Contents

- Unresolved Issues Regarding the Research and Practice of Cognitive Behavior Therapy: The Case of Guided Discovery Using Socratic Questioning
  Nikolaos Kazantzis, Christopher G. Fairburn, Christine A. Padesky, Mark Reinecke, and Maree Teesson
  1

- Repetitive Negative Thinking in Anticipation of a Stressor
  Peter M. McEvoy, Michelle L. Moulds, and Alison E.J. Mahoney
  18

- An Efficacy Trial: Positive Parenting Program for Parents of Teenagers
  Raziye Salari, Alan Ralph, and Matthew R. Sanders
  34

- Effect of Comorbid Depression on Cognitive Behavioural Group Therapy for Social Anxiety Disorder
  Joelle LeMoult, Karen Rowe, Martin M. Antony, Susan Chudzik, and Randi E. McCabe
  53

- Conducting a Function-Based Intervention in a School Setting to Reduce Inappropriate Behaviour of a Child With Autism
  Regina Camacho, Angelika Anderson, Dennis W. Moore, and Brett Furlonger
  65
Contents

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AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society.

The aims of the Association are:

1. to organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy
2. to publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries
3. to educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy
4. to liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy
5. to promote the ethical practice of Cognitive and Behaviour Therapy by members
6. to organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

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