**Lactobacillus acidophilus** modulates inflammatory activity by regulating the TLR4 and NF-κB expression in porcine peripheral blood mononuclear cells after lipopolysaccharide challenge

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**Abstract**
A total of forty weaned pigs ((Landrace × Yorkshire) × Duroc) were used to evaluate the effects of *Lactobacillus acidophilus* on inflammatory activity after lipopolysaccharide (LPS) challenge. Experimental treatments were as follows: (T1) control diet + saline challenge; (T2) control diet with 0·1% *L. acidophilus* + saline challenge; (T3) control diet + LPS challenge; and (T4) control diet with 0·1% *L. acidophilus* + LPS challenge. On d·14, piglets were challenged with saline (T1 and T2) or LPS (T3 and T4). Blood samples were obtained at 0, 2, 4, 6 and 12 h after being challenged and analysed for immune cell cytokine production and gene expression pattern. The *L. acidophilus* treatment increased the average daily weight gain (ADWG) and average daily feed intake (ADFI) compared with the control diet. With the control diet, the LPS challenge (T3) increased the number of immune cells and expression of TNF-α and IL-6 compared with the saline challenge (T1). Whereas with the saline challenge *L. acidophilus* treatment (T2) increased the number of leucocytes and CD4 compared with the control diet (T1), with the LPS challenge *L. acidophilus* treatment (T4) decreased the number of leucocytes, lymphocytes, CD4+ and CD8+ and expression of TNF-α and IL-6 compared with the control diet (T3). *L. acidophilus* treatment decreased the expression of TLR4 and NF-κB in peripheral blood mononuclear cells (PBMC) after LPS challenge, which leads to inhibition of TNF-α, IFN-γ, IL-6, IL-8 and IL1B1 and to induction of IL-4 and IL-10. We suggested that *L. acidophilus* improved ADWG and ADFI and protected against LPS-induced inflammatory responses by regulating TLR4 and NF-κB expression in porcine PBMC.

**Key words:** Inflammatory cytokines: *Lactobacillus acidophilus*: Lipopolysaccharide: Peripheral blood mononuclear cells: Toll-like receptor 4

The first line of defence against bacterial infections is mediated by the cells of the innate immune system (including monocytes, macrophages and neutrophils), which involves the secretion of cytokines, resulting in inflammation and further activation of the adaptive immune system(1). Adaptive immune systems, which are mediated by lymphocytes, recognise specific pathogens and protect against recurrent infections(2,3). Peripheral blood mononuclear cells (PBMC) is a general term encompassing any blood cells having a round nucleus, including lymphocytes, monocytes and macrophages. PBMC have been widely used in research related to the immune response by micro-organisms like bacteria, viruses, fungi and parasites. The lipopolysaccharide (LPS), which is a known component in the outer membranes of some gram-negative pathogens such as enterotoxigenic *Escherichia coli*, triggers the production of the cytokines that may contribute to the inflammation during the infection(4–6).

Toll-like receptors (TLR), as important initiators of the innate immunity, play a critical role in pathogen recognition and host defence. It is well accepted that the innate immune response, recognising the bacterial LPS, recruits a signalling pathway through the TLR4 to activate the NF-κB, which leads to inflammatory gene expression and the clearance of the infectious agent by pro-inflammatory cytokines(7,8). Lactic acid bacteria (such as *Lactobacillus*), known as probiotics, play a beneficial role in the immune response by balancing pro- and anti-inflammatory cytokines(9,10). In a previous report, Shimazu et al.(11) demonstrated that *Lactobacillus jensenii* TL2937 attenuated the expression of pro-inflammatory cytokines, caused by an LPS challenge, by down-regulating the TLR4-dependent NF-κB and the mitogen-activated protein kinase (MAPK) activation in a porcine intestinal epithelial cell line in vitro. An understanding of the precise mechanism that underlies the modulation of immune responses in porcine PBMC by *Lactobacillus* is important, not only from the perspective of fundamental research in cell biology and immunology but also for the more practical use in porcine

**Abbreviations:** ADFI, average daily feed intake; ADWG, average daily weight gain; LPS, lipopolysaccharide; PBMC, peripheral blood mononuclear cell; qRT-PCR, quantitative real-time PCR; TLR, toll-like receptors.

