# ON ELLIPTICALLY EMBEDDED SUBGROUPS OF SOLUBLE GROUPS 

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1. Introduction. We call a subset $X$ of a group an elliptic set if there is an integer $n$ such that each element of the group generated by $X$ can be written as a product of at most $n$ elements of $X \cup X^{-1}$. The terminology is due to Philip Hall, who investigated elliptic sets in lectures given in Cambridge in the 1960 's. Hall was chiefly interested in sets $X$ which are unions of conjugacy classes, but among other things he proved that if $H, K$ are subgroups of a finitely generated nilpotent group then their union $H \cup K$ is elliptic. We shall say that a subgroup $H$ of an arbitrary group $G$ is elliptically embedded in $G$, and we write $H$ ee $G$, if $H \cup K$ is an elliptic set for each subgroup $K$ of $G$. Thus $H$ ee $G$ if for each subgroup $K$ there is an integer $n$ (depending on $K$ ) such that

$$
\langle H, K\rangle=H K \ldots H K
$$

where the product has $2 n$ factors.
The concept of elliptic embedding has no significance for finite groups and our principal results concern groups which are close to being torsion-free. Every quasinormal subgroup $H$ of a group $G$ is elliptically embedded, for to say that $H$ is quasinormal is just to say that $\langle H, K\rangle=H K$ for each subgroup $K$. Further instances of elliptically embedded subgroups are given in Section 2. From the result of Hall mentioned above it follows easily that every subgroup of a finitely generated finite by nilpotent group is elliptically embedded (see Proposition 1 in Section 2). Our first main result is a partial converse to this:

Theorem 1. Let $G=\left\langle g_{1}, \ldots, g_{s}\right\rangle$ be soluble and suppose that $\left\langle g_{i}\right\rangle$ is elliptically embedded in $G$ for $i=1, \ldots, s$. Then $G$ is finite by nilpotent.

This has the immediate
Corollary 1. Let $G$ be a locally soluble group having no non-trivial normal torsion subgroup. If $\langle g\rangle$ ee $G$ then the normal closure of $\langle g\rangle$ in $G$ is locally nilpotent.

This follows since each subgroup generated by finitely many conjugates of $g$ satisfies the hypothesis of Theorem 1 . Our second main result is a stronger result for the case where $G$ is soluble:

[^0]Theorem 2. Let $G$ be a soluble group having no non-trivial normal torsion subgroup. If $\langle g\rangle$ is elliptically embedded in $G$ then $\langle g\rangle$ is subnormal in $G$.

As a consequence of the above theorem and Proposition 3 we have the following result:

Corollary 2. Let $G$ be a torsion-free group and $\langle g\rangle$ a cyclic subgroup whose normal closure in $G$ is soluble and either finitely generated or minimax. Then $\langle g\rangle$ ee $G$ if and only if $\langle g\rangle$ is a subnormal subgroup of $G$.

Let $N$ be the normal closure of $\langle g\rangle$ in $G$. If $\langle g\rangle$ is subnormal in $G$ then $N$ is locally nilpotent ([3], Section 2.3, p. 61), and so nilpotent (see for example [3], Theorem 6.36), and we shall prove in Proposition 3 that any subgroup of $G$ whose normal closure is a nilpotent minimax group is elliptically embedded in $G$. The other implication of the corollary follows from Theorem 2.

We have already explained why torsion presents an obstacle in the study of elliptically embedded subgroups. A more serious restriction is the restriction to cyclic subgroups. Our treatment of cyclic subgroups rests on some delicate calculations with complex numbers of bounded modulus (Lemma 1 and Lemma 2). It is likely that results like Corollary 1 and Theorem 2 also hold for elliptically embedded free abelian subgroups of finite rank; but this appears to be a difficult problem. They certainly do not hold for free abelian subgroups of countably infinite rank. Let $G$ be the group of matrices

$$
\left(\begin{array}{ll}
u & a \\
0 & 1
\end{array}\right) \quad(u, a \in \mathbf{Q} \text { and } u>0)
$$

and let $H$ be the subgroup of diagonal matrices in $G$. It is straightforward, if a little tedious, to verify that $H$ is elliptically embedded in $G$. On the other hand $G$ is torsion-free and not locally nilpotent, and yet the normal closure $H^{G}$ of $H$ in $G$ equals $G$ so that $H$ is not subnormal in $G$.

## 2. Some sufficient conditions for elliptic embedding.

Proposition 1. (a) If $H$ is a subnormal subgroup of $G$ and $H^{G}$ satisfies the maximal condition for subnormal subgroups then $H$ ee $G$.
(b) Let $F$ be a finite normal subgroup of $G$. If $H \leqq G$ and $H F / F$ ee $G / F$ then $H$ ee $G$.

