Modelling the impact of one-dose vs. two-dose vaccination regimens on the epidemiology of varicella zoster virus in Australia

Z. GAO1*, H. F. GIDDING2, J. G. WOOD1 AND C. R. MACINTYRE1,3

1 School of Public Health and Community Medicine, University of New South Wales, Sydney NSW, Australia
2 National Centre in HIV Epidemiology and Clinical Research (NCHECR), University of New South Wales, Darlinghurst, NSW, Australia
3 National Centre for Immunisation Research and Surveillance of Vaccine Preventable Diseases (NCIRS), University of Sydney, Westmead, NSW, Australia

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SUMMARY

We examined the impact of one-dose vs. two-dose vaccination strategies on the epidemiology of varicella zoster virus (VZV) in Australia, using a mathematical model. Strategies were assessed in terms of varicella (natural and breakthrough) and zoster incidence, morbidity, average age of infection and vaccine effectiveness (VE). Our modelling results suggest that compared to a one-dose vaccination strategy (Australia’s current vaccination schedule), a two-dose strategy is expected to not only produce less natural varicella cases (5% vs. 13% of pre-vaccination state, respectively) but also considerably fewer breakthrough varicella cases (only 11.4% of one-dose strategy). Therefore a two-dose infant vaccination programme would be a better long-term strategy for Australia.

Key words: Modelling, vaccination (immunization), varicella zoster.

INTRODUCTION

Varicella zoster virus (VZV) is highly infectious and is spread by droplet or airborne transmission [1]. VZV causes two distinct illnesses: varicella (chickenpox) following primary infection and herpes zoster (shingles). These illnesses are both important causes of morbidity and mortality in Australia. There were about 240,000 cases, 1,500 hospitalizations and an average of 7–8 deaths each year from varicella in Australia before the introduction of the varicella vaccination programme [2, 3].

Varicella vaccination is the main method for prevention of varicella and monovalent varicella vaccines have been licensed in many countries such as Australia, Canada, UK and USA [4]. In Australia, varicella vaccine was licensed in 2000 and since November 2005, a single dose of varicella vaccine has been funded under the National Immunisation Program (NIP) for all children aged 18 months, with a catch-up dose funded for children aged 10–13 years [3, 5]. One-dose varicella vaccine is effective in preventing natural varicella cases [6]. However, vaccine effectiveness (VE), decreases with time [6, 7] and there is now evidence of waning immunity [8]. As a result of ongoing transmission, even in highly vaccinated populations, the USA introduced a two-dose vaccination schedule in 2007 [9, 10].

Since 2000, several modelling studies have investigated the impact of one-dose varicella vaccination on the incidence and morbidity of varicella and zoster both in Australia [11] and other countries.
In this study, we used a mathematical model of VZV transmission [11, 12] to examine the impact of one-dose vs. two-dose varicella vaccination schedules in Australia using lower vaccine efficacy estimates and incorporating higher levels of waning immunity.

METHODS

Vaccine strategies and coverage

One-dose and two-dose vaccination strategies as well as coverage are listed in Table 1. The one-dose strategy and alternative one-dose strategy are based on Australia’s current varicella vaccination schedule [3, 5, 11]. The two-dose strategy is hypothesized to be optimal and the alternative two-dose strategy is based on the recommended two-dose immunization schedule of the USA [9]. Vaccine coverage is assumed to be 90% for all varicella vaccination strategies given coverage with the measles-mumps-rubella (MMR) vaccine currently exceeds 90% [11]. For convenience the one-dose strategy is referred to as strategy 1, the alternative one-dose strategy as strategy 1a, and the two-dose strategy as strategy 2 and the alternative two-dose strategy as strategy 2a.

The model and parameter estimates

The realistic, age-structured deterministic (RAS) models developed by Brisson et al. [12] (Appendix B) were adapted to assess the impact of varicella vaccination on varicella and zoster in Australia using new estimates for the vaccine efficacy parameters (Table 2). Australian serosurvey results and population data were used to parameterize the RAS models [11, 15] (Table 3). Two interacting models were used: model 1 to assess the impact of vaccination on varicella and model 2 to assess the impact on zoster. Both RAS models are governed by a set of ordinary differential equations. Numerical results and figures in this paper were generated with MATLAB® R2007b.

