Ralstonia infection in cystic fibrosis

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Received 28 March 2017; Final revision 11 July 2017; Accepted 13 July 2017; first published online 9 August 2017

Summary
This study aimed to determine prevalence of Ralstonia spp. in cystic fibrosis patients, look for any evidence of cross infection and to describe clinical outcomes for patients infected by Ralstonia spp. Prevalence of Ralstonia spp. was calculated annually from 2008 to 2016. Pulsed-field gel electrophoresis was performed on ≥1 sample from patients with an isolation of Ralstonia spp. between 2008 and 2016. A prospective, longitudinal observational study of adult patients was performed with 12 months follow-up from recruitment. Prevalence of Ralstonia spp. rose from 0.6% in 2008 to 2.4% in 2016. In total 12 out of 14 (86%) patients with ≥1 isolation of Ralstonia spp. developed chronic infection. A pair and a group of three unrelated patients with epidemiological connections shared strains of Ralstonia mannitolilytica. Lung function of Ralstonia spp. infected patients was moderately to severely impaired. Prevalence of Ralstonia spp. is low but increasing. The risk of a patient developing chronic Ralstonia spp. infection following first acquisition is high and cross-infection may be possible. Whether Ralstonia spp. infection causes increased pulmonary exacerbation frequency and lung function decline needs to be evaluated in larger prospective studies.

Key words: Bacterial typing, hospital infection, molecular epidemiology.

INTRODUCTION
Chronic airway infection and subsequent progressive respiratory and clinical decline is the pathological hallmark of cystic fibrosis (CF). Patients tend to follow a classical chronological course of bacterial airway infection from infancy to adulthood. This manifests as dominance of Haemophilus influenzae and Staphylococcus aureus in the airways of infants and children: by adulthood Pseudomonas aeruginosa dominates.

In recent years, a number of non-fermenting Gram-negative bacteria have also been noted to colonise the airways of individuals with CF. These include the species Stenotrophomonas maltophilia and Inquilinus limosus and the genera Achromobacter, Pandoraea, Ralstonia and Cupriavidus. The current prevalence of these organisms is low and is generally reported as less than 10% but is rising [1–5]. Of
these emerging pathogens, *Ralstonia* spp., in particular, remain an unknown entity with their prevalence and clinical impact in CF not yet fully described.

The genus *Ralstonia* was proposed in 1995 [6] and currently comprises six named species of Gram-negative, non-fermenting bacteria: *Ralstonia mannitolilytica*; *Ralstonia picketti*; *Ralstonia insidiosa*; *Ralstonia pseudosolanacearum*, *Ralstonia solanacearum* and *Ralstonia syzgii*, the latter of which comprises three subspecies, *Ralstonia syzgii* subsp. *syzgii*, *Ralstonia syzgii* subsp. *indonesiensis* and *Ralstonia syzgii* subsp. *celebesensis* [7, 8]. Of these named species, the three reportedly isolated from patients with CF are *R. mannitolilytica*, *R. picketti* and *R. insidiosa* [7–10]. The remaining three species have not yet been reported in CF.

The prevalence of *Ralstonia* in CF is unknown but is likely to be low given studies reporting only a small number of positive samples [9, 11]. However, true prevalence may be underestimated as *Ralstonia* spp. are typically extremely antibiotic resistant and capable of growth on *Burkholderia cepacia* complex selective agar making culture-based diagnosis difficult and the genus vulnerable to misidentification. There is a recent case series reporting chronic infection of *Ralstonia mannitolilytica* in CF, although the authors did not include their definition of chronic infection [12].

There are no other reports of chronic infection in CF with *Ralstonia* spp and the clinical impact of airway infection with *Ralstonia* spp. in individuals with CF is unknown. The above-mentioned case series described seven patients with *R. mannitolilytica* infection with increased exacerbation frequency and accelerated lung function decline. However, the majority of these patients had multiple co-infections including *P. aeruginosa* and methicillin-resistant *S. aureus* and it is therefore difficult to conclude that *R. mannitolilytica* was solely responsible for their clinical course. There are no data in the literature on the ability of this organism to cause person-to-person transmission.

