# ON THE "ZERO-TWO" LAW FOR POSITIVE CONTRACTIONS* 

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## 0. Introduction

Let $(X, \Sigma, \mu)$ be a measure space (where $\mu$ is a positive $\sigma$-additive measure) and let $L^{p}(X, \Sigma, \mu), 1 \leqq p \leqq+\infty$ be the usual real Banach lattices.

Let $E$ be a real Banach lattice (all the Banach lattices considered in this paper are real). A linear bounded operator $T: E \rightarrow E$ is called a positive contraction of $E$ if $T$ is a positive operator (i.e., $x \in E, x \geqq 0 \Rightarrow T x \geqq 0$ ) and if $\|T\| \leqq 1$.

In 1970 Ornstein and Sucheston obtained a result (Theorem 1.1 of [2]) which was the first one in a row of several theorems, usually called "zero-two" laws.

Theorem 1.1 of [2] is called the "zero-two" law for positive contractions of $L^{1}$-spaces. Using its proof one obtains a second form of the "zero-two" law for positive contractions of $L^{1}$-spaces:

Theorem A. Let $T$ be a positive contraction of $L^{1}(X, \Sigma, \mu)$. If for some $m \in \mathbf{N} \cup\{0\}$ $\left\|T^{m+1}-T^{m}\right\|<2$, then $\lim _{n-+\infty}\left\|T^{n+1}-T^{n}\right\|=0$.

In this paper we study a property possessed by $L^{1}$ and $L^{\infty}$-spaces. As an application, we obtain a new proof of Theorem A.

The property in question (which will be discussed in Section 1) can be stated as follows:

Theorem B. Let $E$ be an $L^{1}$ or an $L^{\infty}$-space, and let $S, T: E \rightarrow E$ be two positive contractions of $E$ such that $S \leqq T$ (i.e., $T-S$ is a positive operator). If $\|T-S\|<1$, then $\left\|T^{n}-S^{n}\right\|<1$ for every $n \in \mathbf{N}$.

Using the duality of $A M$ and $A L$-spaces (see Proposition 9.1, p. 121 of [3]), it is obvious that in order to prove Theorem B , it is enough to prove it under the assumption that $E$ is an $L^{1}$-space. If $E$ is an $L^{\infty}$-space, Theorem B is proved directly. We

[^0]will also show that Theorem B fails to be true if we assume that $E$ is an $L^{p}$-space, $1<p<+\infty$ (the reason behind the construction made in Section 2 of [4]).

In Section 2 we will use Theorem B, the linear modulus of regular operators, and a procedure due to Foguel in [1], in order to give a new proof of Theorem A.

Unless stated otherwise, in this paper we use the terminology of Schaefer's book [3].

## 1. Positive contractions in $L^{p}$-spaces, $1 \leqq p \leqq+\infty$

Theorem 1.1. Let $E$ be an $L^{1}$-space and let $S, T: E \rightarrow E$ be two positive contractions of $E$ such that $S \leqq T$. If $\|T-S\|<1$, then for every $n \in \mathbf{N}\left\|T^{n}-S^{n}\right\|<1$.

Proof. Let us assume that for some $n \in \mathbf{N},\left\|T^{n}-S^{n}\right\|=1$ and let $m$ be the first natural number such that $\left\|T^{m}-S^{m}\right\|=1$. Clearly, $m \geqq 2$.

Since $T^{m}-S^{m}$ is a positive operator, there exists a sequence $\left(x_{\ell}\right)_{\ell \in \mathrm{N}}$ such that $x_{\ell} \in E$, $x_{\ell} \geqq 0, \quad\left\|x_{\ell}\right\|=1$ for every $\ell \in \mathbf{N}$, the sequence $\left(\left\|\left(T^{m}-S^{m}\right) x_{\ell}\right\|\right)_{\ell \in \mathrm{N}}$ converges and $\lim _{\ell \rightarrow+\infty}\left\|\left(T^{m}-S^{m}\right) x_{\ell}\right\|=1$.
Since $E$ is an $L^{1}$-space, for every $\ell \in \mathbf{N}\left\|\left(T^{m}-S^{m}\right) x_{\ell}\right\|=\left\|T^{m} x_{\ell}\right\|-\left\|S^{m} x_{\ell}\right\|$. Hence, $\lim _{\ell \rightarrow+\infty}\left\|T^{m} x_{\ell}\right\|=1$ and $\lim _{\ell \rightarrow+\infty}\left\|S^{m} x_{\ell}\right\|=0$.

