CASE REPORT

Dissecting Hematoma of Intracranial Internal Carotid Artery in an 8-year-old Girl

Roy H. Rhodes, Susan Phillips, Frances A. Booth, Kenneth G. Magnus

ABSTRACT: Background: An 8-year-old girl had a minor fall without head trauma and she collapsed the following day while playing. She was awake but mute with focal neurologic signs when admitted to hospital. Radiologic imaging studies showed a progressive left cerebral infarct with left hemisphere vascular narrowing and beading. She died on the third hospital day. Methods: Autopsy including exploration of neck vessels and neuropathological examination was performed. Postmortem studies included immunostaining for immunoglobulins and fixed complement. Results: Subtotal subintimal dissections of both proximal supraclinoid internal carotid arteries were found microscopically. On the left, the subintimal dissection extended into the major branches of the left internal carotid artery as dissecting hematomas with a major compromise of the arterial lumina. Specific IgM deposition at the dissection sites was found. A literature review shows that subintimal dissection of the intracranial internal carotid artery or its branches occurs rarely, it is often fatal, and it is present in patients with a mean age of 17.5 years in cases studied pathologically. Trauma and physical exertion are the most common associated factors. Conclusions: Among the causes of ischemic stroke in young individuals, dissecting hematomas of the intracranial portions of the internal carotid artery system rank low. Few reported cases have identifiable pre-existing pathology. The pathogenesis of dissecting hematomas in this region is reviewed and expanded with speculation regarding relevant developmental, anatomical, flow stress and possibly humoral factors that are involved in the disruption of the arterial elastica and subsequent development and extension of a subintimal hematoma resulting in luminal closure and often death.

RÉSUMÉ: Hématome disséquant de la carotide interne intracrânienne chez une fillette de 8 ans. Introduction: Une fillette âgée de 8 ans a fait une chute mineure sans traumatisme crânien et elle s’est affaissée en jouant le lendemain. Elle était consciente mais ne pouvait parler et présentait des signes neurologiques focaux à l’admission. Des études radiologiques ont montré un infarctus cérébral gauche progressif avec un rétrécissement vasculaire à l’hémisphère gauche avec aspect en chapelet. Elle est décédée trois jours après son admission à l’hôpital. Méthodes: Une autopsie a été pratiquée, incluant une exploration des vaisseaux du cou et un examen neuropathologique incluant des études immunohistochimiques pour les immunoglobulines et la fixation du complément. Résultats: À la microscopie, on a constaté la présence de dissection sous-intimale subtotale de la portion supraclinoidienne proximale des carotides internes. À gauche, la dissection sous-intimale s’étendait aux branches majeures de la carotide interne gauche sous forme d’hématomes disséquants qui compromettaient de façon importante la lumière artérielle. Des IgM spécifiques étaient présentes aux sites de dissection. Une revue de la littérature a montré que la dissection sous-intimale de la carotide interne intracrânienne ou de ses branches est rare, souvent fatale, et se retrouve chez des patients dont l’âge moyen est 17.5 ans dans les cas ayant subi un examen anatomopathologique. Un traumatisme ou l’activité physiointense sont les facteurs les plus souvent associés. Conclusions: Parmi les causes d’accident vasculaire cérébral chez les jeunes, l’hématome disséquant de la portion intracrânienne du système carotidien interne est une cause peu fréquente. Parmi les cas rapportés, peu ont une pathologie préexistante identifiable. Nous revoyons la pathogénèse des hématomes disséquants de cette région et nous discutons de facteurs du développement, de l’anatomie, des forces de cisaillement et de facteurs humoraux potentiels qui sont impliqués dans la perturbation de la couche élastique artérielle, et le développement subséquent et l’extension d’un hématome sous-intimal menant à l’oblitération luminaire et souvent au décès.


