Inhibitory effect of serotonin derivatives on high glucose-induced adhesion and migration of monocytes on human aortic endothelial cells

Rosaria Piga1*, Yuji Naito2, Satoshi Kokura3, Osamu Handa3 and Toshikazu Yoshikawa1
1Department of Inflammation and Immunology, Graduate School of Medical Science, Kyoto Prefectural University of Medicine, Kamigyo-ku, Kyoto, Japan
2Department of Medical Proteomics, Graduate School of Medical Science, Kyoto Prefectural University of Medicine, Kamigyo-ku, Kyoto, Japan
3Department of Biomedical Safety Science, Graduate School of Medical Science, Kyoto Prefectural University of Medicine, Kamigyo-ku, Kyoto, Japan

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Previous reports have shown that safflower-seed extract and its major antioxidant constituents, serotonin hydroxycinnamic amides, attenuated atherosclerotic lesion formation in apoE-deficient mice, as well as inflammation and aortic stiffness in human subjects. In the present report, we examined a still unknown cell-based mechanism of serotonin derivatives against the development of atherosclerosis, focusing our attention on their action against the increase of adhesion molecules and the release of chemotactic factors on human aortic endothelial cells, phenomena that represent the key events in the early stages of atherosclerogenesis. Serotonin derivatives N-(p-coumaroyl)serotonin and N-feruloylserotonin exerted an inhibitory effect on short-term high glucose-induced up-regulation of mRNA and protein of adhesion and migration factors, and the consequent adhesion and migration of monocytes to endothelial cells; they inhibited the activation of transcription factors such as NF-κB, and the overproduction of the mitochondrial superoxide by acting as scavengers of the superoxide radical. In addition, serotonin derivative concentration inside the cells and inside the mitochondria was increased in a time-dependent manner. These results identify a mechanism of action of serotonin derivatives against endothelial damage at a cellular level, and underline their benefits against the disorders and complications related to reactive oxygen species.

Serotonin derivatives: Superoxide: Monocyte adhesion: Monocyte migration: Antioxidants

Dietary factors play significant aetiological roles in the development of several diseases. Many epidemiological studies have shown an inverse relationship between the consumption of diets rich in polyphenols, especially flavonoids, and cardiovascular risk1. CVD in the Far East is significantly lower than that documented in the West, and atherosclerosis is the leading cause of morbidity and mortality in Western society2.

Recently, some independent laboratories have focused their attention on other dietary compounds, such as serotonin derivatives, which may exert significant antioxidant effects both in vitro and in vivo. N-(p-coumaroyl)serotonin (CS) and N-feruloylserotonin (FS), two serotonin conjugates, were identified as the major and unique phenolic constituents of defatted safflower seeds2,3. These are members of the indole hydroxycinnamic acid amides, known to perform defensive functions in plants when damaged or under pathogenic attack, with serotonin (5-HT), p-coumaric acid (p-ca) and ferulic acid (fa) representing the components of their structure (Fig. 1)4. The hydroxycinnamic acid amides of serotonin, including CS and FS, which are synthesised by serotonin N-hydroxycinnamoyltransferase, are present in several wild-growing plants and their seeds, such as safflower (Carthamus tinctorius L.) used in herbal medicine in Eastern countries, and worldwide mainly for edible oil production5,6, konnyaku (Amorphophallus konjac K. Koch) widely used as a traditional food in all over Japan7, barnyard millet (Echinochloa utilis Ohwi & Yabuno), widely used in Japan especially in cold districts because of its resistance to low temperatures and for its highly nutritious grains that make it a good substitute for rice6, Centaurea nigra L. and many species of the genus Centaurea, traditionally used for their anti-bacterial activity in the treatment of various ailments7,8, and maize bran and other grains used in a wide variety of ways, including home cooking to increase the fibre content of various foods9,10. Furthermore, their presence was also detected in several vegetables11 widely used all over the world.

Some of their activities have been already reported; they possess antibacterial and free radical-scavenging activities5,7,10, show antioxidative activity on plasma and liver lipid status11.
increase the proliferation of fibroblasts\textsuperscript{(12)}, inhibit the production of pro-inflammatory cytokines\textsuperscript{(12)}, inhibit LDL oxidation in apoE-deficient mice\textsuperscript{(2)} and show beneficial effects against cardiovascular risk in healthy human volunteers\textsuperscript{(13)}. Despite this, there are no reports describing a cell-based mechanism of these serotonin derivatives against endothelial damage; their protective effect in this system at a cellular level is still unknown.