At Manchester Adult Cystic Fibrosis Centre (MACFC), which serves over 400 adults with CF, we have noticed a number of isolations of *Ralstonia* spp. from our patients over recent years. We aimed to calculate the prevalence of *Ralstonia* spp. in patients attending MACFC, to determine whether cross-infection may have occurred and whether infection was transient or chronic. We also aimed to describe prospectively the phenotype, including age, gender, body mass index (BMI), presence of diabetes, pancreatic insufficiency and chronic co-infections and also the clinical outcomes for *Ralstonia*-infected patients.

**METHODS**

**Prevalence calculation**

For each year from 2008 to 2016 the number of patients with at least one isolation of *Ralstonia* spp. was calculated using patient case notes and analysing computerised microbiological reports. The total number of patients attending MACFC each year was taken from administrative records. To determine if any apparent longitudinal increase in prevalence during the study period was statistically significant, we compared prevalence between tertiles of study period, divided equally by chronology (2008–2010, 2011–2013, 2014–2016) using a $\chi^2$ test.

**MALDI-TOF identification and gyrB sequencing**

All patients with $\geq 1$ isolation of *Ralstonia* spp. at MACFC from sputum between 1 January 2008 and 31 December 2016 were identified using the hospital laboratory’s online reporting system. Isolates were sent for molecular confirmation of identification to AMRHAI, Public Health England where they underwent preliminary identification by Matrix-assisted Laser-Desorption/Ionization Time-Of-Flight Mass Spectrometry (MALDI-TOF MS), following ethanol and formic acid extraction on a Bruker Microflex instrument (Bruker). Polymerase chain reaction (PCR) confirmation to species level was conducted by gyrB gene amplification using primers PAR gyrb F/R, followed by sequencing with additional sequencing primers PC2 and PC3 [13]. Briefly a few colonies of bacterial growth were suspended in 100 µl of PCR grade water, vortexed and centrifuged at 15 000 rcf for 2 min. PCR reactions were carried out in a PTC-225 Peltier Thermal Cycler DNA Engine Tetrad (MJ Research) using QIAGEN Core Kit reagents in 25 µl volumes containing 1 X PCR buffer (containing 1·5 mM MgCl2), an additional 1·5 mM MgCl2, 1 X Q solution, 250 µM of each deoxynucleoside triphosphate, 1·5 U *Taq* DNA polymerase, 10 pmol of each primer and 3 µl crude DNA extract. Amplification conditions were as follows: 94 °C for 3 min, then 35 cycles of 94 °C for 30 s, 60 °C for 30 s, 72 °C for 45 s and a final extension of 72 °C for 10 min. PCR amplicons were separated and visualised using the QIAxcel capillary electrophoresis system (Qiagen).
with a DNA High Resolution cartridge. PCR ampli-
cons were purified using ExoSAP-IT® (Affymetrix),
combined with the appropriate primer and submitted
for sequencing on Applied Biosystems Capillary
Sequencers to PHEs Genomic Services and
Development Unit, Colindale, London. Sequence
data were analysed using BioNumerics 6.1 (Applied
Maths) and compared with each other and with
those of Ralstonia species type and reference strains
(LMG 6866 T. manntitolyltica, NCTC 11149 T R.
picketti, LMG 17144 R. solanacearum, ATCC
49129 R. insidiosa, LMG 10661 T, R. syzgii subsp.
syzgii, LMG 27703 T, R. syzgii subsp. indonesiensis
and LMG 27706 T R. syzgii subsp. celebesensis)
using the Neighbour-Joining method. gvrB sequence
data were not available for the type or reference
strains of R. Pseudosolanacearum.