Intracranial internal carotid artery system dissection is infrequently reported, its course is typically short and enigmatic, and it is often fatal. By comparison, magnetic resonance (MR) imaging has helped to establish arterial dissection in the extracranial internal carotid arteries as an important and more commonly survivable cause of cerebral infarction in adults. Dissection through the medial layer in the neck vessels may be spontaneous, but there is often a history of trauma, including trivial head or neck trauma. Dissection of the intracranial vertebrobasilar system can be accompanied by rupture of the arterial wall with subarachnoid hemorrhage. Dissecting hematomas of the intracranial internal carotid artery system differ from neck vessel dissections by occurring in

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much younger patients and by having a plane of dissection that is subintimal and splits the internal elastic lamina from the media. Few of these patients have histologic evidence of a previous vasculopathy. Typically, these children and young adults have sudden onset of a lateralizing headache associated with trauma, including trivial head trauma with or without a delay, or with intense physical exertion and there is simultaneous or subsequent development of neurologic symptoms. The delay can be hours and sometimes days, and there is one report or subsequent development of neurologic symptoms. The delay, or with intense physical exertion and there is simultaneous

Figure 1: A – T2-weighted axial MR imaging shows high signal intensity of entire left cerebral hemisphere and basal ganglia. L = left. B – Frontal view of circle of Willis using MR angiography shows vascular narrowing and beading of supraclinoid left internal carotid and left posterior cerebral arteries, and M1 segment of left middle cerebral artery (arrowhead). Note prominent left thalamostriate vessels (curved arrow). C – Frontal view of posterior circulation with MR angiography show vascular narrowing and beading of left posterior cerebral artery.

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Figure 2: H&E-stained sections of left (A) and right (B) proximal supraclinoid internal carotid arteries show partial dissection of the internal elastic lamina from the media, leaving a space between the mural layers (*). The elastica is ruptured with free ends curled in the lumen. A, bar = 100 µm; B, bar = 300 µm.

Figure 3: Elastin-stained section of subintimal dissecting hematoma of supraclinoid left internal carotid artery distal to the segment shown in Figure 2A. The hematoma separates the elastica (arrow) from the media, leaving a restricted luminal opening (*). Bar = 250 µm.

Figure 4: A – H&E-stained section of left posterior cerebral artery with dissecting hematoma. B – Infarcted left occipital cortex has shrunken neurons (H&E stain). A, bar = 250 µm; B, bar = 100 µm.

Figure 5: A – Proximal supraclinoid left internal carotid artery immunostained for IgM with deposition of IgM in media (long arrow) and on elastica where subintimal dissection has occurred. Media is mostly negative for IgM where the elastica remains attached (short arrowhead). B – Distal to A, subintimal hematoma is heavily IgM-immunoreactive. The media beneath the hematoma is also heavily immunostained for IgM, giving a stippled appearance (long arrow), but the medial layer beneath attached elastica is negative (short arrowhead). C – Two adjacent branches of the left middle cerebral artery have medial layer IgM immunoreactivity of varying intensity under subintimal hematomas (long arrows). Short arrowheads mark points of dissection of elastica from media. Bar = 100 µm.
of the brain were congested and they had a normal configuration. Coronal sections of cerebrum revealed softened tissue and a distinct corticomedullary junction. No deep white matter or cortical changes were seen, but the lateral ventricles were small and the anterior horns were almost closed. There was a small anterior shift of midline structures from left to right. The superior aspect of the cerebellum was narrowed from supratentorial pressure along the tentorium cerebelli and the upper midbrain was slightly narrowed. No intraventricular hemorrhage was present. The caudal half of the medulla near the herniations had subarachnoid hemorrhage around it.

Microscopically, a subtotal subintimal dissection between the internal elastic lamina and the muscular medial layer was found in the right and left internal carotid arteries in their proximal portions that had been in an immediately supraclinoid position. The internal elastic lamina of the supraclinoid segment of both the left and right internal carotid arteries was ruptured and the broken ends were curled up in the lumen (Figure 2). An extensive dissecting hematoma involved the left internal carotid artery several millimetres distal to the supraclinoid subintimal dissection (Figure 3). The subintimal hematoma dissected into the left middle, anterior and posterior cerebral arteries in each of several sections made of these vessels. Each microscopic section had the same histologic appearance with blood between the elevated elastica and the otherwise normal-appearing media (Figure 4). The subintimal hematomas compromised the lumen by up to 80%, while 40-70% of the circumferential extent of the elastica was dissected away from the media. There was a recent thombus in the right anterior cerebral artery, and a proximal segment of the right middle cerebral artery had a scalloped appearance of the elastica that seemed to represent early separation from the media. No hematoma was found in the right internal carotid artery system. No medial degenerative findings were observed in any vessels, Basilar and intracranial vertebral arteries and all major neck vessels were normal. Recent infarcts were seen in the left frontal and occipital lobes (Figure 4B) and in Sommer’s sector on the left.

