# Approximate solutions of cohomological equations associated with some Anosov flows 

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Abstract. The Livshitz theorem reported in 1971 asserts that any $C^{1}$ function having zero integrals over all periodic orbits of a topologically transitive Anosov flow is a derivative of another $C^{1}$ function in the direction of the flow. Similar results for functions of higher differentiability have also appeared since. In this paper we prove a 'finite version' of the Livshitz theorem for a certain class of Anosov flows on 3-dimensional manifolds which include geodesic flows on negatively curved surfaces as a special case.

1. Notations and statement of the main result

Let $X$ be a compact 3 -manifold. A flow $\left\{\psi^{\prime}\right\}(t \in \mathbb{R})$ on $X$ is called contact if it preserves a contact form $\Omega$, i.e. a differential 1 -form such that $\Omega \wedge d \Omega \neq 0$. In this paper we will be concerned with $C^{\infty}$ contact Anosov flows. A primary example of such a flow is a geodesic flow on SM, the unit tangent bundle to a compact surface $M$ provided with a Riemannian metric of negative curvature. We shall introduce some notations and list basic facts about contact Anosov flows.
$F 1$. A flow $\left\{\psi^{t}\right\}$ is Anosov, if there exists a continuous $D \psi^{t}$-invariant splitting of the tangent bundle to $X$

$$
T X=E^{0} \oplus E^{s} \oplus E^{u}
$$

where $E^{0}, E^{s}$ and $E^{u}$ are one-dimensional distributions spanned by unit vector fields $\xi^{0}, \xi^{s}$ and $\xi^{u}$, and for any Riemannian metric there exist constants $a_{1}, b_{1}$, $\alpha>0$ such that for all $x \in X$ and any positive real number $t$

$$
\begin{align*}
& \left\|D \psi^{\prime} \xi^{s}(x)\right\| \leq a_{1} e^{-\alpha t}, \\
& \left\|D \psi^{\prime} \xi^{u}(x)\right\| \geq b_{1} e^{\alpha t} . \tag{1.1}
\end{align*}
$$

Here $D$ denotes the differential of the flow, and the norm of a tangent vector is defined by the Riemannian metric on $X$. We shall also need the estimates on the other side which hold for any smooth flow: there exist constants $a_{2}, b_{2}, \delta>0$ such that for all $x \in X$ and any positive real number $t$

$$
\begin{align*}
& \left\|D \psi^{i} \xi^{s}(x)\right\| \geq a_{2} e^{-\delta t}, \\
& \left\|D \psi^{i} \xi^{u}(x)\right\| \leq b_{2} e^{\delta t} . \tag{1.2}
\end{align*}
$$

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Let us denote

$$
\chi^{s}(x, t)=\left\|D \psi^{i} \xi^{s}(x)\right\| ; \quad \chi^{u}(x, t)=\left\|D \psi^{t} \xi^{u}(x)\right\|
$$

Let $-\lambda(x, t)$ and $\mu(x, t)$ be the logarithmic derivatives of the functions $\chi^{s}(x, t)$ and $\chi^{u}(x, t)$, i.e.

$$
\begin{align*}
& \frac{\partial \chi^{s}(x, t)}{\partial t}=-\lambda(x, t) \chi^{s}(x, t) \\
& \frac{\partial \chi^{u}(x, t)}{\partial t}=\mu(x, t) \chi^{u}(x, t) \tag{1.3}
\end{align*}
$$

We have

$$
\begin{aligned}
& \lambda(x, t)=-\lim _{\tau \rightarrow 0} \frac{\left\|D \psi^{\tau} \xi^{s}\left(\psi^{t} x\right)\right\|-1}{\tau}=\Lambda\left(\psi^{t} x\right) \\
& \mu(x, t)=\lim _{\tau \rightarrow 0} \frac{\left\|D \psi^{\tau} \xi^{u}\left(\psi^{t} x\right)\right\|-1}{\tau}=M\left(\psi^{t} x\right)
\end{aligned}
$$

The integral curves of $E^{0}$ are the orbits of the flow $\left\{\psi^{t}\right\}$. The integral curves of the distribution $E^{s}\left(E^{u}\right)$ form the stable (unstable) foliation which is denoted by $\sigma^{s}\left(\sigma^{u}\right)$. We denote the distance on $X$ by $d$, and the distance along the leaves of the foliations $\sigma^{s}$ and $\sigma^{u}$ by $d^{s}$ and $d^{u}$ respectively.
$F 2$. A contact Anosov flow $\left\{\psi^{r}\right\}$ preserves the measure on $X$ defined by the volume element $\Omega \wedge d \Omega$, which is sometimes called the Liouville measure. We assume that a Riemannian metric on $X$ is chosen in such a way that the Riemannian volume on $X$ coincides with the Liouville measure.
F3. A contact Anosov flow $\left\{\psi^{t}\right\}$ is topologically transitive, and each leaf of the foliations $\sigma^{s}$ and $\sigma^{u}$ is uniformly dense, i.e. for any $\rho>0$ there exists $N>0$ such that for any $x \in X$, any $M \geq N$ and $i \in\{s, u\} D_{M}^{i}(x)=\left\{z \in \sigma^{i}(x) \mid d^{i}(x, z)<M\right\}$ is $\rho$-dense in $X$, i.e. intersects every ball in $X$ of radius $\rho$ [1].
$F 4$. The distributions $E^{s}$ and $E^{u}$ (and therefore foliations $\sigma^{s}$ and $\sigma^{u}$ ) are of class $C^{2-\varepsilon}$ for any $\varepsilon>0$ [6]. In fact, we only use that they are $C^{1}$. The latter fact for geodesic flows was known already to Hopf [4, § 14], [5, §7]. It follows that $\Lambda(x)$, $M(x) \in C^{1}(X)$.

We denote the operators of differentiation in the directions of $\xi^{0}, \xi^{s}$ and $\xi^{u}$ by $\mathscr{D}=\mathscr{D}_{0}, \mathscr{D}_{s}$ and $\mathscr{D}_{u}$ respectively. Let $\alpha^{0}, \alpha^{s}$ and $\alpha^{u}$ be differential 1 -forms dual to the vector fields $\xi^{0}, \xi^{s}$ and $\xi^{u}$ :

$$
\alpha^{i}\left(\xi^{j}\right)=\delta_{i j}, \quad \text { for } i, j \in\{0, s, u\}
$$

Hereafter $C$ and $K$ with various subscripts will denote positive constants which may depend on the manifold $X$. The dependence on a parameter, if any, will be specified.
Theorem 1.1. (Finite Livshitz Theorem.) Let $X$ be a compact 3-manifold, $\left\{\psi^{t}\right\}$ be a contact Anosov flow on $X$, and $T>0$. Then for any $\lambda, 0<\lambda<\alpha / \delta$ there exists a constant $C(\lambda)$ such that if $f \in C^{2}(X),\|f\|_{C^{2}}=1$, and $\int_{[o]} f d t=0$ for all periodic orbits $[o]$ of $\left\{\psi^{\prime}\right\}$ of length $\leq T$, then there exist $F, h \in C^{1+\lambda}(X)$ such that $f=\mathscr{D} F+h$, and $\|h\|_{C^{1}} \leq C(\lambda) T^{-\lambda /(3-\lambda)}$.

Remarks. 1. Notice that a weak form of Theorem 1.1 (without an explicit estimate of how $\|h\|_{C^{1}}$ tends to 0 as $T \rightarrow \infty$ ) follows immediately from the Livshitz theorem [7] and the fact that the unit sphere in $C^{2}$ is compact in $C^{1}$ (the Ascoli-Arzelà Theorem).
2. For results similar to the Livshitz theorem for functions of higher differentiability see [3], [8] and [6].