Antibacterial susceptibility testing
Antimicrobial classes used in susceptibility testing
were: aminoglycosides; antipseudomonal penicillins
with β-lactamase inhibitors; antipseudomonal cepha-
losporins; carbapenems; fluoroquinolones; folate
pathway inhibitors; monobactams; phenicols; poly-
myxins and tetracyclines. The specific antimicrobial
agents used in susceptibility testing were: ceftazidime;
aztreonam, ciprofloxacin; timentin; tobramycin; colis-
tin; tazocin; meropenem; chloramphenicol; co-
trimoxazole; minocycline and temocillin. Isolates were
deemed multidrug-resistant if they were non-
susceptible to ≥1 agent in ≥3 antimicrobial categor-
ies. For each sample, all different colonial morphotypes
(usually between 3 and 5 per sample) underwent separate
susceptibility testing in order to screen for multi-
resistant phenotypes. At present, there is no national
or international guidance on antibiotic susceptibility
testing of Ralstonia spp isolates. In this study, the Euro-
pean Committee on Antimicrobial Susceptibility Test-
ing (EUCAST) Pseudomonas susceptibility testing
guidelines were used to interpret results for Ralstonia
spp. isolates for ceftazidime, aztreonam, ciprofloxacin,
timentin, tobramycin, colistin, tazocin and meropenem
[14]. The EUCAST Enterobacteriaceae susceptibility
testing guidelines were used to interpret antibiotic
sensitivities of Ralstonia spp. isolates for chlorampheni-
col and co-trimoxazole [14]. British Society of
Antimicrobial Chemotherapy (BSAC) guidelines were
used for temocillin and susceptibility testing, due to
the lack of EUCAST data [15]. For minocycline sus-
ceptibility testing a locally derived zone diameter
breakpoint of ≥28 mm (susceptible) and <28 mm
(resistant) was used due to the lack of both EUCAST
and BSAC criteria, Mueller–Hinton (Oxoid) agar was
used for all susceptibility testing.

Cross infection: strain typing
Isolates were typed using pulsed-field gel electrophor-
esis (PFGE) of XbaI-digested genomic DNA using the
method described by Kaufmann [16]. BioNumerics
6.1 (Applied Maths) was used to calculate percentage
similarity using the Dice coefficient, with isolates clus-
tered by Unweighted-Pair Group Method with
Arithmetic Averages (UPGMA).

Cross infection: epidemiological analysis
Epidemiology of patients with shared strains was ana-
ysed by reviewing patient addresses, outpatient
appointments, admissions, previous CF centres and questioning patients about their social behaviour.
Clinics at MACFC run daily from Monday to Friday and patients are segregated into separate
clinics according to their dominant classical infecting
pathogen. Patients attending clinics also have segre-
gated time slots to attend depending on presence or
absence of Achromobacter spp., Pandoraea spp. or
Ralstonia spp. infection. Additionally, within each
clinic, patients are segregated from each other, clinic
rooms are cleaned between patient and practice
adheres to national infection control guidelines [17–
19]. Spirometry is performed within the clinic rooms
using single use spriettes within an ultrasonic flow
sensing spirometer, which is cleaned between patients.

Prospective study participants
In September 2013, all patients attending MACFC
with ≥1 positive sputum culture of Ralstonia spp. in
the preceding 2 years were identified by analysis of
microbiological reports from our laboratory’s elec-
tronic reporting system. These patients were then stra-
fified by infection status (previous, intermittent or
chronic) as outlined below. Patients identified as hav-
ing intermittent or chronic infection with Ralstonia
spp. were invited to participate if they were ≥18
years old, capable of giving informed consent and
able to provide sputum samples spontaneously, but
had no history of HIV infection or solid organ trans-
plantation. Study recruitment occurred between
October 2013 and May 2014. Samples were collected.
under the framework of the Manchester Allergy, Respiratory and Thoracic Surgery Biobank with ethical approval of the National Research Ethics Service (REC reference 15/NW/0409).

**Prospective study design**

A prospective, longitudinal, observational study was performed with a total follow up time of 12 months from recruitment. Patients had a baseline visit then follow up visits at approximately three monthly intervals for a total duration of 12 months.

Sputum samples were collected at every visit. All samples underwent general, fungal and mycobacterial culture using standard and selective culture media in keeping with national guidelines [20]. As standard, all different colonial morphotypes growing on *B. cepacia* agar were identified using MALDI-TOF and each of these colonies underwent separate susceptibility testing (usually between 3 and 5 per sample). This approach was consistent for all samples obtained from patients attending MACFC, regardless of previous culture results.

At recruitment, blood was taken for full blood count and C-reactive protein (CRP). Clinical data were recorded for demographics, co-morbid factors, concurrent medication and recent acute antibiotic therapies at all study visits.