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nutrition and animal science. Despite the precise mechanism of modulating the immune responses through TLR4-dependent NF-κB regulation by Lactobacillus, bacterial infection is a critical subject in porcine health that has not yet been investigated in porcine PBMC in vivo.

Therefore, to characterise the regulation of the immune response by Lactobacillus, we evaluated the effect of feeding with Lactobacillus acidophilus on the immune responses after LPS challenge, and analysed the level of pro- and anti-inflammatory cytokines (as well as their related genes) by ELISA in blood serum and quantitative real-time PCR (qRT-PCR) in the PBMC.

Methods

The animal care and protocol used in the present study were approved by the Animal Care and Use Committee of Dankook University.

Experimental design, feeding, Lactobacillus acidophilus and lipopolysaccharide challenge

In the present study, we used dried L. acidophilus fermentation product derived from L. acidophilus in an anaerobic fermentation technology platform to produce beneficial microbial metabolites. Dried L. acidophilus fermentation product was kindly provided by a commercial company (Diamond V, Cedar Rapids, IA).

A total of forty weaned pigs ((Landrace × Yorkshire) × Duroc, 24–25 d aged) with an average initial body weight (BW) of 7.10 (SEM 0.22) kg were used to evaluate the effects of feeding with L. acidophilus after LPS challenge in a 14-d feeding trial. Each pig was kept in individual pens (ten pens per dietary treatment) equipped with a one-sided, stainless steel self-feeder and a nipple drinker that allowed the pig access to feed and water ad libitum. Experimental treatments were as follows: (T1) control diet + saline challenge; (T2) control diet with 0.1% L. acidophilus + saline challenge; (T3) control diet + LPS challenge; and (T4) control diet with 0.1% L. acidophilus + LPS challenge. The control diet was based on a maize and soyabean meal and was formulated to meet or exceed the nutrient requirements (Table 1) recommended by the Nutrient Requirements of Swine12). Dietary Ca, P and amino acids (lysine and methionine) were analysed according to the procedures described by the official methods of analysis. Dietary Ca was assayed by atomic absorption spectrophotometry after wet ash procedures, and P was determined by colorimetry. Lysine and methionine were measured using an amino acid analyser (Beckman 6300; Beckman Coulter Inc.) after 24 h hydrolysis at 110°C.

For the challenging assay, all pigs from each dietary treatment were injected intraperitoneally with E. coli LPS (T3 and T4) and saline solution (T1 and T2). The LPS (serotype O55:B5; Sigma-Aldrich) was diluted in sterile saline solution and injected at 0.01% (0.1 g/kg) of BW at the end of the 14-d feeding trial. The dosage of LPS used was based on the results of our previous study12). No vaccines or antibiotics were used in this experiment.

Growth performance and analysis of blood characteristics

To evaluate growth performance, a total of forty weaned pigs were allocated to control (T1 and T3) and L. acidophilus (T2 and T4) treatment (n = 20). The BW of each pig was recorded at the beginning and at d-14 (before challenge), and feed consumption was recorded on an individual pig basis during the experiment to calculate the average daily weight gain (ADWg), the average daily feed intake (ADFI) and weight gain: feed intake (WG:FI).

Collection of blood samples and analyses were performed according to our standard protocol12). Briefly, blood samples were collected from all pigs via jugular venepuncture at 0, 2, 4, 6 and 12 h after challenge. Blood samples were collected via anterior vena cava puncture from all pigs and were collected into a non-heparinised and K$_2$EDTA vacuum tube (Becton Dickinson Vacutainer Systems) to get serum and whole blood. Leucocytes and lymphocyte counts were determined using an automatic blood analyser (ADVIA12; Bayer).

