3 Policy Experts Tackling Japan's "Population Problems"

The 1920s was another turning point in population history in modern Japan. This decade witnessed the emergence of another discourse, summed up in the expression "population problem," which claimed the population itself – its size, quality, and mobility – was a liability for economic, social, and political stability. Over the decade, public narratives around the "population problem" spurred the government toward establishing policies dedicated to the problem. To fulfill this goal, the government appointed a broad range of population scientists within policymaking and assigned them to collaborate with bureaucrats and deliberate on policies based on their expert knowledge. While the collaboration during the 1920s failed to lead to a national population policy, it exhibited a novel way of coproduction between population science and the governing of Japan's population. The "population problems" imperative compelled the government to work together with population experts in order to manage Japan's population through policies, while in turn, through policymaking, state bureaucracy became a central site for the population experts to generate and apply their expert knowledge.

The Emergence of the "Population Problem"

The term "population problem" ($jink\bar{o}$ mondai), now normalized in contemporary Japanese, was foreign to many people at the turn of the twentieth century.¹ However, starting in the 1910s, the expression began to circulate with the rise of popular media. The popular magazine Central Review ($Ch\bar{u}\bar{o}$ $K\bar{o}ron$) introduced the term as early as 1913 in an article authored by Fukuhara Ryōjirō (1868–1932), a Ministry of Education bureaucrat.² "Population problem" was also the theme

See Kure, Riron tõkeigaku. Nobuo Haruna, Jinkō, shigen, ryōdo: Kindai nihon no gaikō shisō to kokusai seijigaku (Chikura Shobo, 2015), 29-66.

 $^{^2}$ Ryōjirō Fukuhara, "Yō wa jinkō mondai no kaiketsu ni ari," $Ch\bar{u}\bar{o}$ kōron 28, no. 8 (July 1913): 54–55.

of the third major conference of the Japan Sociological Institute (est. 1913) held in 1915.³

However, it was only in the 1920s that the term became genuinely widespread. In 1924, the popular women's magazine *Housewives' Friend* (*Shufu no Tomo*) defined "population problem" as a current affairs topic and claimed an educated "good wife, [and] wise mothers" ought to know about it.⁴ The term also appeared in *Diamond* (*Daiyamondo*), a business magazine, where the now mature statesman Gotō Shinpei reflected on the subject.⁵ Finally, it was a core subject in the booklet aimed at "proletariats" that was published by the Industrial Labor Research Institute, a front organization of the Japanese Communist Party.⁶ By the end of the decade, "population problem" had become a common expression in mass-circulated print media.

The presence of the term during this period was catalyzed by the increased availability of statistical knowledge on the Japanese population. The government had been publishing vital statistics annually since 1899 (see Chapter 2). Furthermore, in 1920, it organized the first population census of "Japan Proper" (*naichi*) (see Chapter 1). Looking at these population statistics in the first half of the 1920s, experts noted a sign of population growth. According to the 1920 census, the population of Japan – excluding the populations of Karafuto, Taiwan, Korea, the Guangdong Territory, and Micronesia – was 55,963,053, with a total of 11,122,120 households, making the average household 4.89 persons. Between 1921 and 1925, the population kept expanding at a rate between 10.8 and 14.7 per 1,000 persons, which amounted to a natural

- ³ Haruna, Jinkō, shigen, ryōdo, 122. The Japan Sociological Institute, though short-lived (dissolved in 1922), was a historically significant academic organization. It was founded by Takebe Tongo (1871–1945), known as the founder of sociology in Japan, and attracted leading social scientists during the period. On the institute's role in the debate on population, see ibid., 121–24.
- ⁴ Soho Tokutomi, "Jinkō mondai to ryōsai kenbo shugi no kyōyō sono yon Taishō fujin no kyōyō jūni kō," Shufu no tomo 8, no. 4 (April 1924): 4–11.
- ⁵ Shinpei Goto, "Jinkō mondai kaiketsusaku," Daiyamondo keizai zasshi 14, no. 17 (June 1, 1926): 19.
- ⁶ Sangyō Rōdō Chōsajo, Musansha seiji hikkei (Dōjinsha shoten, 1926).
- ⁷ Ryōsaburō Minami, Jinkōron hattenshi: Nihon ni okeru saikin jūnen no sōgyōseki (Sanseido, 1936).
- ⁸ For a discussion of how *naichi* became a legal category in the process of building the Japanese imperial order, see Toyomi Asano, "Kokusai chitsujo to teikoku chitsujo womeguru nihon teikoku saihen no kōzō: Kyōtsūhō no rippō katei to hōteki kūkan no saiteigi," in *Shokuminchi teikoku nihon no hōteki tenkai*, ed. Toshihiko Matsuda and Toyomi Asano (Shinzansha Shuppan, 2004), 61–136.
- ⁹ Sōmushō Tōkeikyoku, "Tōkei de miru anotoki to ima no. 3: Dai 1-kai kokuzei chōsaji (taishō 9-nen) to ima," October 1, 2014, www.stat.go.jp/info/anotoki/pdf/census.pdf, accessed 22 July 2019.

increase of 673,000 to 913,000 annually. In 1926, more than one million people – 1,004,000, precisely – were added to the existing population for the first time since the Meiji government began to compile population statistics in 1872. The year also witnessed the population figure going over 60 million for the first time, reaching 60,741,000.10

Witnessing this demographic trend, journalists and scholars warned that Japan was currently facing a serious problem in regard to population growth. In his seminal article "Some Reflections on Overpopulation," published in *Chuō Kōron* in July 1927, Yanaihara Tadao, a professor at Tokyo Imperial University and an authority on colonial policy, wrote:

When it was announced that the natural increase of the population in 1924 was 743,000 and in 1925 it was 875,000, people simply were shocked at how large the sheer size of it was, and we heard much noise about the population problem.... Now, hearing this year's population increase is one million, do people not feel as if the fire is engulfing them so fast that they cannot do anything but gaze at it?¹²

Many social commentators and policy intellectuals shared Yanaihara's sentiments, defining population growth as a current "population problem."

