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Catatonia in adolescence: an approach to genetic disorders, autism spectrum and delay of diagnosis

N. De Sousa Figueiredo

Hospital de Navarra, Pamplona
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Introduction: Catatonia is a treatable but often undiagnosed condition in children and adolescents. The majority of Pediatric catatonia cases occur at a puberal ages. It is associated with neurodevelopmental disorders. In these cases the diagnosis can be more difficult due to the overlap of symptoms.

Objectives: Report the case of a 11- year - old girl who developed catatonia. She had a previous psychiatry history of intellectual disability, delayed speech and motor slowness. She had a positive Lorazepam challenge test with resolution of the most catatonic symptoms. More studies were completed and according to the clinical history the diagnosis of autistic spectrum disorder was made.

Genetic test revealed a Phelan Mc Dermid Syndrom.

Methods: A year 11-year-old girl presented to the pediatric emergency department with a 2- days history of worsening anxiety and rigidity, seeming lost and distant. The previous 4 months there was a history of progressive functional and social decline. Her speech was minimal and she required assistance with dressing and feeding. She displayed stereotypias and mannerism. All medical studies were unremarkable. A Lorazepam challenge test (2 mg IV) showed evidence of response. She recovered from catatonia and the basal situation was studied. She was diagnosed of autistic spectrum disorder attending the psychiatric and medical history. Apart from other medical studies, a genetic test showed a mutation in a gene called SHANK 3 according to a Phelan Mc Dermid Syndrom.

Results: Pediatric catatonia is associated with neurodevelopmental disorders such as autistic spectrum disorders. There is not always a clear identifiable cause and it is necessary to rule out possible organic causes of pediatric catatonia. The treatment is similar to adults. It is essential to do a complete medical and psychiatric history to an accurate diagnosis such as an autistic spectrum disorder. Genetic testing must be included. In this case, genetics showed a Phelan Mc Dermid Syndrom with a delayed diagnosis. This disorder can cause a wide range of symptoms varying in severity. These symptoms could include global developmental disorders, intellectual disability, delayed speech, autistic spectrum disorders and minor dysmorphic features.

Conclusions: It is crucial to emphasize the high incidence of catatonic symptoms in individuals with Phelan Mc Dermid Syndrome as catatonia often goes unrecognized or undertreated in individuals with developmental disabilities. Significant cognitive and behavioral regression beyond a baseline level of disability has been reported. This case also highlights the relevance of genetic testing in the work of individuals with intellectual disabilities and acute psychiatric illness or regression. Symptoms indicative of catatonia may occur in context of infections, hormonal status and stressful life events. Treatment is centered on the symptoms.

Disclosure of Interest: None Declared

EPV0195

Psychiatric evaluation of children and adolescents' victims of the ISISN. Uzun^{1*}, H. Ferahkaya², Ö. F. Akça¹ and A. Bilgiç³

¹Child and Adolescent Psychiatry, Necmettin Erbakan University Meram School of Medicine; ²Child and Adolescent Psychiatry, Dr.Ali Kemal Belviranlı Maternity and Childrens' Hospital, Konya and ³Child and Adolescent Psychiatry, Private Practice, İzmir, Türkiye
*Corresponding author.

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Introduction: Psychiatric symptoms of children and adolescents' people whose families have joined the Islamic State of Iraq and Syria (ISIS) for various reasons, lived under the threat of terrorism in or outside Turkey, lost their parents or were separated for various reasons, are not clearly known.

Objectives: This research aims to psychiatrically evaluate children and adolescents who are victims of various reasons due to their families joining the ISIS.

Methods: 31 children and adolescents living with or without parents in Turkey, whose parents had joined ISIS, were included in the study. The sociodemographic data of the participants, the country they were in during their time in ISIS, the current situation of their parents, their exposure to terror attacks, their stay in prison were determined. Psychiatric diagnoses of the participants were determined according to DSM-5. Afterwards, the participants and caregivers were asked to fill out the Revised Child Anxiety and Depression Scale Child and Parent Form (RCADS-C, RCADS-P), Child Post Traumatic Stress Disorder Reaction Index Scale (CPTSD-RI), Child and Youth Resilience Measure (CYRM) and Conners Parental Rating Scale Revised Short Form (CPRS-SF)

Results: 14 (45.2%) of the participants were boy and 17 (54.8%) were girl. The mean age of the participants was 10.55 ± 3.79 . The average age of the participants' families at the time they joined ISIS was 4.81 ± 3.37 years. The average age of the participants to return to our country was 8.87 ± 3.99 . All of the participants remained in Iraq. 25 (80.6%) of the participants stayed at home and 6 (19.4%) of them stayed in the camp. 19 (61.3%) of the participants were exposed to at least one conflict, 12 (38.7%) witnessed at least one terror attack, 5 (16.1%) were injured, 26 (83.9%) were not injured. It was found that 28 (90.3%) of the participants remained in prison and 3 (9.7%) did not. Participants' RCADS-C scores were 23.42 ± 15.96 , RCADS-P total scores were 16.25 ± 16.12 , CPTSD-RI scores 20.3 ± 14.56 . CYRM total scores were 46.65 ± 9.04 , and CPRS-SF total scores were 19.74 ± 16.55 .

Conclusions: It has been revealed that there are various psychiatric problems of varying severity in children and adolescents who are victims of ISIS in Turkey.

Disclosure of Interest: None Declared