Short-term high glucose exposure, even in terms of hours, could represent a dangerous stressor in the early stages of atherosclerosis, suggesting that its dangerous effect could also affect healthy individuals\textsuperscript{(14)}. Monocyte–endothelial cell interactions play a pivotal role in the initiation and progression of an inflammatory process induced by several stressors, including hyperglycaemia, making human aortic endothelial cells (HAEC) and the human monocyte U-937 cell line suitable for this kind of approach.

Therefore, in order to look into the still unknown cellular mechanism and effect of serotonin derivatives, the present study followed a cell-based approach to underline the potential properties of CS and FS, focusing on their action against the increase of vascular cell adhesion molecule-1 (VCAM-1) and monocyte chemoattractant protein-1 (MCP-1).

**Materials and methods**

**Cells**

HAEC (Clonetics, San Diego, CA, USA) were routinely maintained at 37°C in a humidified atmosphere of 95 % air and 5 % CO\textsubscript{2} in endothelial cell growth medium (EBM-2; Clonetics) containing 5·5 mM-D- (+)-glucose, and supplemented with endothelial growth medium 2 (EGM-2) kit (Clonetics). Therefore, HAEC growing in their EBM-2 medium containing 5·5 mM-D- (+)-glucose were used as control cells and considered as untreated. For all experiments, cells were used up to the sixth passage.

Human monocyte line U-937 (American Type Culture Collection, Rockville, MD, USA) was grown in Roswell Park Memorial Institute (RPMI) 1640 medium (Invitrogen Life Technologies, Carlsbad, CA, USA) containing 10% fetal calf serum, streptomycin (100 μg/ml), penicillin (100 IU/ml) and fungizone (250 ng/ml) at 37°C in a humidified atmosphere of 95 % air and 5 % CO\textsubscript{2}.

Cell viability was assessed by WST-1 (4-[3-(4-iodophenyl)-2-(4-nitrophenyl)-2H-5-tetrazolio]-1,3-benzene disulfonate) assay (Cell Counting Kit; Dojindo, Kumamoto, Japan) as previously described\textsuperscript{(15)}.

**Enzyme-linked immunosorbent assay**

HAEC were grown on a ninety-six-well plate and pretreated for 24 h with CS or FS (kindly provided by Ajinomoto Co., Kawasaki, Japan) at different concentrations (from 0·1 to 10 μM), or 40 μM-a-tocopherol (a-Toc) (positive control), or 10 μM-5-HT, -p-ca or -fa that represent the components of the structure of CS and FS (all from Sigma, St Louis, MO, USA), then stimulated with 25 mM-D- (+)-glucose (HG) (Sigma) for 4 h. Enzyme-linked immunosorbent assay was used to assess VCAM-1 expression on HAEC as previously described\textsuperscript{(16)}.

MCP-1 protein level in the cell culture supernatant fraction was examined using a human MCP-1 Immunoassay kit (Biosource International, Camarillo, CA, USA) according to the manufacturer’s protocol.

**Glucose uptake by human aortic endothelial cells**

Glucose uptake was performed as previously described\textsuperscript{(17)} using a fluorescent D-glucose analogue 2-[N-(7-nitrobenx-2-oxa-1,3-diazol-4-yl)amino]-2-deoxy-D-glucose (2-NBDG; Invitrogen Life Technologies), used to monitor glucose uptake in living cells. HAEC were treated with 2-NBDG for 1 h in the simultaneous presence or absence of 10 μM-CS or -FS. Untreated HAEC were used as the control group. Fluorescence was observed using the Cytomics FC500 Flow Cytometry System (Beckman Coulter, Fullerton, CA, USA).