The population characteristics were taken to be similar to Australia in 2005 (Table 2). The force of varicella infection (\( \lambda \)) [15, 16] and biological parameters were taken to be the same as in Gidding et al. [11] (Table 3). The vaccine efficacy parameters are outlined in Table 2. Vaccine efficacy parameters \( w \) (waning rate), \( T \) (percent temporarily protected following vaccination), \( k \) (proportion of temporarily protected vaccinees boosted after exposure to natural infection) and \( b \) (relative susceptibility of vaccinees compared to non-vaccinees) for one-dose vaccination were estimated by fitting a simplified transmission model [17] to the annual rate of breakthrough varicella during 10 years of active surveillance of children receiving one dose of varicella vaccine [8]. For two-dose vaccination, parameter \( k \) was taken to be the same as for one-dose and the estimation of parameters \( w, T \) and \( b \) was based on annual infection rates during 10 years of follow-up in healthy children who received two injections of varicella vaccine in the USA [18]. Parameters \( P \) (percentage of vaccine failures) and \( m \) (relative infectiousness of vaccinees compared to non-vaccinees) for a one-dose vaccination strategy were set to the same as Brisson et al.'s base-case estimate [12]. For the two-dose vaccination strategy, parameter \( m \) was kept the same as for the one-dose strategy based on the lack of data on the relative infectiousness of two-dose vaccinees. Parameter \( P \) in the two-dose case was assumed to be half of the value for the one-dose strategy given that a second dose is likely to reduce the probability of complete vaccine failure substantially [19], although it is unclear what this reduction should be. For comparative purposes Brisson et al.'s best-case, base-case and worst-case estimates for the vaccine efficacy parameters are also listed in Table 2.
The Who-Acquired-Infection-From-Whom (WAIFW)

To better reflect contact patterns in Australia, a different WAIFW matrix from those used by Brisson et al. [11, 12] was developed (see Appendix A) using the standard technique developed by Anderson & May [20]. To evaluate the values of elements of WAIFW, Australia’s pre-vaccination force of infection \( \lambda_i \) was taken to be constant within each of eight age groups: 0–1 (infants), 2–4 (pre-school), 5–11 (primary school), 12–18 (high school), 19–24 (university), 25–44 (child bearing age), 45–64, and \( \geq 65 \) years (grandparents), and was estimated using the Australia-wide serosurvey for VZV immunity [15]. Since many possible matrix structures can be assumed from the same observed data, a sensitivity analysis was performed to assess how changes in the matrix structures influence results. The chosen matrix structures are: our base matrix; an assortative and a proportional matrix (see Appendix A).

Model outputs

First we obtained numerical solutions to the differential equations (model equations for RAS models 1 and 2) which govern the deterministic RAS models. Then varicella incidence and morbidity (in-patient days) in a total population of 1 million (cases per million person-years) were calculated from the numerical solutions to RAS model 1. Here numbers of in-patient days was used as a proxy measure of morbidity. Zoster incidence and morbidity were calculated from the numerical solutions to RAS model 2. The potential impact of childhood vaccination on zoster was examined assuming that exposure to varicella results in 20 years of immunity [21, 22]. Average age of varicella infection was also calculated from the model output. As model simulations approach equilibrium after 75 years, simulations were performed for the first 80 years following the start of vaccination. Simulations were also performed for the pre-vaccination period. Both natural and breakthrough varicella were measured.

Vaccine effectiveness

Vaccine effectiveness (VE) is calculated using surveillance or simulated data from post-licensure vaccination programmes which is in contrast to vaccine efficacy which is evaluated using data from randomized controlled clinical trials. In this study, VE was used as a proxy measure of overall effectiveness and long-term impact of the varicella vaccination programmes in Australia. VE was measured as 1 minus...
the relative risk (RR) in vaccinated individuals compared to unvaccinated individuals [23, 24].

\[ \text{VE} = 1 - \text{RR} = 1 - \frac{c_v}{c_0/(1 - v)}, \]

where \( c_v \) = number of annual varicella cases (breakthrough) in the vaccinated population at equilibrium; \( c_0 \) = number of annual varicella cases (natural) in the unvaccinated population at equilibrium; \( v \) = vaccination coverage.