## 2. Construction of a Hölder continuous differential form on $X$

Let us fix a Riemannian metric on $X$ as in (F2), and define the following functions

$$
k^{0}(x)=f(x), k^{s}(x)=-\int_{0}^{\infty} \mathscr{D}_{s} f\left(\psi^{t} x\right) \chi^{s}(x, t) d t, k^{u}(x)=-\int_{0}^{-\infty} \mathscr{D}_{u} f\left(\psi^{\prime} x\right) \chi^{u}(x, t) d t .
$$

It follows from (1.1) and (1.2) that these integrals converge. We define a differential 1 -form $\omega_{f}=\omega$ associated to the function $f$ by the formula $\omega=\omega^{0}+\omega^{s}+\omega^{u}$, where $\omega^{0}=k^{0}(x) \alpha^{0}, \omega^{s}=k^{s}(x) \alpha^{s}, \omega^{u}=k^{u}(x) \alpha^{u}$. For notational simplicity in most cases we will suppress the dependence $\omega_{f}$ on $f$. The following theorem holds for all contact Anosov flows.
Theorem 2.1. The differential form $\omega_{f}$ satisfies a Hölder condition of order $\lambda$ for any $\lambda, 0<\lambda<1$.
Proof. In view of (F4), it is sufficient to prove that each form $\omega^{0}, \omega^{s}$ and $\omega^{u}$ satisfy a Hölder condition, i.e. that for any $\lambda, 0<\lambda<1$, there exists $C_{0}(\lambda)>0$ such that for $i, j \in\{0, s, u\}$ and $x^{\prime} \in \sigma^{j}(x)\left|k^{i}(x)-k^{i}\left(x^{\prime}\right)\right| \leq C_{0}(\lambda) d^{j}\left(x, x^{\prime}\right)^{\lambda}$. We shall make calculations for $i=s$ and leave the other cases to the reader. Let $d^{j}\left(x, x^{\prime}\right)=d$. If $j=0, s$ we choose $T=T(x)$ such that

$$
\begin{equation*}
\chi^{s}(x, T(x))=d \tag{2.1}
\end{equation*}
$$

If $j=u$ we choose $T=T(x)$ such that

$$
\begin{equation*}
d^{u}\left(\psi^{T} x, \psi^{T} x^{\prime}\right)=1 \tag{2.2}
\end{equation*}
$$

Let us parametrize the piece of the leaf $\sigma^{u}(x)$ between $x$ and $x^{\prime}$ by a parameter $u$ as follows: $u(x)=0, u\left(x^{\prime \prime}\right)=d^{u}\left(x, x^{\prime \prime}\right), x^{\prime \prime} \in\left[x, x^{\prime}\right], x^{\prime \prime} \in \sigma^{u}(x)$, and let $l(u, t)=$ $d^{\prime \prime}\left(\psi^{\prime} x, \psi^{\prime} x^{\prime \prime}\right)$.

It follows from (1.1) and (1.2) that

$$
a_{2} e^{-\delta(T-t)} \leq d^{u}\left(\psi^{t} x, \psi^{t} x^{\prime \prime}\right) \leq a_{1} e^{-\alpha(T-t)}
$$

It follows from (1.3) that for any $x^{\prime \prime} \in\left[x, x^{\prime}\right]$

$$
\begin{equation*}
\chi^{s}\left(x^{\prime \prime}, t\right)=\exp \int_{0}^{t}-\lambda\left(x^{\prime \prime}, \tau\right) d \tau \tag{2.3}
\end{equation*}
$$

Therefore

$$
\frac{\chi^{s}\left(x^{\prime \prime}, t\right)}{\chi^{s}(x, t)}=\exp \int_{0}^{t}\left(\lambda(x, \tau)-\lambda\left(x^{\prime \prime}, \tau\right)\right) d \tau \leq \exp C_{1} \int_{0}^{t} d^{u}\left(\psi^{\tau} x, \psi^{\tau} x^{\prime \prime}\right) d \tau
$$

For our choice of $T$, (2.2), we have for $0 \leq t \leq T$ :

$$
\int_{0}^{t} d^{u}\left(\psi^{\tau} x, \psi^{\tau} x^{\prime \prime}\right) d \tau \leq C_{2}
$$

and therefore $\chi^{s}\left(x^{\prime \prime}, t\right) / \chi^{s}(x, t) \leq C_{3}$. The same argument shows that $\dagger$ A phoenetic transliteration of his name, Livcic, appears in the translations of his papers from Russian into English.
$\chi^{s}(x, t) / \chi^{s}\left(x^{\prime \prime}, t\right) \leq C_{3}$. Hence

$$
\begin{equation*}
C_{3}^{-1} \leq \frac{\chi^{s}\left(x^{\prime \prime}, t\right)}{\chi^{s}(x, t)} \leq C_{3} \tag{2.4}
\end{equation*}
$$

for $0 \leq t \leq T$ and any $x^{\prime \prime} \in\left[x, x^{\prime}\right]$. Since the flow $\left\{\psi^{\prime}\right\}$ preserves the Liouville measure (F2), we have $C_{4}^{-1} \leq \chi^{s}\left(x^{\prime \prime}, t\right) \chi^{u}\left(x^{\prime \prime}, t\right) \leq C_{4}$, and therefore

$$
C_{5}^{-1} \leq \frac{\chi^{u}\left(x^{\prime \prime}, T\right)}{\chi^{u}(x, T)} \leq C_{5}
$$

We have $\partial l\left(u\left(x^{\prime \prime}\right), t\right) / \partial u=\left\|D \psi^{t} \xi^{u}\left(x^{\prime \prime}\right)\right\|=\chi^{u}\left(x^{\prime \prime}, t\right)$, and

$$
\begin{align*}
1= & d^{u}\left(\psi^{T} x, \psi^{T} x^{\prime}\right)=l(d, T) \\
& =\int_{0}^{d} \frac{\partial l}{\partial u}(u, T) d u \leq C_{6} d \chi^{u}(x, T)=C_{7} d\left(\chi^{s}(x, T)^{-1}\right. \tag{2.5}
\end{align*}
$$

which implies

$$
\begin{equation*}
\chi^{s}(x, T) \leq C_{7} d, \chi^{s}\left(x^{\prime}, T\right) \leq C_{8} d \tag{2.6}
\end{equation*}
$$

We have

$$
\begin{aligned}
\left|k^{s}(x)-k^{s}\left(x^{\prime}\right)\right|= & \mid \int_{0}^{\infty}\left(\mathscr{D}_{s}\left(f\left(\psi^{\prime} x\right)\right) \chi^{s}(x, t)-\left(\mathscr{D}_{s}\left(f\left(\psi^{\prime} x^{\prime}\right)\right) \chi^{s}\left(x^{\prime}, t\right)\right) d t \mid\right. \\
\leq & \int_{0}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x\right)\right)-\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \chi^{s}(x, t) d t \\
& +\int_{0}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \cdot\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| d t \\
\leq & \int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{\prime} x\right)\right)-\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \chi^{s}(x, t) d t \\
& +\int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \cdot\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| d t \\
& +\int_{T}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x\right)\right)-\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \chi^{s}(x, t) d t \\
& +\int_{T}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \cdot\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| d t \\
\leq & \int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x\right)\right)-\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \chi^{s}(x, t) d t \\
& +\int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \cdot\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| d t \\
& +\int_{T}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x\right)\right)\right| \chi^{s}(x, t) d t+2 \int_{T}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{\prime} x^{\prime}\right)\right)\right| \chi^{s}(x, t) d t \\
& +\int_{T}^{\infty}\left|\mathscr{D}_{s}\left(f\left(\psi^{t} x^{\prime}\right)\right)\right| \chi^{s}\left(x^{\prime}, t\right) d t .
\end{aligned}
$$

We claim that $\chi^{j}\left(x^{\prime}, T\right) \leq C_{9} d$. For $j=u$ this was proved above (2.6). For $j=0, s$ this follows from the choice of $T$, (2.1), and the inequalities

$$
\begin{equation*}
d^{j}\left(\psi^{t} x, \psi^{t} x^{\prime}\right) \leq C_{10} d \tag{2.7}
\end{equation*}
$$

and

$$
\left|\chi^{s}(x, T)-\chi^{s}\left(x^{\prime}, T\right)\right| \leq C_{11} d^{j}\left(\psi^{T} x, \psi^{T} x^{\prime}\right) \leq C_{12} d
$$

It follows from (1.1) that in both cases

$$
\begin{equation*}
T \leq C_{13}|\ln d| . \tag{2.8}
\end{equation*}
$$

Thus, (1.3), (2.4), (2.6) and $\|f\|_{C^{2}}=1$ imply that each of the last three integrals is estimated from above by $C_{14} \int_{T}^{\infty} \chi^{s}(x, t) d t \leq C_{15} \chi^{s}(x, T) \leq C_{16} d$.

