning; presidential power; text analysis; unilateral action

Modern US presidents play more active and central roles in policymaking relative to their 19th century predecessors. Not only do contemporary presidents seek to influence legislation passed by Congress, but they also use unilateral authority and other administrative measures to make policies without involving Congress (e.g., Moe, 1985; Howell, 2003). Moreover, as gridlock and dysfunction hinder the legislative process in Congress (Binder, 2015), presidential policymaking gains salience as a means of national policy production. The use of unilateral directives has generated debate about executive power and its implications for democracy in the US and elsewhere (e.g., Shane, 2009; Slater and Arugay, 2018).

The capacity for presidents to make policy through unilateral directives raises important measurement questions: how much policy do presidents create through unilateral power, through which instruments, and in what domains? Previous research often draws from a single category of unilateral directives—executive orders—issued primarily in the period after World War II (e.g., Mayer and Price, 2002; Howell, 2003). While this research has made foundational contributions to our understanding of presidential power, more complete measures of unilateral activity that span longer periods of time would enrich what we can learn about the development and use of unilateral power.

We introduce new data and measurement strategies to make such progress. First, we compile more than 50,000 presidential directives across nearly 50 unilateral instruments issued between 1877 and 2020. Second, we use machine learning techniques to measure each directive’s importance and issue domain. Third, we document temporal variation in unilateral tools, indicating that presidents have exercised unilateral authority through different instruments across time. Fourth, we formally evaluate qualitative accounts of historical change in presidents’ use of unilateral power.

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powers. Finally, we extend recent analyses of presidential unilateralism to demonstrate how our data and measures contribute to theory-testing about the relationship between public opinion and presidential behavior. Our methodological framework permits new theoretical and empirical discoveries and can be applied to studying activity by executives, legislatures, bureaucracies, and courts across countries and levels of government.

1. Unilateral power and the presidency

American presidents use unilateral power to make new law.1 Unilateral directives can have wide impact: they can reorganize agencies or create new ones, enforce racial and gender equality, declare national emergencies, announce holidays and celebrations, and change the implementation of existing policies. As Cooper (2014, ix) observed, “There is virtually no significant policy area in which presidents operate that has not been shaped to one degree or another by the use or abuse of [unilateral] tools.”

By creating new policies and directing bureaucratic activity within the executive branch, presidents advance their agendas without expending political capital to rally support for legislative proposals. Perhaps most importantly, unilateral action may enable presidents to achieve policy outcomes more to their liking than legislative initiatives, or to enact policies that could not be passed in Congress (Howell, 2003). This use of unilateral power, according to Moe and Howell (1999, 133), “virtually defines what is distinctly modern about the modern American presidency.” To establish the merits of these claims and evaluate the consequences of unilateral power, we require measures of the volume, substance, and contexts of presidential unilateralism.

1.1 Empirical challenges in the study of unilateral action

Empirical scholarship on presidential unilateralism is limited in four ways. First, though presidents exercise unilateral powers through a variety of means, studies have tended to focus on a single class of directives: executive orders (e.g., Krause and Cohen, 2000; Howell, 2003; Warber, 2006; Bolton and Thrower, 2016; Chiou and Rothenberg, 2017).2 Yet if descriptive claims about presidents’ use of unilateral power rely on an incomplete or unrepresentative data source, they may mischaracterize the frequency of unilateralism. And if presidents have incentives to substitute a highly visible directive for an obscure one (Kaufman and Rogowski, 2024; Lowande, 2014), studies using only executive orders ignore presidents’ strategic behavior which may result in drawing inferences about unilateralism that are incorrect. Because the president’s unilateral toolkit has expanded over time and the interpretation of particular forms of unilateral action has evolved along with it, these concerns may be particularly acute for studies that span multiple decades.

Second, previous research on unilateral action focuses largely on the post-World War II era,3 so it is difficult to evaluate claims about long-term trends in unilateral activity. Moreover, most studies model unilateral directives at the annual or biennial level despite testing variables like

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1Our focus on policymaking through presidential unilateralism is intended to distinguish the origins of these policies from those created through legislative processes. However, though many directives bear the president’s signature and/or are available on the White House website, we do not argue that unilateral directives are devised by individual presidents or perfectly reflect their preferences or priorities. As Rudalevige (2021) shows, many unilateral directives are developed by executive branch agencies, sometimes through delegation by the president. We view unilateral directives as the result of decisions made within the executive branch, of which the president is the nominal head.

2Other directives have not been completely ignored by previous scholarship, however. Some research has studied proclamations (e.g., Bailey and Rottinghaus, 2013) or memoranda (Lowande, 2014), while several other studies evaluate multiple categories of directives (Cooper, 2014; Christenson and Kriner, 2020; Williams, 2020; McLain, 2022).

3Four important exceptions are Bailey and Rottinghaus (2013), Bolton and Thrower (2016), Dodds (2013), and Williams (2020).
divided government that change infrequently. A longer time series of presidential unilateral activity would strengthen inferences related to how such variables contribute to historical changes in unilateral activity.

Third, not all unilateral directives are similarly important. Many make ceremonial announcements or address routine administrative affairs. Just as theories of lawmaking generally are not concerned with explaining patterns of trivial legislation (Clinton and Lapinski, 2006), useful theories of unilateral action should explain the issuance of important directives. Previous work identifies important directives using contemporary media coverage and retrospective evaluations (Howell, 2003; Chiou and Rothenberg, 2017; Williams, 2020), distinguishes nonceremonial orders from others (Bolton and Thrower, 2016), or relies upon expert judgments (Warber et al., 2018), yet the field has not reached consensus about how (or whether) to extend these approaches across directive type and time (Lowande and Rogowski, 2021).