**RESULTS**

**Varicella incidence**

Strategy 2 (two-dose) is expected to produce a lower annual number of natural varicella cases at equilibrium than strategy 1 (one-dose) (5% vs. 13% of pre-vaccination state, respectively) (Fig. 1a). Figure 1b represents the predicted number of breakthrough varicella cases in vaccinees. Strategy 1 leads to a much higher rate of breakthrough varicella cases than the two-dose strategies. At equilibrium, rates of breakthrough varicella for the two-dose strategies 2 and 2a are only 11% and 17% of strategy 1, respectively.

**Varicella morbidity**

Shortly after vaccination, both strategy 1 (one-dose) and strategy 2 (two-dose) are expected to significantly reduce morbidity (Fig. 2a). However, at equilibrium strategy 2 is expected to produce a lower number of in-patient days compared to strategy 1 (82% vs. 70% reduction from the pre-vaccination period respectively).

Figure 2b represents the estimated annual number of in-patient days at equilibrium after strategy 1 and strategy 2 vaccinations with different levels of coverage for both the first and second doses. For strategy 2, the overall number of in-patient days decreases very little with increasing vaccination coverage for coverage below about 40–50% (Fig. 2b). This is caused by the shift in the average age at infection (Fig. 2c). The decrease in natural cases in children is counterbalanced by the increase in adult morbidity. Both adult and child morbidity are reduced markedly when coverage exceeds 60%. Strategy 2 produces higher varicella morbidity than strategy 1 if coverage is <75%. However, at higher coverage (>75%) strategy 2 results in lower varicella morbidity than strategy 1.

**Average age of infection**

Figure 2c shows how the average age of VZV infection in Australian varies with strategy 1 (one-dose) and strategy 2 (two-dose) following vaccination. Vaccination is predicted to increase the average age of infection with the age shift for strategy 2 greater than with only strategy 1 (Fig. 2c). The average age of infection for both strategy 1 and strategy 2 (90% coverage) will increase to a peak and then decline to an equilibrium level after about 80 years. The decline is due to waning of vaccine-induce immunity which leads to a rise in breakthrough varicella infections.

**Impact of one-dose vs. two-dose vaccination on varicella incidence for low and high coverage**

Fig. 3 shows the predicted impact of strategy 1 (one-dose) and strategy 2 (two-dose) on the number of
natural and breakthrough cases of varicella with low (50%) and high (90%) vaccination coverage. At low coverage (Fig. 3a, b), both strategy 1 and strategy 2 are expected to produce similar numbers of natural varicella at equilibrium (56% and 55% of the pre-vaccination state, respectively) but epidemics of varicella following vaccination with strategy 2 are less pronounced and of lower frequency than with strategy 1. In contrast, rates of breakthrough varicella at equilibrium with low coverage are twofold higher with strategy 1 compared to strategy 2. This leads to VE estimates of 60% for strategy 1 and 86% for strategy 2. At high coverage (Fig. 3c, d) for both the one-dose and two-dose strategies, the initial decline (the honeymoon period) in natural varicella incidence is more marked and the post-honeymoon epidemic is smaller and delayed, compared to low coverage. VE at high coverage is 63% for strategy 1 and 90% for strategy 2. At equilibrium, strategy 2 results in a greater than eightfold reduction in breakthrough infections (617 cases per million person-years) compared to strategy 1 (5419 cases per million person-years).

**Vaccine effectiveness**

In order to show how VE changes over time, it was calculated for each year following the introduction of vaccination (Fig. 4). VE decreases after the start of vaccination for both strategy 1 (one-dose) and strategy 2 (two-dose) but the decrease is much more rapid for strategy 1, especially in the first 10 years. The actual VE estimates from the model at 10-yearly points following the start of vaccination are listed in Table 4.

