P03-58 - DETERMINANTS OF SOCIAL FUNCTIONING IN FIRST-EPISODE SCHIZOPHRENIA. A PROSPECTIVE FOLLOW-UP STUDY

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Objectives: Comparison of social functioning of first-admitted schizophrenic patients with healthy subjects and evaluation of the influence of several socio-demographic and clinical variables on social abilities of patients, 1 month (T1), 13 months after hospitalization (T2) and 4-6 years after T1 (T3).

Methods: A group of 74 schizophrenic patients: 46 male and 28 female; age 24.7 ± 6.7 and a control group of matched 52 male and 34 female subjects were enrolled. Social Functioning Scale (SFS), Positive and Negative Syndrome Scale (PANSS), Global Assessment Scale (GAS) and sociodemographic questionnaire were used.

Results: In all examinations SFS scores in the patients (T1 - 103.4; T2- 104.4; T3- 107.0), were significantly lower than in the healthy controls - 117.0 (p< 0.001). In longitudinal analysis, a mild improvement was observed in T3 SFS score and in its three subscales (p< 0.05). In cross-sectional analysis, better social functioning was associated with female sex, longer education, activity before admission, and better functioning in the pre-admission period. In regression analyses SFS at T2 was predicted by PANSS (27% of the variance) and at T3 by PANSS and duration of psychotic symptoms (20% of the variance).

Conclusions: Social functioning in schizophrenia is disturbed from the onset of the disease and may be mildly improved in the intermediate follow-up. The duration of untreated illness and severity of symptoms after the first admission, are the independent significant determinants of social functioning in early course of schizophrenia.