Fourth, and finally, existing research provides no comprehensive inventory of the policy areas presidents address through unilateral action. While the Comparative Agendas Project (2021) characterizes the issue areas of executive orders issued since 1945, these issue codings are not available for a wider period of time or for directives beyond executive orders. Identifying presidents’ contributions to policymaking requires a more complete accounting of the domains in which they use unilateral power.

We address each of these limitations, provide fresh empirical insights into presidential unilateralism, and raise new questions for which our data and measures are well-suited to answer. So doing, we hope to make progress on understanding the presidency’s contributions to public policy and their implications for the separation of powers, institutional development, and representation and accountability. While our approach is focused on presidential unilateral action, it could easily be extended to measure the importance of other documents and to classify other dimensions.

2. Data and measurement

We introduce an extensive inventory of presidential directives across nearly one and a half centuries. These directives were initially assembled by the CIS Index to Presidential Executive Orders & Proclamations 1987 (CIS) and were extended through 2020 by ProQuest Legislative & Executive Publications. We study the 59,048 documents issued between 1877 and 2020, each of which represents either a presidential directive or a message which contains evidence of presidential action. We use the full text of each document; while most were already text-extracted, we transcribed those that were not.

We classified directives into three groups: Executive Orders, Proclamations, and Memoranda.4 These data provide a fuller characterization of unilateralism than existing databases.5 Though previous research focuses largely on executive orders, it acknowledges that presidents create new policies with a variety of unilateral tools and suggests that presidents use them interchangeably (Cooper, 2014; Lowande, 2014; Rudalevige, 2021). As the Congressional Research Service (2021, 21) argues, “any distinction among these instruments—executive orders, presidential memoranda, and proclamations—is muddied by the fact that all three may be employed to direct and govern the actions of government officials and agencies.” Given that different directive

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4Appendix A provides a complete accounting of how the document categories included in the CIS Index are classified into directive groups. Document categories included in the CIS that are not of policy consequence and/or address matters other than executive policymaking (such as pardons, nominations, and Statements of Administration Policy) are omitted. Additionally, our use of the term “Memoranda” does not indicate that documents were formally designated as such, but is in the spirit of related classifications that distinguish administrative actions directed by the president through means other than executive orders (Woodley and Peters, 2017).

5Figure A.1 displays the annual number of all documents in each category.
categories may be used for similar purposes, aggregating across them provides a conceptually and theoretically appropriate measure of the total volume of unilateral policymaking.6

2.1 Measuring the significance and policy domains of directives

While our data offer an expansive view of unilateral policymaking, the directives in our data vary in importance. Some presidential directives substantially change policy outcomes and/or produce important political consequences, but many other directives concern routine administrative matters or address ceremonial affairs.7 For the purposes of describing patterns of presidential policymaking over time and testing theories about the conditions under which presidents exercise unilateral powers, we follow previous scholarship (Howell, 2003; Chiou and Rothenberg, 2017) and construct a measure of directive significance.

Our goal is to identify “important” directives, although we recognize the challenges in conceptualizing exactly what “importance” or “significance” means. Following the approach used in legislative scholarship, we focus on identifying directives that are “noteworthy” (Clinton and Lapinski, 2006, 234) and “innovative and consequential” (Mayhew, 1991, 36). These definitions reflect our interest in distinguishing directives based on how they change existing policy as well as their political significance.8 While this definition lacks precision, as most any definition of such a concept would, it has two advantages. First, it is consistent with how scholars have considered the significance of government actions in other domains and institutions. Second, by considering both policy impact and political significance, our conceptual definition affords the opportunity to use directives as a means of evaluating the institutional significance of the presidency across time.

Previous research has measured the significance of executive orders based on whether they were covered by contemporary media, mentioned in congressional debates or judicial decisions, discussed by presidents, or judged important by historical retrospectives (e.g., Howell, 2003; Chiou and Rothenberg, 2017). We adopt this general approach and extend it through the use of text analysis with supervised learning to estimate the significance of all directives in our data (see also Kaufman, 2020).

In brief, we begin with the estimates of executive order significance produced by Chiou and Rothenberg (2017). Chiou and Rothenberg characterize significance as a latent trait and use 19 “raters”—including media outlets, law reviews, congressional and presidential speech, and historical overviews—along with a series of exogenous political variables and rater characteristics to estimate the significance of each directive in an item-response framework. Using this approach, Chiou and Rothenberg (2017) produce continuous estimates of significance for executive orders issued from 1947 to 2003. The Chiou and Rothenberg estimates represent the most comprehensive effort in the literature to measure executive order significance; as we describe below in greater detail, we supplement their estimates of significance with original hand-coding of significance for a sample of directives not included in their data. The Chiou and Rothenberg estimates and our hand-coded measures then serve as the inputs to a statistical model that identifies the relationship between the measure of significance and the text of each directive, which is then used to estimate

6We do not claim that directive categories are necessarily strict substitutes for one another. Aggregating directives may be problematic from a measurement perspective if directives from different categories concern systematically different issues or are written in systematically different ways. Our measurement approach, detailed below, addresses this potential concern in detail.