**Zoster incidence**

Figure 5a illustrates the predicted increase in zoster incidence following the introduction of one-dose (strategy 1) or two-dose (strategy 2) vaccination programmes. Zoster incidence would increase for the first 30 years following vaccination. In the long term, once individuals from every cohort in the population have been vaccinated, zoster incidence is expected to decrease. Strategy 2 would produce a greater number of zoster cases than strategy 1 30–60 years after vaccination but declining sharply. At equilibrium strategy 2 produces a 97% reduction from the pre-vaccination period compared to an 83% reduction for strategy 1.

**Zoster morbidity**

Figure 5b shows the potential increase in zoster morbidity due to varicella vaccination. The introduction of vaccination would increase zoster morbidity (zoster in-patient days) for the first 45 years with strategy 1 (one-dose) and the first 60 years for strategy 2 (two-dose) (Fig. 5b). Although zoster in-patient days are identical for both strategy 1 and strategy 2 for the first 27 years of vaccination, zoster morbidity with strategy 2 is higher between 27–65 years post-introduction. In the long term, however, strategy 2 would produce a lower number of zoster in-patient days than strategy 1 (a 97% reduction from the pre-vaccination period).

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**Fig. 1.** Dynamics of varicella in Australia. Estimated (a) natural varicella incidence and (b) breakthrough varicella incidence.
VPZ (varicella plus zoster) morbidity

Figure 6 shows the estimated morbidity (overall annual in-patient days) due to VPZ over time following the introduction of vaccination for both strategy 1 (one-dose) and strategy 2 (two-dose). Strategy 2 is expected to produce more VPZ in-patient days than strategy 1 between 27 and 65 years after vaccination. At equilibrium, strategies 1 and 2 produce 80% and 92% reductions, respectively, in VPZ morbidity from the pre-vaccination period.

WAIFW matrix (sensitivity analysis)

The assortative matrix produces similar numbers of varicella and zoster cases to the base matrix at high vaccination coverage (90%). However, the proportional matrix produces much less varicella and zoster incidence than the base matrix because contact rates of proportional matrix are lower than the base matrix in all age groups except for the 2–4 years age group. At equilibrium for high vaccination coverage (90%) with strategy 1 (one-dose), the assortative matrix produces 9% more natural and 7% more breakthrough varicella incidence and 4% more zoster cases than the base matrix. The proportional matrix produces 17% less natural and 19% less breakthrough varicella incidence, and 42% less zoster cases. With strategy 2 (two-dose), the assortative matrix produces 16% more natural and 16% more breakthrough varicella incidence, while the proportional matrix produces 46% less natural and 51% less breakthrough varicella incidence. Both the assortative and proportional matrices produce very similar numbers of zoster cases to the base matrix (difference is around 20 cases at equilibrium) with strategy 2.

DISCUSSION

Our modelling results suggest a one-dose vaccination strategy (Australia’s current vaccination schedule) would reduce varicella incidence (natural varicella cases) and morbidity but result in a high rate of breakthrough varicella cases (Fig. 1). A two-dose vaccination strategy is expected to not only produce less natural varicella cases but also substantially fewer
breakthrough varicella cases (Fig. 3c, d). A two-dose strategy is also expected to produce lower morbidity from varicella at high coverage levels (Fig. 2a, b), despite a greater shift in the average age of infection (Fig. 2c). At equilibrium with 90% coverage, a two-dose vaccination strategy has a VE that is 27% higher which means the infection risk is eight times lower than for the one-dose strategy. Hence, a two-dose strategy is optimal for achieving a reduction in natural varicella incidence and morbidity, as well minimizing breakthrough rates.