The idea of population expansion creating issues for the collective was not new. In the early Meiji period, noted intellectuals expressed their concerns over the sudden visibility of an expanding group of struggling samurais after the government dismantled the social structure that had long privileged them. They characterized samurais as politically volatile, "surplus people" and suggested that the government should come up with appropriate measures to tame them for peaceful nation-building. Likewise, in the mid-1880s, when the fiscal policies under Finance Minister Matsukata Masayoshi caused an economic depression, population expansionists characterized impoverished farmers as "surplus people." In the Meiji period, public intellectuals and officials problematized politically and economically burdensome groups by mobilizing the language of population expansion. 15

Nomushō Tōkeikyoku, "2-1 danjobetsu jinkō, jinkō zōgen oyobi jinkō mitsudo (Meiji 5-nen-heisei 21-nen)," n.d., www.stat.go.jp/data/chouki/02.htm, accessed 22 July 2019.

¹¹ Minami, Jinkoron hattenshi, 1.

Tadao Yanaihara, "Jiron toshiteno jinkō mondai," Chuō kōron 42, no. 7 (July 1, 1927): 34–35. For more discussion on Yanaihara's notion of the population problem, see, e.g., Hiroyuki Shiode, Ekkyōsha no seijishi (Nagoya: Nagoya Daigaku Shuppankai, 2015), 162–65; Ryoko Nakano, "Uncovering Shokumin: Yanaihara Tadao's Concept of Global Civil Society," Social Science Japan Journal 9, no. 2 (2006): 187–202.

¹³ Lu, The Making of Japanese Settler Colonialism, 40-41.

¹⁴ Ibid., 58-63.

¹⁵ Ibid., 67; Lee, "Problematizing Population," 139–48.

In the 1920s, an additional perspective found a voice in the debate over population growth. This time, the focus was placed on the effect of overpopulation on the economy, specifically on people's living conditions. Reminiscing about Japan's population problems in the 1920s, in 1937 the population policy researcher Ishii Ryōichi identified events that brought misery into people's economic lives. 16 One was the economic recession after WWI. It was exacerbated by the Washington Naval Treaty in 1922, which caused unemployment in the shipbuilding sector due to the limitations imposed on the construction of capital ships in Japan. The following year, the Great Kanto Earthquake hit the capital Tokyo and its vicinity and cost the government billions of yen. Population growth in this context was seen to place pressure on the nation's economy, causing further unemployment, lowering the living standard, and eventually leading to "difficulty in living" (seikatsunan) - a buzzword within the socialist and labor activism that was burgeoning during this period in response to the economic depression.¹⁷ In addition, Ishii thought the United States Immigration Act of 1924, which limited Japanese migration, indirectly worsened people's living conditions in Japan. When the act was issued, Japan lost an important outlet for its excess population. Consequently, the little island country became even more crowded, which eventually led to the erosion of already limited natural resources. As Ishii saw it, population growth in the 1920s was a problem related to "economic life," which was made worse by Japan's disadvantaged position in world politics.18

This way of problematizing population growth triggered an academic debate on the nature of "population problems" among social scientists, especially those with backgrounds in economics. It was sparked by the provocative article, "Give Birth, Multiply," presented on June 4, 1926 by sociologist Takata Yasuma (1883–1972).¹⁹ Going against the mainstream opinion that problematized population growth, Takata claimed that the real population problem was the population contraction due to fertility decline. In stark contrast to the 1910s, the birth rates declined

¹⁶ Ryoichi Ishii, *Population Problems and Economic Life in Japan* (Chicago: University of Chicago Press, 1937).

A critical background to this phenomenon is the emergence of a moralistic discourse of poverty, which stigmatized the poor as undeserving. Elise K. Tipton, "Defining the Poor in Early Twentieth-Century Japan," *Japan Forum* 20, no. 3 (October 2008): 361–82.

¹⁸ Ishii, Population Problems and Economic Life.

Yasuma Takata, Jinkō to binbō (Nihon Hyoronsha, 1927), 90–96. Takata was a disciple of Yoneda Shōtarō (1873–1945), who is credited with introducing sociology into Japan, along with Takebe Tongo. For more on Takata's theory on population, see Sugita, Jinkō, kazoku, seimei, 22–32.

over the 1920s, from 36.2 births per 1,000 population in 1920 to 34.4 in 1928. Takata pointed out how this trend was caused by the growing popularity of artificial birth control among the urban intellectual class. He argued that the population stagnation resulting from the fertility decline among this class was "the most dangerous" for the Japanese as "a weak and disadvantaged racial group" in world politics.²⁰ Based on this logic, in the article, Takata urged married couples to make more babies.

