Molecular control of peptide hormone and receptor expression

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Réglage moléculaire des hormones peptidiques
et expression de leurs récepteurs

RÉSUMÉ

En réponse à des épreuves physiologiques tels que l'alimentation, l'expression génétique cellulaire endocrine gastrique peut être rapidement régulée dans le temps de la digestion d'un seul repas. En réponse aux modifications chroniques dans l'innervation des cellules endocrines, l'expression des gènes peut subir des modifications adaptatives à long terme.

La sécrétion acide gastrique des cellules pariétales est stimulée par l'histamine, la gastrine et l'acétylcholine; ces deux dernières agissent en relargant de l'histamine de la cellule entérochromaffine (ECL). L'abondance en ARNm de gastrine est diminuée par le jeûne, et stimulée par l'alimentation. La réduction induite par le jeûne intervient dans les 12 heures; elle se produit localement par l'intermédiaire du relargage de somatostatine déclenché par l'acidité, et est bloquée si la sécrétion acide est inhibée. Une alimentation modérée élève l'ARNm de gastrine en 30 à 60 minutes, et les niveaux stables indiquent un équilibre entre les influences inhibitoires et stimulatoires.

L'ARNm codant pour la décarboxylase d'histidine (EC 4.1.1.22; HDC; enzyme qui convertit l'histidine en histamine dans la cellule d'ECL) est fortement régulée par la gastrine, et diminue lorsque les concentrations de gastrine sont réduites par le jeûne. Inversement, l'expression de l'HDC augmente lorsque les concentrations de gastrine augmentent au cours de l'inhibition de la sécrétion d'acide; cette augmentation de l'expression de l'HDC est bloquée par les antagonistes gastrine/CCK-B. La diminution de l'ARNm de HDC avec le jeûne est progressive, mais lorsque des animaux sont renourris après un jeûne, la quantité d'ARNm de HDC double dans les 30 minutes, ce qui suggère que des modifications dans l'expression des gènes de HDC pourraient réguler la fonction sécrétory acide dans le temps de la digestion d'un seul repas. Lorsque les niveaux de gastrine sont élevés dans des conditions supra-physiologiques pendant quelques jours, l'expression d'autres protéines de cellules d'ECL impliquées dans la biosynthèse et la sécrétion de l'histamine est stimulée. Il y a une augmentation des ARNm encodant le transporteur monoamine vésiculaire VMAT2, qui peut transporter l'histamine dans des vésicules sécrétoires, et la chromogranine A dont on pense qu'elle stabilise le contenu des granules.

Certaines cellules endocrines gastriques montrent des formes altérées d'expression des gènes en réponse aux modifications chroniques de leur innervation. Les cellules D contenant de la somatostatine de la muqueuse du corpus gastrique ne sont, contrairement aux cellules D antrales, virtuellement pas affectées par les modifications de l'environnement luminal gastrique. Cependant chez des rats nouveau-nés traités avec de la neurotoxine capsaïcine pour créer sélectivement des lésions sur des neurones afférents de petits diamètre, la quantité d'ARNm de somatostatine du corpus est réduite de
moitié. Chez le rat, plus de 80% des neurones afférents spinaux gastriques contiennent le peptide lié aux gènes de la calcitonine (le CGRP, qui est absent des neurones gastriques intrinsèques), et les rats immunoneutralisés activement contre le CGRP ont également un ARNm de somatostatine du corpus réduit. De plus, l’injection de CGRP élève l’ARNm de somatostatine du corpus. Il est bien connu que le CGRP est important dans les mécanismes protecteurs de la muqueuse gastrique, et il semble que certains de ces effets pourraient être favorisés par la stimulation de la biosynthèse de somatostatine. Pourtant, les rats traités ave de la capsaicine ont apparemment une muqueuse gastrique normale, et il semble possible qu’il se produise une certaine forme d’adaptation. Un de ces mécanismes pourrait être la réponse des cellules D antrales à la substance P. Ainsi, dans les rats traités avec de la capsaicine, et non chez les témoins, l’expression de la somatostatine dans les cellules D antrales est surregulée en réponse à la substance P. Comme le CGRP, la substance P apparaît dans les neurones afférents gastriques qui ont des lésions dues à la capsaicine; cependant elle se trouve également dans les neurones gastriques intrinsèques, qui sont épargnés, et c’est cette dernière population qui pourrait acquérir un rôle dans la régulation de la cellule D antrale.