Our VE estimates at equilibrium (63% for one dose and 90% for two doses) are much lower than vaccine efficacy estimates reported for the 6–10 years follow-up of children vaccinated in two clinical trials (94–95% for one dose and 98% for two doses) [18, 25].
This is because, with 90% population coverage at equilibrium (80 years after mass infant vaccination), there is a lower incidence of natural varicella and hence less opportunity for boosting vaccine-induced immunity. This leads to an increase in susceptibility in vaccinated people and thus higher rates of breakthrough varicella infection. The consequences are a higher RR and lower VE than at 10 years post-vaccine introduction. However, our VE estimates at the tenth year after vaccination, (90% for one dose and 99% for two doses) are more similar to the trial data. Our estimates for one-dose VE are slightly lower perhaps because they are based on post-licensure surveillance data (i.e. estimating effectiveness rather than efficacy) and that the licensed vaccine has a lower concentration of virus than that used in the trial. The VE for two doses was modelled using data from the trial by Kuter et al. [18] rather than surveillance data, which may explain why the results are more similar than for one dose. However, despite the discrepancies we believe that VE estimates at equilibrium are more reliable for predicting the long-term impact of vaccination.

Fig. 5. Dynamics of zoster incidence and morbidity (in-patient days) for strategy 1 (one-dose) and strategy 2 (two-dose) (both at 90% coverage). (a) Estimated zoster incidence and (b) morbidity (annual in-patient days) by years following the introduction of vaccination (at year 0).

Fig. 6. Estimated morbidity (total annual in-patient days) due to VPZ (varicella plus zoster) by time since the introduction of vaccination (at year 0) for strategy 1 (one-dose) and strategy 2 (two-dose).

This is because, with 90% population coverage at equilibrium (80 years after mass infant vaccination), there is a lower incidence of natural varicella and hence less opportunity for boosting vaccine-induced immunity. This leads to an increase in susceptibility in vaccinated people and thus higher rates of breakthrough varicella infection. The consequences are a higher RR and lower VE than at 10 years post-vaccine introduction. However, our VE estimates at the tenth year after vaccination, (90% for one dose and 99% for two doses) are more similar to the trial data. Our estimates for one-dose VE are slightly lower perhaps because they are based on post-licensure surveillance data (i.e. estimating effectiveness rather than efficacy) and that the licensed vaccine has a lower concentration of virus than that used in the trial. The VE for two doses was modelled using data from the trial by Kuter et al. [18] rather than surveillance data, which may explain why the results are more similar than for one dose. However, despite the discrepancies we believe that VE estimates at equilibrium are more reliable for predicting the long-term impact of vaccination.

It seems unlikely that either a one-dose or two-dose vaccination strategy at high coverage results in a short-term reduction of zoster incidence and morbidity (Fig. 5). Zoster incidence stays higher than pre-vaccination levels for the first 30 years after vaccination for both the one- and two-dose strategies

<table>
<thead>
<tr>
<th>Years after start of vaccination</th>
<th>VE</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>100%</td>
</tr>
<tr>
<td>10</td>
<td>90%</td>
</tr>
<tr>
<td>20</td>
<td>82%</td>
</tr>
<tr>
<td>30</td>
<td>77%</td>
</tr>
<tr>
<td>40</td>
<td>72%</td>
</tr>
<tr>
<td>50</td>
<td>68%</td>
</tr>
<tr>
<td>60</td>
<td>64%</td>
</tr>
<tr>
<td>70</td>
<td>63%</td>
</tr>
<tr>
<td>80</td>
<td>63%</td>
</tr>
</tbody>
</table>

Strategy 1 (one-dose)

Strategy 2 (two-dose)
The predicted period for increased zoster cases is shorter than both previous predictions for Australia [11] and for England and Wales [22]. This is because our model includes higher levels of waning vaccine-induced immunity. It is not until the two-dose strategy has been implemented for > 65 years that annual morbidity is less than for a one-dose strategy. In the 30–65 years after vaccination the two-dose strategy would result in higher zoster morbidity than a one-dose strategy because there is a higher proportion initially immune and a lower rate of waning immunity, meaning there are fewer new infections and therefore less opportunity for external boosting. However, in the longer term, a two-dose strategy would produce lower zoster morbidity than a one-dose strategy (Fig. 5a).