7The prevalence of inconsequential governmental acts is not specific to presidential unilateralism, as others have made similar points in the context of congressional legislation (Clinton and Lapinski, 2006) and the regulatory process (Chiou and Klingler, 2023).

8We recognize, as Goehring et al. (2023) point out, that the correlation between policy change and political significance may be less than perfect. Moreover, the correlation between the degree of policy change and the magnitude of policy impact may also be less than perfect.
the significance of the remaining directives based on their text. In extending the Chiou and Rothenberg (2017) approach to the other directives in our data, we inherit any limitations of their measures. Yet we avoid the potential pitfalls of tracking coverage of each directive by the media, politicians, political and legal observers, and historians over the century and a half in our data.

Our directives also vary in the policy domains they concern. Happily, the measurement challenges are considerably lesser for identifying issue areas given the work of the Comparative Agendas Project (CAP). The CAP has developed an extensive list of issue areas and identified the issue area that corresponds to each executive order in the post-World War II era. Its classification scheme and its application to executive orders serve as the basis of our measurement strategy for using text analysis to identify the issue areas of the directives not studied by the CAP.

An important advantage of our approach is that it is easily scalable. While media-based indicators, for example, require fresh data collection after each new directive is issued, we require only the text of the directive.\footnote{As we discuss below, we consider whether changes in language over time might degrade the quality of our measure. For example, if our model learns the relationship between significance and the text of New Deal era directives, it may extrapolate less well to more recent orders. We discuss this concern and our approach to address it in Appendix B.} We can thus apply our approach backwards and forwards through time as new directives are issued and/or discovered. Moreover, by using machine learning rather than relying solely on human coders, we reduce potential biases associated with subjective evaluations (see Katagiri and Min, 2019).

Following standard practices, our procedure consists of six steps: (1) collect a training corpus with variability along the dimension of interest, (2) label each document in the corpus corresponding to its location along the dimension of interest, (3) convert the corpus to a data set, (4) train a supervised model on the data set and training labels, (5) use the model to predict the labels for out-of-sample documents, which are the ultimate quantity of interest,\footnote{After estimating labels for the test set, we merge those documents with the executive orders in our training set whose scores were produced by Chiou and Rothenberg (2017) so that we can analyze the full distribution of directives during the period covered by their data.} and (6) examine the validity of the resulting estimates. We list these steps in Table 1 and briefly describe each. We provide more extensive documentation in Appendix B.

**Training data.** The CIS Index to Presidential Executive Orders and Proclamations, as described above, provides the text of each directive.

**Document labeling.** We create initial training labels for both significance and policy domains. To develop significance labels, we take three complementary approaches. First, for numbered executive orders from 1947 to 2003, we match significance estimates from Chiou and Rothenberg (2017) to the text of the corresponding executive order. The estimates from Chiou and Rothenberg (2017) are continuous from roughly $-1$ to 3; we coarsen them to create a binary indicator of significance at the threshold of 0.5.\footnote{Here and in one other step in our measurement strategy we coarsen a continuous score to produce a dichotomous measure of significance. While we perform a series of robustness checks on these choices (see Appendix B), we acknowledge that readers may disagree with our choices. We suspect that alternative measurement choices would have minimal effects on our substantive findings. Our replication materials indicate where in the code we make these choices so that readers can explore alternative threshold choices.} Second, we use undergraduate research assistants, trained with a data set of labeled significant and ceremonial orders, to triple-code each numbered proclamation issued through 2018 in a dichotomous fashion on the basis of whether it was “ceremonial” and aggregate their results for each directive.\footnote{We aggregated these coders using a majority-vote rule, and obtained additional hand-codes for non-unanimous codings.} Finally, we manually identify a set of documents other than numbered executive orders that were included in the Chiou and Rothenberg (2017) data and are substantively related to numbered executive orders—these orders often enact policy “pursuant to” a specified numbered EO—and assign to these new documents a...
significance score equal to the average significance of all numbered executive orders to which they are related. These 11,033 documents and their matched significance estimates constitute the training set; the remaining 48,015 documents comprise our test set.13

To develop labels for policy domains, we combine two approaches: for numbered executive orders issued between 1945 and 2020, we rely on the CAP’s issue codings (Executive Orders, 2021). These labels associate each executive order to one of 20 policy areas. For a random sample of the remaining documents, we use trained research assistants to label documents according to the same coding scheme. Altogether we have policy domain training labels for 21,429 documents.

**Text to data.** We convert the training set and test set into a data object using the documents in our corpora to create term-document matrices (TDM). Each document is a row in a matrix, and each unique lexical feature is represented in a column. Entries in this matrix indicate how many times lexical object \( j \) occurs in document \( i \). In this case, columns include unigrams, which are single words, and bigrams, which are ordered pairs of words. Consider Executive Order 13123, the Preamble of which begins: “The Federal Government, as the Nation’s largest energy consumer, shall significantly improve its energy management in order to save taxpayer dollars and reduce emissions that contribute to air pollution and global climate change.” The unigrams in this document include, among others, “energy,” “consumer,” “management,” “save,” “dollars,” “emissions,” “pollution” and “climate”; bigrams include “energy consumer,” “energy management,” “taxpayer dollars,” “air pollution,” and “climate change.” As additional preprocessing, we remove punctuation, numbers, and symbols, as well as all terms which do not occur in at least 500 documents. In total, our significance training TDM has 11,033 unique documents and 29,718 terms. Our topic area TDM has 21,429 documents and 29,718 terms.