Immunostains for IgG (rabbit polyclonal antibody, 1:2000, trypsin predigestion; DAKO, Denmark) showed heavy infiltration of infarcted cerebral tissue and moderately heavy immunolabeling of the entire medial layer of all of the major branches of the circle of Willis. IgM immunostaining (monoclonal antibody, 1:30, trypsin predigestion; DAKO) of each section containing the left intracranial internal carotid artery system showed a distinct staining pattern in most of the arterial segments with little or no IgM in the part of the arterial wall circumference that was intact, but with patchy to almost homogeneous IgM deposition in the medial layer adjacent to the subintimal dissections. IgM staining included the left internal carotid artery supraclinoid segments where no hematoma was found as well as the media adjacent to the hematoma (Figure 5). None of the normal arterial branches had IgM deposition. IgA immunoreactivity (monoclonal antibody, 1:20, microwave antigen retrieval; DAKO) was negative. Immunoreactivity for fixed complement component C3 (monoclonal antibody, 1:100, trypsin predigestion; DAKO) was equivalently present in the medial layer of arteries with dissections, while normal-appearing arteries were negative.

REVIEW OF THE LITERATURE AND CURRENT FINDINGS

The 41 cases with intracranial internal carotid artery system dissecting hematomas studied histologically in previous publications, with the addition of the present case, average 17.5 years of age at presentation. The only long-term survivors include three patients with onset at one year of age or younger.4 Of the 42 total cases, 18 had trauma, including 10 with mild or trivial head trauma, while 10 had physical exertion, two had migraines, and one had emotional exertion. These cases include two instances with both mild trauma and physical exertion relatively closely related to rapid collapse. The most common dissecting hematoma of limited extent is of the right (nine cases) or left (eight cases) middle cerebral arteries alone, although middle cerebral artery dissection is found in 37/42 patients. Internal carotid artery dissection is present in 21/42 cases, with the intramural hematoma continuing into the middle and anterior cerebral arteries in 3/42 cases. A left anterior cerebral artery is dissected alone in 1/42 cases. Bilateral dissections in 2/42 cases involve the internal carotid and middle cerebral arteries and another bilateral case has in addition anterior cerebral artery dissections on both sides. One case has an extensive dissecting hematoma of the right internal carotid, middle, anterior and posterior cerebral arteries. Our case has a similarly extensive dissecting hematoma of the left internal carotid artery system and an early separation of the right internal carotid and middle cerebral artery intimal layer from the media. The posterior cerebral artery has not been involved alone in cases with histologic data (Table).

DISCUSSION

Frequent causes of ischemic stroke in young adults include extracranial arterial dissection, cardioembolism, premature atherosclerosis, migraine, and hematologic and immunologic disorders, as well as drug abuse, primary angiitis of the central nervous system, connective tissue disorders, mitochondrial cytopathies and cerebral autosomal dominant arteriopathy.52 Dissecting hematomas appear to be a relatively common cause of extracranial internal carotid artery obstruction5,9,11,53 and of verteobasilar artery-related infratentorial infarcts.54 Intracranial arterial dissection is decidedly more uncommonly found than dissecting hematomas of neck vessels. Only histologically confirmed cases of intracranial internal carotid artery system dissection are compared here and these are fatal with the exception of the youngest patients. Fibromuscular dysplasia may be a rare cause of arterial dissection,40,55 although most cases of intracranial arterial dissection that invoke this disease may be showing only focal arterial healing.20 Radiologic identification of patients, such as by the “pearl-and-string” sign of beading in anterior56 and rarely in posterior branches of cerebral arteries,57 is important in diagnosis. However, whether cases of intracranial arterial dissection with known histology differ pathologically from surviving cases studied by radiologic imaging methods is not clear.5,56-60 Therapy provided to survivors has included resection with or without a bypass procedure,60 occlusion, entrapment, wrapping, endovascular embolization,56 balloons, and detachable coils.58 Angioplasty and stents may hold promise58 but relatively few cases are on record and treatment avenues require further consideration.59 The rationale for anticoagulation in these patients is empirical. Rapid recognition and intervention are probably the keys to a successful outcome.