There are some limitations with our study. Since the exact relationship between zoster and varicella is unclear, the simulated results of zoster in this study are only speculative under the assumption that exposure to varicella boosts immunity to zoster for 20 years [11, 12]. In addition, we did not include the potential boosting effects of breakthrough varicella and zoster infections. Further research is needed in this area. Parameter P (percent where vaccine fails completely) was taken to be 4% for one-dose vaccination which is the same as Brissone et al.’s base-case estimate [12], and 2% for two-dose vaccination (Table 2) under the assumption that the second dose of varicella vaccine should result in a 50% reduction in the probability of complete vaccine failure. The estimate of P is conservative compared to primary vaccine failure rates reported in the literature [19, 26–28]. The wide range of primary vaccine failure rates found in these studies makes it hard to estimate parameter P accurately and highlights the need for further studies. Evidence of rapid waning after vaccination followed by a constant level of protection was found in one case-control study [29]. This would suggest an alternative mechanism for waning where the rate changed with time, or that waning was rapid but only occurred for some vaccinees. Longer-term follow-up of vaccinees will be required to improve the description of waning immunity in models.

In conclusion, compared to one-dose, a two-dose infant varicella vaccination strategy in Australia is expected to further decrease varicella incidence (especially breakthrough varicella) and morbidity. In the long term, a two-dose strategy would also lead to lower incidence and morbidity from zoster compared...
Variables
\begin{align*}
S(a, t) &= \text{Susceptible} \\
E(a, t) &= \text{Infectious} \\
R(a, t) &= \text{Temporary immune to zoster} \\
V(a, t) &= \text{V Vaccinated} \\
S(a, t) &= \text{V Susceptible} \\
E(a, t) &= \text{V Latent} \\
I(a, t) &= \text{V Infectious} \\
V(a, t) &= \text{V Protected} \\
ZS(a, t) &= \text{Susceptible boosting} \\
ZI(a, t) &= \text{Zoster} \\
ZR(a, t) &= \text{Zoster immune}
\end{align*}

The matrix was estimated using the standard technique

**APPENDIX A: WAIFW MATRIX**

The Who-Acquired-Infection-From-Whom (WAIFW) matrix was estimated using the standard technique developed by Anderson & May [20]. The elements ($\beta_{ij}$) of the WAIFW matrix were estimated from the age group-specific pre-vaccination forces of infection which were calculated using Australia’s national serosurvey data [15]. The structures and elements of the WAIFW matrix (8 × 8 matrix) are as follows.

### Base matrix

Estimated elements of the matrix are effective contacts per susceptible per year

<table>
<thead>
<tr>
<th>Age group (years)</th>
<th>0–1</th>
<th>2–4</th>
<th>5–11</th>
<th>12–18</th>
<th>19–24</th>
<th>25–44</th>
<th>45–64</th>
<th>≥65</th>
</tr>
</thead>
<tbody>
<tr>
<td>0–1</td>
<td>484</td>
<td>484</td>
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<td>484</td>
<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
</tr>
<tr>
<td>2–4</td>
<td>484</td>
<td>1451</td>
<td>646</td>
<td>186</td>
<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
</tr>
<tr>
<td>5–11</td>
<td>484</td>
<td>646</td>
<td>646</td>
<td>186</td>
<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
</tr>
<tr>
<td>12–18</td>
<td>484</td>
<td>186</td>
<td>186</td>
<td>186</td>
<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
</tr>
<tr>
<td>19–24</td>
<td>206</td>
<td>206</td>
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<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
</tr>
<tr>
<td>25–44</td>
<td>206</td>
<td>206</td>
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<td>206</td>
<td>206</td>
<td>206</td>
<td>206</td>
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<tr>
<td>45–64</td>
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<td>206</td>
<td>206</td>
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<tr>
<td>≥65</td>
<td>206</td>
<td>206</td>
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<td>206</td>
<td>206</td>
<td>206</td>
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</tbody>
</table>

Fig. 8. Model 2 represents the transmission dynamics of both varicella and zoster.
**APPENDIX B**

Model structure and parameters

Flow diagrams and equations of models 1 and 2 (Figs 7 and 8) are extracted from Brisson’s paper [12] and Australian model parameters (Table 3) are from Gidding’s paper [11].

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**DECLARATION OF INTEREST**

None.

**REFERENCES**