**Modeling.** Next, we model the relationship between lexical features and document significance or policy domain. Using \( k \)-fold cross-validation (Mozer and others, 2020), we find that the random forest model performs best. It successfully identifies whether a document is below or above our significance threshold 98.76 percent of the time, with little observable heterogeneity across significance levels and with roughly equal false-positive and false-negative rates (for more details, see Appendix B). This provides confidence that although we are estimating documents’ significance with error, that error is unlikely to bias our substantive results.

In producing a policy area estimation model, we confront a class imbalance problem: since we have many training documents belonging to some policy areas and relatively few belonging to others, we risk misclassifying documents at different rates. To address this concern, we rebalance our policy area training set using Adaptive Synthetic Sampling (He et al., 2008).

13The two samples differ only slightly along the latent dimension, as the average probability of significance is 0.175 for the training set and 0.169 for the test set.
**Estimation.** Finally, we use the random forest model to estimate the both policy significance and policy domain for the documents in our test set. The significance random forest model produces for each document in the test set a probability that it is significant, the policy domain random forest model produces each document’s most likely policy category.

Because of uncertainty in the modeling procedure, rather than using the predicted probabilities of significance we distinguish significant unilateral actions as those whose probability of significance are greater than 0.355, the value that equalizes the false-positive and false-negative rates. This threshold distinguishes 10,069, or roughly 17 percent, of the directives in our data as policy significant. This appears to represent an appropriate level of selectivity given related scholarship. To contextualize this figure, Howell (2005) characterized 8 percent of executive orders (290 of 3,749) issued between 1945 and 2001 as significant, Bolton and Thrower’s (2016) study of “non-ceremonial” orders included 97 percent of executive orders issued between 1945 and 2013, and Mayer and Price (2002) classified 14 percent of a sample of executive orders issued between 1936 and 1999 as significant. Finally, Chiou and Rothenberg (2017) characterize 14, 26, and 44 percent of executive orders as significant based on thresholds of 1, 0.5, and 0, respectively. Overall, our threshold suggests that our measure is more selective relative to most existing research.

**Relabeling.** We improve the quality of our supervised learning models using Active (or Adaptive) Learning (Settles, 2012; Kaufman and Klevs, 2022). We examine the predicted significance probabilities for a subset of the test set, relabel those documents if their predicted probabilities are incorrect, add them and their corrected labels to the training set, and then repeat the Model Training and Estimation steps. We follow this approach for our policy significance model by identifying 250 randomly selected documents close to our significance threshold—the documents for which the model is least certain—and hand-label them as either significant or not. This provides additional information that the model uses to estimate the importance of the directives in our data and reduces noise around the threshold we use to distinguish significant directives.

**Face validity.** As an exercise in face validity, we evaluate the significance and topic areas produced by our model for the 140 presidential proclamations issued in 2019. We hand-code each proclamation to indicate whether it was ceremonial in nature, as previous research has characterized ceremonial directives as the complement of significant orders (Bolton and Thrower, 2016). We compare the significance probabilities from our model between ceremonial and nonceremonial directives. If our estimates do a reasonable job of distinguishing important directives, we expect that nonceremonial proclamations will have higher probabilities of significance. Moreover, we evaluate the reasonableness of the estimates of policy domain. The full list of proclamations and their accompanying estimates is shown in Table B.3. In both years, the average probability of significance among the 15 nonceremonial proclamations was greater than 0.5 while the average probability of the 125 ceremonial proclamations was near zero. With respect to issue area, proclamations associated with the border with Mexico (e.g., 9842 and 9844) and entry restrictions for certain residents of other countries (e.g., 9931, 9932, and 9945) are classified as immigration policy, while proclamations associated with imports and tariffs (e.g., 9886, 9888, 9893, and 9894) are classified as trade. Overall, then, our measurement approach appears to reasonably distinguish directives on the basis of their significance and issue domain.

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14Figure A.2 displays the distribution of significance probability across document types.

15Establishing a threshold on the basis of the least significant executive order in Howell’s (2005) data (EO 11575) would identify more than 85 percent of the directives in our database as significant.

16Most proclamations issued through 2018 were in the training set.

17We do not claim that our procedure perfectly classifies documents; like all estimates, ours contain error and some of its classifications could be open to alternative interpretations. For example, while Proclamation 9931 is classified as immigration,
To recapitulate, we assess directive importance by building upon the estimates developed by Chiou and Rothenberg (2017). We supplemented their estimates with original hand-coding, coarsened the estimates of document significance, and identified the relationship between the text of the directives and their estimated significance. We then apply this procedure to generate probabilities of significance for the remaining directives in our data based on the words and phrases contained in them. To illustrate, a proclamation in our data that was issued in 1902 and contains the same text as an executive order issued in 2002 in the Chiou and Rothenberg (2017) data will have the same significance estimate. Our approach for estimating a document’s policy domain follows much in parallel, relying on the Comparative Agendas Project’s expert codings of contemporary executive orders. Since these too are available only for a subset of unilateral directives, we model the relationship between a document’s text and its policy domain, then use that model to extrapolate to the full set of unilateral actions.

