

**Abstract**

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## Psychological and psychiatric issues in the care of transgender children, adolescents and adults: Overcoming health care barriers

**W0005****Psychopathology in adult transgender people**

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Transgender people represent a broad spectrum of individuals that transiently or persistently identify with a gender different from the one assigned at birth (APA, 2013). Transgender healthcare issues have become an increased matter of interest over the last years, as shown by the growth of publications on the subject and by the increase of referrals reported worldwide in all age groups. However, transgender people report encountering numerous obstacles in accessing and receiving appropriate health care with professionals being described as not properly trained on specific gender issues. Considering the diversity and complexity of the gender spectrum in the different age groups and in light of the recent changes in the formal psychiatric classification, mental health providers play a critical role in meeting the needs of gender non-conforming children, adolescents and adults, according to individualized paths. This course has the following aims: (1) learn the principles of assessment of gender incongruence in childhood, adolescence and adulthood; (2) address co-occurring psychopathology (if present); (3) identify different treatment paths according to age and individualized psychological and/or medical needs; (4) work in a multidisciplinary team in line with an integrated model.

**Disclosure:** No significant relationships.

**Keywords:** gender incongruence; body uneasiness; gender identity; health care barriers

## Practical suggestions on the clinical, ethical and economic consequences of the COVID-19 pandemic on mental health

**W0011****Clinical experiences in low-resource settings: Experience from Croatia**

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Croatian healthcare faced dramatic changes as a response to the ongoing pandemic, which further pressured financially loaded system. Besides, the capital of Croatia was hit by an earthquake that caused material damage and organizational difficulties. Contrary to the World Health Organization's recommendations that mental health services are essential services to be maintained during the pandemic, there was severe disruption of utilization and accessibility to

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