Shiga toxin-producing *E. coli* (STEC) in swine: prevalence over the finishing period and characteristics of the STEC isolates

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SUMMARY

This descriptive longitudinal study was conducted to investigate the faecal shedding of Shiga toxin-producing *E. coli* (STEC) in finishing swine and to characterize the swine STEC isolates that were recovered. Three cohorts of finishing swine (*n* = 50/cohort; total 150 pigs) were included in the longitudinal study. Individual faecal samples were collected every 2 weeks (8 collections/pig) from the beginning (pig age 10 weeks) to the end (pig age 24 weeks) of the finishing period. STEC isolates were recovered in at least one sample from 65.3% (98/150) of the pigs, and the frequency distribution of first-time STEC detection during the finishing period resembled a point-source outbreak curve. Nineteen O:H serotypes were identified among the STEC isolates. Most STEC isolates (*n* = 148) belonged to serotype O59:H21 and carried the *stx*2e gene. One O49:H21 STEC isolate carried the *stx*2e and *eae* genes. High prevalence rates of STEC during the finishing period were observed, and STEC isolates in various non-O157 serogroups were recovered. These data enhance understanding of swine STEC epidemiology, and future research is needed to confirm whether or not swine STEC are of public health concern.

Key words: Epidemiology, longitudinal, serotype, Shiga-like toxin-producing *E. coli*, swine.

INTRODUCTION

Shiga toxin-producing *Escherichia coli* (STEC) represent a subset of *E. coli* that produce a cytotoxin known as Shiga toxin (*Stx*) encoded by the *stx* gene [1]. *Stx* has two types (*Stx*1, *Stx*2), and each *Stx* type has multiple variants (*Stx*1c, *Stx*1d, *Stx*2c, *Stx*2d, *Stx*2e, *Stx*2f, *Stx*2g) [2]. STEC infection is associated with outbreaks and sporadic cases of diarrhoea and severe clinical diseases in humans, including haemorrhagic colitis (HC) and the potentially fatal haemolytic uraemic syndrome (HUS) [2]. Therefore, STEC are a critical public health concern, and they cause more than 170,000 cases of human illness yearly in the USA [3]. The infections are often acquired by consuming contaminated food (meat, dairy products, produce, and other foods) and water [2]. While STEC serotype O157:H7 is viewed as the serotype associated with most outbreaks and severe diseases, non-O157 STEC-associated outbreaks have been increasingly documented [4]. Notably, more than 50% of human STEC infections have been attributed to non-O157 STEC [3], but our current knowledge of non-O157 STEC is very limited.

Although cattle are considered the primary STEC reservoirs for human infections, food products from
other animal species, including pork products, have been implicated as vehicles in STEC transmission [5–11]. A recent STEC outbreak was associated with consuming cuts of pork from a whole roasted pig [11]. Even though investigators were unable to trace back the original sources of STEC in these pork products, there were possible sources of contamination, including via cross-contamination from foodstuffs from other animal species or other ingredients, during swine processing, or the organisms were from swine [8–11]. Further research is warranted to elucidate whether swine are a source of STEC contamination.

Unlike cattle, swine may have clinical disease associated with STEC infection [12]. Oedema disease, often occurring in post-weaning or young finishing-age pigs, is caused by STEC strains carrying the stx2 gene [12]. Cross-sectional epidemiological studies have been performed to estimate the prevalence of STEC in clinically healthy swine in multiple regions of the world. STEC prevalence in these studies ranged from 0% [13] to 68.3% [14]. In the USA, earlier studies focused on the detection of STEC O157:H7, and the prevalence estimates were low, ranging from 0% [15] to 1.9% [16]. In one more recent survey, STEC isolates were recovered from 28.5% of the faecal samples collected, and all of the isolates belonged to non-O157 serotypes [17]. The role that swine play in the epidemiology of STEC, specifically non-O157 STEC, needs further investigation.

Previous studies clearly indicate that pigs can shed STEC, particularly non-O157 STEC serotypes. Yet, these studies are limited as they employed cross-sectional study designs relying on point estimates of STEC prevalence, and furthermore, only recently have efforts been made to identify and characterize non-O157 STEC serotypes. Little is known about faecal shedding of STEC in clinically healthy swine over time. This longitudinal study was conducted to fill this gap by investigating prevalence of STEC in swine over the finishing period, and characterizing the recovered STEC isolates.