As Takata's statement indicates, his concern was fueled less by the argument linking population growth with poverty and more by the geopolitical perspective, which viewed a large population size as an asset that would help raise Japan's global position.²¹ Takata admitted that the recent economic recession had certainly led to "difficulty in living" among the people in Japan but simultaneously criticized this argument as being based on an introverted perspective that narrowly focused on domestic situations. Takata then urged his colleagues to adopt a broader view and consider Japan's growing population in relation to its racial and geopolitical struggles within world politics, which were dominated by white, western colonial powers. He explained, "population is indeed a source of every kind of power for a race [minzoku]," therefore, "the larger a population is, the more the race will thrive and its power expand in every possible direction."22 Takata believed Japan could take advantage of its currently growing population to alter its disadvantaged position as the colored colonial power. He claimed, "population increase" was "the only weapon a colored race has to fight against white people." He even argued that "the colored race must be prepared to face selfdestruction [jimetsu]" if it lost the power to grow its population.²³ This logic of racial struggle compelled Takata to warn about the danger of declining fertility.

Marxist economist Kawakami Hajime (1879–1946) at the University of Kyoto immediately refuted Takata's argument.²⁴ As Kawakami saw it, population surplus was a problem inherent to capitalism. Kawakami argued that under capitalism, the proportion of invariant capital – the capital allocated to equipment and raw materials – would increase with

²⁰ Takata, Jinkō to binbō, 90-96.

²¹ Haruna, Jinkō, shigen, ryōdo, 116-28, 158-64.

²² Takata, Jinkō to binbō, 90-96.

²³ Ibid. The implication with eugenics will be discussed subsequently.

Nihon Jinkō Gakkai, Jinkō daijiten, 274; Eric G. Dinmore, "A Small Island Nation Poor in Resources: Natural and Human Resource Anxieties in Trans-World War II Japan" (PhD diss., Princeton University, 2006), 32–33; Koji Yoshino, "Yutakana shakai no binbōron: Takata Yasuma to Kawakami Hajime," Hitotsubashi kenkyū 30, no. 3 (October 2005): 35–52.

the mechanization and the increasing scale of production, whereas the proportion of variable capital allotted to wages would decline. Under these circumstances, even if the amount of capital as a whole increased, it would not catch up with the increase in the number of workers, thus eventually generating surplus population and poverty (i.e., "difficulty in living") among the waged population. For Kawakami, the population problem was by nature a problem connected to the capitalist economy, and overturning capitalism would be the only way to solve it.²⁵

Kawakami's response led to a heated population debate that last for nearly a decade – one involving prominent social scientists such as Nasu Shiroshi, Shinomiya Kyōji, Yoshida Hideo, Sakisaka Itsurō, and Ōuchi Hyōe.²⁶ Reminiscing about the decade-long debate, in 1936 the leading economist and population theorist Minami Ryōsaburō concluded that the debate ultimately failed to establish any concentrated efforts, though it did jumpstart a number of research projects.²⁷ In turn, postwar social scientists, starting with Ichihara Ryōhei, portrayed the debate as manifesting a deep-seated, inherently unresolvable conflict between the distinctive population theories of Karl Marx and Thomas Malthus.²⁸ From a historical point of view, the academic population debate was significant, because it illuminated the growing understanding that population was a dynamic social factor directly impacting the living conditions of the masses and, therefore, "population problems" were invariably synonymous with "social problems" (shakai mondai), another catchword in the public, intellectual, and policy debates during this period.

The public discourse and debate around "population problems" urged government officials to explore policies to tackle wide-ranging social issues associated with population phenomena. The policymaking process showed how the official agenda was shaped by the broader sociopolitical circumstances surrounding Japan at the time.

The Official Response to the Population Problem

Among the many population problems, the government perceived the "food problem" (*shokuryō mondai*), heightened by population expansion, as the most urgent.²⁹ In particular, after the inflation of the cost

²⁵ Hajime Kawakami, Jinkō mondai hihan (Sobunkaku, 1927), 41.

Yasuyuki Nakanishi, "Takata Yasuma no jinkō riron to shakaigaku," Keizai ronsō 140, no. 5-6 (1987): 59-63.

²⁷ Minami, Jinkoron hattenshi, 18-19.

²⁸ Nakanishi, "Takata Yasuma no jinkō riron," 60-61.

²⁹ Dinmore, "A Small Island Nation Poor in Resources," 26.

of rice caused mass protests in 1918, high-rank government officials became concerned that food shortage would not only promote "difficulty in living" but also stimulate political unrest.³⁰ To tame the protests, government officials set price controls on rice in the metropole and encouraged the cultivation of Japanese-style rice in colonial Taiwan and Korea. However, this policy led to a sudden rise in the amount of less-expensive rice from Taiwan and Korea in the metropole, and consequently, the government met with harsh criticism.³¹ Social commentators explained that the policy of importing colonial rice exposed the government's failure to raise domestic agricultural productivity enough to feed the "population of Japan Proper" ($naichi\ jink\bar{o}$).³² Under these circumstances, policymakers were presented with the thorny question of how to feed the expanding Japanese population using the country's limited resource capacity.

Against this backdrop, the government, under the premiership of Tanaka Giichi (1927–29), established the Investigative Commission for Population and Food Problems (Jinkō Shokuryō Mondai Chōsakai, hereafter IC-PFP) on July 7, 1927. Headed by Tanaka and located directly under the cabinet, the IC-PFP was a major government initiative responsible for research and policy deliberation over population and food supply issues. Under Tanaka, Home Minister Suzuki Kisaburō (1867–1940) and Minister of Agriculture Yamamoto Teijirō (1870–1937) became the vice-chairmen. Reflecting the joint vice-chairmanship, the government identified two enquires for the IC-PFP to address: one on population and the other on food issues. The IC-PFP Secretariat met six times between July 17 and October 5, 1927 to deliberate on official inquiries and set the agenda, and it set up two sections (i.e., the Population Section and the Food Section) as specialist deliberation committees.

