

and emerging as professional, that is, in few words, professional of the relationship, the key and the basement of the psychiatrist. The training in mental health should include, at first, the taking care of the person/student as it is proposed by authors inside the group model.

**Disclosure of Interest:** None Declared

## EPV1095

### Negative attitudes and lack of Knowledge towards mental health problems

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**Introduction:** Negative thoughts towards mental illness are a global problem for health care professionals. Mainly it leads to late help seeking which aggravates the prognosis of the problem, denial of this situation, refusing long term medication etc....

**Objectives:** We aim to identify the determinants leading to negative attitudes towards psychiatric problems among medical students.

**Methods:** This is a descriptive and analytical cross-sectional study conducted at the Faculty of Medicine of Sfax through an anonymous questionnaire via google Forms. The degree of stigmatization was evaluated by the score « The Attribution Questionnaires AQ-27 ».

**Results:** One hundred and seven students completed the questionnaires. The Sex-ratio was 0.30 (M/F). The percentage of first- and second-year students was 24.42%, third to 6<sup>th</sup> year students was 34.57% and residents was 41.01%. Students with a personal history of psychiatric disorders presented 45.8% of our population and those with a family history of mental health problems 40.2%. Medical students who studied psychiatry as a discipline and students who had internship in the psychiatry department (third to 6<sup>th</sup> year students and residents) had lower scores of the Attribution Questionnaires AQ-27 ( $p=0.003$  and  $p=0.002$  respectively). Sixty per cent of the students reported that spreading listening cells when needed, media coverage of mental illness and campaigns of awareness can help us reduce mental disease's related stigma.

**Conclusions:** To conclude, in order to lower rates of stigmatization of mentally sick people, spreading awareness among medical students can be an important tool in order to understand this situation and to provide a better health care.

**Disclosure of Interest:** None Declared

## EPV1096

### Fish Out of Water: Junior doctors' experiences of psychiatry.

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**Introduction:** This poster will explore the experiences of three junior doctors during their inpatient psychiatry placements. These doctors are Foundation Year 1, Foundation Year 2, and Foundation Year 3 doctors - i.e. not psychiatry trainees.

**Objectives:** Due to the nature of the UK Foundation Programme, many FY doctors will not have chosen to work in psychiatry and will have been given the rotation as part of a package of jobs. Studies have shown that the risk of burnout is higher when a doctor working in psychiatry did not identify it as their top career choice (Jovanović, N. *et al.* (2016) *European Psychiatry*, 32, pp. 34–41). Lack of supervision is also a risk factor for burnout (Jovanović, N. *et al.* (2016) *European Psychiatry*, 32, pp. 34–41).

A phenomenological study (Beattie, S. *et al.* (2017) *BMJ Open*, 7(9)) demonstrated that job satisfaction and morale amongst junior doctors in psychiatry can be positively influenced by a sense of connectedness, clear role definition, structure and appropriate responsibility. Additionally, junior doctors' experience of psychiatry, positive or negative, can influence their future career plans (Stott, J., Haywood, J. and Crampton, P. (2021) 43(10), pp. 1196–1202); this has important implications for recruitment into the specialty.

**Methods:** Three junior doctors were interviewed. These consisted of two Foundation Year doctors, and one doctor who has completed FY2 but is working as a locum and not currently in training. They were asked about memorable experiences during their psychiatry placements. Additionally, they were asked about their emotions regarding work at the very start of their placements and towards the end.

**Results:** The junior doctors that participated in interviews for the poster initially found the psychiatric inpatient setting challenging and overwhelming. Some of the challenges focused on the occasionally violent and risky nature of the ward and adjusting to that environment. However, all three doctors were pleasantly surprised by the way they adapted to the ward, the supportive nature of the team, and the rewarding experience of seeing very unwell patients get better.

**Conclusions:** Overall the interviews demonstrated that there is a significant emotional impact on junior doctors working in psychiatry, particularly when it is their first experience of in-patient psychiatry. However, this emotional demand can be mitigated by a supportive multi-disciplinary team and good quality supervision.

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## EPV1097

### Tunisian medical students' attitudes and views of psychiatry:

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**Introduction:** According to the World Health Organization (WHO), there is a chronic shortage of psychiatrists on a global scale. In Tunisia, we only have 287 psychiatric specialists, the equivalent of 0,23 per 10 000 habitants in 2017. There is a strong