METHODS

Study design

This longitudinal study was conducted on two finishing sites (sites A and B) within one all-in, all-out multi-site production system in the Midwestern USA. This means that the pigs originated from the same sow herd, but were reared separately from birth to marketing. These two sites were selected based on convenience and the producers’ willingness to participate in the study. Faecal samples were collected from three cohorts of finishing pigs (one cohort on site A and two cohorts on site B) from age 10 weeks until age 24 weeks (approximately market age). For cohort 1, the farm visits began in May 2011 and ended in August 2011. For cohort 2, the farm visits began in July 2011 and ended in October 2011. For cohort 3, the farm visits began in November 2011 and ended in February 2012.

Site A was a wean-to-finish facility, in which weaned pigs (pig aged 3–4 weeks) were placed into the barns and raised to market age. Site B was a finishing facility, in which pigs, after being housed in a nursery facility (from age 3–10 weeks), were moved into the barns and raised until market age. After a batch of pigs of the same age was placed into the barn, no new pigs were introduced into the barn. These two sites had similar building designs. Each site had two separate buildings, and two separate barns were within each building. Thus, there were four barns on each site. Each barn had 12 pens. The remaining small pens were used for housing sick pigs or pigs deemed to be at high risk for disease. Pen dividers allowed pig-to-pig contact between pens.

Sample collection

A total of 150 individually identified finishing pigs (n = 50/cohort; three cohorts) were included in this study. For each cohort, the same proportional sampling scheme was followed. When pigs were aged 10 weeks, 50 pigs in a single barn were randomly selected: six pigs per pen in six large pens, five pigs per pen in two large pens, and two pigs per pen in two of the four small pens (hospital and at-risk pens were empty at the time of placement). The pigs were selected based on random numbers generated by Microsoft Office Excel 2007 (Microsoft, USA).

From age 10 weeks, faecal samples were collected from the selected pigs every 2 weeks for a total of eight collections (16 weeks). A total number of 1200 faecal samples (50 pigs/cohort; eight collections/cohort; three cohorts) were planned for collection. At each collection period, health conditions
The sample enrichment method was modified from Grant et al. [18]. In summary, a 5-g portion of each swine faecal sample was added to 95 ml tryptic soy broth (TSB) at pH 3·0 in a filter Stomacher bag. The bag was subjected to pummelling in a Stomacher for 30 s, and then incubated at room temperature for 10–15 min. One hundred millilitres of TYTP (TSB + 12·0 g/l yeast extract, 12·5 g/l Trizma base, and 1·0 g/l sodium pyruvate, with a final pH of 8·7) were then added, and samples were incubated without rotation for 15 h at 41 °C.

DNA was then extracted using the PrepSEQ Rapid Spin Sample Preparation kit (Life Technologies Corporation, USA) according to the manufacturer’s instructions. A multiplex PCR assay was performed using primers Stx1/2-F and mod-Stx1/2-R and probes Stx1-P [FAM] and Stx2-P [FAM], targeting stx1, stx2 and all variants except stx2f and Eae-F and mod-Eae-R primers and EaeP [MAXN] probe, targeting the eae gene [19], which encodes for the outer membrane protein intimin, which is important for attachment to the intestinal epithelial cells. The PCR assay was performed using 2 μl template DNA and the TaqMan® Environmental Master Mix 2·0 (Life Technologies Corporation) as described by Wasilenko and co-workers [19]. The PCR assay was performed in an Applied Biosystems 7500 thermal cycler (Applied Biosystems, USA) using a protocol consisting of 95 °C for 10 min, and then 40 cycles of 95 °C for 15 s and 60 °C for 60 s.

Enrichment samples that were positive for the stx gene were then plated onto CHROMagar STEC (DRG International Inc., USA). Although CHROMagar STEC, which contains tellurite, prevents growth of tellurite-sensitive STEC strains, CHROMagar STEC has been suggested to allow growth of 75–86·4% of STEC of various serotypes [20–22]. From each plate, three presumptive positive colonies were picked and confirmed as STEC using the stx1/2-eae multiplex PCR assay described above. The presence of stx gene types (stx1, stx2) and stx2e variant carried by the confirmed STEC isolates was determined by PCR assays described in previous publications [17, 23].

Serotyping of the STEC isolates
At least one confirmed STEC isolate was selected from every positive sample (154 STEC isolate-positive samples/1040 collected samples) for O:H serotype characterization. For O serogrouping, the confirmed STEC isolates were submitted to the E. coli Reference Centre at the Pennsylvania State University in University Park, PA. Antisera were used against serogroups O1 to O181, except for O31, O47, O72, O94, and O122, which are not designated. All STEC isolates with O serogroup information were submitted for H-typing at the French Agency for Food, Environmental and Occupational Health and Safety (Maisons-Alfort, France). Selected flagellar antigen genes (H2, H7, H8, H11, H19, H21, H28, H16, H25, H4, H32) were determined as part of a high-throughput real-time PCR system modified from previously published methods [24]. The STEC isolates which were not H typeable by the real-time PCR system were submitted to the E. coli Reference Centre (University Park, PA) for H-typing by PCR restriction fragment length polymorphism of the flagellar antigen gene.