**Monocyte adhesion and transmigration assay**

The adhesion assay was performed as previously described\textsuperscript{(18)}. HAEC were pretreated with 10 μM-CS, -FS, -5-HT, -p-ca or
-fa or 40 μM-α-Toc for 24 h, then stimulated with HG for 4 h. Subsequently, 2',7'-bis (2-carboxyethyl)-5(6)-carboxyfluorescein acetoxyethyl ester (Molecular Probes, Eugene, OR, USA)-labelled U-937 (1 × 10^6 cells/ml, 100 μl) were added to each well, in the same media with HG in the presence or absence of the antioxidant used, and incubated at 37°C for 30 min. The same treatment was performed for the transmigration assay, using transwell membranes and adding labelled monocytes into the upper compartment as previously described\(^{(19)}\). 2',7'-Bis (2-carboxyethyl)-5(6)-carboxyfluorescein fluorescent intensity of adherent and transmigrating U-937 was quantified using the previously described method\(^{(20)}\).

Isolation of mRNA and real-time PCR

HAEC were pre-treated with 10 μM-CS or -FS for 24 h, then stimulated with HG for 3 h. Total RNA was isolated using the acid guanidium phenol chloroform method using an Isogen kit (Nippon Gene, Tokyo, Japan). Primers were as follows: for VCAM-1, sense 5'-CCCTTGACCGGCTG-GAGATT-3', antisense 5'-CTGGGGGCAACATTGCATATA-AAGTG-3'; for MCP-1, sense 5'-CGCTCTACGATGAAAA-GTCT-3', antisense 5'-GGAATGAGTGGCGTCTATG-3'; for glyceraldehyde 3-phosphate dehydrogenase (GAPDH), sense or absence of 10 μM-M-CS, 10 μM-thenoyltri- chlorophenylhydrazone (Sigma), a synthetic cell-permeable Mn porphyrin–based superoxide dismutase mimetic. Subsequently, HAEC were pretreated with 10 μM-HG for 3 h. Total RNA was isolated with Isogen kit (Nippon Gene, Tokyo, Japan). Primers were as described for the Isogen kit (Nippon Gene, Tokyo, Japan). Primers were as described for the isolation of mRNA and real-time PCR

Data analysis

All data of at least three separate experiments were expressed as mean values with their standard errors. Two-way ANOVA was used to assess the differences between multiple groups using the GraphPad Prism 4 program (GraphPad Software, Inc., San Diego, CA, USA). Values of \(P<0.05\) were considered statistically significant.

Results

Effects of N-(p-coumaroyl)serotonin and N-feruloylserotonin on short-term high glucose-induced vascular cell adhesion molecule-1 and monocyte chemoattractant protein-1 and mRNA expression in human aortic endothelial cells

HG treatment for 4 h caused a significant four-fold increase in the surface expression of VCAM-1 protein (Fig. 2(A)) and a significant three-fold increase of MCP-1 protein release (Fig. 2(B)) in the cell culture supernatant fraction. Pretreatment of HAEC with CS and FS for 24 h decreased VCAM-1 expression and MCP-1 release in a concentration-dependent manner, with a significant inhibition at 5 and 10 μM. 40 μM-α-Toc had a similar effect to 10 μM-CS and -FS, while treatment with 10 μM-5-HT, -p-ca or -fa resulted in a non-significant reduction of VCAM-1 expression and MCP-1 release, which appeared to be significant only for 5-HT. These findings were further confirmed by mRNA expression analysis for VCAM-1, MCP-1 and GAPDH genes in HAEC by real-time PCR (Fig. 3(A)). Pretreatment of HAEC with 10 μM-CS or -FS for 24 h resulted in a significant decrease of HG-induced mRNA expression for VCAM-1 and MCP-1. The protection exerted by CS and FS was not the result of a prevention of cell glucose uptake, as shown by the flow cytometry analysis results. Cells treated with CS and FS with the addition of the fluorescent d-glucose analogue 2-NBDG exhibited the same fluorescence as that shown on cells treated with 2-NBDG alone (Fig. 3(B)).

Effects of N-(p-coumaroyl)serotonin and N-feruloylserotonin on short-term high glucose-induced monocyte adhesion and migration to human aortic endothelial cells

Incubation of HAEC with HG for 4 h caused an approximate three-fold increase in adhesion of U-937 compared with the
adhesion of U-937 to control HAEC (Fig. 4(A)), and an approximately three-fold increase in transmigration of U-937 to the lower compartment compared with the transmigration of U-937 to control HAEC (Fig. 4(B)). Pretreatment of HAEC with 10 mM-CS or -FS for 24 h resulted in a significant decrease of HG-induced adhesion and migration of U-937 to HAEC. 40 mM-a-Toc had a comparable effect to 10 mM-CS and -FS, while treatment with 10 mM-5-HT, -p-c or -fa resulted in a non-significant reduction of monocyte adhesion and migration.