In our patient, the right internal carotid and middle cerebral arteries appear to be undergoing separation of the intimal layer with no intramural hematoma or significant compromise of the lumen. This could be an early event leading to a delayed hematoma or even to recovery when a significant hematoma does not form. Such a pathologic progression might be a cause of delay in symptoms, and it might also provide the degree of
### Table: Intracranial Carotid Artery System Dissecting Hematomas with Histologic Findings

<table>
<thead>
<tr>
<th>Case No.</th>
<th>Age (yr) /Gender</th>
<th>Arterial Site</th>
<th>History</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>42/M</td>
<td>Right middle cerebral artery</td>
<td>Moderate head trauma</td>
</tr>
<tr>
<td>2</td>
<td>21/F</td>
<td>Left internal carotid, middle and anterior cerebral arteries</td>
<td>Moderate head trauma</td>
</tr>
<tr>
<td>3</td>
<td>47/M</td>
<td>Right middle cerebral artery</td>
<td>—</td>
</tr>
<tr>
<td>4</td>
<td>27/F</td>
<td>Right middle cerebral artery</td>
<td>Migraines; Hashimoto's thyroiditis</td>
</tr>
<tr>
<td>5</td>
<td>0.5/M</td>
<td>Right middle cerebral artery</td>
<td>—</td>
</tr>
<tr>
<td>6</td>
<td>16/M</td>
<td>Right middle and anterior cerebral arteries</td>
<td>Physical exertion</td>
</tr>
<tr>
<td>7</td>
<td>0/F</td>
<td>Left middle cerebral artery</td>
<td>Head compression at birth?</td>
</tr>
<tr>
<td>8</td>
<td>29/F</td>
<td>Right internal carotid artery</td>
<td>Post-tonsillectomy</td>
</tr>
<tr>
<td>9</td>
<td>17/M</td>
<td>Left internal carotid and middle cerebral arteries</td>
<td>Remote trauma</td>
</tr>
<tr>
<td>10</td>
<td>11/F</td>
<td>Right internal carotid, middle and anterior cerebral arteries</td>
<td>Remote mild head trauma</td>
</tr>
<tr>
<td>11</td>
<td>30/F</td>
<td>Right internal carotid and middle cerebral arteries</td>
<td>Migraine</td>
</tr>
<tr>
<td>12</td>
<td>21/F</td>
<td>Left middle cerebral artery</td>
<td>Recent trauma</td>
</tr>
<tr>
<td>13</td>
<td>30/F</td>
<td>Right middle cerebral artery</td>
<td>Collapsed drinking alcohol</td>
</tr>
<tr>
<td>14</td>
<td>15/M</td>
<td>Left middle cerebral artery</td>
<td>Trauma</td>
</tr>
<tr>
<td>15</td>
<td>20/F</td>
<td>Right middle cerebral artery</td>
<td>Emotional distress</td>
</tr>
<tr>
<td>16</td>
<td>1/M</td>
<td>Right middle cerebral artery</td>
<td>Mild head trauma</td>
</tr>
<tr>
<td>17</td>
<td>5/M</td>
<td>Left anterior cerebral artery</td>
<td>Mild trauma</td>
</tr>
<tr>
<td>18</td>
<td>7/F</td>
<td>Left middle cerebral artery</td>
<td>Collapsed at play</td>
</tr>
<tr>
<td>19</td>
<td>7/M</td>
<td>Left internal carotid artery</td>
<td>Homocystinuria</td>
</tr>
<tr>
<td>20</td>
<td>34/M</td>
<td>Left middle cerebral artery</td>
<td>Physical exertion</td>
</tr>
<tr>
<td>21</td>
<td>6/M</td>
<td>Left middle cerebral artery</td>
<td>—</td>
</tr>
<tr>
<td>22</td>
<td>17/M</td>
<td>Left internal carotid, middle and anterior cerebral arteries</td>
<td>Physical exertion</td>
</tr>
<tr>
<td>23</td>
<td>14/M</td>
<td>Bilateral internal carotid and middle cerebral arteries</td>
<td>Mild head trauma</td>
</tr>
<tr>
<td>24</td>
<td>8/M</td>
<td>Bilateral internal carotid, middle, and anterior cerebral arteries</td>
<td>No trauma; ANA weakly positive</td>
</tr>
<tr>
<td>25</td>
<td>15/F</td>
<td>Right internal carotid, middle and anterior cerebral arteries</td>
<td>Headache followed by trivial trauma</td>
</tr>
<tr>
<td>26</td>
<td>16/M</td>
<td>Right internal carotid, middle, anterior and posterior cerebral arteries</td>
<td>Systemic fibromuscular dysplasia</td>
</tr>
<tr>
<td>27</td>
<td>6/F</td>
<td>Right middle cerebral artery</td>
<td>—</td>
</tr>
<tr>
<td>28</td>
<td>8/M</td>
<td>Right internal carotid, middle and anterior cerebral arteries</td>
<td>Trivial head trauma</td>
</tr>
<tr>
<td>29</td>
<td>9/F</td>
<td>Right internal carotid, middle and anterior cerebral arteries</td>
<td>—</td>
</tr>
<tr>
<td>30</td>
<td>23/M</td>
<td>Left middle and anterior cerebral arteries</td>
<td>No trauma history</td>
</tr>
<tr>
<td>31</td>
<td>13/M</td>
<td>Right internal carotid and middle cerebral arteries</td>
<td>—</td>
</tr>
<tr>
<td>32</td>
<td>19/M</td>
<td>Left middle cerebral artery</td>
<td>Mild head trauma</td>
</tr>
<tr>
<td>33</td>
<td>8/M</td>
<td>Bilateral internal carotid and middle cerebral arteries</td>
<td>No trauma; platelet hyperaggregation</td>
</tr>
<tr>
<td>34</td>
<td>20/M</td>
<td>Left internal carotid and middle cerebral arteries</td>
<td>Playing tug of war</td>
</tr>
<tr>
<td>35</td>
<td>31/F</td>
<td>Right internal carotid, middle and anterior cerebral arteries</td>
<td>Raking leaves; long-term estrogen treatment</td>
</tr>
<tr>
<td>36</td>
<td>18/M</td>
<td>Right internal carotid artery</td>
<td>Motor vehicle accident</td>
</tr>
<tr>
<td>37</td>
<td>46/F</td>
<td>Left internal carotid and middle cerebral arteries</td>
<td>No head trauma</td>
</tr>
<tr>
<td>38</td>
<td>19/M</td>
<td>Left middle and anterior cerebral arteries</td>
<td>Head trauma</td>
</tr>
<tr>
<td>39</td>
<td>17/M</td>
<td>Right middle cerebral artery</td>
<td>Physical exertion</td>
</tr>
<tr>
<td>40</td>
<td>12/F</td>
<td>Left middle cerebral artery</td>
<td>Mild head trauma</td>
</tr>
<tr>
<td>41</td>
<td>22/M</td>
<td>Right internal carotid artery</td>
<td>Mild head trauma and physical exertion</td>
</tr>
<tr>
<td>42 (Present case)</td>
<td>8/F</td>
<td>Left internal carotid, middle, anterior and posterior cerebral arteries (right internal carotid and middle cerebral artery intimal separation without hematoma)</td>
<td>Recent mild trauma; collapsed at play</td>
</tr>
</tbody>
</table>