We estimate now the first two integrals. There exists $\theta(t) \in\left[x, x^{\prime}\right]$ such that

$$
\begin{aligned}
& \int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{\prime} x\right)\right)-\mathscr{D}_{s}\left(f\left(\psi^{\prime} x^{\prime}\right)\right)\right| X^{s}(x, t) d t \\
& \quad= \int_{0}^{T}\left|\mathscr{D}_{s} \mathscr{D}_{j}\left(f\left(\psi^{\prime} \theta(t)\right)\right)\right| d^{j}\left(\psi^{t} x, \psi^{t} x^{\prime}\right) \chi^{s}(x, t) d t
\end{aligned}
$$

Let $j=0, s$. The inequalities (1.1) and (1.2) imply that

$$
\int_{0}^{T} \chi^{s}(x, t) d t \leq C_{17}
$$

and using (2.7) we estimate the first integral from above by $C_{18} d$. The second integral in this case is estimated as follows:

$$
\begin{aligned}
\int_{0}^{T}\left|\mathscr{D}_{s}\left(f\left(\psi^{\prime} x^{\prime}\right)\right)\right| \cdot\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| d t & \leq C_{19} \int_{0}^{T} d^{j}\left(\psi^{\prime} x, \psi^{t} x^{\prime}\right) d t \leq C_{20} d T \\
& \leq C_{21} d \cdot|\ln d| \leq C_{21} C_{22}(\lambda) d^{\lambda}
\end{aligned}
$$

for any $\lambda, 0<\lambda<1$. The last two inequalities follow from (2.8) and the fact that for any $\lambda, 0<\lambda<1$ there exists $C_{22}(\lambda)$ such that $d \cdot|\ln d| \leq C_{22}(\lambda) d^{\lambda}$. Now let $j=u$. A calculation similar to (2.5) gives us

$$
d^{u}\left(\psi^{\prime} x, \psi^{t} x^{\prime}\right)=d \cdot \chi^{u}\left(x_{0}, t\right) \leq C_{4} d \cdot\left(\chi^{s}\left(x_{0}, t\right)\right)^{-1}
$$

where $x_{0} \in\left[x, x^{\prime}\right], x_{0} \in \sigma^{u}(x)$. This equality, together with (2.4) and (2.8), implies that the first integral in this case is estimated from above by

$$
C_{23} \int_{0}^{T}\left|d^{u}\left(\psi^{t} x, \psi^{t} x^{\prime}\right) \chi^{s}(x, t) d t \leq C_{24} d T \leq C_{25} d \cdot\right| \ln d \mid \leq C_{26}(\lambda) d^{\lambda}
$$

for any $\lambda, 0<\lambda<1$. The second integral is estimated from above by $C_{27} \int_{0}^{T} \mid \chi^{s}(x, t)-$ $\chi^{s}\left(x^{\prime}, t\right) \mid d t$. We use (1.3) and (2.3) to estimate the integrand

$$
\begin{aligned}
\left|\chi^{s}(x, t)-\chi^{s}\left(x^{\prime}, t\right)\right| & =\left|\exp \int_{0}^{t}-\lambda(x, \tau) d \tau-\exp \int_{0}^{t}-\lambda\left(x^{\prime}, \tau\right) d \tau\right| \\
& =\left(\exp \int_{0}^{t}-\lambda(x, \tau) d \tau\right) \cdot\left|1-\exp \int_{0}^{t}\left(\lambda(x, \tau)-\lambda\left(x^{\prime}, \tau\right)\right) d \tau\right| \\
& \leq C_{28} X^{s}(x, t) \cdot\left|\int_{0}^{t}\left(\lambda(x, \tau)-\lambda\left(x^{\prime}, \tau\right)\right) d \tau\right| \\
& \leq C_{29} X^{s}(x, t) \int_{0}^{t} d^{u}\left(\psi^{\tau} x, \psi^{\tau} x^{\prime}\right) d \tau \\
& \leq C_{30} \chi^{s}(x, t) \int_{0}^{t} d \cdot\left(\chi^{s}(x, \tau)\right)^{-1} d \tau \\
& \leq C_{31} \chi^{s}(x, t)\left(\chi^{s}(x, t)\right)^{-1} \cdot d \leq C_{32} d .
\end{aligned}
$$

Thus the second integral is estimated by $C_{32} d T \leq C_{33} d \cdot|\ln d| \leq C_{34}(\lambda) d^{\lambda}$ for any $\lambda, 0<\lambda<1$, and the theorem follows.
3. Construction of an $\varepsilon$-dense orbit for the flow $\left\{\psi^{\prime}\right\}$

Theorem 3.1. Given $\varepsilon>0$ sufficiently small, there exists an $\varepsilon$-dense piece of orbit of the flow $\left\{\psi^{t}\right\}$ of length $T$ :

$$
\mathcal{O}=\left\{x \in X, x=\psi^{t} x_{0}, 0 \leq t \leq T\right\}
$$

with $T=C \ln \varepsilon^{-1} / \varepsilon^{2}$ where the constant $C>0$ depends only on the Riemannian metric on the manifold $X$ and the flow $\left\{\psi^{t}\right\}$.
Proof. We prove first that any two points $x, y \in X$ can be ' $\varepsilon$-joined' by a piece of orbit of length $C_{1} \ln \varepsilon^{-1}$, i.e. there exist $x^{\prime}, y^{\prime} \in X$ and a constant $C_{1}>0$ such that $d\left(x, x^{\prime}\right)<\varepsilon, d\left(y, y^{\prime}\right)<\varepsilon$, and $y^{\prime}=\psi^{T} x^{\prime}$ for $T=C_{1} \ln \varepsilon^{-1}$. Let $\rho$ be a sufficiently small number which will be specified below. We assume that $\varepsilon<\rho$. By (F3) one can choose a constant $N>0$ such that any piece of the leaf of the foliation $\sigma^{u}$ of size $M \geq N$ is $\rho / 2$-dense. For $T_{1}=\alpha^{-1} \ln \left(N / b_{1} \varepsilon\right)$ the piece of the leaf $\psi^{T_{1}}\left(D_{\varepsilon}^{u} y\right)=$ $D_{M}^{u}\left(\psi^{T_{1}} y\right)$ is of size $M>N$, and therefore is $\rho / 2$-dense. Let $T_{0}=2 \alpha^{-1} \ln \left(a_{1} \rho / \varepsilon\right)$, and $x_{0}=\psi^{-T_{0}}$. For small enough $\rho$ there exist $y_{0} \in D_{M}^{u}\left(\psi^{T_{i}} y\right)$ and $z=\psi^{t} y_{0}$ with $|t|<\rho$ such that $z \in D_{\rho}^{s}\left(x_{0}\right)$. We also have $d\left(\psi^{T_{0}} z, \psi^{T_{0}} x_{0}\right)=d\left(\psi^{T_{0}} z, x\right) \leq a_{1} \rho e^{-\alpha T_{0}}<\varepsilon$. Thus we obtained two points $x^{\prime}=\psi^{T_{0}} z$ and $y^{\prime}=\psi^{-T_{1}} y_{0}$ such that $d\left(x, x^{\prime}\right)<\varepsilon$, $d\left(y, y^{\prime}\right)<\varepsilon$, and $y^{\prime}=\psi^{T} x^{\prime}$. If $\varepsilon<\min \left(1 / a_{1} \rho, b_{1} / N, e^{-\rho}, \rho\right)$ then for some constant $C_{1}>0 T=T_{0}+T_{1}+d\left(y_{0}, z\right)<C_{1} \ln \varepsilon^{-1}$.