Spirometry was performed at each study visit using Easy on-PC Spirometers (ndd Medizintechnik AG, Zurich) in accordance with ATS/ERS spirometry guidance [21]. Baseline spirometry was taken as the best Forced Expiratory Volume in 1 Second (FEV₁) the patient had achieved in the 6 months prior to study enrolment.

**Definition of intermittent and chronic infection**

There is no consensus agreement on a set of criteria to define an emerging pathogen infection as intermittent or chronic. The ‘Leeds criteria’, originally created to define *P. aeruginosa* infection status, were used to categorise infections as either intermittent or chronic in this study and are outlined below [22].

- Chronic infection: positive culture in >50% of months where sputum samples were taken over preceding 12 months
- Intermittent infection: positive culture in ≤50% of months where sputum samples were taken over preceding 12 months
- Free of infection: no positive culture within the previous 12 months but previous history of positive airway culture
- Never infected: no history of positive airway culture

These criteria were chosen as they are already used at MACFC to categorise patients’ *P. aeruginosa* status. Also, using proportion of positive cultures to define an infection as chronic rather than an absolute number of positive cultures ensures that patients with large numbers of sputum culture results per year will not be classified as being chronically infected based on just one or two positive results.

**RESULTS**

**Prevalence**

Between 2008 and 2016 the number of patients attending MACFC increased by 45%. The prevalence of *Ralstonia* spp. in patients attending MACFC has slowly risen from 0·6% in 2008 to 2·4% in 2016 (Table 1). The overall prevalence during 2008–2010 was 0·7%, was 1·4% during 2011–2013 and was 2·1% during 2014–2016 (*p* = 0·027). This shows a statistically significant difference between each time period. Of the 14 patients identified with one or more isolations of *Ralstonia* spp. in sputum since 2008, 12 (86%) have developed chronic infection. This is based on analysing sputum culture data from January 2016 to December 2016 for 10 patients and for the 12 months preceding lung transplantation for the remaining two patients (although notably both transplanted patients remained chronically infected post-transplantation). Each of the 12 patients had sputum samples taken from a minimum of three separate months and a maximum of 10 separate months during the 12-month period used to determine their infection status (mean number of months per year where a sputum sample was taken per patient was 6·4). For all 12 patients, *Ralstonia* spp. was cultured in 100% of months where sputum samples were taken.

**MALDI-TOF identification and gyrB sequencing**

Fourteen isolates from 13 patients were initially identified as *R. mannitolilytica* by Bruker MALDI-TOF MS with scores ranging between 1·74 and 2·3. One patient harboured two different strains of *R. mannitoliytica*. These 14 isolates clustered with 98·6% similarity to the type strain of *R. mannitoliytica* (LMG 6866) using gyrB sequence clustering. One of these 13
patients additionally harboured an isolate that did not cluster closely enough with any of the currently named species of *Ralstonia* within AMRHAI’s *gyrB* database (Supplementary Fig. S1). The 14th patient was infected with a putative novel species of *Ralstonia* that did not amplify using the *gyrB* primers and was identified to genus level by 16S rRNA gene sequencing.

**Strain typing**

All 14 patients had successful genotyping of ≥1 isolate using PFGE (Fig. 1) with nine (69·3%) patients having strains that were distinct from one another and from the remaining types. In two cases, patients harboured two distinct strains (patients 5 and 11, Fig. 1). Of the remaining five (35·7%) patients two shared a strain of *R. mannitolilytica* designated WYTH02RS-5, while three shared a further strain of *R. mannitolilytica* designated WYTH02RS-2. All patients that shared strains of *R. mannitolilytica* were unrelated but, in both groups, the more recently infected patients had their first isolation of *R. mannitolilytica* during or immediately following an admission to the same ward as a patient already infected with that strain.

Analysis of the home addresses of patients attending MACFC with at least one positive culture for *Ralstonia* species did not demonstrate a geographical link to suggest a particular postal area was linked to infection with WYTH02RS-2 or WYTH02RS-5 strains. In fact, the majority of patients infected with unique *Ralstonia* spp. strains lived in closer proximity than individuals sharing a strain of *R. mannitolilytica*.

