

behaviour and a structured obsessive ideation, made us consider the possibility of frontal perseveration behaviours. For this reason, a neuropsychological evaluation and a functional neuroimaging test were performed: Test Mo-CA: 9/30 with striking failures in executive functions. SPECT: mild uptake defect in the left frontotemporal region.

**Results:** Finally, in view of the impairment in executive functions and the frontal defects in neuroimaging, we change the initial diagnosis of OCD towards a Neurocognitive Disorder of probable frontotemporal origin.

**Conclusions:** The presented case evidenced the importance of differentiating obsessive compulsions from frontal perseveration to guide the differential diagnosis, given the implications for therapeutic management and prognosis.

**Disclosure:** No significant relationships.

**Keywords:** Obsessive rituals; frontotemporal dementia; obsessive-compulsive disorder; perseveration

## Old Age Psychiatry

### EPV0923

#### Sexual difficulties in old age and Person-Centered Therapy: A qualitative study with older adults

S. Von Humboldt<sup>1\*</sup>, J.A. Ribeiro-Gonçalves<sup>1</sup>, G. Low<sup>2</sup> and I. Leal<sup>1</sup>

<sup>1</sup>ISPA – Instituto Universitário, Lisbon, Portugal, William James Research Center, Lisbon, Portugal and <sup>2</sup>University of Alberta, Faculty Of Nursing, Edmonton, Canada

\*Corresponding author.

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**Introduction:** Sexual well-being (SWB) of the older population can be significantly influenced by age (1) and sexual difficulties (2).

**Objectives:** Through qualitative research, this study focused on sexual themes that affect the SWB addressed by the older people in person-centered therapy.

**Methods:** Twenty-five older adults, aged between 65 and 82 years and residents on the community participated in this study.

**Results:** The results revealed eight main themes for these participants: Absence of a partner, family interference, dissatisfaction with the body, cleanliness and body care, problems in sexual function, physical violence, problems in sexual communication and fear of contracting sexually transmitted diseases. The most discussed themes were the absence of a partner, problems with sexual function and dissatisfaction with the body.

**Conclusions:** This study highlights the importance of exploring the sexual difficulties that the older population feels in relation to their SWB. 1.von Humboldt S et al. Sexual expression in old age: How older adults from different cultures express sexually? Sex Res Social Policy. 2020;1-15. 2.von Humboldt S et al. Are older adults satisfied with their sexuality? Outcomes from a cross-cultural study. Educ Gerontol. 2020;46:284-293.

**Disclosure:** No significant relationships.

**Keywords:** Sexual desire; sexual difficulties; person-centered therapy; Older Adults

### EPV0925

#### Depressive Symptoms of Centenarians during the COVID-19 Pandemic: Preliminary Results of an Exploratory Study in Switzerland

C. Gomes Da Rocha<sup>1,2,3\*</sup>, A. Von Gunten<sup>3</sup>, K. Uittenhove<sup>4</sup>, C. Lampraki<sup>4,5</sup>, S. Cavalli<sup>6</sup>, F. Herrmann<sup>7</sup> and D. Jopp<sup>4,5</sup>

<sup>1</sup>HES-SO Valais-Wallis, School Of Health Sciences, Sion, Switzerland;

<sup>2</sup>University of Porto, Institute Of Biomedical Sciences Abel Salazar, Porto, Portugal; <sup>3</sup>Lausanne University Hospital, Service Of Old Age Psychiatry, Prilly, Switzerland; <sup>4</sup>University of Lausanne, Institute Of Psychology, Lausanne, Switzerland; <sup>5</sup>University of Lausanne, Swiss National Centre Of Competence In Research Lives, Lausanne, Switzerland; <sup>6</sup>University of Applied Sciences and Arts of Southern Switzerland (SUPSI), Department Of Business Economics, Health And Social Care - Centre Of Competence On Ageing, Manno, Switzerland and <sup>7</sup>Geneva University Hospitals - Trois-Chêne Hospital, Department Of Rehabilitation And Geriatrics, Thônex/Geneva, Switzerland

\*Corresponding author.