As is apparent from its name and organizational structure, the IC-PFP's understanding of population problems was through the lens of the Malthusian dilemma (i.e., the imbalance between population growth and the pace of food production). At the same time, the conflicting view, such as Takata's that saw population growth as a symbol of expanding national

³⁰ The inflation of the cost of rice was originally caused by its reduced availability in Japan due to it being diverted to Japanese soldiers in Siberia who were participating in the Allied forces' intervention in the Bolshevik Revolution (Siberian Intervention, 1918–22).

³¹ Dinmore, "A Small Island Nation Poor in Resources," 25. For a different interpretation, see Penelope Francks, "Rice for the Masses: Food Policy and the Adoption of Imperial Self-Sufficiency in Early Twentieth-Century Japan," Japan Forum 15, no. 1 (January 2003): 125-46.

³² Dinmore, "A Small Island Nation Poor in Resources," 25.

power, also influenced the official characterization of population issues. This was succinctly summarized in the speech Tanaka delivered at the IC-PFP First General Assembly:

Our imperial state's population is growing year by year. [Population growth] should be truly commendable because it ... not only enhances the brilliance of our race but also enriches the national territory. However, Japan is a small islands nation and poor in natural resources. Furthermore, our industrial economy is still not fully developed. As the population density intensifies and as the demand for food increases, the supply and demand in labor is bound to become imbalanced, and this tends to ferment unrest in people's living conditions. Thus, it is truly important and urgent to establish measures to improve situations surrounding the growing population of the Japanese Empire and the enrichment of the food supply and to consider economic and societal methods with which to solve the problem.³³

As expressed in the speech, the official stance was that the population increase was not ipso facto problematic and, in fact, should be celebrated as a factor promoting the "brilliance of our race." However, it became a problem when put into the specific context of Japan: Poor resource availability, coupled with the compromised state of the nation's industry, meant that the country had a limited ability to absorb surplus population. Under these circumstances, continuous population growth would weaken the nation's capacity to feed its people, saturate the labor market, and eventually lower people's living standards. Tanaka's speech implied that the IC-PFP's agenda in relation to the population problem was in fact more expansive than the simple Malthusian predicament and dovetailed with issues related to the national economy and industry, labor, and resources.

Another significant component of Tanaka's speech was his explanation of issues related to the national economy and Japanese territory through the intensification of population density. This caricature of population problems was not at all original to Tanaka; on the contrary, it was currently in vogue within the international community of population experts. The idea of population density was at the heart of the World Population Conference held in Geneva in the summer of 1927.³⁴ At the conference, participants highlighted issues related to sovereignty, geopolitics, and the

^{33 &}quot;Jinkō shokuryō mondai chōsakai dai ikkai sōkai ni okeru naikaku sōri daijin aisatsu," July 20, 1927, in The Cabinet of the Japanese Government, "Jinkō shokuryō mondai chōsakai dai ikkai iin sōkai giji gaiyō," Jinkō shokuryō mondai chōsakai shorui san sōkai gijiroku', 1927–29, National Archives of Japan Digital Archives, accessed August 20, 2019, www.digital.archives.go.jp/das/image/F00000000000000008867.

³⁴ Bashford, Global Population, 81-106; Alison Bashford, "Nation, Empire, Globe: The Spaces of Population Debate in the Interwar Years," Comparative Studies in Society and History 49, no. 1 (2007): 180-83.

economy that arose due to growing population density. They understood the situation as most evident in Europe, the Indian subcontinent, and East Asia – the three world regions that Ernst Georg Ravenstein had once characterized as the "global centers of population."³⁵ One of the American participants, Warren S. Thompson (1887–1950), later portrayed these regions, including Japan, as "danger spots in world population."³⁶ Thompson claimed that the population expansion in these "danger spots" would put further pressure on the land, ultimately catalyzing political and economic disasters on a global scale.³⁷ Put in this context, Tanaka's speech indicated the Japanese government's awareness of the global consensus forming among the population experts at the time: The earth had bounded space, and the growing population, especially in world regions with the densest populations, would imminently trigger a world crisis.

Also recognizing that the international academic discussion pointed a finger at Japan's rising population density, the Japanese government resorted to migration to relieve the pressure associated with a rising population in "Japan Proper." In 1928, the government issued the Overseas Migration Cooperative Societies Law (*Kaigai Ijū Kumiai Hō*), which authorized prefectures to organize emigration projects. Responding to the law, in the 1930s, prefectures took a leading role in sending their people abroad, first to Latin America and then to Manchuria and the South Seas.³⁹

The official response to the perceived population crisis was not new. In the early Meiji period, responding to the narrative of surplus people, the government mobilized the samurais to colonize Hokkaido.⁴⁰ In the mid-1880s, amid the economic depression, population expansionists argued that North America could absorb the population of impoverished Japanese farmers.⁴¹ While this premise remained fundamentally unchanged, in the

³⁵ Bashford, Global Population, 99-100.

³⁶ Warren Simpson Thompson, Danger Spots in World Population (New York: Alfred A. Knopf, 1929).

³⁷ Bashford, Global Population, 103-6.

³⁸ Lu, The Making of Japanese Settler Colonialism, 149–233; Shiode, Ekkyösha no seijishi, 226–350; Manabu Takeno, "Jinkö mondai to shokuminchi: 1920, 20 nendai no karafuto wo chūshin ni," Keizaigaku kenkyū 50, no. 3 (December 2000): 117–32.

