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MENTAL HEATH SERVICE EVALUATION IN POLAND - DEVELOPMENT OF METHODOLOGY

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Introduction: The past decades has shed new light on the key factors affected mental health service in different country. There is huge need to evaluate mental health service in Poland, but until now we have not any algorithm concerning this matter.

Objectives: To develop a methodology for the assessment and review of the mental health service in Poland.

Aims: To identify the key factors for quality of mental health services, to test the unique methodology to evaluation of Polish mental health service, to develop the specific recommendations.

Methods: The research includes: I phase - identification of key factors for quality in mental health services, II phase - testing the methodology, III phase - development of recommendations and dissemination.

Three-steps analysis of key factors which have a strong impact on quality of mental health services:

- 1) literature review of relevant analysis, research and policy,
- 2) Delphi exercise with national experts,
- 3) external experts consultations.

The phase II covers piloting and testing the evaluation methodology.

Development of recommendations is based on research findings and experts consultations.

Results: The main result of quality and quantity analyses constitutes a set of key factors for quality of mental health service in Poland. The project is supposed to change the paradigm at Polish evaluation strategy in area of mental health service.

Conclusions: In the light of Polish National Mental Health Program (established in Dec 2010) the results may have a great impact on reforms in Polish mental health service.