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**Introduction:** Depression is one of the most frequent mental health problems in older populations.<sup>1</sup> To the best of our knowledge, the prevalence of depressive symptomatology (DS) among centenarians in Switzerland is unknown. Furthermore, the COVID-19 pandemic may have had a negative impact. As part of the study SWISS100<sup>2</sup>, we intend to provide key information on centenarians' levels of DS.

**Objectives:** To describe the DS of Switzerland's centenarians during the COVID-19 pandemic.

**Methods:** Randomly selected centenarians from across Switzerland and their proxy relatives were invited to participate. Data are collected via telephone. The questionnaire includes the assessment of DS via the Geriatric Depression Scale (GDS)– 5 items.<sup>3</sup> Preliminary data were analysed using descriptive statistics.

**Results:** Telephone interviews were completed with 51 centenarians, and for 19 of them, proxy relatives also answered. The M<sub>Age</sub> of the centenarians was 101.41 (1.47) years, 34 (66.67%) were female and 27 (52.94%) lived at home. The mean score of the GDS–5 was 1.32 (SD=1.49). Considering a cut-off  $\geq 2$ , 18 (36%) centenarians were screened positive for possible depression. Descriptive statistics indicated effects of gender (men: M=1.41, SD=1.46; women: M=1.27, SD=1.53) and living situation (private: M=1.07, SD=1.36; institution: M=1.61, SD=1.62). Centenarians' and proxy reports were significantly related ( $p=0.56$ ;  $p<0.05$ ).

**Conclusions:** Clinically relevant DS are highly prevalent among centenarians during the COVID-19 pandemic (36%), which is consistent with a recent study<sup>4</sup> reporting a prevalence of 32% in a sample of younger older adults (M<sub>Age</sub>: 77.6, SD=6.9). To conclude, DS in centenarians should be screened systematically, especially in this time of unprecedented health crisis.

**Disclosure:** No significant relationships.

**Keywords:** depressive symptoms; Covid-19; centenarians

### EPV0927

#### When depression envelops frontotemporal dementia: The differential diagnostic frame through a case report

U. Altunoz<sup>1,2\*</sup>, J. Menstell<sup>1</sup> and M. Ziegenbein<sup>3</sup>

<sup>1</sup>Wahrendorff Clinic, Centre Of Transcultural Psychiatry & Psychotherapy, Sehnde, Germany; <sup>2</sup>Hannover Medical School,

Research Group For Social And Transcultural Psychiatry & Psychotherapy, Hannover, Germany and <sup>3</sup>Wahrendorff Clinic, Department Of Psychiatry & Psychotherapy, Sehnde, Germany  
 \*Corresponding author.  
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**Introduction:** Frontotemporal dementia (FTD) is common in presenile population. The overlapping symptoms with other psychiatric disorders can lead to wrong/late diagnosis which cause delays/difficulties regarding case-management. Especially, long-standing and/or late-onset depression can descriptively envelop bvFTD (behavioral-variant) and leads to unnecessary treatments and increased distress. It's important to implement a descriptive diagnostic algorithm which will help clinicians to distinguish the phenomenology of these disorders.

**Objectives:** This presentation aims to call attention of the clinicians/researchers to an elaborated effort concerning differential diagnosis of two common disorders with overlapping features through a case-study of a 59-year-old male patient.

**Methods:** One case from an inpatient unit of a psychiatric clinic in Lower Saxony, Germany will be reported.

**Results:** Case: The patient was referred to our acute-psychiatric ward from the day-clinic-unit because of treatment-resistant, severe and long-lasting depressive symptoms. He was depressed, desperate, hopeless, listless and had suicidal thoughts. During the first days of treatment, symptoms like apathy, bad hygiene, weird eating-behavior, urinary incontinence, lack of empathy, language disorders and other behavioral symptoms were evident. Brain-MRI yielded frontotemporal lobar atrophy. Trail-Making-Test and Frontal-Assessment-Battery showed pronounced impairment of executive functions. Mini mental state examination and DemTect yielded light to moderate memory dysfunction. Diagnostic Criteria for Probable bvFTD (International-Consensus-Criteria) were fulfilled.