Les actions des hormones peptides se font par l’intermédiaire d’une super famille de récepteurs couplant les protéines G ayant sept domaines transmembranaires. La régulation de l’expression des récepteurs offre un niveau plus élaboré de régulation. Une famille de cinq récepteurs de somatostatine a été identifiée (SSTR1-5). Il est prouvé que la SSTR2 est l’intermédiaire dans l’inhibition de la sécrétion d’acide, et dans le relargage d’histamine de la cellule ECL. Trois sous-types d’ARNm de SSTR2 ont été identifiés, et ils sont exprimés de façon différente dans l’antre et dans le corpus gastrique. De plus, l’ARNm de SSTR2 est régulé par des facteurs tels que l’acidité luminaire, qui régule également l’expression de la somatostatine.

The upper gastrointestinal tract provides a useful model for studying physiological changes in gene expression because it is relatively easy to manipulate the environment of the gastric lumen, by feeding, by withdrawing food or by inhibiting gastric acid secretion. The observation that gene expression in gastric endocrine cells is regulated in response to changes in the gastric lumen environment is perhaps unsurprising; what is more striking, however, is that such changes can occur over the time taken to digest a single meal and, therefore, may influence the control of digestion on a meal-to-meal basis.

The present short review focuses on two aspects of gastric endocrine cell gene expression. First, the rapid changes in gene expression that occur within a few minutes to a few hours of ingestion of food, or in response to changes in gastric lumen pH. Second, more-slowly developing (days to weeks) adaptive changes that occur in response to chronic changes in the innervation of the stomach. The rapid changes will be discussed in the context of the physiological control of gastric acid secretion, the long-term changes are related to gastric mucosal protection. In addition, the expression and regulation of hormone receptors will be discussed with reference to somatostatin.

**CONTROL OF GASTRIC ACID SECRETION**

The control of gastric acid secretion is achieved through a complex interplay of stimulatory and inhibitory factors that act through endocrine, neural and local paracrine
mechanisms. The major physiological stimulants are the antral hormone gastrin, histamine, and acetylcholine; somatostatin exerts important inhibitory influences.

The involvement of histamine in stimulating gastric acid secretion has been recognized since the early part of the century (Popielski, 1920), and its central role was firmly established with the development of histamine H-2 receptor antagonists (Black et al. 1972) that potently inhibit acid secretion. It is also clear that gastrin, first described by Edkins (1905), has a physiologically important role. What are less certain are the relative importance, and the mechanisms of action of histamine, gastrin and acetylcholine in stimulating the parietal cell. One view, the ‘permission’ hypothesis (Grossman & Konturek, 1974), is that all three agents act directly on the parietal cell. Separate receptors for them have been demonstrated on canine parietal cells (Sol1 et al. 1984), and the inhibitory action of H-2 antagonists is interpreted as removal of one element of a potentiating interaction between the three stimulants. An alternative theory, the ‘transmission’ hypothesis (Code, 1977; Black & Shankley, 1987), is that acetylcholine and gastrin act by releasing histamine, which then serves as the final common stimulant of the parietal cell. Support for this idea comes from pharmacological analyses of H-2 receptor antagonist actions in vivo (Black & Shankley, 1987) and from the finding that gastrin and muscarinic agonists release histamine from the totally isolated, vascularly perfused rat stomach, and increase activity of histidine decarboxylase (EC 4.1.1.22; HDC), the enzyme that converts histidine to histamine in the enterochromaffin-like (ECL) cell of the gastric corpus mucosa (Hakanson et al. 1974; Sandvik et al. 1987, 1988). The transmission hypothesis currently enjoys considerable support, but the two mechanisms are not mutually exclusive and the relative dominance of one or other almost certainly differs between species.

