Want some CME with that?

STAHLMASTERCCLASS

• An online educational program in core areas of psychiatry with interactive readings, short lectures, animations and case studies
• Self-testing and opportunities to claim formal CME credits, all taken at a self-directed speed
• Written and moderated by experts in the field from the Dr. Stahl’s Neuroscience Education Institute and the University of Cambridge

For more information, please go to
www.stahlmasterclass.com

Unlock the value of NEI Membership today!
Take advantage of valuable online resources, receive free CME credits, and enjoy big discounts on live and online programs—all designed to keep you up-to-date in your clinical practice.

12-Month Membership Includes:
• NEW! NEI Prescribe app
• Master Psychopharmacology Program access
• This Month in Psychopharmacology—psychiatric news updates
• Maintenance of Certification (MOC) Self-Assessment activities
• CNS Spectrums journal—online subscription
• Online versions of The Prescriber’s Guide series
• Patient education and teaching materials

Member Benefit Spotlight—NEI Prescribe app
The most powerful tool for your prescribing arsenal is here:
» 130+ psychotropic medications
» Expert Tips and Pearls
» Unique Filter to identify alternative medication options

Included with NEI membership! Not yet a Member?
Download NEI Prescribe for a free 3-month trial!

Join today for only $219, normally $249!
Use promo code: 16CNS30
CONTENTS

BRAINSTORMS
Mixed-up about how to diagnose and treat mixed features in major depressive episodes
Stephen M. Stahl 111

EDITORIALS
Mixed features and mixed states in psychiatry: from calculus to geometry
Roger S. McIntyre 116
Do no harm: a paradigm shift in the unchecked use of antidepressants
Debbi Ann Morrissette 118

OPINIONS
What is the role of conventional antidepressants in the treatment of major depressive episodes with Mixed Features specifier?
Gianni L. Faedda and Ciro Marangoni 120
Exclusion of overlapping symptoms in DSM-5 mixed features specifier: heuristic diagnostic and treatment implications
Gin S. Malhi, Yalisha Byrow, Tim Outhred and Kristina Fritz 126
Mixed features in bipolar disorder
Eva Solé, Marina Garriga, Marc Valentí and Eduard Vieta 134

REVIEW ARTICLES
Treatment of mixed features in bipolar disorder
Joshua D. Rosenblat and Roger S. McIntyre 141
Treatment recommendations for DSM-5-defined mixed features
Joshua D. Rosenblat and Roger S. McIntyre 147
Mixed features in major depressive disorder: diagnoses and treatments
Trisha Suppes and Michael Oatse 155
Mixed features: evolution of the concept, past and current definitions, and future prospects
Alan C. Swann 161

Cambridge Core
For further information about this journal please go to the journal web site at:
cambridge.org/cns