Proof. (a) Let $K \leqq G$ and define $G_{1}=\langle H, K\rangle$. We show by induction on the defect of $H$ in $G_{1}$ (that is, the least $d$ for which there is a series

$$
\left.H=H_{d} \triangleleft \ldots \triangleleft H_{1} \triangleleft H_{0}=G_{1}\right)
$$

that $G_{1}=(H K)^{n}$ for some $n$. This is clear if $d=1$, so we assume $d>1$. Write

$$
L=H^{H_{d-2}} .
$$

For each $g \in H_{d-2}$ we have $H^{g} \triangleleft H_{d-1}$, and since $H^{G}$ satisfies the maximal condition for subnormal subgroups there is a finite set $\left\{g_{1}, \ldots, g_{r}\right\}$ of elements of $H_{d-2}$ such that

$$
L=H^{g_{1}} \ldots H^{g_{r}} .
$$

Since $G_{1}=\langle H, K\rangle$, some set $(H K)^{s}$ contains all the elements $g_{i}$ and their inverses. Thus

$$
H^{g_{i}} \leqq(H K)^{s} H(H K)^{s}=(H K)^{2 s}
$$

for each $i$, and $L \leqq(H K)^{2 r s}$. On the other hand $L$ is subnormal of defect at most $d-1$ and therefore $G_{1}=(L K)^{m}$ for some $m$. It follows that $G_{1}=(H K)^{2 r s m}$ as required.
(b) We have $\langle H, K\rangle \leqq(H K)^{n} F$ for some integer $n$, so that

$$
\langle H, K\rangle=(H K)^{n}(F \cap\langle H, K\rangle) .
$$

There is an integer $s$ such that the finite set $(F \cap\langle H, K\rangle)$ lies in $(H K)^{s}$, and so

$$
\langle H, K\rangle=(H K)^{n+s} .
$$

Proposition 1 shows in particular that all subgroups of finitely generated finite by nilpotent groups are elliptically embedded. However a direct approach yields a little more. Let $C$ be nilpotent of class $c$ and let $C=\langle A, B\rangle$ where

$$
A=\left\langle a_{1}, \ldots, a_{r}\right\rangle \quad \text { and } \quad B=\left\langle b_{1}, \ldots, b_{r}\right\rangle .
$$

If

$$
\gamma_{k}(C) \leqq(A B)^{f} \text { modulo } \gamma_{k+1}(C)
$$

for some $k$, then modulo $\gamma_{k+2}(C)$ we have

$$
\begin{aligned}
\gamma_{k+1}(C) & \equiv\left[A, \gamma_{k}(C)\right]\left[\gamma_{k}(C), B\right] \\
& \equiv \prod_{i=1}^{r}\left[a_{i}, \gamma_{k}(C)\right] \prod_{j=1}^{r}\left[\gamma_{k}(C), b_{j}\right] \\
& \leqq\left(A(A B)^{f} A(A B)^{f}\right)^{r}\left((A B)^{f} B(A B)^{f} B\right)^{r} \\
& \equiv(A B)^{4 f r} .
\end{aligned}
$$

It follows that $C=(A B)^{t}$ where $t=(4 r)^{c}$. This leads to the first assertion in the next result:

Proposition 2. (a) Let $G$ be nilpotent of finite (Prüfer) rank. Then every subgroup of $G$ is elliptically embedded; indeed for all $H, K \leqq G$ one has $\langle H, K\rangle=(H K)^{t}$ where $t=(4 r)^{c}$ and $r, c$ are respectively the rank and
class of $G$.
(b) If $G$ is nilpotent of class 2 then every finitely generated subgroup $H$ of $G$ is elliptically embedded.

Proof. (a) Let $g \in\langle H, K\rangle$. There are finitely generated subgroups $A, B$, of $H, K$ respectively such that $g \in\langle A, B\rangle$, and each of $A, B$ can be generated by $r$ elements. Thus from above $g \in(A B)^{t} \leqq(H K)^{t}$.
(b) Let $H=\left\langle h_{1}, \ldots, h_{n}\right\rangle \leqq G$ and $K \leqq G$. Then each element of the subgroup [ $H, K$ ] may be written in the form $\left[h_{1}, k_{1}\right] \ldots\left[h_{n}, k_{n}\right]$ for suitable $k_{1}, \ldots, k_{n}$ in $K$. Thus $[H, K] \leqq(H K)^{2 n}$ and

$$
\langle H, K\rangle=H[H, K] K \leqq H(H K)^{2 n} K=(H K)^{2 n}
$$

It is not true in general that a subgroup of a nilpotent group of class 2 is elliptically embedded. For let $A$ and $B$ be abelian groups of exponent an odd prime $p$ with bases $\left\{a_{1}, a_{2}, \ldots\right\}$ and $\left\{b_{1}, b_{2}, \ldots\right\}$ respectively, and let

$$
G=\left\langle A, B ;\left[a_{i}, b_{j}\right]=c_{i j},\left[c_{i j}, G\right]=1 \text { for all } i, j\right\rangle
$$