³⁹ Chapter 4 discusses the Japanese migration to Manchuria in more detail.

⁴⁰ Lu, The Making of Japanese Settler Colonialism, 58-63.

⁴¹ Sidney Xu Lu, "Eastward Ho! Japanese Settler Colonialism in Hokkaido and the Making of Japanese Migration to the American West, 1869–1888," *The Journal of Asian Studies* 78, no. 3 (2019): 521–47; Sidney Xu Lu, "Colonizing Hokkaido and the Origin of Japanese Trans-Pacific Expansion, 1869–1894," *Japanese Studies* 36, no. 2 (May 2016): 251–74, https://doi.org/10.1080/10371397.2016.1230834; Ishizaki, *Kingendai nihon no*, 69; Shiode, *Ekkyōsha no seijishi*, 112–53, 278–329.

late 1920s, the political environments specific to the period – domestic and international – exhorted government officials to consider making overseas migration an official policy.⁴² Within Japan, as the politically suspected left-leaning labor and socialist movements grew in popularity, the government, especially the Home Ministry, which was also in charge of social affairs, began to consider overseas migration as an attractive option for maintaining social order. By targeting populations deemed susceptible to these movements, the government hoped overseas migration would curb the movements' further growth. Alongside this, a number of diplomatic events – notably the Allies' refusal of Japan's proposal to include a racial equality clause in the Treaty of Versailles in 1919 and the US Immigration Act in 1924 – swayed the government's opinion in favor of overseas migration. Perceiving these diplomatic incidents to symbolize the domination of the racist attitudes of white, western colonial powers within world politics, Japanese political leaders believed that Japan, as the only colored colonial power, should cultivate their own versions of colonial migration in order to take a stand in the political struggles of that time.⁴³

Reflecting the government's agenda, state-endorsed emigration in the late 1920s focused on workers and farmers who were impoverished due to the economic depression, as well as on activities that could directly contribute to Japan's colonial agenda.⁴⁴ In Brazil and Manchuria, it insisted on the principle of "coexisting and coprospering" (*kyōzon kyōei*), a benevolent colonial development based on the coexistence and coprosperity of the Japanese and native populations.⁴⁵ For the Japanese state, overseas migration during this period was a device to solve the labor, social, and population problems within the metropole as well as a way to assert – what the political leaders deemed compromised – Japan's geopolitical standing in world politics via colonialism.⁴⁶ In this context, Japan's high population density conveniently justified colonial migration.

⁴² Lu, The Making of Japanese Settler Colonialism, 19–20.

⁴³ Park, "Interrogating the 'Population Problem' of the Non-Western Empire"; Eiichiro Azuma, "Remapping A Pre-World War Two Japanese Diaspora: Transpacific Migration as an Articulation of Japan's Colonial Expansionism," *Connecting Seas and Connected Ocean Rims*, January 1, 2011, 415–39; Eiichiro Azuma, "Pioneers of Overseas Japanese Development': Japanese American History and the Making of Expansionist Orthodoxy in Imperial Japan," *The Journal of Asian Studies* 67, no. 4 (November 2008): 1187–226.

⁴⁴ Lee, "Problematizing Population," 145. For a specific example, see Andre Kobayashi Deckrow, "São Paulo as Migrant-Colony: Pre-World War II Japanese State-Sponsored Agricultural Migration to Brazil" (PhD diss., Columbia University, 2019).

⁴⁵ Lu, The Making of Japanese Settler Colonialism, 206-33.

⁴⁶ Not all intellectuals endorsed the official stance. Haruna, Jinkō, shigen, ryōdo, 217-46.

In addition to political reasons, population density gave an economic rationale for the migration policy. The government portrayed overseas migration also as a means with which to foster what Prime Minister Tanaka called an "industrial economy." This caricature urged policymakers to see overseas migration as the twin policy of domestic migration. According to this view, overseas migration aimed to alter population density on the macro level, whereas domestic migration - encouraging people to move from more concentrated urban centers to less-dense regions within Japan Proper - was a micro-level attempt to raise the overall level of commercial and industrial productivity by "adjusting" the domestic population density to an optimal level. The logic was as follows: If the government adequately coordinated internal and overseas migration, industrialists could more efficiently deploy their business within both Japan Proper and the colonies. At the same time, migrants, as well as people who remained in Japan Proper, would have more job opportunities and, therefore, enough financial power to stimulate the Japanese economy. This additional rationale not only promoted overseas migration even further but also consolidated the official discourse in favor of internal migration.

Prime Minister Tanaka, as head of the IC-PFP, had internalized this logic when he pondered the population issues. To start with, Tanaka believed overseas migration was merely "one solution to the problem" of a growing population; therefore, he did not think it alone could dissipate the population problem in the metropole.⁴⁷ Tanaka believed overseas migration should be carried out in parallel with "policies to make Japan an industrial nation [sangyō rikkoku]," by which he primarily meant economic measures, including "internal migration." If overseas migration could "relieve" Japan's population pressure, effective economic measures could also "absorb population."

The IC-PFP Secretariat, headed by Secretary of the Cabinet Hatoyama Ichirō (1883–1959) and comprised of twenty-four bureaucrats from relevant government offices, followed Tanaka's line.⁵⁰ Topics related to

⁴⁷ "Jinkō shokuryō mondai chōsakai dai ikkai."

⁴⁸ Ibid.

⁴⁹ Ibid.