2.2 Model accuracy
We evaluate the accuracy of our model through two main procedures. In short, we find that our model’s predictive success in classifying significant documents compares well with the best results that apply machine learning to political text. Moreover, we compare our model’s results with what might be obtained from a more conventional approach to document coding and show that the model’s success rate exceeds the predictive success rate from well-trained undergraduate coders. Even so, we acknowledge several potential threats to our model’s applicability, including inaccurate document transcription, changes in language over time, unrepresentativeness of the training set, and heteroskedastic prediction accuracy. We detail these threats, and provide a suite of robustness checks to evaluate them, in Appendix B.

3. Patterns of significant unilateral action, 1877–2020
Figure 1a shows the annual number of significant directives from 1877 to 2020. Overall, presidents issued an average of 64 significant directives per year. The endpoints of the time span are suggestive of the aggregate trend. President Rutherford Hayes issued fewer than ten significant directives in each year of his term (1877–1881), while President Donald Trump issued 318 significant directives in 2020. Yet there is considerable variation between these dates. As other research argues (e.g., Howell, 2003), presidents have generally made increasing use of unilateral powers to achieve significant policy goals over the latter half of the 20th century. The number of significant directives has increased particularly rapidly in recent decades. For example, presidents between Eisenhower and Carter (inclusive) issued an average of 49 significant directives per year, which more than doubled (to 110) for presidents Reagan through Trump.

Figure 1b compares the patterns from our data to other measures of significant unilateral action. Compared with Howell (2005), our measure identifies substantially more significant actions than we would observe if we focused only on executive orders. Our measure also indicates that while presidents in the first half of the 20th century issued executive orders relatively frequently, many of the directives were not substantively important. Presidents between Taft and Franklin Roosevelt issued plenty of “nonceremonial” executive orders, yet our estimates indicate that the number of significant directives was far smaller.

Figure 1c shows how the distribution of significance varies across various unilateral tools. Between 1877 and 2020, executive orders comprised 35 percent of significant unilateral actions, while memoranda and proclamations accounted for 36 and 29 percent, respectively. These aggregate statistics obscure substantial variation across time. Consistent with Lowande (2014), the
Figure 1. Significant executive actions, 1877–2020, (a) annual number of significant directives, (b) comparison with other measures, (c) variation across directive type.
recent rise in significant unilateral action is driven largely by memoranda. Before 1980, memora-
manda comprised 16 percent of the number of significant actions; since then, however, memos
have comprised 57 percent of them. The increased prominence of memoranda among significant
unilateral directives has come largely at the expense of proclamations, which comprised 44 per-
cent of significant unilateral actions before 1980 but only 12 percent since then.

3.1 Presidential policymaking across issue areas

Figure 2 shows patterns in significant unilateral action across issue areas. The figure shows, per-
haps unsurprisingly, that presidents address some issues more frequently than others. Consider
the ranges of the y-axes. While no more than six important directives per year address civil rights,
economic, education, housing, or social welfare policy, presidents have issued dozens of important directives in a given year to address defense policy, international affairs, public lands, or government operations. Because the former group of policies typically is more politically salient than the latter, these patterns suggest that unilateral power is most commonly exercised to address issues of lower public concern and/or on which the public and congressional lawmakers are more likely to delegate to the president.

The figure also shows variation in issue attentiveness across time. Over the last several decades presidents have issued increasing numbers of directives to address national defense and international affairs, which contribute disproportionately to the overall increase in unilateral activity during this period. The number of immigration directives has also increased over the last decade, perhaps reflecting the public salience and lack of congressional activity in this area.

### 3.2 Temporal variation in directive choice

Given the diversity of directive types in our data, we evaluate how presidents choose among them. Lowande (2014) raises the possibility of substitution between directives, as unilateral tools vary not only in what they can achieve but also in the political costs and benefits to issuing them. If these costs and benefits differ across tools, presidents may have incentives to issue systematically different kinds of directives to achieve different goals.

Our new measures are well-suited for examining variation in the means through which presidents have created unilateral policies. Rather than measure rates of unilateral activity, we study how presidents have selected among unilateral tools conditional on their decisions to issue significant directives. We model the share of important directives issued via each unilateral tool as a cubic expression of time.\(^{18}\)

Figure 3 shows the fitted proportions of significant directives that were issued as executive orders, proclamations, or memoranda for each year. The left plot aggregates directives from all issue areas and indicates that presidents have created important unilateral policies through somewhat different means across time. The predicted share of important directives issued as executive orders increased to a peak just above 40 percent by the middle of the 20th century but since has decreased to around 20 percent in recent years. The plot shows a similar pattern for proclamations, though the decrease in use has been more stark. The plot also suggests the role of memoranda as substitutes for executive orders (and, potentially, proclamations), as the temporal patterns are roughly inverted.

The middle and right plots in Figure 3 show how these patterns vary between domestic and foreign policy issues.\(^{19}\) Over the time period we study, the middle plot shows that executive orders, and to some degree memoranda, have displaced proclamations as means of unilateral policymaking on domestic issues. Similarly, the right plot shows that while proclamations were the dominant tool used in foreign policy for much of the 20th century, they have been almost entirely displaced by memoranda in recent decades. Not only are contemporary presidents issuing substantially more foreign policy directives than their predecessors, but they are also using directives that are subject to the weakest transparency and reporting requirements. While a fuller examination is beyond the scope of this paper, these developments invite further scrutiny for assessing the president’s foreign policy making influence.

Our data and measures generate new descriptive findings about unilateral activity by American presidents over nearly a century and a half. Presidents have made many more significant policies via unilateral power than previously understood, and particularly over the last several decades.

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\(^{18}\)Appendix C shows similar patterns when using linear and quadratic specifications and fourth- and fifth-degree polynomials.