Then $(A B)^{k} \neq G$ for each integer $k$. To see this, pick $n>2 k$ and let

$$
A_{n}=\left\langle a_{n+1}, \ldots\right\rangle B_{n}=\left\langle b_{n+1}, \ldots\right\rangle \text { and } \bar{G}=G /\left\langle A_{n}^{G}, B_{n}^{G}\right\rangle .
$$

Then

$$
|\bar{G}|=p^{n} \cdot p^{n} \cdot p^{n^{2}}=p^{2 n+n^{2}}
$$

while

$$
(\bar{A} \bar{B})^{k}=p^{2 n k}<p^{n^{2}}
$$

A similar example shows that cyclic subgroups of a group of class 3 are not in general elliptically embedded.

Proposition 3. If $H$ is a subgroup of a group $G$ such that $H^{G}$ is a nilpotent minimax group, then $H$ ee $G$.

Proof. Let $K \leqq G$ and write $J=\langle H, K\rangle$. We need to show that $J \leqq(H K)^{n}$ for some integer $n$. The proof is by induction on the nilpotency class $c$ of $H^{J}$. Let $L$ be the $c$ th term of the lower central series of $H^{J}$. Since $H^{J}$ is generated by

$$
X=\left\{h^{k} ; h \in H, k \in K\right\}
$$

the subgroup $L$ is generated by

$$
Y=\left\{\left[x_{1}, \ldots, x_{c}\right] ; x_{i} \in X, i,=1,2, \ldots, c\right\}
$$

Let $N$ be a finitely generated subgroup of $L$ such that $L / N$ is periodic. By Lemma 11 of [2] there is an integer $f$, depending only on the Prüfer rank and number of non-trivial Sylow subgroups of $L / N$, such that every finitely generated subgroup of $L / N$ is generated by the images in $L / N$ of
$f$ suitably chosen elements of $Y$. It is easy to see that each element of $Y$, and indeed each power of an element of $Y$, lies in $K(H K)^{t}$ where

$$
t=(3 / 2)\left(c^{2}-c\right)+1
$$

and so we have $L \leqq N K(H K)^{t}$. However $N$ lies in a join of finitely many conjugates $H^{k}$ of $H$ under elements of $K$, and since each $H^{k}$ is elliptic in $H^{J}$ by Proposition 2, this join is a product of finitely many subgroups $H^{k}$ and so lies in $(H K)^{s}$ for some $s$. It follows that

$$
L \leqq(H K)^{s+t}
$$

If $c=1$ we therefore have $H^{J} \leqq(H K)^{s+t}$ and so

$$
\langle H, K\rangle \leqq H^{J} K \leqq(H K)^{s+t},
$$

as required. If $c>1$ then by induction we have $J=L(H K)^{n}$ for some integer $n$, so that

$$
J \leqq(H K)^{s+t+n}
$$

and again the result follows.
In Section 3 we shall need to study groups which are split extensions $A\langle g\rangle$ of an abelian normal subgroup $A$ by a cyclic group $\langle g\rangle$ which is elliptically embedded in $A\langle g\rangle$. The following result is therefore of some interest.

Proposition 4. Let $G$ be a split extension of an abelian normal subgroup $A$ by a cyclic subgroup $\langle g\rangle$. If $G$ is nilpotent then $\langle g\rangle$ ee $\langle G\rangle$.

Proof. Let $K \leqq G$. If $K \leqq A$ then

$$
[K,\langle g\rangle]=\left\{\left[k_{1}, g\right] \ldots\left[k_{c}, g\right] ; k_{i} \in K\right\}
$$

where $c$ is the nilpotency class of $G$, and so

$$
\langle K,\langle g\rangle\rangle=K[K,\langle g\rangle]\langle g\rangle \leqq K(K\langle g\rangle)^{2 c}\langle g\rangle=(K\langle g\rangle)^{2 c} .
$$

If $K \not \nexists A$, then $(K \cap A)^{\langle g\rangle}$ is normal and lies in $(K\langle g\rangle)^{2 c}$. Passing to the quotient group $G /\left((K \cap A)^{\langle g\rangle}\right)$, we may therefore assume $K \cap A=1$. However $K$ is then cyclic and $\langle K, g\rangle$ is a finitely generated nilpotent group, so that

$$
\langle K, g\rangle=(K\langle g\rangle)^{m} \quad \text { for some integer } m
$$

3. Proofs of the theorems. We approach Theorem 1 through a series of lemmas. The first two lemmas which deal with complex numbers of bounded modulus are crucial for the proof of Theorem 1.