The government offices that had representation in the IC-PFP Secretariat were: the Cabinet, Cabinet Colonial Bureau, Cabinet Resource Bureau, Ministries of Foreign Affairs, Home Ministry Bureau of Internal Affairs, Home Ministry Social Bureau, Ministry of Finance, Ministry of Agriculture and Forestry, Ministry of Commerce and Industry, Ministry of Communication, and Ministry of Railways. The Cabinet of the Japanese Government, Jinko shokuryo mondai chōsakai shorui kyū kanjikai gijiroku', 1927, National Archives of Japan Digital Archives, www.digital.archives .go.jp/das/image/F00000000000000008867, accessed August 20, 2019.

migration – domestic and overseas – and the increased economic opportunities dominated the draft of the IC-PFP Secretariat's reference plan for population policies. The draft reference plan, originally submitted by the Home Ministry's Bureau of Social Affairs to the Secretariat on August 4, included the following list of subjects that the IC-PFP Population Section should investigate to come up with "specific measures for population growth":

- 1. Regarding Measures to Increase Demands in Labor
- 2. Regarding Measures to Control the Supply and Demand in Labor
- 3. Regarding Measures for Domestic Migration
- 4. Regarding Measures for Emigrating out of the Country
- 5. Regarding Measures to Encourage Migration Generally
- 6. Regarding the Establishment of Colonial Companies
- 7. On the Official Administrative Organizations for Migration
- 8. Regarding Birth Control⁵¹

The list clearly reflected the government's commitment to using migration and economic development to solve the problem of population growth.

After deliberating on the bureau's draft several times, the IC-PFP Secretariat approved the modified reference plan in early October. The reference plan was passed on to both sections, and they used it to deliberate on government population policies. The discussion within the Population Section illustrated that a community of population experts, held together by policymaking, was formed alongside the government's effort to tackle "population problems." However, these policy experts, with their diverse intellectual backgrounds, presented ideas that were not always in line with the official agenda.

Population Control and Migration: The Experts' Response

For the Population Section, the IC-PFP summoned twenty-two permanent members and eleven temporary members from the pool of politicians, senior officials, bureaucrats, and population experts from fields as diverse as economics, social policy, colonial policy, statistics, medicine, and public health.⁵² On October 12, 1927, the Population Section

Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai ni okeru naigai ijū hōsaku oyobi rōdō no jukyū chōsetsu ni kansuru hōsaku no ketsugi tōshin ni itaru keika narabini giron no yōten," February 1928, 2–5.

⁵² Later, the member list became longer, including a prominent figure in colonial policy, Nitobe Inazō. The Cabinet of the Japanese Government, Jinkō shokuryō mondai chōsakai, 30–36.

convened its first meeting. Between then and April 1930, when the IC-PFP dissolved, the Population Section had four section meetings, twenty-four special committee meetings, six draft-making committee meetings, and three Small Committee meetings, and it officially submitted six draft reports and two resolutions in response to the government's inquiry on population matters.

Generally speaking, the Population Section followed the guidelines stipulated in the IC-PFP Secretariat reference plan,⁵³ and so the members at the meeting decided to work on emigration and "labor adjustment" ($r\bar{o}d\bar{o}$ $ch\bar{o}sei$). This focus ultimately culminated in three draft reports, "Measures for Internal and External Emigration," "Measures Regarding the Adjustment of Supply and Demand in Labor" and "Population Measures for Various Locals Apart from Japan Proper."⁵⁴

However, a closer look at the deliberation process presents a more nuanced picture, testifying to how the policy discussion involved complex negotiations. In many instances during the negotiations, the two groups had divided opinions over the interpretation of population – the IC-PFP Secretariat representing the voice of the government officials and the Population Section expressing the opinion of population experts. To start with, while the Population Section deliberated on emigration and labor adjustment, this did not mean they completely agreed with the Secretariat's suggestions. Some members of the Population Section's Special Committee and Draft-Making Committee were skeptical that overseas migration and domestic labor adjustment alone could "have a value, as fundamental measures, to solve the population problem." Based on this view, they saw a need to come up with a more comprehensive policy that would complement these measures.

In addition, some members of the Population Section disagreed over the IC-PFP Secretariat's characterization of population measures. Specifically, they did not like that the Secretariat's draft reference plan portrayed overseas migration not only in relation to the problem of overpopulation but additionally as a geopolitical measure "to establish an international justice by realizing the principle of coexistence and coprosperity." The member vociferously opposing the political overtones

Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai ni okeru naigai ijū hōsaku," 17.

⁵⁴ The first two draft reports were passed by the Second IC-PFP General Assembly that took place on December 15,1927, and the last one by the Third IC-PFSP General Assembly on September 27, 1928.

⁵⁵ Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai ni okeru naigai ijū hōsaku," 47.

⁵⁶ Ibid., 47.

in this description was Nagai Tōru (1878–1973), the bureaucrat and social policy expert leading the discussions in the Population Section. At a Population Section meeting, in front of the Bureau of Social Affairs Secretary Kawanishi Jitsuzō (1889–1978), who was explaining the draft reference plan, Nagai dismissively told: "this kind of manifesto is disagreeable because it sounds like either a small nation's tale of woe or acts as the mask for an aggressor nation."⁵⁷ After discussions, the Population Section decided that its draft proposal on overseas migration would not include the aforementioned statement.⁵⁸ Some in the Population Section were clearly ambivalent about the idea that emigration might be used as a political tool to secure Japan's global status.