**Conclusions:** The diagnosis of bvFTD enabled a rapid assignment of a legal representative and relieved the long-lasting discomfort of the patient and his family that was caused by multiple unsuccessful treatment trials against depression. The differential diagnostic frame between bvFTD and depression will be discussed in view of the current literature.

**Disclosure:** No significant relationships.

**Keywords:** differential diagnosis; Depression; frontotemporal dementia

## EPV0928

### Estimate of the prevalence of depression among older people in Africa: a systematic review and meta-analysis

A. Tilahun<sup>1\*</sup>, N. Mekonnen<sup>2</sup> and B. Duko<sup>3</sup>

<sup>1</sup>University of Technology Sydney, Public Health, Sydney, Australia;

<sup>2</sup>Hawassa University, Nursing, Hawassa, Ethiopia and <sup>3</sup>Curtin University, Public Health, Perth, Australia

\*Corresponding author.

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**Introduction:** Among non-communicable diseases, depression is a leading cause of morbidity in elderly people with varying magnitude across countries. No systematic review and meta-analysis has yet examined the pooled prevalence of depression among elderly in Africa.

**Objectives:** The current systematic review and meta-analysis aimed to estimate the pooled prevalence of depression among elderly people in Africa.

**Methods:** We have searched CINAHL, PubMed, SCOPUS and Psych-INFO databases to identify observational studies which reported the prevalence of depression among the elderly. We used a random-effects model due to reported heterogeneity among the studies. The publication bias was examined by using egger's test, visual inspection of the symmetry in funnel plots and adjusted using Trim and Fill analysis. We used Cochran's Q and the I<sup>2</sup>-tests to measure heterogeneity across the studies.

**Results:** A total of 23 studies conducted in Africa were included in the current systematic review and meta-analysis, representing a total of 14, 350 elderly population. The pooled prevalence of depression among elderly people in Africa was estimated to be 26.3% (95% Ci; 22.2, 30.4%). The estimated pooled prevalence of depression among the elderly in Africa was much higher (43.1%) in studies that used a screening tool to measure depression when compared to studies that used a diagnostic tool (24.2%). Also, the prevalence of depression among female elderly participant (43.10%) was higher than that of male elderly participant (30.90%).

**Conclusions:** One in five elderly population in Africa were depressed. Timely and targeted screening of depression among the elderly and evidence-based interventions were highly recommended.

**Disclosure:** No significant relationships.

**Keywords:** Elderly; Africa; Prevalence; Depression

## EPV0929

### Autism spectrum disorder in older adults: The case study of a 65-year-old man

J. Menstell<sup>1\*</sup>, U. Altunoz<sup>1,2</sup> and M. Ziegenbein<sup>3</sup>

<sup>1</sup>Wahrendorff Clinic, Centre Of Transcultural Psychiatry & Psychotherapy, Sehnde, Germany; <sup>2</sup>Hannover Medical School, Research Group For Social And Transcultural Psychiatry & Psychotherapy, Hannover, Germany and <sup>3</sup>Wahrendorff Clinic, Department Of Psychiatry & Psychotherapy, Sehnde, Germany

\*Corresponding author.

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**Introduction:** Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized with ritualized behavior, difficulties in communication/ social interaction, restricted interests, and sensitivity to external stimuli. The ASD has gained attention in recent years, however it's still difficult in geropsychiatric setting to identify high-functioning ASD, especially when patients' coping mechanisms are successful. Not to determine high-functioning ASD structure in older age can lead to wrong diagnosis and inappropriate treatment trials.

**Objectives:** The aim of this presentation is to emphasize the importance of the evaluation of ASD-structure in old-age-psychiatry through the case study of a 65-years-old man.

**Methods:** One case report from the inpatient unit of a psychiatric clinic in Lower Saxony, Germany will be presented.

**Results:** Case: The patient was referred to our acute-psychiatric ward due to delusional thoughts, depressive symptoms and lorazepam dependency. Delusional disorder was diagnosed in the outpatient-setting since he had interpreted some external stimuli in an eccentric way. During the therapeutic process, some features