ANA = antinuclear antibody.
arterial branches. Systolic pressure at bifurcations flattens the would cause sudden lengthening and an abrupt recoil of these supraclinoid internal carotid artery at the anterior clinoid initial elastica disruption is related to tethering of the artery, aiding in damage to the intima and honeycomb structure. maximally to initial branches of the intracranial internal carotid during each cardiac cycle. Tethering at the anterior clinoid dislodge the intimal layer over the internal elastic lamina as the dissections after early middle age.67 In fact, the thickness of intimal pads at bifurcations increases during childhood and early adulthood and it reaches its greatest thickness at middle age.68 This may leave younger people less protected at proximal bifurcations. It may be that raised blood pressure flowing against a maturing but still thin intimal pad not too distant from the tethered proximal supraclinoid internal carotid artery helps to dislodge the intimal layer over the internal elastic lamina as the arterial system is translocated longitudinally and vertically during each cardiac cycle. Tethering at the anterior clinoid process might therefore translate high stress-strain forces maximally to initial branches of the intracranial internal carotid artery, aiding in damage to the intima and honeycomb structure. Significant damage to the endothelium and elastica appears to be rapidly amplified into a clinically significant breach of the internal elastic lamina. The elastica network appears to be sufficiently strong but its openings are large enough to admit blood cells into the subintimal layer should the endothelial layer become torn.62 Thus, as blood pressure increases, a small tear in the endothelium over the stretching elastica may admit subintimal blood and the elastica itself may tear, as is sometimes found histologically. The breach then becomes symptomatic over minutes to days as the subintimal dissection of blood forces an initially short segment of the arterial lumen shut. The initial breach need not be at a bifurcation, but that it involves only the elastica may be explained by the relative fragility of the internal elastic lamina compared to the media and adventitia under tensile extension of the arterial wall.69 The relatively proximal location of most intracranial dissections is consistent with this mechanism. The clinical severity may depend in part on the extent of dissection, although other factors that would be critical include the rapidity of cerebral edema formation, the rate of intracranial pressure increase that may lead to vascular collapse, and any associated vasculopathy such as medial degeneration or homocystinuria. Severe vasospasm during migraines may play a similar role.