The sequences $\left(\left\|S^{m-1} x_{\ell}\right\|\right)_{\ell \in \mathrm{N}}$ and $\left(\left\|T S^{m-1} x_{\ell}\right\|\right)_{\ell \in \mathrm{N}}$ are bounded; accordingly, we may pick a subsequence $\left(x_{\ell_{h}}\right)_{h \in N}$ of $\left(x_{\ell}\right)_{\ell \in N}$ such that $\left(\left\|S^{m-1} x_{\ell_{h}}\right\|\right)_{h \in N}$ converges and a subsequence $\left(x_{\ell_{h_{k}}}\right)_{k \in N}$ of $\left(x_{\ell_{h}}\right)_{h \in \mathbf{N}}$ such that $\left(\left\|T S^{m-1} x_{\ell_{h_{k}}}\right\| \|_{k \in N}\right.$ converges.

Set $y_{k}=x_{\ell_{n_{k}}}$ for every $k \in \mathbf{N}$.
Let

$$
\begin{gathered}
\alpha=\lim _{k \rightarrow+\infty}\left\|S^{m-1} y_{k}\right\| \text { and } \\
\beta=\lim _{k \rightarrow+\infty}\left\|T S^{m-1} y_{k}\right\| .
\end{gathered}
$$

Since $\left\|T^{m-1}-S^{m-1}\right\|<1$ and $\lim _{k \rightarrow+\infty}\left\|T^{m-1} y_{k}\right\|=1$, it follows that $\alpha>0$.
If $\alpha>0$, then it is obvious that we may choose $\left(y_{k}\right)_{k \in N}$ such that $S^{m-1} y_{k} \neq 0$ for every $k \in \mathbf{N}$.

We note that for every $k \in \mathbf{N}$

$$
\begin{aligned}
\left\|T S^{m-1} y_{k}\right\| & =\left\|T^{m} y_{k}\right\|-\left\|T^{m} y_{k}-T S^{m-1} y_{k}\right\| \geqq\left\|T^{m} y_{k}\right\|-\left\|T^{m-1} y_{k}-S^{m-1} y_{k}\right\| \\
& =\left\|S^{m-1} y_{k}\right\|+\left\|T^{m} y_{k}\right\|-\left\|T^{m-1} y_{k}\right\|
\end{aligned}
$$

Since $\lim _{k \rightarrow+\infty}\left(\left\|T^{m} y_{k}\right\|-\left\|T^{m-1} y_{k}\right\|\right)=0$, we obtain that

$$
\lim _{k \rightarrow+\infty}\left\|T S^{m-1} y_{k}\right\| \geqq \lim _{k \rightarrow+\infty}\left\|S^{m-1} y_{k}\right\|
$$

that is, $\beta \geqq \alpha$.

Clearly, $\beta \leqq \alpha$, since for every $k \in \mathbf{N}\left\|T S^{m-1} y_{k}\right\| \leqq\left\|S^{m-1} y_{k}\right\|$. Hence, $\alpha=\beta$.
For every $k \in \mathbf{N}$ let

$$
z_{k}=\frac{S^{m-1} y_{k}}{\left\|S^{m-1} y_{k}\right\|}
$$

It follows that $\lim _{k \rightarrow+\infty}\left\|T z_{k}\right\|=1$ and $\lim _{k \rightarrow+\infty}\left\|S z_{k}\right\|=0$. Hence, $\lim _{k \rightarrow+\infty}\left\|(T-S) z_{k}\right\|=1$.
Since for every $k \in \mathbf{N}\left\|z_{k}\right\|=1$, we obtain that $\|T-S\|=1$, that is, a contradiction.
Using the duality of $A M$ and $A L$-spaces (see, for example, Proposition 9.1, p. 121 of [3]), one can readily see that Theorem 1.1 remains true if, instead of an $L^{1}$-space, one considers $E$ to be an $L^{\infty}$-space.

Under the assumption that $E$ is an $L^{\infty}$-space, we can prove Theorem 1.1 directly (without using the duality of $A M$ and $A L$-spaces). Since we think that the direct proof is of interest in itself we will give it here.