Lemma 1. Let $k$, $t$ be positive integers and let $\lambda \in \mathbf{C}$ with $|\lambda|<1$. There is a number $\omega=\omega(k, t, \lambda)>0$ such that $|\theta| \geqq \omega$ for each non-zero expression

$$
\theta=\sum_{i=1}^{k} a_{i} \lambda^{r_{i}}
$$

with

$$
\sum_{i=1}^{l} a_{i} \lambda^{r_{i}} \neq 0 \quad \text { for } 1 \leqq l \leqq k
$$

with $a_{i}$ an integer satisfying $\left|a_{i}\right| \leqq t$ for each $i$, and with $0=r_{1}<$ $r_{2}<\ldots r_{k}$.

Proof. We prove the result by induction on $k$. Clearly we may take

$$
\omega(1, t, \lambda)=1
$$

Suppose that $\omega(k-1, t, \lambda)=\omega^{\prime}$ is defined, and let $m$ be the least integer with $\left|\lambda^{m}\right|<\omega^{\prime} / 2 t$. Thus if $\theta$ is an expression

$$
\sum_{i=1}^{k} a_{i} \lambda^{r_{i}}
$$

of the sort under consideration and if $r_{k} \geqq m$ then we have

$$
|\theta| \geqq\left|\sum_{i=1}^{k-1} a_{i} \lambda^{r_{i}}\right|-\left|a_{k} \lambda^{r_{k}}\right| \geqq \omega^{\prime}-t\left(\omega^{\prime} / 2 t\right)=\omega^{\prime} / 2
$$

Since there are only finitely many expressions

$$
\sum_{i=1}^{k} a_{i} \lambda^{r_{i}}
$$

with $r_{k}<m$ the result follows.
Lemma 2. Let $\alpha, \theta$ be complex numbers with $|\alpha|>1$ and $\theta \neq 0$, and let $l$ be a positive integer. Then there exists a positive integer $n$ such that $n \theta$ is not of the form

$$
\sum_{j=1}^{l} \epsilon_{j} \alpha^{m_{j}}
$$

with each $\epsilon_{j} \in\{0,1,-1\}$.
Proof. Let $N$ be a positive integer. We shall estimate the number of integers $n$ with $|n| \leqq N$ for which $n \theta$ can have the required form. Each sum

$$
\sum_{j=1}^{l} \epsilon_{j} \alpha^{m_{j}}
$$

can be written in the form
(*) $s=a_{1} \alpha^{m_{1}}+\ldots+a_{k} \alpha^{m_{k}}$,
with $k \leqq l,\left|a_{i}\right| \leqq l, m_{1}>m_{2}>\ldots>m_{k}$, and no partial sum equal to zero. Fix $k$ and consider the $s$ with $|s| \leqq N|\theta|$. We have

$$
\alpha^{-m_{1}} s=\sum_{i=1}^{k} a_{i} \alpha^{m_{i}-m_{1}}=\sum_{i=1}^{k} a_{i} \lambda^{m_{1}-m_{i}}
$$

where $\lambda=1 / \alpha$, and so

$$
\left|\boldsymbol{\alpha}^{-m_{1}}\right| \mid \geqq \omega_{k},
$$

where $\omega_{k}=\omega(k, l, \lambda)$ is as defined in Lemma 1. Thus

$$
\omega_{h}|\alpha|^{m_{1}} \leqq s \leqq N|\theta|
$$

so that

$$
m_{1}+\log \omega_{k}<\log N+\log |\theta|
$$

where logarithms are to base $|\alpha|$. Let $d_{k}=d_{k}(k, l, \alpha, \theta)$ be the least integer such that

$$
l|\alpha|^{-d_{k}}<|\theta| / 2 k
$$

Thus the sum of the terms in $\left({ }^{*}\right)$ with exponent $m_{i} \leqq-d_{k}$ has absolute value bounded by

$$
\sum_{i=1}^{k}\left(\max \left|a_{i}\right|\right)|\alpha|^{-d_{k}}<|\theta| / 2 .
$$