Finally, between the IC-PFP Secretariat and the Population Section, there was a slight discord in the understanding of which measures the government should prioritize. While the Secretariat was mainly concerned about the problems of population *quantity*, the Population Section was additionally interested in the issues of population *quality*. The deliberation process on "population control" (*jinkō yokusei*), which included the topics of birth control and eugenics, attests to this point. Whereas the IC-PFP Secretariat sidelined concerns over the subject, the Population Section spent long hours on it. The outcome of this different attitude was a stark contrast. While the IC-PFP Secretariat's reference plan put the subject of birth control at the bottom of the aforementioned list, the Population Section produced an independent policy proposal dedicated to measures for population control – one of the six draft reports officially presented by the section during its existence.

In the late 1920s, population quality problems, specifically issues touching on eugenics and birth control, were popular, yet controversial, subject matters. ⁵⁹ Eugenics, a term coined by Francis Galton in 1883, was almost immediately introduced in Japan as *yūzenikkusu*, and later *yūseigaku*, "science of superior birth." ⁶⁰ From the start, the intellectuals defined eugenics

⁵⁷ Ibid., 50.

⁵⁸ Ibid., 50.

⁵⁹ Takashi Yokoyama, Nihon ga yūsei shakai ni naru made: Kagaku keimō, media, seishoku no seiji (Keiso Shobo, 2015).

For recent or representative works on the history of eugenic thought and movements in modern Japan, see Karen J. Schaffner, ed., Eugenics in Japan (Fukuoka: Kyushu Daigaku Shuppankai, 2014); Kiyoko Yamazaki, ed., Seimei no rinri: Yūsei seisaku no keifu (Fukuoka: Kyushu Daigaku Shuppankai, 2013); Jennifer Robertson, "Eugenics in Japan: Sanguinous Repair," in The Oxford Handbook of the History of Eugenics, eds. Alison Bashford and Philippa Levine (Oxford: Oxford University Press, 2010), 430–48; Yutaka Fujino, Kōseishō no tanjō: Iryō wa fashizumu wo ikani suishin shitaka (Kyoto: Kamogawa shuppan, 2003); Fujino, Nihon fashizumu to yūsei shisō; Yuehtsen Juliette Chung, Struggle for National Survival: Eugenics in Sino-Japanese

as a method of "racial improvement" (jinshu kairyō), which the Japanese could incorporate to reach a higher level of civilization. 61 This idea became more pervasive after the 1890s, when "race" (jinshu or minzoku) began to hold currency in political discussions and within the articulation of nationalistic sentiments. 62 Especially after Japan acquired Taiwan as a colony in 1895 and won the war against one of the most formidable white race countries in the Russo-Japanese War (1904-5), anthropologists, biologists, geneticists, doctors, and social scientists fervently discussed the political implications of Japan as a nonwhite empire, and actively explored the possibility of applying eugenics to raise Japan's international profile.⁶³ Beginning in the 1910s, events in international politics, including the aforementioned scandal at the Versailles Peace Conference in 1919, further fueled the sentiment that eugenics - now used synonymously with another neologism, "racial hygiene" (minzoku eisei) – was an appropriate measure for Japan to adopt to supersede the white imperial powers. Under these circumstances, publications such as the journal Der Mensch: Jinsei (Humankind), launched in 1905 by the renowned physician and medical historian Fujikawa Yū (1865–1940), offered experts in medicine, biology, psychology, anthropology, and other fields dealing with racial and population sciences an outlet for their fervor for eugenics.

With regard to birth control, an early reference in Japan's modern history appeared in the 1880s in relation to the criminalization of abortion in 1880 (see Chapter 2).⁶⁴ In the 1900s, the neo-Malthusian argument, greatly inspired by the British activist Annie Besant, began to generate public discourse on birth control.⁶⁵ However, during this period, the concept of birth control remained largely theoretical.⁶⁶ This situation began to

Contexts, 1896–1945 (New York: Routledge, 2002); Sumiko Otsubo and James R. Bartholomew, "Eugenics in Japan: Some Ironies of Modernity, 1883–1945," Science in Context 11, no. 3–4 (1998): 545–65; Yoko Matsubara, "Nihon – Sengo no yūsei hogohō toiu nano danshuhō," in Yūseigaku to ningen shakai: Seimei kagaku no seiki wa doko e mukaunoka, eds. Shohei Yonemoto, Yoko Matsubara, Jiro Nudeshima, and Yasutaka Ichinokawa (Kodansha, 2000), 169–236; Yoko Matsubara, "The Enactment of Japan's Sterilization Laws in the 1940s: A Prelude to Postwar Eugenic Policy," Historia Scientiarum 8, no. 2 (1998): 187–201; Zenji Suzuki, Nihon no yūseigaku (Sankyo Shuppan Kabushikigaisha, 1983).