For each point $x_{0} \in X$ we define the following cylinder sets:

$$
\begin{equation*}
C_{\rho}\left(x_{0}\right)=\left\{x=(z, t) \mid z \in S_{\rho}\left(x_{0}\right),-\rho<t<\rho\right\} \tag{3.1}
\end{equation*}
$$

where $S_{\rho}\left(x_{0}\right)$ is a 2-dimensional smooth local cross-section transversal to the flow $\left\{\psi^{t}\right\}$ passing through $x_{0}$, and $x=\psi^{t} z$. To complete the proof of the theorem we choose a cover of $X$ by a finite number of cylinders $C_{\rho}\left(x_{i}\right), i=0,1,2, \ldots, N$. Let us choose a smooth coordinate system in each local cross-section $S_{\rho}\left(x_{i}\right)$. Then it makes sense to talk about square lattices in $S_{\rho}\left(x_{i}\right)$ relative to this coordinate system. Definition. We call a set of points in $S_{\rho}\left(x_{i}\right) \varepsilon$-regular if it is an $\varepsilon^{2}$-perturbation of some square lattice in $S_{\rho}\left(x_{i}\right)$ of size $\varepsilon / 2$.

For each $i=0,1,2, \ldots, N$ we choose an $\varepsilon$-regular set $E_{i} \subset S_{\rho}\left(x_{i}\right)$, and let $\Lambda_{i}=$ $\left\{x \in C_{\rho}\left(x_{i}\right) \mid z \in E_{i}\right\}$. The number of pieces in $\bigcup_{i=0}^{N} \Lambda_{i}$ is $C_{2} / \varepsilon^{2}$. We can ' $\varepsilon^{2}$-join' them together using the estimate in the beginning of the proof. An application of the Bowen specification theorem [2] gives us a desired $\varepsilon$-dense piece of orbit of length $C \ln \varepsilon^{-1} / \varepsilon^{2}$ which we denote by $\mathcal{O}$.
Remark. By the Bowen specification theorem [2] for each $i=0,1, \ldots, N, \mathcal{O}$ contains a subset $\bar{\Lambda}_{i}$ consisting of a number of pieces approximating pieces of orbits constituting $\Lambda_{i}$. Let $\mathscr{S}=\bigcup_{i=0}^{N} \bar{\Lambda}_{i}$. Notice that $\mathscr{S} \cap S_{\rho}\left(x_{i}\right)$ is also an $\varepsilon$-regular set for each $i=0, \ldots, N$.

## 4. The proof of Theorem 1.1

Definition. Let $r$ be the injectivity radius of $X$. We say that a function $F$ defined on $\mathscr{E}$, a subset of $X$, is of class $C_{K}^{1+\lambda}(0<\lambda<1, K>0)$ if there exists a family of linear functions $l_{x}(v)$ for $x \in X, v \in T_{x} X$ such that for any $x, y \in \mathscr{E}, d(x, y)<r$,

$$
\left|F(y)-F(x)-l_{x}\left(v_{x y}\right)\right| \leq K d(x, y)^{1+\lambda}
$$

where $v_{x y} \in T_{x} X$ is a tangent vector to the geodesic from $x$ to $y$ (on $X$ ) of length $d(x, y)$.
Lemma 4.1. Let $\mathcal{O}$ be a piece of orbit of the flow $\left\{\psi^{t}\right\}$ of length $T$, and $f \in C^{2}(X)$ is such that $\|f\|_{C^{2}}=1$ and $\int_{[o]} f d t=0$ for all periodic orbits $[o]$ of $\left\{\psi^{t}\right\}$ of length $\leq T$. We define the following function on $\mathcal{O}$ : for $x=\psi^{t} x_{0}, 0 \leq t \leq T$

$$
\begin{equation*}
F(x)=\int_{0}^{t} f\left(\psi^{s} x_{0}\right) d s \tag{4.1}
\end{equation*}
$$

Then for any $\lambda, 0<\lambda<\alpha / \delta$ there exists $K_{0}(\lambda)$ such that $F(x)$ is of class $C_{K_{0}(\lambda)}^{1+\lambda}$ on $\mathcal{O}$. Proof. We shall show that the role of the linear function $l_{x}$ is played by the differential form $\omega_{f}$ introduced in $\S 2$. For $j=s, u$ we define $\sigma^{0, j}(x)=\left\{y=\psi^{t} z,-\infty<t<\infty\right.$, for some $\left.z \in \sigma^{j}(x)\right\}$; they are called leaves of the weak stable (for $j=s$ ) and the weak unstable (for $j=u$ ) foliations. Let $d^{0, j}$ denote the distance on $\sigma^{0, j}, \rho$ be as in $\S 3$, and $D_{\rho}^{0, j}(x)=\left\{y \in \sigma^{0, j}(x) \mid d^{0, j}(x, y)<\rho\right\}$. Suppose $x_{0}=x, y_{0}=y \in \mathcal{O}, y_{0}=\psi^{T^{\prime}} x_{0}, T^{\prime} \leq$ $T, d\left(x_{0}, y_{0}\right)=d<r$. Let $z_{0}=z=D_{\rho}^{s}\left(x_{0}\right) \cap D_{\rho}^{0, u}\left(y_{0}\right)$, and $y_{00}=\psi^{T_{0}} x_{0},\left|T_{0}-T^{\prime}\right|<d$, $y_{00} \in D_{\rho}^{u}\left(z_{0}\right)$. We denote the arc of $\sigma^{s}(x)$ between $x$ and $z$ by $\sigma^{s}(x, z)$, the arc of $\sigma^{u}\left(y_{00}\right)$ between $y_{00}$ and $z$ by $\sigma^{u}\left(y_{00}, z\right)$, and the piece of orbit $O$ between $y$ and $y_{00}$ by $\mathcal{O}\left(y, y_{00}\right)$. Notice that

$$
\begin{align*}
\int_{\sigma^{s}(x, z)} \omega_{f} & =\int_{0}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t, \\
\int_{\sigma^{u}\left(y_{00}, z\right)} \omega_{f} & =\int_{0}^{-\infty}\left(f\left(\psi^{t} y_{00}\right)-f\left(\psi^{t} z\right)\right) d t,  \tag{4.2}\\
\int_{O\left(y, y_{00}\right)} \omega_{f} & =\int_{0}^{T_{0}-T} f\left(\psi^{t} y\right) d t .
\end{align*}
$$

The fact that $\omega_{f}$ satisfies a Hölder condition of order $\lambda$ (Theorem 2.1) and (4.2) imply that Lemma 4.1 follows from the following statement: given $\lambda, 0<\lambda<\alpha / \delta$, there exists a constant $K(\lambda)$ such that for any $x, y \in \mathcal{O}, y=\psi^{T_{0}} x, T_{0} \leq T, d(x, y)=d<r$ with the property that $D_{\rho}^{s}\left(x_{0}\right) \cap D_{\rho}^{u}\left(y_{0}\right) \neq \varnothing$, there exists a constant $K(\lambda)$ such that for $D_{\rho}^{s}\left(x_{0}\right) \cap D_{\rho}^{\mu}\left(y_{0}\right)=z$

$$
\begin{aligned}
& \left|(F(y)-F(x))-\left(\int_{0}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t+\int_{0}^{-\infty}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t\right)\right| \\
& \leq K(\lambda) d(x, y)^{1+\lambda}
\end{aligned}
$$

