EPV0005

Obsessive symptoms as first alert of psychosis: Two cases report

L. Carpio Garcia*, C. Martín Villarroel, M. Sánchez Revuelta, J. Domínguez Cutanda, J. Matsuura and E. García
Psychiatry, COMPLEJO HOSPITALARIO DE TOLEDO, Toledo, Spain
*Corresponding author.

Introduction: Concomitant presence of obsessive-compulsive symptoms (OCS) is relatively frequent in psychotic patients and there are different hypotheses trying to explain the origin of them as pathology evolution, comorbid disorder, defence mechanism, or even a medication side-effect, but it is difficult to make a precise evaluation of these symptoms and the mechanisms involved. Sometimes OCS are the first manifestation to appear without any other areas affected, and psychotic disorder comes later with initial symptoms in that domain.

Objectives: Evaluate the association between OCS and psychosis to document pathogenesis of both entities.

Methods: A bibliographic search was performed about this topic. We present two cases of patients that have been referred to our unit: A 34-year-old man, a usual consumer of cannabis, who shows checking and organizing compulsions that interfere significantly with his life. Consumptions grew progressively until they become daily, trying to prevent him from daily activities. No response to antidepressants, he starts taking antipsychotics and benzodiazepines to reduce OCS, and weeks later begins a manic episode with delusions of suicide attempts. Differential diagnosis between obsessive and delirious dysmorphophobia is essential for improving outcomes; the egodystonic nature of the symptom, awareness of illness and obsessive personality traits facilitate the diagnosis. A multidisciplinary approach involving psychiatrists and clinical psychologists is necessary for a correct diagnosis and early treatment of this pathology, as well as recognition by dermatologists, surgeons and medical aesthetic professionals, where these patients go with the aim of finding solutions to their problem.

Disclosure: No significant relationships.
Keywords: psychiatry; obsessive-compulsive symptoms

EPV0006

The ugliest woman in the world

Psychiatry, hospital clínico universitario de Valladolid, VALLADOLID, Spain and Psychiatry, hospital clínico universitario de Valladolid, Valladolid, Spain
*Corresponding author.

Introduction: The main feature of body dysmorphic disorder (BDD) is impairing preoccupation with a physical defect that appears slight or non-existent to others.

Objectives: To draw an overview of BDD through a clinical case of a patient with BDD and autolytic ideation, which improved after an adequate diagnosis and an early pharmacological and psychotherapeutic approach.

Methods: Bibliographic review of the treatment and diagnosis of BDD, from articles published in the last 5 years in PubMed.

Results: 18-year-old woman diagnosed with depression and obsesive ideation, which started at the age of 11, after a comment at school. The patient believes that she has intense under-eye bags or dark circles, this has caused her to abandon all activity and self-isolate at home. Symptoms included recurring obsessive and intrusive thoughts related to the supposed defect, ritualized behaviors of hours of duration aiming toil through makeup, and autolytic ideation. Therapeutic approach combined psychopharmacological and psychotherapeutic treatments, obtaining gradual improvement of symptomatology and disappearance of the autolytic ideation.

Conclusions: The disorder is severe, which is reflected in high rates of suicide attempts. Differential diagnosis between obsessive and delirious dysmorphophobia is essential for improving outcomes; the egodystonic nature of the symptom, awareness of illness and obsessive personality traits facilitate the diagnosis. A multidisciplinary approach involving psychiatrists and clinical psychologists is necessary for a correct diagnosis and early treatment of this pathology, as well as recognition by dermatologists, surgeons and medical aesthetic professionals, where these patients go with the aim of finding solutions to their problem.

Disclosure: No significant relationships.
Keywords: Dysmorphic disorder; Obsessive ideation; autolytic ideation; Depression

EPV0007

Did the effect of placebo increase in rcts of panic disorder across the years?


1Nesmos Department (neurosciences, Mental Health And Sensory Functions), Sant’Andrea Hospital, “Sapienza” University of Rome, Rome, Italy; 2Psychiatry, ASL Roma 1, Rome, Italy; 3Psychiatry, ASL Latina, Latina, Italy; 4Psychiatry, ASL Rieti, Rieti, Italy; 5Ageing, Neurosciences, Head-neck And Orthopaedics Sciences, Fondazione Policlinico Universitario Agostino Gemelli IRCCS, Università Cattolica del Sacro Cuore, Rome, Italy; 6Psychiatry, Sapienza University, Rome, Italy and 7Department Of Neuroscience, Section Of Psychiatry, Università Cattolica del Sacro Cuore, Rome, Italy
*Corresponding author.

Introduction: The curious effect of an increase of the placebo effect across year of publication has been shown for depression, schizophrenia, obsessive-compulsive disorder, as well as for some medical conditions like hypertension and pain.

Objectives: We aimed to observe how randomised clinical trials with a placebo control behave at this respect in panic disorder trials.