**Effect of N-(p-coumaroyl)serotonin and N-feruloylserotonin on short-term high glucose-induced NF-κB activation**

HG treatment for 2 h induced a significant increase of the NF-κB binding activity of approximately 2.6-fold when compared with control HAEC (Fig. 5). This HG-induced effect was prevented by all the antioxidants used.

**Effect of N-(p-coumaroyl)serotonin and N-feruloylserotonin on short-term high glucose-induced intracellular reactive oxygen species**

The HG-induced NF-κB activation on HAEC was preceded by a significant increase in the intracellular ROS levels (Fig. 6(A)) after treatment of HAEC with HG for 1 h, which was significantly reduced by CS and FS. 40 μM-α-Toc had a similar effect to 10 μM-CS and -FS, while treatment with 10 μM-p-ca or -fa resulted in a non-significant reduction of ROS fluorescence, which appeared to be significant only for 5-HT. The distribution of the oxidised product (Fig. 6(B)) showed red fluorescence of ROS in green mitochondria (lower images); HG-treated HAEC showed yellow areas because of co-localisation of green and red fluorescence as a result of ROS in mitochondria (HG, lower images). Co-localisation was not present in the control, or in any other treated group (lower images). These results were confirmed by the MitoSOX fluorescence, specific for mitochondrial superoxide, that was highly present on HG-treated HAEC (HG, upper image), but not relevant in any other treated group (upper images).

N-(p-coumaroyl)serotonin and N-feruloylserotonin concentration inside human aortic endothelial cells and mitochondria

Treatment with 20 μM-CS from 0 to 96 h resulted in a time-dependent increase of CS concentration inside the cells and the mitochondria; the increase was significant after 48 h inside the cells (6.9 μmol CS/mg protein) and after 72 h inside the mitochondria (4.6 μmol CS/mg protein) (Fig. 7). A similar pattern was obtained for FS detection (data not shown).
Discussion

CS and FS, two serotonin conjugates, have been identified from safflower seeds (3), konnyaku (5) and Japanese barnyard millet (6). They exhibit antioxidant and anti-inflammatory activities (3–7,10), together with many species of the genus Centaurea, traditionally used for their antibacterial activity in the treatment of various ailments (7), such as cornflower (Centaurea cyanus L.) (8) and sweet sultan (Centaurea moschata L.) (9). In addition to these already mentioned plants and their effects, CS and FS have been detected in some vegetables, such as paprika and green onions, which contain CS, and tomatoes, cherry tomatoes, hot peppers, paprika, lettuce, Chinese cabbage, chicory and spinach, which contain FS (4). Finally, maize bran, which is an important byproduct of the maize dry milling industry, is rich in several functional lipid constituents, including serotonin hydroxycinnamic acids, possessing antioxidant and anti-melanogenic activities (10). Although it has been reported that CS and FS were protective against LDL oxidation and atherogenesis in experimental animals and in human subjects (2,13), to the best of our knowledge, cell-based studies on their action against endothelial damage have not been reported.

The migration of circulating monocytes into the subendothelial space is one of the crucial events in early atherogenesis. VCAM-1 and MCP-1 are well-known factors involved in this process; VCAM-1 mediates the adhesion of leucocytes to activated endothelium (23), MCP-1 is a powerful monocyte chemoattractant, both in vivo and in vitro (24), and both are expressed by endothelial cells in early atherosclerotic lesions and involved in monocyte adhesion and recruitment to early lesions (14). In accordance with the protective effect of CS and FS against atherogenesis as previously reported in vivo (2,13), we found that the pretreatment of HAEC with CS or FS reduced the HG-stimulated HAEC expression of VCAM-1 and MCP-1 in a concentration-dependent manner, as well as the adhesion and migration of U-937. We also compared these inhibitory effects with the effect of 40 μM-a-Toc, which is the level achieved in plasma by consuming 133·4 mg (200 IU) a-Toc supplements/d (7,25,26), and with the effect of 5-HT, p-ca and fa, which represent the components of the structure of CS and FS; CS and FS protection was higher than that of 5-HT, p-ca, and fa alone in the experimental condition used, suggesting that their inhibitory effect may be due to both 5-HT and p-ca or fa moieties acting together, and was also comparable with the protective effect of 40 μM-a-Toc, used as a positive control. These treatments did not affect cell viability (data not shown). In addition, similar results were obtained with the simultaneous treatment of HAEC with CS and FS plus HG without 24 h CS or FS pretreatment (data not shown), suggesting that...
pretreatment with CS and FS is not an essential requirement on the inhibitory effect of CS and FS against VCAM-1 and MCP-1 increase. Our observations are novel and provide a potential mechanism by which CS and FS reduce the risk of atherosclerosis in vivo.