We notice that it is sufficient to prove the above statement for sufficiently small $d$. Without loss of generality we may assume that $x=x_{0}$ and therefore $F(x)=0$. We construct five sequences of points $\left\{x_{j}\right\},\left\{y_{j}\right\},\left\{y_{j j}\right\},\left\{z_{j}\right\}$ and $\left\{u_{j}\right\}$, and a sequence of numbers $\left\{T_{j}\right\}(j=0,1,2, \ldots)$ inductively as follows:

$$
\begin{gather*}
x_{0}=x, \quad y_{0}=y_{00}=y=\psi^{T_{0}} x_{0}, \quad z_{0}=z=D_{\rho}^{s}\left(x_{0}\right) \cap D_{\rho}^{0, u}\left(y_{0}\right), \\
y_{00} \in D_{\rho}^{u}\left(z_{0}\right), \quad u_{0} \in D_{\rho}^{u}\left(x_{0}\right), \quad \psi^{T_{0}} u_{0}=z_{0}, \\
x_{j}=D_{\rho}^{s}\left(u_{j-1}\right) \cap D_{\rho}^{0, u}\left(y_{j-1, j-1}\right)=D_{\rho}^{0, u}\left(z_{j-1}\right), \quad y_{j}=\psi^{T_{j-1}} x_{j},  \tag{4.3}\\
z_{j}=D_{\rho}^{s}\left(x_{j}\right) \cap D_{\rho}^{0, u}\left(y_{j}\right), \quad y_{j j}=\psi^{T_{i j}} x_{j}, \\
y_{j j} \in D_{\rho}^{u}\left(z_{j}\right), \quad u_{j} \in D_{\rho}^{u}\left(x_{j}\right), \quad \psi^{T_{i} u_{j}=z_{j}}
\end{gather*}
$$

Let $x \in X, S_{\rho}(x)$ be as in $\S 3$, and $\varphi: S_{\rho}(x) \rightarrow S_{\rho}(x)$ be a return map for the flow $\left\{\psi^{t}\right\}$. For any $y \in S_{\rho}(x)$ we let $P_{\rho}^{j}(y)=\sigma^{0, j}(y) \cap S_{\rho}(x)$ for $j=s, u$. The local foliations $P_{\rho}^{j}$ are stable and unstable foliations for the return map $\varphi$. They inherit the smoothness of the weak foliations $\sigma^{0, j}$ which is not less than the smoothness of foliations $\sigma^{j}$. Let $l^{j}$ be the distance on the leaves of the local foliation $P_{\rho}^{j}(j=s, u)$. We assume that $\rho$ is chosen such that there exists a constant $C_{1}>1$ such that for any $x, y \in P_{\rho}^{j}$

$$
C_{1}^{-1}<\frac{l^{j}(x, y)}{d(x, y)}<C_{1} .
$$

Thus it follows from (F4) that there exists a constant $C_{2}>1$ such that for any 'quadrangle' $\left[x_{1}, x_{2}, x_{3}, x_{4}\right]$ such that

$$
\begin{equation*}
x_{2} \in P_{\rho}^{u}\left(x_{1}\right), x_{3} \in P_{\rho}^{s}\left(x_{2}\right), x_{4} \in P_{\rho}^{u}\left(x_{3}\right), x_{1} \in P_{\rho}^{s}\left(x_{4}\right) \tag{4.4}
\end{equation*}
$$

the following inequalities hold:

$$
\begin{equation*}
C_{2}^{-1} \leq \frac{d\left(x_{1}, x_{2}\right)}{d\left(x_{4}, x_{3}\right)} \leq C_{2}, \quad C_{2}^{-1} \leq \frac{d\left(x_{2}, x_{3}\right)}{d\left(x_{1}, x_{4}\right)} \leq C_{2} . \tag{4.5}
\end{equation*}
$$

Let $\pi: C_{\rho}\left(x_{0}\right) \rightarrow S_{\rho}\left(x_{0}\right)$ be defined by the formula $\pi(z, t)=z$, and $S_{j}=$ $T_{0}+\cdots+T_{j-1}$. By properties (1.1) and (1.2), for some constants $C_{3}, C_{4}, C_{5}, C_{6}>0$, and $j=0,1, \ldots$ we have

$$
\begin{align*}
C_{3} e^{-\delta S_{j}} d & \leq d\left(\pi x_{j}, \pi y_{j j}\right) \leq C_{4} e^{-\alpha S_{j}} d, \\
d\left(\pi x_{j}, x_{0}\right) & <C_{5} d, d\left(\pi y_{j}, x_{0}\right)<C_{5},  \tag{4.6}\\
\left|T_{j}-T_{0}\right| & \leq C_{6} d .
\end{align*}
$$

Therefore the sequences $\left\{\pi x_{j}\right\},\left\{\pi y_{j}\right\},\left\{\pi y_{j j}\right\},\left\{\pi z_{j}\right\}$ and $\left\{\pi u_{j}\right\}$ converge in $S_{\rho}\left(x_{0}\right)$ to a fixed point of the continuous map $\varphi: S_{\rho}(x) \rightarrow S_{\rho}(x)$. The orbit of the flow $\left\{\psi^{t}\right\}$ passing through this point is a periodic orbit. This completes a well-known proof of the Anosov closing lemma. For our purposes, however, we have to look closely at the rate of convergence of this process. Let $k$ be an integer, $k \geq 1$ (it will be chosen later, in (4.7)). We have

$$
\begin{aligned}
& F(y)=\int_{0}^{T_{0}} f\left(\psi^{t} x\right) d t=\sum_{j=0}^{k-1}\left(\int_{0}^{T_{0}}\left(f\left(\psi^{t} x_{j}\right)-f\left(\psi^{t} z_{j}\right)\right) d t+\int_{0}^{T_{0}}\left(f\left(\psi^{t} z_{j}\right)-f\left(\psi^{t} x_{j+1}\right)\right) d t\right) \\
&+\int_{0}^{T_{0}} f\left(\psi^{\prime} x_{k}\right) d t .
\end{aligned}
$$

On the other hand,

$$
\int_{0}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t=\sum_{j=0}^{k-1} \int_{S_{j}}^{S_{j+1}}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t+\int_{S_{k}}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t
$$

and

$$
\begin{aligned}
\int_{0}^{-\infty} & \left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t \\
& =\sum_{j=0}^{k-1} \int_{-s_{j}}^{-s_{j+1}}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t+\int_{-s_{k}}^{-\infty}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t
\end{aligned}
$$