Sample size calculation
The sample size was estimated by using the population survey formula in the program Epi Info v. 7 (CDC, USA). An earlier study by Fratamico et al. [17] reported a 28·5% individual animal prevalence of STEC in finishing swine in the USA We chose an
estimated prevalence of 30·0% with a 10·0% confidence limit and a population size of 1000, and the confidence was set as 90·0%. This resulted in a target sample size of 50 for each cohort to estimate prevalence at each sampling period.

Variables and statistical methods

All data were recorded and managed in Microsoft Office Excel 2007 (Microsoft). A pig was considered STEC positive when at least one confirmed STEC isolate was recovered from the faecal sample. The outcome of interest was the proportion (prevalence rate) of pigs positive for STEC at each farm visit. After data collection was completed, data validation was performed by comparing the records of farm visits and STEC isolation results from the laboratory to the database. Descriptive statistics of the proportion of pigs positive for STEC at each farm visit was performed in Microsoft Office Excel 2007 (Microsoft).

For each pig positive for STEC, the duration of STEC shedding was defined as the time interval (days) between the first and last sampling date of positive STEC isolation, which was before three consecutive STEC negative samples. An additional 14 days was counted for each positive sampling date to account for sampling intervals. Right-censored data included pigs that died or were shipped to market before the observation of three consecutive STEC-negative samples. Survival analysis using the Kaplan–Meier method was performed to analyse the duration of STEC shedding in finishing swine by Stata v. 13 (StataCorp LP, USA). The equality of survivor curves by cohort, gender, and STEC serotype was examined by the Peto-Peto-Prentice test. P values <0·05 were considered significant.

RESULTS

Finishing pigs and sample collection

A total of 150 pigs (50 pigs in each cohort, three cohorts in total) were included in the longitudinal sampling. Ten (6·7%) out of the 150 pigs died during the study period. Diarrhoea was observed in at least 12·0% (6/50) of the pigs in cohort 1, 12·0% (6/50) of the pigs in cohort 2, and 10·0% (5/50) of the pigs in cohort 3, and samples were collected in these pigs with diarrhea. There were seven instead of eight farm visits for cohort 1 due to marketing of the pigs prior to the final collection, and eight farm visits occurred for cohort 2 and for cohort 3. Eight farm visits were completed for 43·3% (65/150) of the pigs, and seven farm visits were completed for 36·7% (55/150) of the pigs. At the end of sample collection, a total of 1040 faecal samples were collected. The main reasons why samples may not have been collected at farm visits were that the pigs were too ill, the pigs were dead, or the pigs were shipped for marketing before sample collection (n = 14 in cohort 1, n = 0 in cohort 2, n = 9 in cohort 3). The sample collection time and demographic information of the finishing pigs are summarized in Table 1.

Distribution of STEC-positive pigs over the finishing period

STEC isolates were recovered from at least one sample from 65·3% (98/150) of the pigs. Specifically, STEC isolates were recovered in at least one sample from 62·0% (31/50) of the pigs in cohort 1, 54·0% (27/50) of the pigs in cohort 2, and 80·0% (40/50) of the pigs in cohort 3. Figure 1a illustrates the proportions (prevalence rates) of pigs with STEC isolates by pig age (in weeks) over the finishing period, and
Figure 1b displays numbers of pigs at the age of first-time STEC detection. The highest prevalence rates of STEC-positive pigs were detected when pigs were aged 18 weeks in cohort 1 (47·9%), 16 weeks in cohort 2 (39·5%), and 14 weeks in cohort 3 (59·2%). The numbers of pigs at the age of first-time STEC detection peaked at the same age as the proportions of STEC-positive pigs in every cohort. At the end of finishing period, the prevalence rates of STEC-positive pigs were lower: 6·3% in cohort 1, 0% in cohort 2, and 6·7% in cohort 3. STEC isolates were recovered in one faecal sample in 36·7% (55/150), two samples in 20·7% (31/150), three samples in 7·3% (11/150), and four samples in 0·7% (1/150) of the pigs. No STEC isolates were ever recovered from samples of the pigs that had diarrhoea.