For flow cytometry, erythrocytes were removed by erythrocyte lysis buffer according to the manufacturer’s

<table>
<thead>
<tr>
<th>Table 1. Composition of the control diet (as-fed basis)</th>
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<tbody>
<tr>
<td><strong>Ingredients (%)</strong></td>
</tr>
<tr>
<td>Extruded maize</td>
</tr>
<tr>
<td>Soyabean meal (48 % CP)</td>
</tr>
<tr>
<td>Fishmeal (66 % CP)</td>
</tr>
<tr>
<td>Soya oil</td>
</tr>
<tr>
<td>Limestone</td>
</tr>
<tr>
<td>Dicalcium phosphate</td>
</tr>
<tr>
<td>Salt</td>
</tr>
<tr>
<td>Saccharine (50 %)</td>
</tr>
<tr>
<td>Sugar</td>
</tr>
<tr>
<td>Sweet whey protein</td>
</tr>
<tr>
<td>Lactose</td>
</tr>
<tr>
<td>Plasma powder</td>
</tr>
<tr>
<td>α-Lysine HCL</td>
</tr>
<tr>
<td>η-Methionine</td>
</tr>
<tr>
<td>L-Threonine</td>
</tr>
<tr>
<td>Choline chloride</td>
</tr>
<tr>
<td>Vitamin premix†</td>
</tr>
<tr>
<td>Mineral premix†</td>
</tr>
<tr>
<td><strong>Calculated composition</strong></td>
</tr>
<tr>
<td>Digestible energy (kJ/kg)</td>
</tr>
<tr>
<td>Digestible energy (kcal/kg)</td>
</tr>
<tr>
<td><strong>Analysed composition (%)</strong></td>
</tr>
<tr>
<td>Crude protein</td>
</tr>
<tr>
<td>Lysine</td>
</tr>
<tr>
<td>Methionine</td>
</tr>
<tr>
<td>Ca</td>
</tr>
<tr>
<td>Total P</td>
</tr>
<tr>
<td>CP, crude protein</td>
</tr>
</tbody>
</table>

* Provided per kg of complete diet: vitamin A, 11 025 IU; vitamin D$_3$, 1103 IU; vitamin E, 44 IU; vitamin K, 4.4 mg; riboflavin 8.3 mg; niacin, 50 mg; thiamine, 4 mg; pantothenic acid, 29 mg; choline, 166 mg; and vitamin B$_2$, 33 μg.
† Provided per kg of complete diet: Cu, 12 mg; Zn, 85 mg; Mn, 8 mg; I, 0.28 mg; and Se, 0.15 mg.
**Peripheral blood mononuclear cell preparation and quantitative real-time PCR**

For PBMC isolation, a total of twenty blood samples from randomly selected five pigs per each treatment were collected into a K3EDTA vacuum tube at 0, 6 and 12 h after saline or LPS challenge. The collected blood sample was diluted with an equal volume of balanced salt solution. The PBMC were immediately isolated by a histopaque density gradient according to the manufacturer’s instruction (Sigma-Aldrich). Briefly, the collected blood (with an equal volume of balanced salt solution) was mixed with a half volume of Histopaque solution and was then centrifuged at 400 g for 35 min at room temperature. The PBMC were carefully aspirated from the Histopaque solution-plasma interface. The RNA was isolated using a TRIzol reagent (Invitrogen). For the qRT-PCR, total RNA (100 µg) was used for the complementary DNA synthesis with a Maxima First Strand cDNA Synthesis Kit (Life Technologies). The primers for the qRT-PCR of each gene transcript were designed using the program Primer3 (http://frodo.wi.mit.edu/) (online Supplemental Table S1). The qRT-PCR analysis was performed using the 7500 Fast Real-Time PCR System (Applied Biosystems). The qRT-PCR conditions were as follows: 94°C for 3 min, followed by 40 cycles at 94°C for 30 s, 59–61°C for 30 s and 72°C for 30 s; the melting curve profiles were analysed for the amplicons. The qRT-PCR data were normalised relative to the expression of the glyceraldehyde 3-phosphate dehydrogenase (GAPDH) as an endogenous control and calculated using the 2^ΔΔCt method, where ΔΔCt = (Ct of the target gene − Ct of GAPDH) treatment − (Ct of the target gene − Ct of GAPDH) control.°