Let $E$ be an $L^{\infty}$-space (hence, $E$ is an $A M$-space with unit). By a classical result due to S. Kakutani, M. Krein and S. Krein (see, for example, Corollary 1, p. 104 of [3]) there exists a Hausdorff compact topological space $K$ and an isometric lattice isomorphism of $E$ onto $C(K)$ (where, as usual, we note by $C(K)$ the Banach lattice of all continuous functions $f: K \rightarrow R$, the norm on $C(K)$ being defined by $\left.\|f\|=\sup _{t \in K}|f(t)|\right)$. Accordingly, in order to prove Theorem 1.1 under the assumption that $E$ is an $L^{\infty}$-space, it is enough to prove that given a Hausdorff compact topological space $K$ and two positive contractions $S, T$ of $C(K)$ such that $S \leqq T$ and $\|T-S\| \leqq 1$, one has that $\left\|T^{n}-S^{n}\right\|<1$ for every $n \in \mathbf{N}$.

Let $1_{K}$ be the constant one function (i.e., $1_{K}$ is the unit of $C(K)$ ).
Clearly, $T 1_{K} \leqq 1_{K}$, since $T$ is a positive contraction.
We will distinguish two cases:
(i) $T 1_{K}=1_{K}$ and
(ii) $T 1_{K} \neq 1_{K}$.
(i) Let $\alpha>0$ be such that $\|T-S\|=1-\alpha$. Since $T-S$ is a positive contraction of $C(K)$, we obtain that $\|T-S\|=\left\|(T-S) 1_{K}\right\|$. Using the fact that $1_{K}$ is the largest element of the unit ball of $C(K)$, we deduce that $(T-S) 1_{K} \leqq(1-\alpha) 1_{K}$. Our assumption $T 1_{K}=1_{K}$ implies that $S 1_{K} \geqq \alpha 1_{K}$; therefore, $S^{n} 1_{K} \geqq \alpha^{n} 1_{K}$ for every $n \in \mathbf{N}$. Consequently, $\left\|T^{n}-S^{n}\right\|=$ $\left\|\left(T^{n}-S^{n}\right) 1_{k}\right\| \leqq 1-\alpha^{n}$ for every $n \in \mathbf{N}$.
(ii) If we assume that $T 1_{K} \neq 1_{K}$, then $g=1_{K}-T 1_{K}$ is a positive element of $C(K)$. Define a positive contraction $R$ of $C(K)$ by $R f=g f$ for every $f \in C(K)$.
Clearly, $T+R$ and $S+R$ are positive operators. Moreover, $T+R$ and $S+R$ are positive contractions since $(S+R) 1_{K} \leqq(T+R) 1_{K}=1_{K}$.
Set $U=S+R$ and $V=T+R$.
Clearly, $\|V-U\|=\|T-S\|<1$ and the positive contractions $U, V$ are in the case (i); accordingly, $\left\|V^{n}-U^{n}\right\|<1$ for every $n \in \mathbf{N}$.

For every $n \in \mathbf{N} 0 \leqq T^{n}-S^{n} \leqq V^{n}-U^{n}$ since

$$
\begin{aligned}
& V^{n}=(T+R)^{n}=\sum_{\substack{i_{1}, i_{2}, \ldots, i_{n}, j_{1}, j_{2}, \ldots, j_{n} \in\{0,1\} \\
i_{k}+j_{k}=1, k=1,2, \ldots, n}} T^{i_{1}} R^{j_{1}} T^{i_{2}} R^{j_{2}} \ldots T^{i_{n}} R^{j_{n}} \\
& U^{n}=(S+R)^{n}=\sum_{\substack{i_{1}, i_{2}, \ldots, i_{n}, j_{1}, j_{2}, \ldots, j_{n} \in\{0,1\} \\
i_{k}+j_{k}=1, k=1,2, \ldots, n}} S^{i_{1}} R^{j_{1}} S^{i_{2}} R^{j_{2}} \ldots S^{i_{n}} R^{j_{n}} \\
&
\end{aligned}
$$

and

$$
S^{i_{1}} R^{j_{1}} S^{i_{2}} R^{j_{2}} \ldots S^{i_{n}} R^{j_{n}} \leqq T^{i_{1}} R^{j_{1}} T^{i_{2}} R^{j_{2}} \ldots T^{i_{n}} R^{j_{n}}
$$

for every

$$
i_{1}, i_{2}, \ldots, i_{n}, j_{1}, j_{2}, \ldots, j_{n} \in\{0,1\}, i_{k}+j_{k}=1, k=1,2, \ldots, n
$$

Accordingly, $\left\|T^{n}-S^{n}\right\|<1$.
We have therefore proved directly that Theorem 1.1 remains true if we replace the $L^{1}$-space $E$ by an $L^{\infty}$-space.