Characterization of the STEC isolates

Of the 1040 swine faecal samples, a total of 285 STEC isolates were recovered from 83·2% (154/185) stx gene-positive samples. The presence of virulence genes (stx1, stx2, stx2e, eae) were determined by PCR in all the 285 STEC isolates. Most of the STEC isolates (97·9%, 279/285) carried the stx2e gene. Four STEC isolates carried the stx1 gene. Two STEC isolates carried the stx2 gene and were negative for stx2e. The eae gene was detected in only one of the 285 STEC isolates.

For O:H serotype characterization, at least one isolate was selected from every STEC-positive pig at each farm visit. A total of 200 STEC isolates were submitted for O:H serotype determination. Of the 200
STEC isolates, ten different O serogroups were identified while some isolates \((n=29)\) were O serogroup non-typable. Nine H types were identified in the 200 STEC isolates, and together, 19 different O:H serotypes were identified. A majority (73·6%, 148/201) of the STEC isolates were categorized as serotype O59:H21. The results of O:H serotype and virulence gene (\(stx_1\), \(stx_2\), \(stx_2e\), \(eae\)) characterization are summarized in Table 2.

Estimation of duration of STEC shedding in finishing swine

The pigs \((n=19)\) with samples positive for STEC isolates belonging to more than one serotype were excluded from the survival analysis. Therefore, data from 79 pigs with samples positive for STEC isolates for one serotype were included in the survival analysis. In these 79 pigs, data from 34·2% (27/79) of the pigs were right-censored. In the 27 right-censored pigs, 7·4% (2/27) of the pigs died during the study period, and 40·7% of them (11/27) were shipped to market before the study ended. The event (three consecutive STEC negative samples) was not observed in the remaining 14 of the 27 censored pigs before the study ended. In the 79 pigs included in the survival analysis, the median of the duration of STEC faecal shedding was 28 days. Kaplan–Meier analysis suggested that the cumulative probability of finishing swine shedding STEC for 28 days was 30·0%. The shortest shedding duration was 14 days at a probability of 53·2%. The longest shedding duration was 56 days at a probability of 6·7%. Figure 2 illustrates the Kaplan–Meier survival curve of duration of faecal STEC shedding in finishing swine. No significant differences were observed in survival curves by cohorts \((P=0·20)\), gender \((P=0·96)\), and STEC serotypes \((P=0·84)\).

<table>
<thead>
<tr>
<th>Serotype</th>
<th>Total number of isolates</th>
<th>Number of isolates positive for</th>
<th>Other (stx_2) variants</th>
<th>(stx_2e) variants</th>
<th>(eae)</th>
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<tr>
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<tr>
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<td>Total</td>
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<td>194</td>
<td>2</td>
<td>4</td>
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</table>

* H+, flagellar gene \(flIC\) present, there were two bands for PCR.
† These isolates were positive for H21 and H4 genes by part of the high-throughput real-time PCR platform.
‡ These isolates were positive for H19 and H21 genes by part of the high-throughput real-time PCR platform.
§ These isolates were positive with both O59 and O54 antisera.
¶ ONT, O antigen non-typable.
DISCUSSION

This study represents the first longitudinal study of STEC shedding in commercial swine. Our results indicated that finishing swine shed STEC at relatively high prevalence rates during the finishing period. Previous studies have reported a wide range of STEC prevalence in swine, but most of them were cross-sectional study designs, challenging direct comparison to this study [13–15, 17]. In addition to study designs, comparison is limited because of the type of sample collected, sample collection method, and STEC isolation protocols, which vary widely across these previous reports. Although only one production company participated in this study, this company sufficiently represents the majority of conventional swine production systems in the USA (all-in, all-out multi-site production, etc.)

Variations in STEC prevalence rates over time were observed in this study, and this highlights the importance of longitudinal sampling to determine the STEC shedding status on farm. A shape similar to a point-source outbreak curve was observed when plotting the numbers of pigs at the age of first-time STEC detection, and the outbreak-like curves were observed from the results of all three of the cohorts. This may suggest that the pigs were exposed to a single source of STEC infection in the beginning of the finishing period. The STEC prevalence rates by pig age were different in these three cohorts. The highest prevalence rates of STEC-positive pigs occurred at ages 18, 16, and 14 weeks in these three cohorts. At the cohort level, no significant change of barn environment and farm management protocols occurred during the study period in these three cohorts. At the individual pig level, no significant factors (e.g. sex and health condition) were associated with the STEC-positive pigs. Common sources of STEC infection may be from the finishing barn environment, the finishing diet, or other factors. To further determine whether the STEC strains were from a common source of infection, it will be essential for future studies to examine the genetic relatedness of the swine STEC strains by molecular genotyping methods. Moreover, expanding the scope of observations to more finishing sites will be crucial to understanding the potential cohort-level or individual risk factors associated with the dynamics of STEC prevalence on swine farms.

