

Protective effect of *Opuntia ficus-indica* fruits bread on streptozotocin-induced oxidative stress in rats

J. Y. Moon¹, D. S. Kim¹ and J. W. Choi²

¹Department of Food Science and Biotechnology and ²College of Pharmacy, University of Kyungsoong, Busan of Korea

Diabetes Mellitus is group of metabolic disorders characterized by hyperglycemia and abnormalities in carbohydrate, fat, and protein metabolism resulted from defects in insulin secretion, insulin sensitivity, or both⁽¹⁾. Excess generation of highly reactive free radicals largely owing to hyperglycemia^(2,3) causes oxidative stress that may exacerbate the diabetes and its complications⁽⁴⁾. *Opuntia ficus-indica* var. Saboten (OFS) leaves and fruits have been of great interest as a treatment for arteriosclerosis, diabetes, gastritis, and hyperglycemia⁽⁵⁾. The goal of this study is designed to develop functional breads using *Opuntia ficus-indica* fruits powder (OFP) and to evaluate the protective effect of OFP bread (OFB) against oxidative damage in Streptozotocin (STZ)-treated diabetic rats.

OFB was made with adding 1%, 3% and 5% OFP to standard bread ingredients. Groups of male Sprague-Dawley rats (*n* 5 in each) weighing 200~230 g were randomly assigned to five STZ (45 mg/kg, ip) induced diabetic groups; diabetic control group, OFB group (OFP 1%, 3%, 5%) and reference group (glimepiride 5 mg/kg, po). After six weeks with experimental diet, we evaluated malondialdehyde concentration, SOD, CAT, GPx activities and GSH level in the kidneys and the blood glucose levels taken after fasting (12 hour) to investigate the anti-diabetic effect of OFB. Serum was analyzed for BUN and AST and ALT.

Our results showed that OFB significantly reduced the blood glucose level and restored the body weight loss of diabetic rats (Fig. 1; *P*<0.05). The supply of OFB reduced serum AST and ALT. BUN was also diminished by the OFB supplementation which implied an improvement of renal damage (Fig. 2; *P*<0.05). The malondialdehyde concentration in the kidney was significantly decreased by the OFB supplementation (Fig. 3; *P*<0.05). SOD, CAT, GPx activity and GSH concentrations in the STZ-induced diabetic rats were increased during the OFB supplementation. The results of our study concluded that OFB may have the antioxidative effect on STZ-induced oxidative stress in rats.

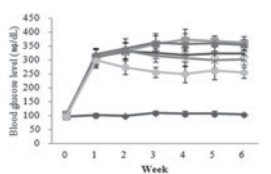


Fig. 1. Blood glucose level.

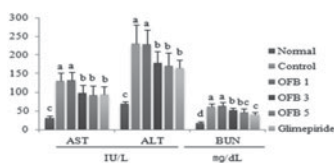


Fig. 2. Serum aminotransferase and BUN.

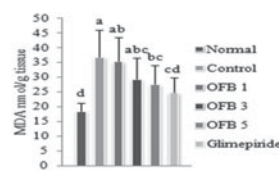


Fig. 3. Renal lipid peroxidation contents.

Table 1. Renal antioxidant enzymes activities

Group	SOD (U/mg protein/min)		CAT (hydrogen peroxide nmole/mg protein/min)		GPx (oxidized NADPH nmole/mg protein/min)	
	Mean	SD	Mean	SD	Mean	SD
Normal	19.4	0.98	1.93	0.37	2.85	0.43
Control	4.8	0.33	1.05	0.13	1.77	0.19
OFB 1	5.6	0.27	1.26	0.26	1.93	0.21
OFB 3	8.7	0.45	1.37	0.18	2.36	0.18
OFB 5	10.3	0.28	1.43	0.13	2.57	0.22
Glimepiride	15.9	0.38	1.58	0.25	2.45	0.39

Values are mean and standard deviation for three independent experiments. Data followed by different superscript are significant by Duncan new multiple range test from normal: **P*<0.05.

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