**Antibiotic resistance patterns**

Antibiotic resistance patterns for *Ralstonia* spp. isolates from all 14 patients are shown in Table 2. Isolates from five of the 14 patients (36·7%) were resistant to all antibiotics tested. All isolates, where reported, were resistant to ceftazidime, aztreonam, timentin, tobramycin, colistin, meropenem, chloramphenicol and temocillin. Of the 13 isolates that underwent antibiotic susceptibility testing, the majority (69%) were susceptible *in vitro* to minocycline. Analysis of antimicrobial resistance patterns of WYTH02RS-2 strains from each infected patient revealed identical susceptibility profiles. Isolates from all three patients were resistant to all antimicrobials tested (ceftazidime, aztreonam, ciprofloxacin, tobramycin, colistin, tazocin, meropenem, chloramphenicol, co-trimoxazole, minocycline and temocillin). Similarly, isolates from both patients infected with WYTH02RS-5 had identical antimicrobial susceptibility profiles with isolates showing susceptibility to minocycline but resistance to all other antimicrobials tested (ceftazidime, aztreonam, ciprofloxacin, tobramycin, colistin, tazocin, meropenem, chloramphenicol, co-trimoxazole and temocillin).

**Prospective study results**

All five eligible patients with *Ralstonia* spp. isolated from sputum within the previous 2 years were recruited. Patient demographics and baseline investigations are shown in Table 3. At baseline, all of the patients had chronic infection and remained chronically infected at the end of the study period.

Patients with chronic *Ralstonia* spp infection were predominantly Ph508del homozygous and diabetic and all were pancreatic insufficient. Lung function tended to be moderately to severely impaired. Long-term nebulised antibiotic therapy was used in two of the five patients (one patient was taking nebulised meropenem and the other patient was taking nebulised aztronam). Chronic co-infecting pathogens were relatively uncommon and there was a relatively low prevalence of chronic *P. aeruginosa* colonisation (20%).

**DISCUSSION**

There are very few published data on *Ralstonia* spp. infection in CF. To date, available literature mainly focuses on microbiological identification techniques.
and repository data. Here, we present the first single centre study on infection with \textit{Ralstonia} spp. in CF with prevalence, genotyping, antimicrobial resistance and clinical data.

The current prevalence of \textit{Ralstonia} spp. at our centre is low at 2.4\% but appears to be gradually rising. Data from our study suggest a high risk of developing chronic infection following first acquisition of \textit{Ralstonia} spp. in CF (86\% of infected patients). There is very limited previous data on the ability of \textit{Ralstonia} spp. to cause chronic infection. In 2002, Coenye \textit{et al.} found only three out of 38 patients (7.9\%) in their study had more than one positive culture for \textit{Ralstonia} spp. [9]. However, they did not describe the number of positive samples these patients had and whether they developed chronic infection, perhaps as it was a reference laboratory and relied on samples being sent from other laboratories. Our study shows a much higher risk of chronic infection developing; the difference between these two study findings may be due to improvements in detection of \textit{Ralstonia} spp. in the past 15 years and a higher sampling frequency in our study. A case series published in 2016 has described seven patients with chronic \textit{R. mannitolilytica} infection since the Canadian CF centre opened in 1984 [12]. However, the authors did not provide criteria used to define chronic infection nor did they state the number of positive cultures each of the seven patients had.

There is no evidence for an appropriate or effective antibiotic eradication regimen for \textit{Ralstonia} spp., which is often multi-resistant and, at present, eradication is not routinely attempted at MACFC. There are no data in the literature on the resistance patterns commonly seen in this genus. Our study has found that all patients’ isolates of \textit{Ralstonia} spp. were multidrug-resistant with over a third of patients harbouring strains resistant to all antibiotics tested. The antibiotic with the greatest \textit{in vitro} activity was minocycline with 69\% of patients harbouring strains