The gastrin (G-) cell

Gastrin mRNA abundance is depressed by fasting and stimulated by feeding. Withdrawal of food from rats for up to 48 h causes a progressive decline in mRNA abundance that is detectable within about 12 h (Dimaline et al. 1991; Wu et al. 1991). The reduction in mRNA is more dependent on lumen acid than on withdrawal of food since it is prevented if fasted animals are treated with the H+/K+-transporting ATPase (EC 3.6.1.36) inhibitor omeprazole, to induce achlorhydria (Dimaline et al. 1991). The acid-induced depression of gastrin mRNA is mediated in large part by somatostatin (Fig. 1); in vitro studies in dog antral mucosa demonstrated that gastrin mRNA was depressed by somatostatin, and elevated by a somatostatin antiserum (Karnik et al. 1989). In fact, antral gastrin and somatostatin mRNA abundances are reciprocally related over a wide range of gastric lumen pH (Brand & Stone, 1988; Wu et al. 1990; Dimaline et al. 1991; Sandvik et al. 1993). Gastrin mRNA is modestly elevated within 30 min of refeeding fasted rats (Wu et al. 1991); it is further elevated if fed rats are treated with omeprazole (Brand & Stone, 1988; Wu et al. 1990; Dimaline et al. 1991; Dockray et al. 1991).

Taken as a whole, therefore, the data suggest that physiological levels of gastrin expression depend on a balance between the stimulatory effects of feeding and the inhibitory effects of lumen acid. Much of the information on regulation of gastrin mRNA abundance originates from experiments performed on rats, but it seems likely that similar mechanisms operate in man, since patients suffering from pernicious anaemia (and who are therefore achlorhydric) have reduced somatostatin mRNA and elevated gastrin mRNA (Moss et al. 1994).
The enterochromaffin-like cell

_Histidine decarboxylase_. It is well known that HDC activity and histamine secretion are stimulated by feeding, gastric distension, gastrin and cholinergic agonists (Snyder & Epps, 1968; Kahlson & Rosengren, 1971; Ryberg _et al._ 1990; Chen _et al._ 1994). Gastrin, in particular, is known to have both acute and chronic effects on ECL cell function, inducing increases in both HDC activity and histamine secretion and, in the longer term, it stimulates ECL cell proliferation (Ryberg _et al._ 1990; Chen _et al._ 1994). In principle, increased histamine biosynthesis could result from _de novo_ synthesis of HDC, or activation of a preformed inactive pool by modifications such as phosphorylation or dephosphorylation (Savany & Cronenberger, 1990). The opportunity to examine this question arose with the identification and characterization of a complementary DNA (cDNA) from fetal rat liver, encoding the enzyme HDC (Joseph _et al._ 1990).

HDC mRNA abundance is regulated by changes in the gastric lumen environment. Fasting rats for up to 48 h progressively reduces HDC mRNA abundance to about 25% the level seen in animals fed _ad lib._ (Dimaline & Sandvik, 1991; Dimaline _et al._ 1993b). The rat has a relatively high basal acid secretion (approximately 25% of maximal) and the HDC response to fasting may be largely due to increased gastric lumen acidity rather than withdrawal of food, since in rats fasted and treated with the proton pump inhibitor omeprazole, to induce achlorhydria, HDC mRNA was not depressed (Fig. 2; Dimaline & Sandvik, 1991). Under normal circumstances, secretion of gastrin is inhibited by somatostatin released from antral D-cells in response to lumen acid (Fig. 1). Achlorhydria induces secondary hypergastrinaemia by dramatically reducing somatostatin biosynthesis and secretion (Brand & Stone, 1988; Wu _et al._ 1990; Sandvik _et al._ 1993). Administration of a specific gastrin antagonist (CI988) reversed the effect of omeprazole, suggesting that in these circumstances HDC mRNA is regulated largely by gastrin (Dimaline & Sandvik, 1991). Elevation of plasma gastrin concentrations above those seen in rats fed _ad lib._, for up to 48 h, does not further increase HDC mRNA (Fig. 2).
Fig. 2. Histidine decarboxylase (EC 4.1.1.22; HDC) mRNA levels and plasma gastrin concentrations in rat gastric corpus. Groups of six animals were fasted for 48 h or fed ad lib., and treated with vehicle (2 ml methyl cellulose (5 g/l)/d) or omeprazole (400 μmol/kg per d, orally). HDC mRNA abundance ([ ]) was determined by Northern blot, and plasma gastrin concentrations (□) by radioimmunoassay (Dimaline et al. 1993b). Values are expressed as means with their standard errors, represented by vertical bars, for six animals. Mean values for treated animals were significantly different from those for animals fed ad lib. (t test): *P<0.05.