\(^{19}\)We classified immigration, defense, trade, and international affairs as foreign policy; all other issues were classified as domestic policy.
We also show that the means through which presidents have created unilateral policies have changed in important and unappreciated ways. These patterns suggest that analyses focused on executive orders or any other single unilateral tool miss key information about unilateral policymaking.

### 3.3 Structural change in unilateral activity

Next, we formally evaluate historical variation in significant unilateral activity. Accounts of the institutional evolution of the presidency associate unilateral power with the institutionalization of the presidency. According to Greenstein (1978), “From a presidency that normally exercised few unilateral powers, there has been a shift to one that is provided... with many more occasions for direct policy making through executive orders and other actions not normally ratified by Congress.”

Relatively little research systematically identifies distinctive periods of unilateral activity. Dodds (2013, 24) goes furthest, positing that

Four areas of this picture of the development of executive orders seem to stand out: (1) a period of very low usage of executive orders from the founding of the country through the 19th century, (2) a sharp rise under Theodore Roosevelt, (3) a less dramatic but steady increase from Taft through FDR, and (4) a marked decline in usage after World War II.

However, Dodds does not formally test whether these periods correspond to distinctive regimes of unilateral activity, and his observations are based on executive orders rather than the larger pool of unilateral directives.

We identify structural breaks (or change points) in the issuance of significant unilateral directives, similar to Spirling (2012), who studies changes in treaty-making between the US government and Native Americans. Following that work, we use a linear regression framework to identify the temporal stability of annual patterns of unilateral action. When fitting the model, we require a minimum segment length of four years. Substantively, this allows us to identify whether patterns in unilateral action vary systematically across individual presidents. Following Bai and Perron (2003), we identify the number and locations of structural breaks using BIC as an indicator of model fit.

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Appendix D describes similar results from a nonparametric changepoint analysis and changepoints for disaggregated categories of directives.
Figure 4 shows the results. Points indicate the annual number of significant unilateral actions, dashed vertical lines show the years corresponding to estimated change points, and the solid horizontal lines show the average number of directives per year issued in each period. The best-fitting model identifies five breaks, corresponding to 1904, 1909, 1918, 1991, and 2016.21

The results provide several new findings. First, the locations of the first few breaks suggest that Progressive Era presidents sharply contrasted with their predecessors in issuing unilateral directives. The first break corresponds with the Theodore Roosevelt presidency, which Dodds (2013, 123) argued “marked a significant change in both the number and the nature of [important unilateral] directives.” The continuation and escalation of this pattern by his immediate successors also support Dodd’s (2013, 152) interpretation that Roosevelt’s “practice of frequently issuing unilateral presidential directives stuck and became the new norm” among other Progressives. While most other 20th-century presidents did not issue directives at the same rates as Taft and Wilson, it is clear that a new baseline was established in the century’s first decades.

Second, despite the centrality of Franklin Roosevelt in accounts describing the emergence of the modern presidency (Greenstein, 1978), we find no evidence that Roosevelt was a turning point in the use of unilateral powers. Between 1919 and 1991, presidents issued an annual average of 46 significant directives, which suggests continuity with the rate established by Theodore Roosevelt (51 per year) rather than a clear break.

Third, the last two breaks, 1991 and 2016, suggest a sharply upward trajectory in over the last three decades. These breaks correspond roughly to the beginnings of the Clinton and Trump presidencies (though we make these claims cautiously given the uncertainty associated with the estimated breaks). Nevertheless, the data are consistent with Howell’s (2005) claim about presidents’ increased use of unilateral power in recent decades, with the change points suggesting that presidents Clinton, Bush, and Obama made significantly greater use of unilateral action

21We do not display the confidence intervals around these breaks for the purposes of visual clarity, but they are relatively small in magnitude. The 95 percent confidence interval for each break is, respectively: [1900, 1908], [1907, 1911], [1916, 1920], [1989, 1993], and [2014, 2018].
on average than their 20th century predecessors and which increased further still under President Trump.

### 3.4 Revisiting studies on public opinion and unilateral action

In a final set of analyses, we revisit and extend the results from three studies on public opinion and unilateral action. The first, Jones et al. (2009), evaluates the links between public priorities and policymaking activity through a variety of channels. We focus specifically on their findings related to unilateral action. The second, Christenson and Kriner (2019), examines the relationship between presidential popularity and unilateral power. The third, Djourelova and Durante (2022), studies the strategic timing of executive orders.

These studies provide important evidence about the links between public opinion and unilateral power. Because each study uses executive orders as the primary data source for unilateral action, we extend their analyses to include the broader set of unilateral directives described here. We limit our attention to empirical extensions of their work and accept the authors’ theoretical arguments and empirical strategies on their terms.

#### 3.4.1 Public issue priorities and unilateral policymaking

Jones et al. (2009) study the correlation between the annual number of executive orders that address a particular issue and the salience of that issue area, measured with responses to the Gallup “most important problem” question. Jones et al. (2009, Table 5) show that while the average correlation between salience and unilateralism across issue areas is 0.14, on some issues (especially energy, the environment, and agriculture) presidents are particularly responsive to public priorities. We use data from the CAP to characterize annual issue salience and correlate them with measures with the volume of unilateral activity across the same issues areas in our data. We begin in 1956 (like Jones et al. 2009) and extend our analysis through 2020.