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Table 2. \textit{Antibiotic susceptibility testing results of \textit{Ralstonia} spp. isolates from 14 patients attending Manchester Adult Cystic Fibrosis Centre}\n
<table>
<thead>
<tr>
<th>Antibiotic</th>
<th>Sensitivity testing result</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>R</td>
</tr>
<tr>
<td>Ceftazidime</td>
<td>13</td>
</tr>
<tr>
<td>Aztreonam</td>
<td>13</td>
</tr>
<tr>
<td>Ciprofloxacin</td>
<td>13</td>
</tr>
<tr>
<td>Timentin</td>
<td>3</td>
</tr>
<tr>
<td>Tobramycin</td>
<td>13</td>
</tr>
<tr>
<td>Colistin</td>
<td>13</td>
</tr>
<tr>
<td>Tazocin</td>
<td>11</td>
</tr>
<tr>
<td>Meropenem</td>
<td>13</td>
</tr>
<tr>
<td>Chloramphenicol</td>
<td>14</td>
</tr>
<tr>
<td>Co-trimoxazole</td>
<td>10</td>
</tr>
<tr>
<td>Minocycline</td>
<td>4</td>
</tr>
<tr>
<td>Temocillin</td>
<td>13</td>
</tr>
</tbody>
</table>

R, resistant; I, intermediate; S, sensitive.

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Fig. 1. Dendrogram of pulsed-field gel electrophoresis profiles of \textit{XbaI}-digested genomic DNA from 16 \textit{Ralstonia} species isolates from 14 patients attending Manchester Adult Cystic Fibrosis Centre 2008–2016. The line indicates 80\% similarity.

Table 2. \textit{Antibiotic susceptibility testing results of \textit{Ralstonia} spp. isolates from 14 patients attending Manchester Adult Cystic Fibrosis Centre}
Table 3. Baseline characteristics of patients infected with Ralstonia spp. attending Manchester Adult Cystic Fibrosis Centre

<table>
<thead>
<tr>
<th>Demographics</th>
<th>Cystic fibrosis patients with Ralstonia species (percentages)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number</td>
<td>5</td>
</tr>
<tr>
<td>Mean age (year), ±S.D.</td>
<td>29±10.4</td>
</tr>
<tr>
<td>Male gender, n (%)</td>
<td>2 (40)</td>
</tr>
<tr>
<td>Mean BMI (kg/m²), ±S.D.</td>
<td>20.1±3.0</td>
</tr>
<tr>
<td>Pancreatic insufficiency, n (%)</td>
<td>5 (100)</td>
</tr>
<tr>
<td>CFRD, n (%)</td>
<td>4 (80)</td>
</tr>
<tr>
<td>Spirometry and laboratory results</td>
<td></td>
</tr>
<tr>
<td>Best FEV₁ previous 6 months (% predicted), ±S.D.</td>
<td>41.9±18.8</td>
</tr>
<tr>
<td>Recruitment FEV₁ (% predicted), ±S.D.</td>
<td>37.3±19.5</td>
</tr>
<tr>
<td>Mean WCC (×10⁹/l), ±S.D.</td>
<td>10.2±3.1</td>
</tr>
<tr>
<td>Median CRP (mg/l), range</td>
<td>17 (4–58)</td>
</tr>
<tr>
<td>Chronic colonisation, n (%)</td>
<td></td>
</tr>
<tr>
<td>Staphylococcus aureus</td>
<td>2 (40)</td>
</tr>
<tr>
<td>Pseudomonas aeruginosa</td>
<td>1 (20)</td>
</tr>
<tr>
<td>Treatment, n (%)</td>
<td></td>
</tr>
<tr>
<td>NIV, n (%)</td>
<td>1 (20)</td>
</tr>
<tr>
<td>Oral corticosteroids, n (%)</td>
<td>1 (20)</td>
</tr>
<tr>
<td>Macrolide, n (%)</td>
<td>5 (100)</td>
</tr>
<tr>
<td>Inhaled steroids, n (%)</td>
<td>3 (60)</td>
</tr>
<tr>
<td>Inhaled antibiotics, n (%)</td>
<td>2 (40)</td>
</tr>
<tr>
<td>Nebulised mucolytic, n (%)</td>
<td>2 (40)</td>
</tr>
</tbody>
</table>

SD, standard deviation; BMI, body mass index; CFRD, cystic fibrosis related diabetes; WCC, serum white cell count; CRP, C-reactive protein; NIV, non-invasive ventilation.

susceptible to this antibiotic. The multi-resistant nature of this genus, combined with lack of evidence for suitable targeted antibiotic therapies, is likely to contribute to the high proportion of chronic infection amongst these patients.