An easy calculation gives us the following estimate:

$$
\begin{gathered}
\left|F(y)-\left(\int_{0}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t+\int_{0}^{-\infty}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t\right)\right| \\
\leq \Sigma_{1}+\Sigma_{2}+\Sigma_{3}+\Sigma_{4}+I_{1}+I_{2}+I_{3}
\end{gathered}
$$

where

$$
\begin{aligned}
& \Sigma_{1}=\left|\sum_{j=1}^{k-1} \int_{0}^{T_{j}}\left(f\left(\psi^{\prime} x_{j}\right)-f\left(\psi^{t} z_{j}\right)\right)-\left(f\left(\psi^{S_{j}+t} x\right)-f\left(\psi^{S_{j}+t} z\right)\right) d t\right| \\
& \Sigma_{2}=\left|\sum_{j=0}^{k-1} \int_{0}^{T_{j}}\left(f\left(\psi^{\prime} z_{j}\right)-f\left(\psi^{t} x_{j+1}\right)\right)-\left(f\left(\psi^{t-S_{j+1}} y\right)-f\left(\psi^{t-S_{j+1}} z\right)\right) d t\right|, \\
& \Sigma_{3}=\left|\sum_{j=0}^{k-1} \int_{T_{0}}^{T_{j}}\left(f\left(\psi^{\prime} x_{j}\right)-f\left(\psi^{\prime} z_{j}\right)\right) d t\right|, \quad \Sigma_{4}=\left|\sum_{j=0}^{k-1} \int_{T_{0}}^{T_{j}}\left(f\left(\psi^{t} z_{j}\right)-f\left(\psi^{t} x_{j+1}\right)\right) d t\right|, \\
& I_{1}=\left|\int_{0}^{T_{0}} f\left(\psi^{t} x_{k}\right) d t\right|, \quad I_{2}=\left|\int_{S_{k}}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t\right|, \\
& I_{3}=\left|\int_{-S_{k}}^{-\infty}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t\right| .
\end{aligned}
$$

It follows from (4.3) that for $j \geq 0$

$$
\begin{aligned}
& \pi \psi^{S^{\prime} x \in P_{\rho}^{u}\left(\pi x_{j}\right), \quad \pi \psi^{s_{j}} \in P_{\rho}^{u}\left(\pi z_{j}\right), \quad \pi \psi^{S_{j}} \in P_{\rho}^{s}\left(\pi \psi^{S_{j}} x\right), \quad \text { and }} \\
& \pi \psi^{-s_{j+1}} y \in P_{\rho}^{s}\left(\pi z_{j}\right), \quad \pi \psi^{-s_{j+1}} z \in P_{\rho}^{s}\left(\pi x_{j+1}\right), \quad \pi \psi^{-s_{j+1}} y \in P_{\rho}^{u}\left(\pi \psi^{-s_{j+1} z}\right) .
\end{aligned}
$$

Therefore the two 'quadrangles' $Q_{1}(t)=\left[\pi \psi^{\prime} x_{j}, \pi \psi^{t} z_{j}, \pi \psi^{S_{j}+t} z, \pi \psi^{S_{j}+t} x\right]$ and $Q_{2}(t)=$ [ $\pi \psi^{t} z_{j}, \pi \psi^{t} x_{j+1}, \pi \psi^{t-S_{j+1}}, \pi \psi^{t-S_{j+1}} y$ ] satisfy (4.4), and we obtain the following estimates for the lengths of their sides:

$$
\begin{aligned}
& d\left(\pi \psi^{t} x_{j}, \pi \psi^{S_{j}+t} x\right) \leq C_{7} d\left(\pi \psi^{T_{j}} x_{j}, \pi \psi^{S_{i} \psi^{T} x}\right) \leq C_{8} e^{\delta S_{j}} d \leq C_{8} e^{\delta S_{k-1}} e, \\
& d\left(\pi \psi^{\prime} x_{j}, \pi \psi^{t} z_{j}\right) \leq C_{9} d\left(\pi x_{j}, \pi z_{j}\right) \leq C_{10} e^{-\alpha S_{j}} d, \\
& d\left(\pi \psi^{\prime} z_{j}, \pi \psi^{t-S_{j+1}} y\right) \leq C_{11} d\left(\pi z_{j}, \pi \psi^{\left.-S_{j+1} y\right) \leq C_{12} e^{\delta S_{j}} d \leq C_{12} e^{\delta S_{k-1}} d,}\right.
\end{aligned}
$$

and

$$
d\left(\pi \psi^{t} z_{j}, \pi \psi^{\prime} x_{j+1}\right) \leq C_{13} d\left(\pi \psi^{T_{j}} z_{j}, \pi \psi^{T_{j}} x_{j+1}\right) \leq C_{14} d\left(\varphi \pi z_{j}, \varphi \pi x_{j+1}\right) \leq C_{15} e^{-\alpha S_{j}} d
$$

If $d$ is sufficiently small, we can choose $k \geq 1$ satisfying the following inequalities

$$
\begin{equation*}
\left(\max C_{12}, C_{8}\right)^{-1} \rho e^{-\delta S_{k}} \leq d<e^{-\delta S_{k-1}} \rho\left(\max C_{12}, C_{8}\right)^{-1} \tag{4.7}
\end{equation*}
$$

it will follow that $Q_{1}(t), Q_{2}(t) \subset S_{\rho}(x)$, and therefore (4.5) applies. We have $e^{S_{k-1}} \leq$ $C_{16} d^{-1 / \delta}, S_{k-1} \leq C_{17} \ln d^{-1}$. Thus, for some point $\theta(t) \in Q_{1}(t)$ we have

$$
\begin{aligned}
& \left|\sum_{j=1}^{k-1} \int_{0}^{T_{j}}\left(f\left(\pi \psi^{t} x_{j}\right)-f\left(\pi \psi^{t} z_{j}\right)\right)-\left(f\left(\pi \psi^{S_{j}+t} x\right)-f\left(\pi \psi^{s_{j}+t} z\right)\right) d t\right| \\
& \quad \leq C_{18} \sum_{j=1}^{k-1}\left|\int_{0}^{T_{j}} \mathscr{D}_{\mu} \mathscr{D}_{s}(f(\theta(t))) \cdot d\left(\pi \psi^{t} x_{j}, \pi \psi^{t} z_{j}\right) \cdot d\left(\pi \psi^{t} x_{j}, \pi \psi^{s_{j}+t} x\right) d t\right| \\
& \quad \leq C_{19}(k-1) T d^{2} e^{s_{k-1}(\delta-\alpha)} \leq C_{20} d^{\alpha / \delta} d \cdot \ln d^{-1} \leq C_{21}(\lambda) d^{1+\lambda}
\end{aligned}
$$

and therefore $\Sigma_{1} \leq C_{22}(\lambda) d^{1+\lambda}$ for any $\lambda, 0<\lambda<\alpha / \delta$. Similarly we obtain the estimate $\Sigma_{2} \leq C_{23}(\lambda) d^{1+\lambda}$ for any $\lambda, 0<\lambda<\alpha / \delta$.

In order to estimate $I_{1}$ we let

$$
\mathcal{O}\left(x_{k}\right)=\left\{x \in X, x=\psi^{t} x_{k}, 0 \leq t \leq T_{0}\right\} .
$$

By the Anosov closing lemma, using the fact that $d\left(x_{k}, \psi^{T_{k}} x_{k}\right)=d\left(x_{k}, y_{k k}\right) \leq$ $C_{1} e^{-\alpha S_{k}} d$, and that the integral of $f(x)$ over any closed orbit of length $\leq T$ is equal to zero, we obtain the following estimate:

$$
I_{1}=\left|\int_{0}^{T_{0}} f\left(\psi^{t} x_{k}\right) d t\right| \leq C_{24} e^{-\alpha S_{k}} \cdot d \leq C_{25} d^{1+(\alpha / \delta)}
$$

The last inequality follows from (4.7). Following the previous argument we conclude that

$$
I_{2}=\left|\int_{S_{k}}^{\infty}\left(f\left(\psi^{t} x\right)-f\left(\psi^{t} z\right)\right) d t\right| \leq C_{26} \int_{S_{k}}^{\infty} e^{-\alpha t} d t \cdot d=\frac{C_{27}}{\alpha} e^{-\alpha S_{k}} \cdot d \leq C_{28} d^{1+(\alpha / \delta)}
$$

Similarly,

$$
I_{3}=\left|\int_{-S_{k}}^{-\infty}\left(f\left(\psi^{t} z\right)-f\left(\psi^{t} y\right)\right) d t\right| \leq C_{29}\left|\int_{-S_{k}}^{-\infty} e^{\delta t} d t\right|=\frac{C_{30}}{\delta} e^{-\delta S_{k}} \cdot d \leq C_{31} d^{2}
$$