Because NF-κB is activated by reactive oxygen species, and VCAM-1 and MCP-1 expression is also regulated by NF-κB (14,27), the radical scavenging activity of CS and FS may contribute to the inhibition of the expression of VCAM-1 and MCP-1. Furthermore, previous reports (28) showed a hyperglycaemia-increased activation of NF-κB that was prevented by thenoyltrifluoroacetone, m-chlorophenylhydrazone, and by an overexpression of the Mn superoxide dismutase, the mitochondrial form of this antioxidant enzyme. This suggests that the superoxide is the reactive oxygen radical produced by this mechanism, that the mitochondria is the site of hyperglycaemia-induced ROS, and that hyperglycaemia activates NF-κB through a ROS-dependent pathway. Therefore, we tested the effect of CS and FS in comparison with the effect of Mn(II)5,10,15,20-tetrakis(N-methyl-pyridinium-2-yl) porphyrin, thenoyltrifluoroacetone and m-chlorophenylhydrazone.
on short-term HG-induced NF-κB and ROS in HAEC to clarify and compare their ability to penetrate inside the mitochondria and their role against the superoxide; furthermore, the distribution of the oxidised products was also determined.

Each compound completely inhibited NF-κB activation and ROS production; the distribution of the mitochondrial superoxide revealed fluorescence of the mitochondrial superoxide only in HG-treated HAEC. These results indicated that CS and FS are acting on the superoxide inside the mitochondria, and that their scavenger activity against mitochondrial superoxide overproduction was effective in preventing the consequent activation of NF-κB. In addition, the ability of CS and FS to reduce ROS was higher than that of 5-HT, p-ca, and fa alone \(^{25,29 - 31}\) in the experimental conditions used, suggesting that CS and FS antioxidant activity may be due to both 5-HT and p-ca or fa moieties acting together. In addition, ROS-scavenging activity by CS and FS was comparable with that exerted by 40 \(\mu\)M-a-Toc.

As a consequence of the biological activities of these two serotonin derivatives, it is possible that they are acting as direct scavengers of the superoxide radical or by scavenging the peroxynitrite generated by the reaction of the superoxide with NO. Indeed, the intracellular ROS fluorescence detected using Red CC-1 and 2',7'-dichlorofluorescin diacetate, which are not specific for the superoxide, could also be due to the presence of peroxynitrite. The consequent dangerous peroxynitrite generation is then neutralised by the scavenging activity of CS and FS.

Since MitoSOX results confirmed an early uptake of CS and FS into the mitochondria, we quantified the concentration of...
both compounds inside the HAEC and their mitochondria by HPLC. Even though the presence of CS and FS inside the cells was not detectable by HPLC after 10 \( \mu \)M treatment and 1–4h incubation, the treatment of HAEC with 20 \( \mu \)M-CS or -FS from 24 to 96h revealed a time-dependent increase of CS or FS content inside the cells and mitochondria, the increases significant after 48h although detectable from 24h. These results may suggest a potential role of CS and FS as protective agents against prolonged insults and may explain their protective effect in vivo due to the stability of their molecules, which do not show a time-dependent modification, transformation or degradation.

In conclusion, using a cell-based approach, the present study suggested a serotonin derivative mechanism against the increase of ROS-dependent VCAM-1 and MCP-1, due to the derivatives’ strong antioxidant properties and scavenger abilities. The presence of CS and FS in several wild-growing plants and their seeds, as well as in grains and vegetables, suggests that they could be useful sources of natural antioxidants, and that they could be helpful in reducing the incidence of atherosclerosis and CVD especially in Western society where it is particularly high\(^{(1)}\). Furthermore, they could also be taken into consideration as an alternative and/or preventive remedy against ROS-related dysfunctions.

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The authors declare that they have no other conflict of interest.

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