_R. mannitolilytica_ accounted for all but one of the 14 (92.8%) patients who have had at least one isolation of _Ralstonia_ spp. since 2008. No other named species were isolated from patients attending MACFC. The majority (59.7%) of the 72 _Ralstonia_ spp. isolates analysed by the University of Michigan’s _Burkholderia cepacia_ Research Laboratory and Repository were also _R. mannitolilytica_ followed by _R. picketti_, which accounted for 34.8% of isolates [5]. The remainder of isolates were _R. insidiosa_.

Of the 13 patients that had a history of _R. mannitolilytica_ infection, a pair and a group of three unrelated patients harboured the same strains. In the pair of patients, the most recently infected individual had their first positive culture during an admission to the same cystic fibrosis ward as a chronically infected patient. In the group of three patients, the second patient to be infected had their first positive culture following an admission to the same ward as a patient who had already been chronically infected for several years. The third patient’s first positive culture coincided with an inpatient admission to the same ward as the second patient who had become chronically infected with the WYTH02RS-2 strain. It is possible that cross-infection occurred during these inpatient stays. All patients admitted to inpatient beds on our specialist CF ward have single occupancy rooms with en suite facilities and infection prevention policies and procedures are strictly adhered to by staff and advised and actively enforced to patients. However, we cannot exclude possible cross-infection during these hospital stays, nor are we able to exclude independent acquisition from an environmental source. Environmental sampling was not performed as part of this study. Of note, in the pair of patients sharing the WYTH02RS-5 strain, the patients lived over 50 miles apart; similarly the group of three patients sharing a further strain of _R. mannitolilytica_ (WYTH02RS-2) lived between 15 and 60 miles apart. The possibility that the _Ralstonia_ genus might be clonal in nature, making inferring cross-infection less convincing, was also considered. Of 25 _Ralstonia_ spp. isolates from five hospitals examined by PFGE by AMRHAL, two other different shared strains were found in addition to WYTH02RS-2 and 5, the remaining 14 isolates had unique profiles, suggesting this is less likely to be the case, although a larger selection of _Ralstonia_ sp. isolates needs to be examined for clonality of these organisms to be accurately assessed.

Numbers of patients included in the prospective study were small making it difficult to draw firm conclusions. The lung function of patients infected with _Ralstonia_ spp. tended to be severely impaired, despite a relative lack of chronic co-infections with classical CF pathogens. This may suggest an increased vulnerability to _Ralstonia_ spp. infection in advanced lung disease or that _Ralstonia_ spp. infection is a cause of accelerated lung function decline. However, larger prospective case-controlled studies would be required to investigate this further.

In summary, prevalence of _Ralstonia_ spp. is low at MACFC, but is slowly increasing. The risk of a patient developing chronic infection with _Ralstonia_ spp following first acquisition is high. Shared strains
of R. mannitolilytica were identified in our centre in a pair and a group of three unrelated patients with epidemiological connections. However, the numbers of such patients are too small to establish whether cross-infection or acquisition from a common environmental source is responsible. Patients with chronic Ralstonia spp. infection in our study have moderate to severe lung function impairment. Whether Ralstonia spp infection leads to accelerated lung function decline or whether our findings reflect that patients with advanced lung disease are more susceptible to infection with this organism need to be evaluated in larger prospective studies.

SUPPLEMENTARY MATERIAL

The supplementary material for this article can be found at https://doi.org/10.1017/S0950268817001728

ACKNOWLEDGEMENTS

The authors acknowledge the Manchester Allergy, Respiratory and Thoracic Surgery Biobank and the North West Lung Centre Charity for supporting this project. In addition, the authors would like to thank all study participants for their contribution. The authors also like to thank Gemma Edwards and Matthew Smith (University Hospital of South Manchester Microbiology Laboratory) and Claire Perry, Amy Coward and Daniel Lilley (AMRHAIR Reference Unit). This report is independent research supported by National Institute for Health Research South Manchester Respiratory and Allergy Clinical Research Facility at University Hospital of South Manchester NHS Foundation Trust. The views expressed in this publication are those of the author(s) and not necessarily those of the NHS, the National Institute for Health Research or the Department of Health.

DECLARATION OF INTEREST

None.

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