**Statistical analysis**

The individual pig was considered the experimental unit. Growth performance was analysed by means of the Student’s t test with SAS software (SAS Institute). To evaluate the significance between treatments for immune cells and cytokine production, the data were analysed with the general linear model (GLM) in SAS. Differences among all treatments were analysed with the Student’s t test with SAS software (SAS Institute). To evaluate the significance between treatments and control groups, the data were analysed by means of the Student’s t test with SAS software (SAS Institute). To evaluate the significance between treatments and control groups, the data were analysed by means of the Student’s t test with SAS software (SAS Institute).

**Results**

**The effects of Lactobacillus acidophilus on growth performance**

The effects of *L. acidophilus* on growth performance are indicated in Table 2. Feeding with *L. acidophilus* increased the BW at 14-d, as well as the ADWG and ADFI, compared with the control diet (*P* < 0.05). No significant impact on the GW:FI ratio was found (*P* > 0.05).

**The effects of Lactobacillus acidophilus on IgF-1, Cortisol, IgA, IgM, and IgG in serum after a saline or lipopolysaccharide challenge**

The effects of *L. acidophilus* treatment on IgF-1 in serum after a saline or LPS challenge are indicated in Table 2. With the control diet, the LPS challenge (T3) decreased the IgF-1 concentration compared with the saline challenge (T1) at 4, 6 and 12 h. Whereas with saline challenge, *L. acidophilus* treatment (T2) showed no effect compared with the control diet (T1), with the LPS challenge *L. acidophilus* treatment (T4) increased the IgF-1 concentration at 4, 6 and 12 h compared with the control diet (T3).

The effects of *L. acidophilus* treatment on cortisol, IgA, IgM and IgG in serum after a saline or LPS challenge are indicated in online Supplemental Table S2. There were no significant effects on cortisol, IgA, IgM and IgG in serum after a saline or LPS challenge (*P* > 0.05).

**The effects of Lactobacillus acidophilus on immune cells after a saline or lipopolysaccharide challenge**

The effects of *L. acidophilus* on lymphocytes, CD4+ and CD8+ after a saline or LPS challenge are indicated in Fig. 1. For lymphocytes, under the control diet, the LPS challenge (T3) increased the number of lymphocytes compared with the saline challenge (T1) at 2, 4, 6 and 12 h (Fig. 1(A)). Whereas with the

### Table 2. The effects of the *Lactobacillus acidophilus* treatment on growth performance in weaned pigs for 14-d feeding trial (Mean values with their standard errors; *n* 20)

<table>
<thead>
<tr>
<th>L. acidophilus (%)</th>
<th>0%</th>
<th>0.1%</th>
<th>SEM</th>
<th><em>P</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Body weight (kg)</td>
<td>7.09</td>
<td>7.11</td>
<td>0.03</td>
<td>0.452</td>
</tr>
<tr>
<td>Initial (28 d of age)</td>
<td>11.a</td>
<td>11.70a</td>
<td>0.07</td>
<td>0.043</td>
</tr>
<tr>
<td>14 d (42 d of age)</td>
<td>315.50b</td>
<td>328.00a</td>
<td>2.64</td>
<td>0.026</td>
</tr>
<tr>
<td>Average daily weight gain (g/d)</td>
<td>389.50b</td>
<td>404.50a</td>
<td>3.23</td>
<td>0.049</td>
</tr>
<tr>
<td>Average daily feed intake (g/d)</td>
<td>0.81</td>
<td>0.81</td>
<td>0.01</td>
<td>0.934</td>
</tr>
<tr>
<td>Weight gain:feed intake ratio</td>
<td>0.81</td>
<td>0.81</td>
<td>0.01</td>
<td>0.934</td>
</tr>
</tbody>
</table>

