Vertical One-and-a-Half Syndrome Due to Metastatic Spindle Cell Carcinoma of the Lung

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A 72-year-old woman was seen in consultation for new-onset intermittent binocular vertical diplopia. Her past medical history was significant for metastatic spindle cell carcinoma of the lung with multiple brain metastases. On examination, she was found to have a supranuclear upgaze and right infraduction palsy, consistent with a vertical one-and-a-half syndrome (Figure 1). Magnetic resonance imaging (MRI) of the brain with contrast was performed, and this revealed a new enhancing mass involving the right midbrain and diencephalon, consistent with a new metastasis (Figure 2). At 5-week follow-up, she had progressed to have both complete up- and downgaze supranuclear palsies.

Spindle cell carcinoma is a very rare form of lung cancer, representing only 0.2–0.3% of all primary pulmonary cancers.¹ This cancer is highly malignant with rapid progression and poor prognosis. In addition, brainstem metastases are uncommon – representing only 5–7% of brain metastases in all malignancies – and carry a poor prognosis with a median survival of less than 1 year.² There are few existing case reports of brainstem metastases in patients with spindle cell carcinoma of the lung.³

Vertical one-and-a-half syndrome is an extremely rare finding, previously reported in patients with unilateral ischemic stroke of the meso-diencephalon. It is a result of disruption of the posterior commissure and decussating fibers to the oculomotor complex.⁴ Although the pathways involved in vertical gaze are incompletely understood, it is hypothesized that fibers from the contralateral rostral interstitial nucleus of medial longitudinal fasciculus (riMLF) via the posterior commissure contribute to upgaze and fibers from the ipsilateral riMLF contribute to downgaze.⁵ Therefore, a lesion involving the posterior commissure and ipsilateral riMLF could produce a vertical one-and-a-half syndrome.

Other horizontal one-and-a-half syndrome variants secondary to pontine metastases have been rarely described in the literature. These include reports of an isolated one-and-a-half syndrome or those in association with other cranial neuropathies.⁶⁻⁹ To our knowledge, this is the first case to demonstrate that vertical one-and-a-half syndrome can result from metastatic disease. Therefore, new extraocular motor deficits presenting in patients with a history of cancer should prompt urgent neuroimaging to assess for new metastatic lesions.

Figure 1: Assessment of ocular motility revealed an upgaze palsy (A) and infraduction palsy in the right eye (C). There was no deviation in primary position (B). This was overcome with oculocephalic maneuvers, indicating that this was supranuclear in nature.

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DISCLOSURES

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STATEMENT OF AUTHORSHIP

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REFERENCES


Figure 2: T1 MRI post-contrast demonstrates a metastatic lesion involving the right midbrain and diencephalon (arrow) most consistent with a metastasis.