This suggests that HDC mRNA is normally regulated over the physiological range of plasma gastrin concentrations. However, when fed rats are treated with omeprazole to maintain achlorhydria and hypergastrinaemia for up to 1 week, HDC mRNA increases several-fold above the levels seen in vehicle-treated controls (Swarovsky et al. 1994; Dimaline & Struthers, 1995). If the hypergastrinaemia is chronic (>1 year), rats develop ECL cell hyperplasia which progresses to dysplasia, and eventually leads to the formation of carcinoid tumours (Ekman et al. 1985; Poynter et al. 1985).

The decline in HDC mRNA abundance seen with fasting is progressive and gradual, but when animals that had been fasted for 48 h were refed HDC mRNA abundance was doubled within 30 min (Dimaline et al. 1993b, 1995). The rapid response to feeding was not seen in animals pre-treated with specific gastrin antagonists or with atropine (Baxendale et al. 1995; Dimaline et al. 1995), suggesting that both gastrinergic and muscarinic cholinergic mechanisms are important, and may act synergistically. This rapid increase in HDC mRNA could be mimicked by distension of the stomach for 30 min at a physiological pressure, and since nutritive and non-nutritive solutions were equally effective, it seems that passive mechanical distension is sufficient to account for the response (Dimaline et al. 1995). The rapidity of the response indicates the importance of newly synthesized HDC in meeting the demands for increased histamine production, and suggests that changes in HDC gene expression could regulate acid secretory function over the time taken to digest a single meal.

Chromogranin A. The chromogranin family of proteins (chromogranins A and B and secretogranin II) are widespread constituents of neuroendocrine cells, where they are often co-stored with peptides or amines. In the rat stomach, ECL cells appear to be the only source of chromogranin A (CGA) so that the protein provides a useful marker for this cell type (Fischer-Colbrie et al. 1987; Simon & Aunis, 1989). CGA may be
biosynthetically processed to give rise to a number of biologically active peptides, but in addition is believed to play a role in the stabilization and storage of secretory granules (Wiedenmann & Huttnner, 1989; Helle, 1990). In response to physiological challenges such as fasting and feeding, or pharmacologically-induced changes in gastric intralumen pH, gastric corpus CGA mRNA abundance changed in the same direction as HDC mRNA, although the magnitude of change was smaller (Dimaline et al. 1993a). It seems likely that the changes in CGA mRNA expression are of functional significance, because under similar circumstances there were comparable changes in CGA-like immuno-reactivity (Watkinson & Dockray, 1992).

Amine transporters. Unlike secretory peptides and proteins, which enter the regulated pathway of secretion after ribosomal synthesis, amines such as histamine that are destined for secretion are synthesized in the cytoplasm and, therefore, must enter pre-formed secretory vesicles. Other biologically active monoamines such as the catecholamines and serotonin, are translocated across the secretory vesicle membrane by means of a vesicular monoamine transporter (VMAT), in exchange for intravesicular protons; the proton gradient is maintained by a vesicle resident V-type ATPase (Njus et al. 1986; Kanner & Schuldiner, 1987; Johnson, 1988). Most of the early work to elucidate this pathway was performed on bovine adrenal chromaffin cells, but it seems likely that similar mechanisms exist in a wide range of cells that secrete monoamines. The cDNA encoding two VMAT have been characterized from rat; VMAT₁ was cloned from PC12 cells and is expressed primarily in the adrenal, VMAT₂ was cloned from brainstem and is expressed in central nervous system (Erickson et al. 1992; Liu et al. 1992). VMAT₂-type cDNA have been characterized also from cow and man (Krejci et al. 1993; Surratt et al. 1993; Howell et al. 1994).

By analogy with other monoamines, it seems plausible to suppose that histamine might be transported into the ECL cell secretory vesicle by a VMAT, although VMAT₁ and VMAT₂ have affinities for histamine that are about 0.1 and 10% respectively of their affinities for other monoamines (Kirshner, 1962; Peter et al. 1994). Nevertheless, several lines of evidence suggest that VMAT₂ may transport histamine into the ECL cell secretory granule. First, immunohistochemical studies have demonstrated the presence of VMAT₂ in ECL cells (De Giorgio et al. 1994). Second, VMAT₂ cDNA has been cloned and sequenced from gastric corpus (Dimaline & Struthers, 1995). Third, mRNA expression was demonstrated in enzymically-dispersed corpus mucosal cells that had been enriched with ECL cells (approximately 15% ECL cells (Brenna & Waldum, 1991)) by centrifugal elutriation (Dimaline & Struthers, 1995). Finally, VMAT₂ mRNA abundance in gastric corpus was upregulated by achlorhydria, in parallel with HDC and CGA mRNA (Dimaline & Struthers, 1995). The relatively low affinity for histamine shown by VMAT₂ is apparently not a critical factor in the ECL cell. This cell type is essentially devoid of other amines (Hakanson, 1970; Rubin & Schwartz, 1983, 1984), and the high levels of HDC presumably ensure that histamine is the only significant substrate for the transporter.