The duration of detectable shedding in this study was similar to that described in experimentally challenged swine. Regardless of the inoculation dose, STEC O157:H7 strains were recovered in faecal samples 14–16 days after inoculation [25]. However, when inoculated with a higher dose at $10^{10}$ c.f.u/strain per animal, STEC O157:H7 strains were able to be recovered in faecal samples 58–60 days after inoculation [25]. Together, these data suggest that some pigs in this study might have been exposed to a higher dose of STEC.
of STEC during the finishing period, and this resulted in a longer duration of STEC shedding. Moreover, re-infection of STEC from other pigs in the same barn may occur. Re-infection of STEC from pigs in neighbouring barns may also occur because of potential pig-to-pig contact through the pen dividers in the barns in this study. Additionally, the differences of shedding duration may be attributed to differential colonization ability of different STEC strains and the host itself. One study reported no difference in duration of STEC shedding comparing pigs housed on crates and on cement floors [26]. However, what the potential factors are and how these factors contribute to the duration of STEC shedding in pigs remains largely unknown. A better understanding of the factors associated with the duration of shedding will be helpful for strategizing future plans for controlling STEC shedding on farms.

The STEC isolates recovered in this study belonged to a number of different serotypes. However, none belonged to O serogroups O138, O139, O141, and O147, which are more frequently associated with oedema disease in swine [12]. The serotypes were different from those reported in the swine STEC isolates from the NAHMS 2000 study [17]. Different STEC isolation methods may contribute to the observations of different serotypes. For example, CHROMagar STEC, which was used in this study, contains tellurite, and some STEC strains do not grow on this medium [20–22]. Nevertheless, CHROMagar STEC was suggested to be useful for recovery of STEC isolates from faecal samples, and it allowed the growth of 75–86.5% of STEC strains belonging to a wide variety of serotypes that were examined in previous studies [20–22].

The majority of the STEC isolated in the current study were serotype O59:H21. This particular serotype has not yet been reported in human cases but was reported in STEC isolates from food (beef, pork, others) [27]. Some serotypes and O serogroups of the swine STEC isolated in this study have been reported in human cases. For instance, STEC O59: H19 [28], O20 [29], O49, O98, and O119 [4] have been associated with human cases. Results of this study show that swine carry a variety of different STEC serotypes, and this was observed with sampling only three groups of pigs in one swine production company.

Most swine STEC isolates in this study carried the stx2e gene. Interestingly, Stx2e-producing E. coli strains have not only been recovered in pigs, but also in humans with HUS [30] and uncomplicated diarrrhoea [31–34]. Although no source of infection was ascertained in these human cases, the association between Stx2e-producing E. coli and human illness requires further examination. The eae gene was detected in only one STEC isolate (O49:H21, carrying the stx2e gene) in this study. The presence of the eae gene in swine STEC was not consistent with some previous studies. Some studies reported that the eae gene was not detected in swine STEC [35], while others have reported detection of eae in STEC O157:H7 strains recovered from swine colon faecal samples and carcass swabs at slaughter houses [36]. Although it is well-known that intimin is essential in STEC attachment in humans [37], it has been suggested that intimin is not required for STEC O157:H7 colonization in pigs [38]. This may partially explain the fact that only one out of 285 STEC isolates in this study was eae-positive. However, outbreaks and cases associated with eae-negative STEC strains were reported [39]. Many novel adhesins have been reported in eae-negative STEC, such as the STEC autoagglutinating adhesin encoded by the saa gene [40]. To better assess the potential risks posed by swine STEC, there is a need to more extensively examine the virulence gene profiles in swine STEC isolates.

Swine have not been viewed as an important STEC reservoir. However, the findings of this study provide insights into the epidemiology of faecal STEC shedding in finishing swine. The swine STEC isolates recovered in this study belonged to various non-O157 STEC serotypes, and E. coli O157:H7 was not isolated. There is increasing awareness of the public health burden associated with non-O157 STEC infections [3]. In addition, the recent emergence of highly virulent non-O157 STEC possessing unusual virulence gene combinations stress the need to further understand these pathogens [39]. From this study, STEC isolates of various non-O157 serotypes were recovered and relatively high prevalence rates of STEC isolation were observed during the swine finishing period. Future study is warranted to confirm whether or not swine are an important source of human STEC infections, specifically non-O157 STEC.

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DECLARATION OF INTEREST

None.

REFERENCES