Unfortunately, Theorem 1.1 does not remain true if one replaces the $L^{1}$-space $E$ by an $L^{p}$-space, $1<p<+\infty$.

Indeed, let $L^{p}(X, \Sigma, \mu), 1 \leqq p<+\infty$ be the 2 -dimensional $L^{p}$-space defined as follows: $X=\{1,2\}, \Sigma=\mathscr{P}(\{1,2\})$ and the measure $\mu$ is generated by $\mu(\{1\})=\mu(\{2\})=1 / 2$. Accordingly, we may think of $L^{p}(X, \Sigma, \mu), 1 \leqq p<+\infty$ as the Banach lattice $\mathbf{R}^{2}$ endowed with the norm

$$
\left\|\left(a_{1}, a_{2}\right)\right\|_{p}=\left(\frac{\left|a_{1}\right|^{p}}{2}+\frac{\left|a_{2}\right|^{p}}{2}\right)^{1 / p}
$$

for every $\left(a_{1}, a_{2}\right) \in \mathbf{R}^{2}$.
Let $S, T: L^{P}(X, \Sigma, \mu) \rightarrow L^{p}(X, \Sigma, \mu)$ be two linear bounded operators defined as follows:

$$
T\left(a_{1}, a_{2}\right)=\left(a_{1}, a_{2}\right)\left[\begin{array}{ll}
1 / 2 & 1 / 2 \\
1 / 2 & 1 / 2
\end{array}\right]=\left(\frac{a_{1}+a_{2}}{2}, \frac{a_{1}+a_{2}}{2}\right)
$$

and

$$
S\left(a_{1}, a_{2}\right)=\left(a_{1}, a_{2}\right)\left[\begin{array}{cc}
0 & 1 / 2 \\
0 & 0
\end{array}\right]=\left(0, \frac{a_{1}}{2}\right)
$$

for every $\left(a_{1}, a_{2}\right) \in L^{P}(X, \Sigma, \mu), 1 \leqq p<+\infty$.
Obviously, $S, T$ are positive operators and $S \leqq T$.
The operator $T$ is a contraction since for every $\left(a_{1}, a_{2}\right) \in \mathbf{R}^{2}, a_{1}, a_{2} \geqq 0$

$$
\left\|T\left(a_{1}, a_{2}\right)\right\|_{p}=\frac{a_{1}+a_{2}}{2} \leqq\left\|\left(a_{1}, a_{2}\right)\right\|_{p}
$$

for every $1 \leqq p<+\infty$. Hence, $S$ is a contraction as well.
An easy computation shows that

$$
\sup \left\{a_{1}+a_{2}: a_{1}, a_{2} \in \mathbb{R} ; a_{1}, a_{2} \geqq 0 ; \frac{1}{2}\left(a_{1}^{P}+a_{2}^{P}\right)=1\right\}=2
$$

for every $1 \leqq p<+\infty$.
Now let $p \in \mathbb{R}$ be such that $1<p<+\infty$. If $\left(a_{1}, a_{2}\right) \in \mathbb{R}^{2}$ is such that $a_{1}, a_{2} \geqq 0$,

$$
\left\|\left(a_{1}, a_{2}\right)\right\|_{p}=\left(\frac{a_{1}^{p}}{2}+\frac{a_{2}^{p}}{2}\right)^{1 / p}=1
$$

then

$$
\begin{aligned}
\left\|(T-S)\left(a_{1}, a_{2}\right)\right\|_{p}^{p} & =\left\|\left(\frac{a_{1}+a_{2}}{2}, \frac{a_{2}}{2}\right)\right\|_{p}^{p} \\
& =\frac{\left(a_{1}+a_{2}\right)^{p}}{2^{p}} \cdot \frac{1}{2}+\frac{a_{2}^{p}}{2^{p}} \cdot \frac{1}{2} \leqq \frac{2^{p}}{2^{p}} \cdot \frac{1}{2}+\frac{2}{2^{p}} \cdot \frac{1}{2}<1 .
\end{aligned}
$$

We have therefore proved that $T-S$ (as a positive contraction of $L^{p}(X, \Sigma, \mu)$ ) has the property that $\|T-S\|<1$.