The number of possibilities for the sum of the remaining terms is at most

$$
\left[2 l\left(\log N+\log |\theta|-\log \omega_{k}+d_{k}+1\right)\right]^{k}=\left[2 l\left(f_{k}+\log N\right)\right]^{k}
$$

say, where $f_{k}=f_{k}(k, l, \alpha, \theta)$. Thus the number of $n \theta$ with $|n| \leqq N$ of form $\left(^{*}\right)$ is at most $\left[2 l\left(f_{k}+\log N\right)\right]^{k}$ and the number of $n \theta$ with $|n| \leqq N$ of the form

$$
\sum_{j=1}^{\prime} \epsilon_{j} \alpha^{m_{j}}
$$

is at most $l[2 l(f+\log N)]^{l}$ where

$$
f=\max \left\{f_{1}, \ldots, f_{l}\right\}
$$

If the result is false we therefore have, for large $N$,

$$
N \leqq l[2 l(f+\log N)]^{\prime} \leqq l[2 l \cdot 2 \log N]^{l}
$$

$$
\leqq l(\log N)^{2 l} \leqq(\log N)^{2 l+1}
$$

which is clearly a contradiction.
Lemma 3. Let $\langle g\rangle$ be a cyclic group and A a torsion-free abelian group of finite rank on which $\langle g\rangle$ acts rationally irreducibly. If $\langle g\rangle$ is elliptically embedded in the split extension $G$ of $A$ by $\langle g\rangle$, then $\langle g\rangle$ acts trivially on $A$.

Proof. Suppose otherwise, and choose $a \in A \backslash 1$. If $\left\langle g, g^{a}\right\rangle=\langle g\rangle$ then

$$
[a, g] \in A \cap\langle g\rangle=1,
$$

so that $C_{A}(g)$ is a non-trivial $\langle g\rangle$-invariant subgroup of $A$ and a contradiction ensues. Thus

$$
\langle\mathrm{g}\rangle<\left\langle\mathrm{g}, \mathrm{~g}^{a}\right\rangle=\langle g\rangle A \cap\left\langle g, g^{a}\right\rangle=\langle g\rangle\left(A \cap\left\langle g, g^{a}\right\rangle\right),
$$

and so

$$
B=A \cap\left\langle g, g^{a}\right\rangle
$$

is a non-trivial subgroup of $A$. Since $\langle g\rangle$ ee $G$ there is an integer $n$ such that each element of $\left\langle g, g^{a}\right\rangle$ is a product of $n$ terms of the form

$$
g^{k}\left(g^{a}\right)^{l}=g^{k+l} a a^{-g^{l}} .
$$

Collecting the powers of $g$ in such a product on the left, we see that each element of $\left\langle g, g^{a}\right\rangle$ is a product of a power of $g$ and $2 n$ conjugates of $a^{ \pm 1}$ under elements of $\langle g\rangle$. Thus, in additive notation, each element of $B$ is of the form

$$
a \sum_{i=1}^{2 n} \pm g^{u_{i}}
$$

with each $u_{i}$ in $Z$.
Now $V=A \times_{\mathbf{Z}} \mathbf{Q}$ is an irreducible $\mathbf{Q}\langle g\rangle$-module, and by Schur's Lemma the centralizer ring

$$
\Gamma=\operatorname{End}_{\mathbf{Q}\langle g\rangle} V
$$

is a division ring finite dimensional over $\mathbf{Q}$. The image of $\langle g\rangle$ in $\operatorname{End}_{\mathbf{Q}} V$ clearly lies in and spans $\Gamma$ so that $\Gamma$ is an algebraic number field. Further, regarded as a $\Gamma$-vector space, $V$ must be one dimensional. Let $\alpha$ be the image of $g$ in $\Gamma$ and choose $b \in B \backslash 0$, so that $b=a_{\varphi}$ for some $\varphi$ in $\Gamma$. Thus for each integer $m$ we can write ma甲 in the form

$$
a \sum_{i=1}^{2 n} \pm \alpha^{u_{i}}
$$

so that each $m \varphi$ has the form

$$
\sum_{i=1}^{2 n} \pm \boldsymbol{\alpha}^{u_{i}}
$$

If $\alpha$ is not a root of 1 then $\Gamma$ can be embedded in $\mathbf{C}$ so that $|\alpha|>1$ (see for instance [1], p. 122), and we have contradiction to Lemma 2. If $\alpha$ is a root of 1 then in any embedding of $\Gamma$ in $\mathbf{C}$ we have

$$
\left|\sum_{i=1}^{2 n} \pm \alpha^{u_{i}}\right| \leqq \sum_{i=1}^{2 n}\left|\alpha^{u_{i}}\right|=2 n
$$

so that $|m \varphi| \leqq 2 n$ for each $m$. This too yields a contradiction and the lemma follows.