*p* Mean values within a row with unlike superscript letters were significantly different between groups (*P* < 0.05).
The effects of Lactobacillus acidophilus on the inflammatory cytokine production in peripheral blood mononuclear cell after a saline or lipopolysaccharide challenge

The effects of L. acidophilus on TNF-α production after a saline or LPS challenge are indicated in Fig. 2(A). With the control diet, the LPS challenge (T3) increased the TNF-α production compared with the saline challenge (T1) at 2, 4, 6 and 12 h. Whereas with the saline challenge L. acidophilus treatment (T2) showed no effect compared with the control diet (T1), with the LPS challenge L. acidophilus treatment (T4) decreased the TNF-α production compared with the control diet (T3) at 6 and 12 h.

The effects of L. acidophilus on gene expression related to inflammatory cytokines in peripheral blood mononuclear cell after a saline or lipopolysaccharide challenge

We next examined whether L. acidophilus plays a role in the immune defence against bacterial infections that were mediated by the signalling pathway through TLR4 to NF-κB, which leads to inflammatory gene expression in the PBMC. L. acidophilus treatment decreased the TLR4 expression at 6 and 12 h and decreased the NF-κB expression at 12 h after the LPS challenge compared with the control diet (P<0.05) (Fig. 3). To validate whether L. acidophilus regulated the gene expression related to the pro- and anti-inflammatory cytokines, we analysed the expression pattern of TNF-α, IFN-γ, IL-6, IL-8, IL1B1, IL-4 and IL-10 after the LPS challenge. The expression of TNF-α, IFN-γ, IL-6, IL-8 and IL1B1 as pro-inflammatory cytokines was decreased by the feeding with L. acidophilus at 12 h after the LPS challenge (Fig. 4(a)). On the contrary, the expression of IL-4 and IL-10 as anti-inflammatory cytokines was increased by the feeding with L. acidophilus at 12 h after the LPS challenge (Fig. 4(b)).

Discussion

Because of the ban on antibiotics as a growth promoter in animal farming, various natural materials such as probiotics, ...
prebiotics, organic acids and plant extracts have been evaluated as alternatives to antibiotics\(^\text{(14)}\). \textit{Lactobacillus}, a genus of the gram-positive facultative anaerobic bacteria, is a major part of the lactic acid bacteria group that plays a role in inhibiting the growth of some harmful bacteria by environmental acidic conditioning through the production of lactic acid. Among \textit{Lactobacillus}, \textit{L. acidophilus} is a homofermentative microaerophilic species, fermenting sugars into lactic acid, and it occurs naturally in the animal gastrointestinal tract\(^\text{(15)}\). The present study used \textit{L. acidophilus} as an alternative to antibiotics to evaluate the dietary effect on growth performance in weaned pigs. Growth performance parameters such as ADWG are widely used for evaluating the beneficial health effects of these feed supplements. To determine whether \textit{L. acidophilus} has an effect on growth performance, we carried out a feeding trial using \textit{L. acidophilus} in weaned pigs. In this present study, pigs fed with \textit{L. acidophilus} showed increased ADWG and ADFI compared with those fed without \textit{L. acidophilus}. Many other studies have assessed the effect of different probiotic supplements on growth performance in pigs, but with varying results according to the species or strain being used\(^\text{(16,17)}\). For example, in a previous study, Qiao et al.\(^\text{(18)}\) during a 28-d trial in weaned piglets reported that feeding with 0.1% and 0.2% \textit{L. acidophilus} increased the ADWG and WG:FI ratio compared with a control diet. Disagreement between the previous and the present study can be seen in the different results of ADFI. In the present study, IGF-1 concentration was decreased by LPS challenge with the control diet and was increased by