Using (4.6) we obtain the following estimates for $\Sigma_{3}$ and $\Sigma_{4}$ :

$$
\begin{aligned}
& \Sigma_{3}=\left|\sum_{j=0}^{k-1} \int_{T_{0}}^{T_{j}}\left(f\left(\psi^{t} x_{j}\right)-f\left(\psi^{t} z_{j}\right)\right) d t\right| \leq C_{32} d \sum_{j=0}^{k-1} d\left(\pi \psi^{T} x_{j}, \pi \psi^{T} z_{j}\right) \leq C_{33} d^{2}, \\
& \Sigma_{4}=\left|\sum_{j=0}^{k-1} \int_{T}^{T_{j}}\left(f\left(\psi^{t} z_{j}\right)-f\left(\psi^{t} x_{j+1}\right)\right) d t\right| \leq C_{34} d^{2}
\end{aligned}
$$

This concludes the proof of Lemma 4.1.
Corollary. $F(x)$ is of class $C_{K_{0}(\lambda)}^{1+\lambda}$ on the set $\mathscr{S}(c f .$, Remark in $\S 3$ ), for any $\lambda$, $0<\lambda<\alpha / \delta$.

Lemma 4.2. For any $\lambda, 0<\lambda<\alpha / \delta$ there exist constants $K_{1}(\lambda), K_{2}(\lambda), K_{3}(\lambda)$ such that the function $F(x)$ can be extended from $\mathscr{S}$ to $X$ as a function of class $C_{K_{1}(\lambda)}^{1+\lambda}$ in such a way that $\mathscr{D} F(x) \in C_{K_{2}(\lambda)}^{1+\lambda}(X)$, and for $h(x)=\mathscr{D} F(x)-f(x)$ we have $\|h(x)\|_{C^{\prime}} \leq$ $K_{3}(\lambda) \varepsilon^{\lambda}$.
Proof. First, we show how to extend $F(x)$ from $\mathscr{S} \cap S_{\rho}\left(x_{0}\right)$ to $S_{\rho}\left(x_{0}\right)$ as a function of class $C_{K_{1}(\lambda)}^{1+\lambda} . \mathscr{S} \cap S_{\rho}\left(x_{0}\right)$ is a discrete $\varepsilon$-regular set. It is sufficient to extend $F(x)$ to a 'generating' quadrangle of $\mathscr{S} \cap S_{\rho}\left(x_{0}\right)$ which is a $\varepsilon^{2}$-perturbation of a square. We denote its vertices by $A, B, C$ and $D$, and the directions $A \vec{B}$ and $A \vec{D}$ by $x$ and $y$ respectively. We may assume that $F$ is a real-valued function since the following argument is valid for $\operatorname{Re} F$ and $\operatorname{Im} F$. We extend $F(x)$ to the interval $[A, B]$ knowing $F(A), F(B)$ and $F_{x}^{\prime}(A)=l_{A}\left(v_{A B}\right)=a_{A}, F_{x}^{\prime}(B)=-l_{B}\left(v_{B A}\right)=a_{B}$. There exist $t_{A B} \in$ $[A, B]$ and $k_{A B} \in \mathbb{R}$ such that

$$
F_{x}^{\prime}(w)=\left\{\begin{array}{l}
k_{A B} d(w, A)+a_{A}, \quad w \in\left[A, t_{A B}\right]  \tag{4.8}\\
-k_{A B} d(w, A)+k_{A B} d(A, B)+a_{B}, \quad w \in\left[t_{A B}, B\right]
\end{array}\right.
$$

and $\int_{A}^{B} F_{x}^{\prime}(w) d w=F(B)-F(A) . F(x)$ is of class $C_{K_{0}(\lambda)}^{1+\lambda}$. It follows from (4.8) that $k_{A B}$ satisfies the following quadratic equation

$$
\begin{equation*}
d(A, B)^{2} k_{A B}^{2}-2\left[2(F(B)-F(A))-d(A, B)\left(a_{A}+a_{B}\right)\right] k_{A B}-\left(a_{A}-a_{B}\right)^{2}=0 \tag{4.9}
\end{equation*}
$$

A direct calculation shows that

$$
\left|k_{A B}\right| \leq 4 K_{0}(\lambda) d(A, B)^{\lambda-1}
$$

Then for $w, w^{\prime} \in[A, B]$

$$
\left|F_{x}^{\prime}(w)-F_{x}^{\prime}\left(w^{\prime}\right)\right| \leq\left|k_{A B}\right| d\left(w, w^{\prime}\right) \leq 4 K_{0}(\lambda) d\left(w, w^{\prime}\right)^{\lambda} .
$$

We define $F_{y}^{\prime}(w)$ linearly for $w \in[A, B]$ :

$$
\begin{equation*}
F_{y}^{\prime}(w)=\frac{F_{y}^{\prime}(A) d(w, B)+F_{y}^{\prime}(B) d(A, w)}{d(A, B)} \tag{4.10}
\end{equation*}
$$

Then $\left|F_{y}^{\prime}(w)-F_{y}^{\prime}\left(w^{\prime}\right)\right| \leq K_{0}(\lambda) d\left(w, w^{\prime}\right)^{\lambda}$. Thus $F(x)$ is extended to [AB], and analogously to $[B C],[C D]$ and $[D A]$, as a $C_{4 K_{0}(\lambda)}^{1+\lambda}$-function. We parametrize each interval $[A B]$ and $[C D]$ by its normalized length $\sigma$. Then we connect points having the same parameter by an interval of a geodesic, obtaining a family of coordinate curves, and extend $F(x)$ to each interval by the formulas (4.8) and (4.10) as a $C_{C_{1}(\lambda)}^{1+\lambda}$-function for some $C_{1}(\lambda)>0$. Thus we obtain a function inside the quadrangle $A B C D$. In order to prove that thus defined function is of class $C_{K_{1}(\lambda)}^{1+\lambda}$ inside $A B C D$, we construct a family of curves connecting intervals [ $B C$ ] and [ $D A$ ] as follows. For $\sigma \in[0,1]$, let $z_{\sigma} \in[A B]$ and $w_{\sigma} \in[C D]$ be the points parametrized by $\sigma$, and $t_{\sigma} \in\left[z_{\sigma}, w_{\sigma}\right], t_{\sigma}=t_{z_{\sigma}, w_{\sigma}}$ as in (4.8). We parametrize each interval $\left[z_{\sigma}, t_{\sigma}\right]$ and $\left[t_{\sigma}, w_{\sigma}\right]$ by its normalized length such that $\tau\left(z_{\sigma}\right)=0, \tau\left(t_{\sigma}\right)=\frac{1}{2}, \tau\left(w_{\sigma}\right)=1$, and $\tau=$ const. gives us the second family of coordinate curves. Let $P=\left(\sigma_{1}, \tau_{1}\right)$ and $Q=\left(\sigma_{2}, \tau_{2}\right)$, and $R=\left(\sigma_{2}, \tau_{1}\right)$. There exist $C_{2}(\lambda), C_{3}(\lambda), K_{1}(\lambda)>0$ such that for $i=\sigma, \tau$

$$
\begin{aligned}
\left|F_{i}^{\prime}(Q)-F_{i}^{\prime}(P)\right| & \leq\left|F_{i}^{\prime}(Q)-F_{i}^{\prime}(R)\right|+\left|F_{i}^{\prime}(R)-F_{i}^{\prime}(P)\right| \\
& \left.\leq C_{2}(\lambda) d(Q, R)^{\lambda}+C_{3}(\lambda) d(R, P)^{\lambda}\right) \leq K_{1}(\lambda) d(P, Q)^{\lambda}
\end{aligned}
$$

We use (4.8), (4.9) and (4.10) to obtain the second inequality. The last inequality follows from the regularity of the quadrangle $A B C D$ and the fact that the function $d^{\lambda}$ is concave down for any $\lambda, 0<\lambda \leq 1$.