In response to hypergastrinaemia, secondary to achlorhydria it seems then that the ECL cell exhibits a coordinated response to upregulate expression of genes that are directly involved in histamine biosynthesis (Fig. 3). The increase in HDC mRNA is directly responsible for increased histamine synthesis, and the parallel rise in VMAT₂ mRNA presumably reflects the increased requirement for transport into the secretory vesicle. There is good evidence for a V-type ATPase in the ECL cell granule membrane.
Fig. 3. Schematic representation of histamine biosynthesis and sequestration into enterochromaffin-like (ECL) cell secretory vesicles. Histidine decarboxylase (EC 4.1.1.22; HDC) is located in the cytoplasm, where it converts histidine to histamine. Chromogranin A (CGA), vesicular monoamine transporter (VMAT2) and a V-type ATPase enter the regulated pathway of secretion: CGA enters the secretory vesicle core, VMAT2 and the ATPase are inserted into the vesicle membrane. Histamine is translocated into the vesicle using the energy from the proton gradient. See text for further details.

(Prinz et al. 1993), but it remains to be determined if the increased demand on the proton gradient has consequences for the expression level of this enzyme. Increases in CGA and mRNA abundance suggest that this protein might be involved in stabilization of the ECL cell secretory vesicle. In addition, however, CGA and the products of its proteolytic processing will also be co-secreted with histamine, but the extracellular role that these molecules might play in the response to achlorhydria remains completely unexplored.

LONG-TERM ADAPTIVE CHANGES IN GENE EXPRESSION

The corpus D-cell

The role of the antral D-cell in mediating the inhibitory effects of gastric lumen acid is well established (see p. 267), but relatively little is known of the factors that regulate corpus D-cell biosynthetic activity. The corpus D-cell is of the closed type and, therefore, would not be expected to communicate directly with gastric lumen contents. Rats made achlorhydric for 48 h showed 3- or 4-fold decreases in antral somatostatin mRNA abundance, but corpus levels were virtually unchanged (Tari et al. 1991; Sandvik et al. 1993). Corpus D-cells were also relatively unaffected by food withdrawal, which at least doubled antral somatostatin mRNA abundance within 48 h (Wu et al. 1991; Sandvik et al. 1993). However, there is evidence that calcitonin-gene-related peptide (CGRP) is able to stimulate somatostatin secretion from the gastric corpus (Dunning & Taborsky, 1987; Helton et al. 1989; Bunnett et al. 1990). This is of particular interest since in the rat CGRP is contained in over 80% of spinal gastric afferent neurones (compared with less than 10% of vagal afferents) while it is absent from gastric intrinsic neurons (Su et al. 1987; Green & Dockray, 1988; Mulderry et al. 1988; Varro et al. 1988). Treatment of neonatal rats with the neurotoxin capsaicin, which selectively destroys small-diameter unmyelinated afferent neurones, abolishes gastric CGRP. Corpus somatostatin mRNA abundance was halved in capsaicin-treated rats, compared with vehicle-treated controls.
and was also depressed in rats actively immunoneutralized against CGRP (Sandvik et al. 1993). Moreover, corpus somatostatin mRNA was elevated by CGRP infusion in conscious rats (Sandvik et al. 1993). It is well established that CGRP has important functions in gastric mucosal protection, including increasing mucosal blood flow and inhibiting gastric acid secretion (Holzer, 1994); it now seems that some of these actions might be mediated by stimulating corpus somatostatin biosynthesis.

