Wallerian Degeneration in the Corticospinal Tract Following Tumefactive Demyelination: Conventional and Advanced Magnetic Resonance Imaging

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A 24-year-old man with no prior medical history or neurological symptoms presented with the subacute onset of dysarthria and mild right-sided weakness involving the face, arm, and leg. On examination, the only abnormalities were a right upper motor neurone facial droop and mild right pyramidal weakness. 3-Tesla magnetic resonance imaging (MRI) of the brain revealed a large, isolated, nonenhancing, peripherally diffusion-restricted T2 hyperintense lesion in the left frontal lobe with minimal edema and mass effect; and a T2 hypointense rim, typical of a tumefactive demyelinating lesion (TDL) (Figure 1A,B). MRI of the whole spine was normal. Oligoclonal bands in the cerebrospinal fluid were positive and visual evoked potentials were mildly prolonged bilaterally, consistent with demyelination. Serum aquaporin-4 antibody was negative. He was treated with intravenous methylprednisolone 1 g daily for 5 days, followed by interferon beta 1a. His neurological deficits improved to normal over several months.

Repeat imaging 2 years later showed involvment of the TDL, with MRI changes in the left corticospinal tract (CST) consistent with Wallerian degeneration (WD) (Figure 1C). Application of diffusion tensor imaging (DTI) using probabilistic tractography (Figure 1D,E) showed higher axial diffusivity (AD; 1.26 vs 1.07 μm²/ms) and radial diffusivity (RD; 0.75 vs 0.59 μm²/ms) in the affected CST compared with the normal-appearing contralateral side. Moderate increases of AD (1.23 vs 1.16 μm²/ms) and RD (0.58 vs 0.52 μm²/ms) were observed in the tract proximal to the lesion, whereas higher AD (1.40 vs 1.34 μm²/ms) but similar RD (0.45 vs 0.46 μm²/ms) was measured in the CST distal to the lesion. Four years later, the patient has no neurological symptoms and remains clinically and radiologically stable.

DISCUSSION

TDLs are an uncommon manifestation of demyelinating disease, often mistaken for neoplasms.1,2 MRI clues that help to distinguish TDLs include size >2 cm, open ring enhancement, diffusion restriction at the lesion periphery, a T2 hypointense rim around a T2 hyperintense core, venular enhancement, and comparatively minimal parasellar edema and mass effect for size.2,3 Not all lesions will necessarily have all these features, and close clinical and radiological follow-up is advised. In some cases, a brain biopsy may be required to exclude alternative pathologies.1,2

Acute demyelinating lesions can cause transection of axons leading to distal axonal WD.4 Although we might have expected to see a residual right hemiparesis, or even progressive weakness from this lesion as a result of the WD, the patient has a normal and stable neurological examination. Presumably this reflects that a critical number of fibers within the CST have remained functional above a threshold for clinical weakness and/or that power has been maintained by the recruitment of additional neural pathways.

This is the first description of WD explicitly resulting from tumefactive demyelination, although some TDLs were included in an earlier conventional MRI study that also identified WD in the CST of patients with demyelinating lesions of different sizes.5 MRI poorly resolves anterograde axonal loss from small individual demyelinating lesions, but the size of TDLs involving the CST makes it possible to visualize the WD that occurs after transection of a larger number of axons.5

Debate exists as to whether changes in diffusivity are related to axonal loss, demyelination, or some combination of the two.6 DTI studies are limited by a lack of knowledge regarding the precise pathology of the area being studied in vivo and that there are often coexistent and overlapping areas of demyelination and axonal degeneration. Moreover, other fiber tracts can cross across an area of interest, and AD and RD values can change over time in relation to an acute demyelinating event.7 Changes in diffusivity therefore are likely to be more robust across chronically affected larger fiber tracts such as the CST, where these factors should have less impact. Ongoing studies with radio-pathological correlation and improvement in DTI metrics will help to resolve the debate.
Chronic axonal degeneration resulting from acute demyelinating lesions is thought to be a major factor underlying multiple sclerosis disease progression. In this patient, further chronic axonal degeneration, or the development of new focal lesions, may exhaust axonal reserve in the CST and result in early secondary progressive weakness.

DISCLOSURES

The authors do not have anything to disclose.

REFERENCES