Our patient experienced such an extensive dissection of the vascular system that consideration of its magnitude is in order.

One speculative mechanism of exacerbation of arterial wall damage involves pre-existing inflammatory disease. Vella et al70 report an 8-year-old girl with neck trauma followed by radiologic evidence of an aneurysm developing in a cervical internal carotid artery in association with circulating antibodies to antiproteinase 3. Case 24 in the Table, with bilateral subintimal dissecting hematomas of the intracranial internal carotid arteries, has a weakly positive serum antimicrobial factor.38 Cystic medial necrosis as the cause of a focal dissecting hematoma of an internal carotid artery in case 41 is associated with an elevated leukocyte elastase content at the lesion site that may have been related to arterial damage.51 Case 4 has autoimmune thyroiditis.24 These findings suggest a possible place for humoral as well as for cellular mechanisms to influence the initiation or enlargement of dissecting mural hematomas.

A possible humoral influence is from preformed autoantibodies to normally hidden mural antigens. For example, rare individuals, with preformed antibodies to their cerebral artery walls, are found in primary angiitis of the central nervous system. These patients have a variety of comorbidity factors, the most common being a previous viral infection with supposed molecular mimicry being responsible for autoimmunity.71 An analogous mechanism could explain the acute reactivity of IgM in the subintimal muscle layer preferentially where the elastica has been lifted off. Although the initial mechanical dissection should be all that is required to cause severe clinical problems, we speculate that extensive subintimal dissections may require additional factors. Thus, cases with limited mural dissection might have only mechanical subintimal pad damage while very rare patients with an extensive dissection could have underlying autoimmunity as one potential factor in their lesion. For example, Thal et al51 found no immunoglobulin immuno-reactivity in a short supraclinoid dissecting hematoma that did not extend far into the middle cerebral artery in case 41, while in our patient the extensive dissection is associated with an apparent immunopathologic event.

In support of such mechanisms of vascular damage, autoantibodies and fixed complement components have been localized on subintimal and medial smooth muscle elastic microfibrils.72 In addition, reactivity for IgM and C3 in intracranial arterial aneurysms has been demonstrated after subarachnoid hemorrhage,73 while circulating immune complexes and raised plasma C3 levels are found with post-rupture vasospasm.74 The relatively selective localization of IgM present in our case appears in the proximal vessels bilaterally, where no underlying hematoma is seen, as well as distally and it is deposited where vascular damage is most pronounced. Heavy IgG deposition is probably reflective of generalized tissue damage associated with infarction,75 while IgA staining serves as a negative staining control.

Vascular damage, including subintimal dissolution, might progress relatively rapidly, and most likely independently, by a second humoral mechanism. Arterial smooth muscle cells under high in vitro shear stress,76 or with the influence of plasma thrombin, elaborate significant amounts of tissue plasminogen activator, and plasmin depolymerizes vascular smooth muscle elastic fibrils within a few hours.77 Thrombin might have other direct actions causing vasospasm78 and complement activation after it is activated by exposed vascular smooth muscle cells.79-81
Such immune reactivity in vascular damage, including immune complexes and complement in intracranial saccular aneurysms, may play a role in stenosis observed radiologically and simulating vasculitis as well as in enlarging a mechanical dissection.

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