Lemma 4. Let $\langle g\rangle$ be a cyclic group and A a finitely generated $\mathbf{Z}\langle g\rangle$-module. If $\langle g\rangle$ is elliptically embedded in the split extension $G$ of $A$ by $\langle g\rangle$, then $A$ is finitely generated as an abelian group.

Proof. We suppose the result false. Since $A$ is a noetherian module it has a maximal submodule $L$ with respect to $A / L$ not being finitely generated as an abelian group. Of course $\langle g\rangle$ will be elliptically embedded in the split extension of $A / L$ by $\langle g\rangle$, and so we may replace $A$ by $A / L$.

Let $a \in A$ and consider the group $\langle a, g\rangle$. Since $\langle g\rangle$ ee $G$, there is an integer $n$ such that each element of $\langle a, g\rangle$ is a product of $n$ terms $g^{k} a^{l}$ with $k, l \mathrm{in} \mathbf{Z}$. Collecting powers of $g$ in such a product on the left, we can see that each element of $\langle a, g\rangle$ is a product of a power of $g$ and $n$ conjugates of powers of $a$ under elements of $\langle g\rangle$. Thus, in additive notation, each element of the $\mathbf{Z}\langle g\rangle$-module $A_{0}$ generated by $a$ has the form

$$
a \sum_{i=1}^{n} l_{i} g^{u_{i}} \text { with } l_{i}, u_{i} \text { in } \mathbf{Z} \text { for each } i
$$

Suppose that $A$ is not $\mathbf{Z}$-torsion-free and choose $a$ to have prime order $p$. Then $A_{0}$ can be regarded as an $\mathbf{F}_{p}\langle g\rangle$-module. The map $\theta: r \mapsto a r$ from $\mathbf{F}_{p}\langle g\rangle$ to $A_{0}$ is surjective, but cannot be injective since each element of $A_{0}$ has the form

$$
a \sum_{i=1}^{n} l_{i} g^{u_{i}}
$$

with $n$ fixed. The kernel of $\theta$ is an ideal $I \neq 0$ of $\mathbf{F}_{p}\langle g\rangle$, and so both $\mathbf{F}_{p}\langle g\rangle / I$ and $A_{0}$ are finite. However $A / A_{0}$ is finitely generated as an abelian group; so therefore is $A$, and this is a contradiction.

It follows that $A$ is torsion-free. We choose $a \neq 0$ and consider the $\mathbf{Q}\langle g\rangle$-module $A_{0} \times_{\mathbf{Z}} \mathbf{Q}$, each of whose elements has the form

$$
a \sum_{i=1}^{n} l_{i} g^{u_{i}} \quad \text { with } l_{i} \in \mathbf{Q} \text { and } u_{i} \in \mathbf{Z} \text { for each } i
$$

Exactly the same argument as in the above paragraph shows that $A_{0} \times_{\mathbf{Z}} \mathbf{Q}$ has finite dimension, so that $A_{0}$ has finite torsion-free rank. Let $A_{1}$ be a non-zero cyclic submodule of $A_{0}$ of least possible rank, generated by an element $b$, say. Then $\langle g\rangle$ acts rationally irreducibly on $A_{1}$, and so acts trivially on $A_{1}$ by Lemma 3. Thus $A_{1}$ is just the cyclic group generated by $b$. Since $A / A_{1}$ is finitely generated as a group so also must be $A_{1}$, and with this contradiction proof of the lemma is complete.

Proof of Theorem 1. We must prove that if $G=\left\langle g_{1}, \ldots, g_{s}\right\rangle$ is soluble and $\left\langle g_{i}\right\rangle$ is elliptically embedded in $G$ for $i=1, \ldots, s$, then $G$ is finite by nilpotent.

Arguing by induction on the derived length of $G$, we may suppose that $G$ has an abelian normal subgroup $A$ such that $G / A$ is finite by nilpotent. Since $\left\langle g_{i}\right\rangle$ ee $G$ for each $i$, we have

$$
G=\left\langle g_{i_{1}}\right\rangle \ldots\left\langle g_{i_{n}}\right\rangle
$$

for some $n$ and some choice of $i_{1}, \ldots, i_{n}$. Because $G$ is abelian by polycyclic and finitely generated we have $A=B^{G}$ for some finitely generated subgroup $B$. Write

$$
B_{0}=B \quad \text { and } \quad B_{j}=B_{j-1}^{\left\langle g_{i}\right\rangle} \quad \text { for } j=1, \ldots, n,
$$

so that $B_{n}=A$. If $B_{j-1}$ is a finitely generated group then so is $B_{j}$ by Lemma 4. We conclude by induction that $A$ is a finitely generated group. Its torsion subgroup $T$ is finite, and since we want to prove that $G$ is a finite by nilpotent, there is no harm in assuming that $T=1$.