Clearly, $\|T\|=1$ since $T(1,1)=(1,1)$. It is also obvious that $T^{2}=T$ and $S^{2}=0$. Accordingly, $\left\|T^{2}-S^{2}\right\|=1$.

## 2. A new approach to the "zero-two" law in $L^{1}$-spaces

In this section our goal is to use Theorem 1.1 in order to obtain a new proof of Theorem A of the Introduction.

Let $E$ be an $L^{1}$-space and let $T$ be a positive contraction of $E$.
As in $[4, \S 3]$, let $\ell \in \mathbf{N}, n \in \mathbf{N} \cup\{0\}$ be given and let $V_{\ell}^{(1)}$ and $Q_{\ell}$ be two positive operators such that

$$
T^{\ell(n+1)}=\left(\frac{I+T}{2}\right)^{\ell} V_{\ell}^{(1)}+Q_{\ell}
$$

For every $d \in \mathbf{N}, d \geqq 2$ we define the operator $V_{\ell}^{(d)}$ recursively by the formula

$$
V_{l}^{(d)}=T^{\ell(n+1)} V_{l}^{(d-1)}+V_{l}^{(1)} Q_{l}^{d-1} .
$$

By induction one proves (see [4, §3]) that

$$
\begin{equation*}
T^{d \ell(n+1)}=\left(\frac{I+T}{2}\right)^{\ell} V_{\ell}^{(d)}+Q_{\ell}^{d} \tag{1}
\end{equation*}
$$

for every $d \in \mathbf{N}$.

Proposition 2.1. For every $d \in \mathbf{N}\left\|V_{\ell}^{(d)}\right\| \leqq 1+\left\|V_{\ell}^{(1)}\right\|$.
Proof. Since for $d=1$ the proposition is obviously true, we will assume that $d \geqq 2$. Formula (1) shows that

$$
\left(\frac{I+T}{2}\right)^{\ell} V_{b}^{(d-1)}
$$

is a (positive) contraction for every $d \in \mathbf{N}, d \geqq 2$.
Let $x \in E$ be such that $x \geqq 0$ and $\|x\| \leqq 1$. Since $E$ is an $L^{1}$-space we obtain that for every $d \in \mathbf{N}, d \geqq 2$

$$
\begin{aligned}
& 1 \geqq\left\|\left(\frac{I+T}{2}\right)^{\ell} V_{l}^{(d-1)} x\right\|=\frac{\sum_{i=0}^{\ell}\binom{\ell}{i}\left\|T^{i} V_{l}^{(d-1)} x\right\|}{2^{\ell}} \\
& \geqq \frac{\sum_{i=0}^{\ell}\binom{\ell}{i}}{2^{\ell}}\left\|T^{\ell(n+1)} V_{l}^{(d-1)} x\right\|=\left\|T^{\ell(n+1)} V_{l}^{(d-1)} x\right\| .
\end{aligned}
$$

We have therefore proved that $\left\|T^{\ell(n+1)} V_{l}^{(d-1)}\right\| \leqq 1$ for every $d \leqq \mathbf{N}, d \geqq 2$.
The operator $Q_{\ell}$ is a positive contraction (as a consequence of the way in which $Q_{\ell}$ was defined).