Figure 5 shows the results. The left plot shows correlations between salience and the number of unilateral actions for each issue area as reported in Jones et al. (2009). The middle plot shows the correlations for all directives in our data, and the right plot shows correlations for significant directives according to our measure (Jones et al. 2009 do not distinguish directive significance). As in Jones et al. (2009), the average correlation is relatively low but stronger for significant directives (0.17) than it is when considering all directives (0.10). Similar to Jones et al. (2009), the issue-specific correlations are positive and statistically significant for only four issues when evaluating all directives. However, when focusing on significant directives, the correlations are positive and statistically significant for 11 issue areas. Interestingly, the correlations tend to be most negative for defense and international affairs—areas in which unilateral action has increased most substantially. The results in Figure 5 largely support and strengthen those from Jones et al. (2009) and suggest that presidential unilateralism is more responsive to public priorities on some issues than others.

#### 3.4.2 Presidential approval and unilateral action

Christenson and Kriner (2019, 1071) test the hypothesis that “the president’s approval rating affects the frequencies with which presidents advance their policy agendas unilaterally.” To do so, they create monthly measures of significant unilateral activity from 1953 to 2018 and link

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22Christenson and Kriner (2019) report supplementary analyses that include directives other than executive orders that are referenced as such (incorrectly) by the New York Times.

23We successfully replicated the results from the authors’ publicly available data and thus we do not question the conclusions drawn from the executive orders in their analyses.

24Jones et al. (2009) do not report the uncertainty associated with the correlations. Our data include correlations for immigration and international affairs while the former is not included in Jones et al. (2009) and the latter was combined with defense.
them with presidents’ monthly approval ratings. The main analyses use vector autoregression to show that presidential approval Granger causes unilateral action. They find no evidence that executive orders affect subsequent changes in presidential approval. We reproduce these results in the top panel of Table 2.

Following Christenson and Kriner (2019), our dependent variables characterize the monthly count of significant directives and the monthly sum of directive significance. The lower panel of Table 2 shows results using our measures of significant unilateral directives for the same time period. Our results differ from Christenson and Kriner (2019) in that we find no evidence that approval ratings Granger cause unilateral action when studying all significant directives in our data. However, when limiting our analysis to the significant executive orders in our data

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Table 2. Granger-causality tests: presidential approval and unilateral directives, 1953–2018

<table>
<thead>
<tr>
<th>Executive orders only (from Christenson and Kriner 2019)</th>
<th>Number of significant directives</th>
<th>Aggregated significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orders → approval</td>
<td>$\chi^2$ 2 .341</td>
<td>$\chi^2$ 2 .477</td>
</tr>
<tr>
<td>Approval → orders</td>
<td>8.611 2 .013</td>
<td>20.607 2 &lt;.001</td>
</tr>
<tr>
<td>All directives</td>
<td>Orders → approval 1.402 2 .496</td>
<td>Approval → orders 1.805 2 .406</td>
</tr>
<tr>
<td>Approval → orders</td>
<td>2.787 2 .248</td>
<td>1.269 2 .530</td>
</tr>
</tbody>
</table>

Entries show results from Granger causality tests conducted with coefficients from vector autoregression models. The rows labeled Orders → approval examine the hypothesis that unilateral action Granger causes presidential approval by testing whether the coefficients on two lags of unilateral directives are jointly zero. The rows labeled Approval → orders examine the hypothesis that presidential approval Granger causes unilateral action by testing whether the coefficients on two lags of unilateral directives are jointly zero. The left side of the table shows results when using the monthly count of significant directives and the right side shows results when using the summed significance of directives issued in a month. The top panel reproduces the results using executive orders reported in Christenson and Kriner (2019) while the bottom panel shows results using all directives in our data for the same time period and model specifications.

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Table E.1 reports diagnostic tests showing that our variables appear to be stationary.
(see Table E.2), our results strongly support the conclusions from Christenson and Kriner (2019). While accounting for a wider range of directives provides less evidence for the argument that presidential popularity is an accelerant on unilateralism, the finding that higher approval ratings temporally precede the issuance of executive orders but not other directives raises the possibility that the politics of unilateral action varies with directive type.

### 3.4.3 Media pressure and the strategic timing of unilateral action

Djourelova and Durante (2022) argue that presidents have incentives to issue directives to minimize news attention, as controversial unilateral actions can generate criticism and undermine the president’s political standing. Djourelova and Durante (2022) construct a daily measure of news pressure from 1979 to 2016, which characterizes the volume of news attention given to issues other than unilateral action,26 and use lagged and lead values of this measure to show that presidents are more likely to issue executive orders on the eve of days with high news pressure, with these findings concentrated in periods of divided government. The authors conclude that presidents strategically time unilateral activity to circumvent potential negative reactions to them.

We focus on the core analyses of Djourelova and Durante (2022), which are estimated with executive orders. We specify two dependent variables based on our measures: an indicator for whether the president issued at least one directive on a given day and an indicator for whether president issued at least one significant directive (according to our threshold) on a given day. The left two columns of Table 3 reproduce the findings from columns 3 and 4 in Djourelova and Durante (2022, Table 3) for the purposes of comparison. Using the same model specifications, the middle columns show results using our data on all directives and the right columns show results using our significant directives. The key independent variable is NP (t+1), which indexes the level of news pressure on the day after the date on which a directive was issued.27

Overall, Table 3 provides mixed support for the findings reported in Djourelova and Durante (2022). The coefficients for NP (t + 1) in columns 3 and 5 are small in magnitude and neither is statistically significant. When using all directives, column 4 provides no evidence that the relationship between news pressure and executive action is meaningfully different in divided government, where Djourelova and Durante (2022) find the largest positive relationship. When focusing on significant directives in column 6, we do find such evidence, which is consistent with the findings reported in column 4 of Djourelova and Durante (2022, Table 3). As we show in columns 5–7 of Panel B in Table E.3, we also find evidence of increased unilateralism on the eve of significant news days when focusing specifically on the context of divided government, though this finding is limited to significant directives. Across an expanded dataset of directives, our findings reinforce the conclusion that presidents strategically time the issuance of important directives to shield them from public view.