We claim that each $\left\langle g_{i}\right\rangle$ acts nilpotently on $A$. If $A \cap\left\langle g_{i}\right\rangle=1$ this follows by applying Lemma 3 to each factor in a maximal $\left\langle g_{i}\right\rangle$-invariant series for $A$ with torsion-free factors. If instead $g_{i}^{m} \in A$ for some $m$ then $g_{i}$ centralizes both $\left\langle g_{i}^{m}\right\rangle$ and its isolator $J$ in $A$ since $A$ is torsion-free. Thus $\left\langle A, g_{i}\right\rangle / J$ is the split extension of $A / J$ by $\left\langle g_{i} J\right\rangle$, and the result follows from Lemma 3.

Let $H / A$ be a nilpotent normal subgroup of $G / A$ of finite index $l$, say, and let $L / M$ be a factor in a maximal $G$-invariant series for $A$ with torsion free factors. Fix $i$ with $i \leqq s$. Since

$$
\left\langle A, g_{i}^{l}\right\rangle \leqq H \triangleleft G
$$

the subgroup $\left\langle A, g_{i}^{l}\right\rangle$ is subnormal in $G$. From above it is also nilpotent, so it lies in the Fitting subgroup $F$ of $G$. Thus $g_{i}^{l}$ acts trivially on $L / M$. It follows that the minimal polynomial $f(t)$ of the action of $g_{i}$ on $L / M$ divides $t^{\prime}-1$. Moreover $g_{i}$ acts nilpotently on $A$, so $f(t)$ also divides $(t-1)^{k}$ for some integer $k$. Therefore we must have $f(t)=t-1$, and $g_{i}$ centralizes $L / M$. Since this holds for each $i, L / M$ is a central factor of $G$ and it follows that $A$ is in the hypercentre of $G$. Since $G / A$ is finite by nilpotent and since a group is finite by nilpotent if and only if a finite term
of its upper central series has finite index ( [3], Theorem 4.25), the proof of the theorem is complete.

The next lemma provides the key to Theorem 2.
Lemma 5. Let $\langle g\rangle$ be an infinite cyclic group and $A$ a $\mathbf{Z}\langle g\rangle$-module which is $\mathbf{Z}$-torsion free. If $\langle g\rangle$ is elliptically embedded in the split extension $G$ of $A$ by $\langle g\rangle$, then $G$ is nilpotent.

Proof. If $B$ is a finitely generated submodule of $A$ then $B$ is a finitely generated abelian group by Lemma 4 and so it has a finite series whose factors are $\mathbf{Z}$-torsion-free and rationally irreducible. It follows from Lemma 3 that $\langle g\rangle$ acts nilpotently and that $B \leqq \zeta_{n}(G)$ for some $n$. Thus

$$
A=\bigcup_{n=1}^{\infty}\left(\zeta_{n}(G) \cap A\right)
$$

and $G$ is hypercentral. If

$$
\zeta_{i}(G) \cap A=\zeta_{i-1}(G) \cap A \quad \text { for some } i,
$$

then $G$ is nilpotent. Suppose then that

$$
\zeta_{i}(G) \cap A>\zeta_{i-1}(G) \cap A \quad \text { for each } i
$$

For each $k$ choose

$$
f_{k} \in\left(\zeta_{k^{2}}(G) \backslash \zeta_{k^{2}-1}(G)\right) \cap A,
$$

and for each $i$ find the integer $k$ with $(k-1)^{2}<i \leqq k^{2}$ and define

$$
e_{i}=[f_{k}, \underbrace{g, \ldots, g}_{k^{2}-i}] .
$$

Thus $e_{i} \in \zeta_{i}(G) \backslash \zeta_{i-1}(G)$ for each $i$.
Since the terms of the upper central series are isolated, the elements $e_{i}$ freely generate a free abelian group $V$. Define $U$ to be the group generated by the elements $f_{k}$. Clearly $U \mathbf{Z}\langle g\rangle=V$, or in multiplicative notation,

$$
U^{\langle g\rangle}=V .
$$

Consider the group $\langle U, g\rangle=\langle V, g\rangle$. Since $\langle g\rangle$ ee $G$ there is an integer $n$ such that each element of $\langle V, g\rangle$ is a product of $n$ elements of the form $g^{i} u$ with $i \in \mathbf{Z}$ and $u \in U$. Collecting powers of $g$ on the left we see that each element of $\langle V, g\rangle$ is a product of a power of $g$ and $n$ conjugates of elements of $U$ under elements of $\langle g\rangle$. Thus, writing $V$ additively again, we conclude that each element of $V$ is a sum of $n$ elements $u g^{i}$ with $u \in U$ and $i \in \mathbf{Z}$. We consider the element $e_{n^{2}+n}$ of $V$; say