Let us choose a finite cover of $X$ by cylinders $C_{\rho}\left(x_{i}\right), i=0, \ldots, N$ introduced in § 3. We extend $F(x)$ by the formula

$$
F\left(\psi^{t} x\right)=\int_{0}^{t} f\left(\psi^{s} x\right) d s+F(x), \quad-\rho<t<\rho
$$

to a $C_{K_{1}(\lambda)}^{1+\lambda}$-function on each $C_{\rho}\left(x_{i}\right)$. Thus for $i=0, \ldots, N$ we obtain a function $F_{i}(x)$ defined on $C_{\rho}\left(x_{i}\right)$ and such that $F_{i}(x)=F(x)$ for $x \in \bar{\Lambda}_{i}$. Let $\left\{\lambda_{0}(x), \ldots, \lambda_{N}(x)\right\}$, $\sum_{i=0}^{N} \lambda_{i}(x)=1$ be a $C^{\infty}$ partition of unity corresponding to the cover $\left\{C_{\rho}\left(x_{i}\right)\right\}$, and $\bar{F}(x)=\sum_{i=0}^{N} \lambda_{i}(x) F_{i}(x)$. For

$$
x \in \bigcap_{k=1}^{M} C_{\rho}\left(x_{i_{k}}\right), \quad \mathscr{D} \tilde{F}(x)=\sum_{k=1}^{M} \mathscr{D} \lambda_{i_{k}}(x) F_{i_{k}}(x)+\lambda_{i_{k}}(x) \mathscr{D} F_{i_{k}}(x) .
$$

By construction, on each $C_{\rho}\left(x_{i_{k}}\right)$ we have $\mathscr{D} F_{i_{k}}(x)=f(x)$ and $\lambda_{i}(x)=0$ if $i \neq i_{k}$. Thus

$$
\mathscr{D} \bar{F}(x)=\sum_{k=1}^{M} \mathscr{D} \lambda_{i_{k}}(x) F_{i_{k}}(x)+f(x),
$$

and therefore $\mathscr{D} \bar{F}(x)$ is of class $C_{K_{2}(\lambda)}^{1+\lambda}$ for some $K_{2}(\lambda)>0$.
Now we estimate the $C^{1}$-norm of $h(x)=\mathscr{D} \bar{F}(x)-f(x)$. Let $x \in \bigcap_{k=1}^{M} C_{p}\left(x_{i_{k}}\right)$. If $M=1, \bar{F}(x)=F_{i_{1}}(x)$, hence $\mathscr{D} \bar{F}(x)=f(x)$ and $h(x)=0$ in some neighborhood of the point $x$. Therefore, in the open set $X \backslash \bigcup_{j \neq i_{1}} C_{\rho}\left(x_{j}\right)\|h(x)\|_{C^{1}}=0$. Suppose $M>1$. We notice that $\sum_{k=1}^{M} \mathscr{D} \lambda_{i_{k}}(x)=0$, and therefore $h(x)=\sum_{k=2}^{M} \mathscr{D} \lambda_{i_{k}}(x)\left(F_{i_{k}}(x)-F_{i_{1}}(x)\right)$. Since the functions $\lambda_{i_{k}}$ are of class $C^{\infty}$, we have in $\bigcap_{k=1}^{M} C_{\rho}\left(x_{i_{k}}\right)$

$$
\|h(x)\|_{C^{1}} \leq C_{4} \sum_{k=2}^{M}\left\|F_{i_{k}}(x)-F_{i_{1}}(x)\right\|_{C^{1}}
$$

There exists a constant $C_{5}>0$ and two points $y \in \bar{\Lambda}_{i_{k}}, z \in \bar{\Lambda}_{i_{1}}$ such that $d(x, y) \leq \varepsilon$, $d(x, z) \leq \varepsilon, d(y, z) \leq C_{5} \varepsilon$. In the following estimate we use that the functions $F_{i_{k}}(x)$, $F_{i_{1}}(x)$ and $F(x)$ are of class $C^{1}$, and that $F_{i_{k}}(y)=F(y), F_{i_{1}}(z)=F(z)$.

$$
\begin{aligned}
\left|F_{i_{k}}(x)-F_{i_{1}}(x)\right| & \leq\left|F_{i_{k}}(x)-F_{i_{k}}(y)\right|+\left|F_{i_{1}}(z)-F_{i_{1}}(x)\right|+\left|F_{i_{k}}(y)-F_{i_{1}}(z)\right| \\
& =\left|F_{i_{k}}(x)-F_{i_{k}}(y)\right|+\left|F_{i_{1}}(z)-F_{i_{1}}(x)\right|+|F(y)-F(z)| \leq C_{6} \varepsilon .
\end{aligned}
$$

For $j=0, s, u$ the functions $\mathscr{D}_{j} F_{i_{k}}(x)$ and $\mathscr{D}_{j} F_{i_{1}}(x)$ satisfy a Hölder condition of order $\lambda$ and a constant $K_{1}(\lambda)$ for any $\lambda, 0<\lambda<1$. By construction (Lemma 4.1) we have $\mathscr{D}_{j} F_{i_{k}}(y)=k^{j}(y), \mathscr{D}_{j} F_{i_{1}}(z)=k^{j}(z)$ (see notations of $\S 2$ ), and using Theorem 2.1 we obtain the following estimate:

$$
\begin{aligned}
\left|\mathscr{D}_{j} F_{i_{k}}(x)-\mathscr{D}_{j} F_{i_{1}}(x)\right| \leq & \left|\mathscr{D}_{j} F_{i_{k}}(x)-\mathscr{D}_{j} F_{i_{k}}(y)\right| \\
& +\left|\mathscr{D}_{j} F_{i_{1}}(z)-\mathscr{D}_{j} F_{i_{1}}(x)\right|+\left|\mathscr{D}_{j} F_{i_{k}}(y)-\mathscr{D}_{j} F_{i_{1}}(z)\right| \\
\leq & C_{7}(\lambda) \varepsilon^{\lambda} .
\end{aligned}
$$

Thus, for some constant $K_{3}(\lambda)$ we have $\|h(x)\|_{C^{1}} \leq K_{3}(\lambda) \varepsilon^{\lambda}$, and the lemma follows.

Now we can finish the proof of Theorem 1.1. For any $\lambda, 0<\lambda<1$ there exists a constant $C_{8}(\lambda)>0$ such that for any $\varepsilon>0 \ln \varepsilon^{-1} \leq C_{8}(\lambda) \varepsilon^{\lambda-1}$. Given $T>0$, let

$$
\varepsilon=C^{1 /(3-\lambda)} C_{8}(\lambda)^{1 /(3-\lambda)} T^{-1 /(3-\lambda)},
$$

where $C$ is from Theorem 3.1. We apply Theorem 3.1 to construct an $\varepsilon$-dense piece of orbit $O$ of length $C \ln \varepsilon^{-1} / \varepsilon^{2} \leq T$. Defining the function $F(x)$ on $O$ by formula (4.1) and applying Lemmas 4.1 and 4.2 we obtain a function $h(x)$ with the following estimate on its $C^{1}$-norm:

$$
\|h\|_{C^{1}} \leq K_{2}(\lambda) \varepsilon^{\lambda} \leq K_{2}(\lambda) C^{\lambda /(3-\lambda)} C_{8}(\lambda)^{\lambda /(3-\lambda)} T^{-\lambda /(3-\lambda)}=C(\lambda) T^{-\lambda /(3-\lambda)}
$$

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