Figure 5 and Tables 2 and 3 show the usefulness of our data and measures for testing claims about when presidents issue unilateral directives. Our findings suggest that the politics of executive orders may differ from other directives. To the degree that directive categories vary in salience and/or visibility, presidents may have different incentives to use them based on their expectations about how the public and other political actors may respond. These are only speculations, but they suggest the importance of accounting for a wider range of unilateral directives when making conclusions about the politics of unilateral power.

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26Djourelova and Durante (2022, 818) explain that their measure of news pressure excludes segments that “explicitly mention executive orders or synonyms.” We assume that this measure would pick up and exclude news stories related to directives other than executive orders in our data, but acknowledge that our use of the news pressure measure in regressions that include all directives depends on this measurement assumption.

27Table E.3 shows results using our data based on all ten models reported in Djourelova and Durante (2022, Table 3).
4. Conclusion

Presidents can change policies through a variety of unilateral tools. We present new data on across a range of these tools over nearly a century and a half and introduce a new methodological approach for analyzing them. Using these data, we uncover new empirical patterns of presidential unilateralism and reassess prominent scholarly claims about when it occurs.

Our findings contribute to several contemporary debates. First, we show that unilateralism has increased in recent decades. While this could be interpreted as evidence of an imperial presidency, it could also represent increased delegation of authority to presidents in an era where Congress has been fragmented and gridlocked. This latter interpretation is supported by our finding that increases in unilateral action are driven largely by foreign affairs, where Congress more often defers to presidents. Second, increased unilateralism through more obscure forms raises questions about transparency and accountability. For example, if memoranda are increasingly used for important unilateral policies but are less available to and/or covered by the media, there may be fewer opportunities to hold presidents accountable for the policies they create through this tool.

Our data permit new empirical investigations into individual issue areas, across longer periods of American history, and among specific types of directives. For example, future work could use the data introduced here to study how constraints on presidential unilateralism vary across directives, issues, and time. These analyses could point toward new explanations for the use of unilateral power and its contributions to presidential policy influence.

Finally, our methods for analyzing unilateral directives could be extended to other institutions and contexts. Text-based documents are issued by virtually every government entity and future research could use strategies like ours to characterize the policy outputs from presidents, bureaucracies, courts, and legislatures across time and levels of government. Moreover, these documents could be classified according to a host of criteria beyond policy significance or issue area. Combining methodological advancements in text-based analysis with increased availability of

Table 3. News pressure and the timing of unilateral action (1979–2016)

<table>
<thead>
<tr>
<th></th>
<th>≥ 1 executive order (original)</th>
<th>≥ 1 directive</th>
<th>≥ 1 significant directive</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
</tr>
<tr>
<td>NP</td>
<td>0.005 (0.013)</td>
<td>0.003 (0.024)</td>
<td>−0.011 (0.041)</td>
</tr>
<tr>
<td>NP (t + 1)</td>
<td>0.024 (0.014)</td>
<td>0.010 (0.026)</td>
<td>0.020 (0.042)</td>
</tr>
<tr>
<td>NP (t − 1)</td>
<td>−0.001 (0.014)</td>
<td>0.023 (0.027)</td>
<td>0.042∗ (0.019)</td>
</tr>
<tr>
<td>NP × divided</td>
<td>0.002 (0.029)</td>
<td>0.020 (0.046)</td>
<td></td>
</tr>
<tr>
<td>NP (t + 1) × divided</td>
<td>0.084∗ (0.031)</td>
<td>−0.014 (0.046)</td>
<td></td>
</tr>
<tr>
<td>NP (t − 1) × divided</td>
<td>−0.033 (0.032)</td>
<td>0.046 (0.044)</td>
<td></td>
</tr>
<tr>
<td>N</td>
<td>13 836</td>
<td>13 836</td>
<td>13 836</td>
</tr>
<tr>
<td>7 lags of NP</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>7 leads of NP</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Weeks in office</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Year, month, DoW FEs</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>7 leads and lags of</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>NP × divided</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

NP, news pressure; DoW, day of week; FEs, fixed effects.

Columns (1) and (2) reproduce columns 3–4 from Djourelova and Durante (2022, Table 3). The dependent variable is an indicator for the signing of any executive order (columns 1–2), any directive (3–4), or a significant directive (5–6). OLS regressions in all columns. Standard errors clustered on month x year. ∗p < 0.05.
government documents may be a particularly fruitful approach for scholars interested in historical research.

**Supplementary material.** The supplementary material for this article can be found at [https://doi.org/10.1017/psrm.2024.15](https://doi.org/10.1017/psrm.2024.15).

To obtain replication material for this article, [https://doi.org/10.7910/DVN/6SGSTI](https://doi.org/10.7910/DVN/6SGSTI).

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