$$
e_{n^{2}+n}=\sum_{i=1}^{n} u_{i} g^{\gamma_{i}} .
$$

Collecting terms with the same $\gamma_{i}$ together and deleting zero terms, we may assume

$$
e_{n^{2}+n}=\sum_{i=1}^{m} u_{i} g^{\gamma_{i}}
$$

where $m \leqq n$, the $\gamma_{i}$ are distinct, and $u_{i} \neq 0$ for each $i$. Let $k$ be the greatest integer such that $u_{i} \notin\left\langle f_{j} ; j<k\right\rangle$ for some $i$. Clearly $k>n$. Renumbering the $u_{i}$, if necessary, we may assume that

$$
u_{1}, \ldots, u_{s} \notin\left\langle f_{j} ; j<k\right\rangle
$$

and that

$$
u_{s+1}, \ldots, u_{m} \in\left\langle f_{j} ; j<k\right\rangle
$$

Thus

$$
u_{i}-l_{i} f_{k} \in\left\langle f_{j} ; j<k\right\rangle
$$

for $i=1, \ldots, s$ and some non-zero integers $l_{1}, \ldots, l_{s}$. Thus modulo $W=\zeta_{(k-1)^{2}}(G)$, we have

$$
e_{n^{2}+n} \equiv \sum_{i=1}^{m} u_{i} g^{\gamma_{i}} \equiv \sum_{i=1}^{s} l_{i} f_{k} g^{\gamma_{i}} .
$$

Now $(g-1)$ induces a nilpotent map on $V+W / W$, and so

$$
f_{k} g^{\gamma}=f_{k}(1+(g-1))^{\gamma} \equiv \sum_{j=0}^{k^{2}}\binom{\gamma}{j} e_{k^{2}-j} \text { modulo } W,
$$

for each $\gamma \in \mathbf{Z}$. Thus

$$
e_{n^{2}+n} \equiv \sum_{i=1}^{s} I_{i} \sum_{j=0}^{2 k-2}\binom{\gamma_{i}}{j} e_{k^{2}-j} \text { modulo } W \text {. }
$$

Since $k>n$, we have

$$
k^{2}>(n+1)^{2}-1=n^{2}+2 n
$$

and hence $k^{2}-n>n^{2}+n$. Now $s \leqq n$; hence

$$
\sum_{i=1}^{s} l_{i}\binom{\gamma_{i}}{l}=0 \quad \text { for } j=0,1, \ldots, s
$$

From these equations we deduce successively that

$$
\sum_{i=1}^{s} l_{i} \gamma_{i}^{j}=0
$$

for $j=0,1, \ldots, s$. Since the $\gamma_{i}$ are distinct, the Vandermonde determinant

$$
\left|\begin{array}{llc}
1 & \ldots & 1 \\
\gamma_{1} & \ldots & \gamma_{s} \\
\cdot & & \cdot \\
\cdot & & \cdot \\
\cdot & & \cdot \\
\gamma_{1}^{s-1} & \ldots & \gamma_{s}^{s-1}
\end{array}\right|
$$

is non-zero. Thus $l_{i}=0$ for each $i$. However, this is a contradiction, and the lemma follows.

We mention an immediate consequence of Lemma 5, which should be compared with Proposition 4.

Proposition 4. Let $G$ be a split extension of a torsion-free nilpotent group $N$ by infinite cyclic group $\langle g\rangle$. If $\langle g\rangle$ is elliptically embedded in $G$ then $G$ is nilpotent.

Proof. This follows from Lemma 5 by induction on the nilpotency class of $N$.

Proof of Theorem 2. We know from Theorem 1 that $N=\langle g\rangle^{G}$ is locally finite-by-nilpotent. Thus the torsion elements of $N$ form a normal subgroup of $G$, and we conclude that $N$ is torsion-free and locally nilpotent. It suffices to show that $\langle g\rangle$ is subnormal in $N$. We argue by induction on the derived length of $N$. Let $A$ be the isolator in $N$ of the last non-trivial term of the derived series for $N$. Thus $N / A$ is torsion-free and $\langle g A\rangle$ ee $N / A$, so that $\langle A, g\rangle$ is subnormal in $N$ by induction. If $g \in A$ then clearly $\langle g\rangle$ is subnormal in $N$ since $A$ is abelian. Otherwise the extension of $A$ by $\langle g\rangle$ is split and Lemma 5 applies; it shows that $\langle A, g\rangle$ is nilpotent, hence $\langle g\rangle$ is subnormal in $\langle A, g\rangle$. This concludes the proof of Theorem 2.

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