![Fig. 1. The effects of \textit{Lactobacillus acidophilus} on immune cells, lymphocytes (A), CD4+ (B) and CD8+ (C) in blood at 0, 2, 4, 6 and 12 h after the lipopolysaccharide (LPS) challenge. Weaned pigs were randomly allocated into four groups: (T1) control diet + saline challenge; (T2) control diet with 0.1% \textit{L. acidophilus} + saline challenge; (T3) control diet + LPS challenge; and (T4) control diet with 0.1% \textit{L. acidophilus} + LPS challenge. Lymphocyte (A), CD4+ (B), and CD8+ (C) counts were determined by means of Duncan’s multiple range tests. A P value < 0.05 was considered to indicate statistical significance. Values are means, with standard errors represented by vertical bars.](https://www.cambridge.org/core/core.15.70.40.11, on 19 Jan 2019 at 08:37:14. subject to the Cambridge Core terms of use, available at https://www.cambridge.org/core/terms. https://doi.org/10.1017/S0007114515004857)
**L. acidophilus** treatment with LPS challenge. This indicates that **L. acidophilus** treatment could have increased ADWG and ADFI compared with the control diet. Also, growth performance and IGF-1 concentration might be affected by the LPS challenge. However, because IGF-1 concentration was not changed with saline challenge, further research is necessary to establish the relationship of growth performance and IGF-1 concentration in pigs. In a number of previous studies, feeding with **Lactobacillus** reduced the inflammatory activity challenged with bacterial infection\(^{(19-21)}\). In a previous report, **L. jensenii**...
logical memory (22). TLR, known as pathogen recognition receptors, recognise pathogen-associated molecular patterns that are unique to microbes and essential for their survival (23). Activated TLR, by bacterial pathogens, lead to activated NF-κB (known as a transcription factor), which binds to a discrete nucleotide sequence in the upstream regions of genes that produce inflammatory cytokines (such as TNF-α, IFN-γ, IL-1 and IL-2), indicating the hallmark of the cellular response to the activation of the innate immune system (24). Among the TLR, TLR4 particularly recognises LPS, which is the major component of the outer wall of gram-negative bacteria. LPS is a potent immunostimulant and is the causative agent of endotoxic stimulation (22).

Challenge with LPS is widely used to study cytokine production, which requires the induction of immune cells, such as macrophages, to produce cytokines as LPS evokes a powerful inflammatory response by stimulating cells to release the inflammatory cytokines such as TNF-α, IFN-γ and IL-10. In this study, feeding with L. acidophilus decreased TNF-α and IL-6 after the LPS challenge. Also, pigs fed with dietary L. acidophilus supplementation showed decreased immune cells (such as leucocytes, lymphocytes, CD4+ cells and CD8+ cells) after the LPS challenge.

In conclusion, we found that feeding with L. acidophilus attenuated the expression of pro-inflammatory cytokines in pigs challenged with bacterial infection, which is the first line of defence against invading pathogens, and the adaptive system that eliminates pathogens, leading to immunological memory (22). TLR, known as pathogen recognition receptors, recognise pathogen-associated molecular patterns that are unique to microbes and essential for their survival (23). Activated TLR, by bacterial pathogens, lead to activated NF-κB (known as a transcription factor), which binds to a discrete nucleotide sequence in the upstream regions of genes that produce inflammatory cytokines (such as TNF-α, IFN-γ, IL-1 and IL-2), indicating the hallmark of the cellular response to the activation of the innate immune system (24). Among the TLR, TLR4 particularly recognises LPS, which is the major component of the outer wall of gram-negative bacteria. LPS is a potent immunostimulant and is the causative agent of endotoxic stimulation (22).

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Fig. 5. Schematic illustrating the current working hypothesis regarding the regulation of inflammatory cytokine production by Lactobacillus acidophilus after lipopolysaccharide (LPS) challenge in porcine peripheral blood mononuclear cells (PBMC). L. acidophilus decreased the expression of toll-like receptor 4 (TLR4) and NF-κB in PBMC after LPS challenge, which led to inhibition of gene expression of TNF-α, IFN-γ, IL-6, IL-8 and IL1B1 known as pro-inflammatory cytokines and induced gene expression of IL-4 and IL-10 known as anti-inflammatory cytokines.

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Supplementary material
For supplementary material/s referred to in this article, please visit http://dx.doi.org/doi:10.1017/S0007114515004857

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