## Nutrition Research Reviews

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It is essential that any relevant interests and sources of funding are declared at submission stage and published as part of the manuscript.

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**Text.** Papers should be submitted with 1.5 line spacing and margins of at least 2 cm on each side. The use of automated line numbering is strongly encouraged. Standard abbreviations (e.g. Fig. and Figs.) and SI units must be used. A hierarchy of headings used to subdivide the paper should be made clear. It is possible to use four levels, although three or less will generally suffice.

The paper should be written in English, the spelling being generally that of the *Concise Oxford Dictionary* (1995), 9th ed. Oxford: Clarendon Press. If occasionally other spellings are preferred this will be indicated during technical editing.

**Abstract.** Each paper must commence with a carefully prepared, accurate, informative abstract, in one paragraph, that is complete in itself and intelligible without reference to text or figures. It should not exceed 250 words. A short title of up to 45 characters should be provided as a running head, and there should be a list of up to 6 key words

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Main body. Invited review papers will normally be expected to be between 6 000 and 12 000 words in length (including references and equivalent spaces for figures and tables). The main body of the review should present, discuss and interpret recent research findings in a comprehensive but concise manner. It should also consider what is known about work in progress and should close with a section attempting to assess where present investigations are likely to lead. The review will, of course, represent the views of the author, but should deal throughout with the world picture and give recognition to any work thought to be relevant.

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- 1. Goel V, Cheema SK, Agellon LB, Ooraikul B & Basu TK (1999) Dietary rhubarb (*Rheum rhaponticum*) stalk fibre stimulates cholesterol 7a-hydroxylase gene expression and bile acid excretion in cholesterol-fed C57BL/6J mice. *Br J Nutr* **81**, 65–71.
- 2. Jenkins DJ, Kendall CW, Marchie A *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
- 3. Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homoeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
- 4. Stock M & Rothwell NJ (1982) *Obesity and Leanness: Basic Aspects.* London: John Libbey.

Citations should be numbered consecutively in the order in which they first appear in the text using superscript Arabic numerals in parentheses, e.g. 'The conceptual difficulty of this approach has recently been highlighted(1,2-4)'. If a reference is cited more than once the same number should be used each time.

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Papers will be sent to referees, will be edited before publication and modifications may be required.

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