However, in rats that have been pre-treated with capsaicin as neonates, and which have lost small-diameter primary afferents that contain CGRP (and substance P), basal and maximal levels of acid secretion are virtually unaffected, and the gastric mucosa appears macroscopically normal. It seems possible, therefore, that compensatory mechanisms might develop in capsaicin-treated rats that are able to alleviate the effects of losing the gastric afferent innervation. The action of substance P on antral somatostatin mRNA abundance is one possible example of such a mechanism. Thus, in capsaicin-treated, but not control rats, infusion of substance P more than doubled antral somatostatin mRNA abundance (Fig. 4); it had no effect on corpus somatostatin mRNA in either capsaicin-treated or control rats (Dimaline et al. 1994). Apparently then, antral D-cells develop the capacity to respond to substance P when the gastric primary afferent innervation is absent. Although substance P is present in about 50% of spinal gastric afferent neurones, it is also present in intrinsic neurones in the stomach that are spared by capsaicin, and it is this latter population that may develop a role in control of the antral D-cell in response to loss of the afferent neurones.

![Figure 4](image-url)

Fig. 4. Somatostatin (○) and glyceraldehyde-3-phosphate dehydrogenase (EC 1.2.1.12; GAPDH; □) mRNA in gastric antrum of control and capsaicin-pretreated rats. Rats were treated as neonates with either capsaicin, to lesion small-diameter afferents (Sandvik et al. 1993), or saline (9 g NaCl/l). At 200–250 g, groups of six animals were infused with substance P (1 nmol/kg per h) or saline for 6 h. Somatostatin mRNA abundance in gastric antrum was determined by Northern blot; for comparison, abundance of mRNA encoding the non-regulated marker GAPDH was also estimated (Sandvik et al. 1993; Dimaline et al. 1994). Values are expressed as means with their standard errors, represented by vertical bars, for six animals. Mean values for capsaicin-treated animals were significantly different from those for saline-treated animals (one-way ANOVA): *P<0.05.
The coordinated pattern of response to somatostatin released from the gastrointestinal mucosa is determined partly by the location of the D-cells, since the peptide has a largely paracrine mode of action, and partly by the location of somatostatin receptors. In gastric antrum the G-cell is acknowledged as the major target for somatostatin, while in the corpus, targets include the ECL cell, the parietal cell and probably the oxyntic cell. Five distinct somatostatin receptors, designated SSTR1-5, have been cloned and sequenced (Bruno et al. 1992; Kluxen et al. 1992; Yamada et al. 1992a,b, 1993; Yasuda et al. 1992), that belong to the seven transmembrane domain G-protein coupling superfamily of receptors. Four of the five receptors show equal affinity for the two main biologically active forms of somatostatin (SOM 14 and SOM 28), while SSTR 5 is SOM 28 preferring.

In rat stomach, expression of four receptor types (SSTR1-4) has been reported, and there is evidence to suggest that SSTR2 mediates inhibition of acid secretion (Rossowski et al. 1994; Lloyd et al. 1995), and inhibition of histamine release from the ECL cell (Prinz et al. 1994). An mRNA splice variant of the SSTR2 subtype has been identified (designated SSTR2B) this is twenty-three amino acid residues shorter than the unspliced (SSTR2A) form; the two forms differ in their C-terminal fifteen amino acids (Vanetti et al. 1992; Patel et al. 1993). Messenger RNA encoding both SSTR2A (2-8 kb) and SSTR2B (2-4 kb) are expressed in rat gastric corpus, together with a third, smaller 1-6 kb variant. In enzymically-dispersed cells of gastric corpus mucosa, that were fractionated by centrifugal elutriation, the 1-6 kb form was present in the endocrine-cell-enriched fraction, but was only weakly expressed in parietal-cell-enriched fractions (Sandvik et al. 1995). In antrum, the 1-6 kb form was the predominant mRNA (Sandvik et al. 1995), and it is tempting to speculate that this may represent a somatostatin receptor specific to gastric endocrine cells. However, it remains to be established that this mRNA type encodes a functional receptor.

In both corpus and antrum, SSTR2 mRNA abundance was altered by conditions such as changes in gastric lumen pH, that also regulate somatostatin mRNA expression (Sandvik et al. 1995). For example, in rats treated with omeprazole for 48 h, antral somatostatin mRNA abundance was reduced 3-fold; SSTR2 mRNA was modestly elevated (Sandvik et al. 1995), which may reflect an attempt to preserve the target cell response to diminishing concentrations of natural ligand. More surprisingly, SSTR2 mRNA abundance was increased by fasting, which also increased somatostatin mRNA (Sandvik et al. 1995). The physiological rationale for this latter observation is not yet clear, but it is consistent with the finding that, at least in an endocrine cell line (GH3), exogenous somatostatin upregulates SSTR mRNA (Bruno et al. 1994).

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