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Acute Psychosis in the Setting of Severe Hypothyroidism

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introduction:

the relationship between hypothyroidism and mood disorder espacially depressive disorder is well described. However, there are few studies reporting psychotic symptoms (such as delusions, auditory or/and visual hallucination) in the setting of thyroid hormone defeciency. objectives:

this study highlights psychosis as a possible presenting symptom in hypothyroidism.

methods

case report and review

results:

we report the case of a female patient aged 36 years old with no family or personal psychiatric history , who presented with delusion , depressive disorder and auditory hallucination . the CT scan was without abnormality . the thyroid screening finds a severe hypothyroidism after 3 months of radiotherapy with lodine131 [FT4 = 2.49 pmol/l ,TSH 135.28 μ Ul/ml]

conclusion:

psychotic symptoms are an uncommun presentation of hypothyroidism and treatement choices are contreversial.