Accordingly,

$$
\left\|V_{\ell}^{(d)}\right\| \leqq\left\|T^{\ell(n+1)} V_{l}^{(d-1)}\right\|+\left\|V_{\ell}^{(1)} Q_{\ell}^{d-1}\right\| \leqq 1+\left\|V_{l}^{(1)}\right\|
$$

for every $d \in \mathbf{N}, d \geqq 2$.
Proposition 3.1 of [4] and the proposition we have just proved are similar. In both propositions we obtain upper bounds for the sequence $\left(\left\|V_{\ell}^{(d)}\right\|\right)_{d \in N^{*}}$. The similarity is strengthened by the fact that

$$
\lim _{q \rightarrow+\infty}\left((\ell+1)^{1 / q}+\left\|V_{\ell}^{(1)}\right\|\right)=1+\left\|V_{\ell}^{(1)}\right\|
$$

for every $\ell \in \mathbf{N}$.
If we assume that $V_{l}^{(1)}$ is a positive contraction, then in the case of an $L^{1}$-space (Proposition 2.1) we obtain that $\left\|V_{\ell}^{(d)}\right\| \leqq 2$ for every $d \in \mathbf{N}$, while in the case of an $L^{p}$-space, $1<p<+\infty$ given in Proposition 3.1 of [4], the upper bound for the sequence $\left(\left\|V_{l}^{(d)}\right\|\right)_{d \in N}$ depends on $\ell$ (tends to $+\infty$ as $\ell$ tends to $+\infty$ ).

The next proposition is similar to Proposition 4.2 of [4]. As expected, in the case of an $L^{1}$-space the statement is stronger.

Proposition 2.2. Let $E$ be an $L^{1}$-space and let $T$ be a positive contraction of $E$. If for some $m \in \mathbb{N} \cup\{0\}\left\|T^{m+1}-T^{m}\right\|<2$, then $\left\|T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right\|<1$.

Proof. It is well known (see, for example, Theorem 1.5, pp. 232-233 of [3]) that if $\left|T^{m+1}-T^{m}\right|=T^{m+1}+T^{m}-2\left(T^{m+1} \wedge T^{m}\right)$ is the linear modulus of $T^{m+1}-T^{m}$, then $\left\|T^{m+1}-T^{m}\right\|=\left\|\left|T^{m+1}-T^{m}\right|\right\|$.

Let $\eta>0$ be such that $\left\|T^{m+1}-T^{m}\right\|=2(1-\eta)$ and let us assume that $\left\|T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right\|=1$. It follows that there exists $x \in E, x \geqq 0,\|x\| \leqq 1$ such that $\left\|\left(T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right) x\right\|>1-\eta / 4$.

Accordingly, $\left\|T^{m+1} x\right\|>1-\eta / 4$ and $\left\|\left(T^{m+1} \wedge T^{m}\right) x\right\|<\eta / 4$. Hence,

$$
\begin{aligned}
& \left\|T^{m+1}-T^{m} \mid x\right\|=\left\|T^{m+1} x\right\|+\left\|T^{m} x\right\| \\
& \quad-2\left\|\left(T^{m+1} \wedge T^{m}\right) x\right\|>1-\frac{\eta}{4}+1-\frac{\eta}{4}-2 \cdot \frac{\eta}{4} \\
& \quad=2-\eta=2\left(1-\frac{\eta}{2}\right) .
\end{aligned}
$$

We have obtained a contradiction, since $\left\|\left|T^{m+1}-T^{m}\right|\right\|=2(1-\eta)$.
Proposition 2.3. Let $E$ be an $L^{1}$-space and let $T$ be a positive contraction of $E$. If for some $m \in \mathbb{N} \cup\{0\}\left\|T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right\|<1$, then $\lim _{n \rightarrow+\infty}\left\|T^{n+1}-T^{n}\right\|=0$.

Proof It is known (see the proof of Theorem B in Section 4 of [4]) that using Stirling's formula, one can find a positive constant $\gamma>0$ such that for every Banach lattice $E$, for every positive contraction $T$ of $E$ and for every $\ell \in \mathbf{N}$

$$
\left\|\left(\frac{I+T}{2}\right)^{\ell}-T\left(\frac{I+T}{2}\right)^{\ell}\right\| \leqq \gamma / \sqrt{\ell}
$$

Now let $E$ be an $L^{1}$-space, let $T$ be a positive contraction of $E$ and let $m \in \mathbf{N} \cup\{0\}$ be such that $\left\|T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right\|<1$.

Let $\varepsilon>0$ and let $\ell_{\varepsilon} \in \mathbf{N}$ be such that $\gamma / \sqrt{\ell_{\varepsilon}}<\varepsilon / 4$.
By Theorem 1.1 we obtain that

$$
\begin{aligned}
& \left\|T^{\ell_{\varepsilon}(m+1)}-\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}\right\|<1 ; \text { therefore } \\
& \left\|T^{\ell_{\ell(m+1)}}-\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}\right\| \\
& \\
& \leqq \sum_{i=0}^{\ell_{\varepsilon}\binom{\ell_{\varepsilon}}{i}} \frac{2^{\ell_{\varepsilon}}}{}\left\|T^{\ell_{\varepsilon}(m+1)}-T^{i}\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}\right\| \\
& \\
& \leqq \frac{\left\|T^{\ell_{\varepsilon}(m+1)}-\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}\right\|}{2^{\ell_{\varepsilon}}}+\sum_{i=1}^{\ell_{\varepsilon}} \frac{\binom{\ell_{\varepsilon}}{i}}{2^{\ell_{\varepsilon}}}<1
\end{aligned}
$$

Set

$$
Q_{\ell_{\varepsilon}}=T^{\ell_{\varepsilon}(m+1)}-\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}
$$

and let us define a sequence $\left(V_{\ell_{\varepsilon}}^{(d)}\right)_{d \in \mathrm{~N}}$ as follows: $V_{\ell_{\varepsilon}}^{(1)}=\left(T^{m+1} \wedge T^{m}\right)^{\ell_{\varepsilon}}$ and for every $d \in \mathbf{N}, d \geqq 2$ we define $V_{\ell_{e}}^{(d)}$ using the recursion formula

$$
V_{\ell_{\varepsilon}}^{(d)}=T^{\ell_{\varepsilon}(m+1)} V_{\ell_{\varepsilon}}^{(d-1)}+V_{\ell_{\varepsilon}}^{(1)} Q_{\ell_{\varepsilon}}^{d-1}
$$

Since $\left\|Q_{\ell_{\varepsilon}}\right\|<1$ we may choose $d_{\varepsilon} \in \mathbf{N}$ such that $\left\|Q_{\ell_{\varepsilon}}^{d_{\varepsilon}}\right\|<\varepsilon / 4$.
Set $n_{\varepsilon}=d_{\varepsilon} \ell_{\varepsilon}(m+1)$. Using formula (1) as well as Proposition 2.1 we obtain

$$
\begin{aligned}
\left\|T^{n_{\varepsilon}+1}-T^{n_{\varepsilon}}\right\| & =\left\|\left(T\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}-\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}\right) V_{\varepsilon_{\varepsilon}}^{\left(d_{\varepsilon}\right)}+T Q_{\ell_{\varepsilon}}^{d_{\varepsilon}}-Q_{\ell_{\varepsilon}}^{d_{\varepsilon}}\right\| \\
& \leqq\left\|T\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}-\left(\frac{I+T}{2}\right)^{\ell_{\varepsilon}}\right\|\left\|V_{\ell_{\varepsilon}}^{\left(d_{\varepsilon}\right)}\right\|+\left\|T Q_{\ell_{\varepsilon}}^{d_{\varepsilon}}-Q_{\ell_{\varepsilon}}^{d_{\varepsilon}}\right\| \\
& \leqq\left(\gamma / \sqrt{\ell_{\varepsilon}} \cdot 2+2 \cdot \frac{\varepsilon}{4}<\varepsilon .\right.
\end{aligned}
$$

We have therefore proved that for every $\varepsilon>0$ there exists $n_{\varepsilon} \in \mathbf{N}$ such that $\left\|T^{n_{\varepsilon}+1}-T^{n \varepsilon}\right\|<\varepsilon$. Since the sequence $\left(\left\|T^{n+1}-T^{n}\right\|\right)_{n \in \mathbb{N} \cup\{0\}}$ is a decreasing one, we have proved that $\lim _{n \rightarrow+\infty}\left\|T^{n+1}-T^{n}\right\|=0$.

The results obtained in this section enable us to arrive at a new proof of Theorem A. Indeed, let $T$ be a positive contraction of an $L^{1}$-space $E$, and assume that $\left\|T^{m+1}-T^{m}\right\|<2$ for some $m \in \mathbf{N} \cup\{0\}$. Using Proposition 2.2, we obtain that $\left\|T^{m+1}-\left(T^{m+1} \wedge T^{m}\right)\right\|<1$; therefore, by Proposition $2.3 \lim _{n \rightarrow+\infty}\left\|T^{n+1}-T^{n}\right\|=0$.

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