- 61 Robertson, "Eugenics in Japan."
- ⁶² Kevin M. Doak, A History of Nationalism in Modern Japan: Placing the People (Leiden and Boston: Brill, 2007); Morris-Suzuki, Re-Inventing Japan; Oguma, Tan'itsu minzoku shinwa no kigen.
- ⁶³ Sabine Frühstück, Colonizing Sex: Sexology and Social Control in Modern Japan (Berkeley: University of California Press, 2003); Fujino, Nihon fashizumu to yūsei shisō, 80-120; Oguma, Tan'itsu minzoku shinwa no kigen, 73-171.
- ⁶⁴ Tenrei Ota, Nihon sanji chōsetsu hyakunenshi (Ningen no Kagakusha, 1976).
- 65 Ogino, "Kazoku keikaku" eno michi, 17.
- 66 Ibid., 12-14.

change in the late 1910s, when news about the American birth control movement arrived in Japan.⁶⁷ In particular, when Margaret Sanger, the doyenne of the American birth control movement, visited Japan in 1922, she greatly influenced the public's perception of birth control and the popular birth control movement.⁶⁸ After Sanger's Japan tour, Ishimoto Shizue - Sanger's close friend who became a leader in the Japanese birth control movement - founded the Japan Birth Control Study Group (Nihon Sanji Chōsetsu Kenkyūkai) in May 1922, whose participants included well-known figures such as Abe Isoo, Kaji Tokijirō, Yamakawa Kikue, and Suzuki Bunji.⁶⁹ In Kyoto, Sanger's visit urged the noted biologist and sexologist Yamamoto Senji (1889-1929) to join the birth control activism. 70 Shortly after Sanger's visit, Yamamoto published The Critique of Mrs. Sanger's Methods of Family Limitation, which, despite being noncommercial and academic, was phenomenally popular.⁷¹ In January 1923, with labor activists based in Osaka, Yamamoto established the Osaka Birth Control Study Group (Osaka Sanji Seigen Kenkyūkai) as an organization specifically dedicated to teaching birth control methods to individuals with more than five children.⁷² In February 1925, Yamamoto launched the coterie magazine Birth Control

- ⁶⁷ Ibid., 40–69; Karen Lee Callahan, "Dangerous Devices, Mysterious Times: Men, Women, and Birth Control in Early Twentieth-Century Japan" (PhD diss., University of California, Berkeley, 2004); Fujime, Sei no rekishigaku, 245–60.
- ⁶⁸ Sanger, the pioneer of the twentieth-century birth control movement in the United States, was spurred on by the mission to spread the "gospel of birth control" to the world. She arrived in Japan in March 1922 and stayed for a month. During this time, she delivered public lectures and participated in private meetings, where she befriended Japanese birth-control advocates. Takeuchi-Demirci, Contraceptive Diplomacy, 19-82; Aiko Takeuchi-Demirci, "Birth Control and Socialism: The Frustration of Margaret Sanger and Ishimoto Shizue's Mission," Journal of American-East Asian Relations 17, no. 3 (2010): 257-80; Ogino, "Kazoku keikaku" eno michi, 39; Helen M. Hopper, A New Woman of Japan: A Political Biography of Katō Shidzue (Boulder: Westview Press, 1996), 22-27. For the impact of Sanger's visit on the public debate, see Sujin Lee, "Differing Conceptions of 'Voluntary Motherhood': Yamakawa Kikue's Birth Strike and Ishimoto Shizue's Eugenic Feminism," U.S.-Japan Women's Journal 52 (2017): 3-22; Elise K. Tipton, "Birth Control and the Population Problem," in Society and the State in Interwar Japan, ed. Elise K. Tipton (London and New York: Routledge, 1997), 42-62; Elise K. Tipton, "Birth Control and the Population Problem in Prewar and Wartime Japan," Japanese Studies 14, no. 1 (1994): 54-64.
- ⁶⁹ The group was, however, short-lived, in part due to the Great Kanto Earthquake. Ogino, "Kazoku keikaku" eno michi, 45.
- For Yamamoto Senji's birth control activism, see Lee, "Problematizing Population," 54–80; Michiko Obayashi, Yamamoto Senji to haha Tane: Minshū to kazoku wo aishita hankotsu no seijika (Domesu Shuppan, 2012), 95–135.
- 71 Ogino, "Kazoku keikaku" eno michi, 45.
- ⁷² Ota, Nihon sanji chōsetsu hyakunenshi, 147.

Review (Sanji Chōsetsu Hyōron).⁷³ The journal grew and offered a forum where writers and readers could exchange cutting-edge ideas about birth control.

As suggested above, the socialist network – which saw birth control as a tool for liberating the working class from the chains of capitalist exploitation and poverty – provided a strong ideological backbone to the popular birth control campaign during this period.⁷⁴ However, precisely because of its link with socialism, the birth control movement had a precarious relationship with the government. Officials viewed socialism as a foreign, dissident ideology undermining state authority and thus suppressed birth control activism because it was associated with socialism. After the government issued the Peace and Preservation Law on May 12, 1925, it actively cracked down on birth control activism, claiming it was inculcating indecent ideas in the public. The police were often present at public gatherings and at times ordered participants to stop meetings on the spot. The government also censored activists' writings, using indecency as a reason.⁷⁵ As far as state authorities were concerned. the socialist birth control movement needed to be nipped in the bud; otherwise, it would agitate the public with subversive foreign ideas and disrupt political order.

Some government officials were concerned about birth control for another reason: It could pose a eugenic risk. As Takata Yasuma suggested, in the 1920s, birth control was becoming increasingly popular among those perceived as biologically "superior" – the able-bodied, educated, affluent class in the cities – and their birth control practices seemed to be lowering the group's fertility rates. To the dismay of government officials, studies in the mid-1920s confirmed this point, showing fertility decline was more conspicuous among the "intellectual class" (*chishiki kaikyū*) using birth control than among people in other

⁷³ In October 1925, the journal changed its title to Sex and Society (Sei to Shakai).

⁷⁴ Takeuchi-Demirci, "Birth Control and Socialism"; Lee, "Problematizing Population," 54–80, 98–109. In addition to socialism, eugenics was another important strand of thought buttressing the birth control movement during the period. See Lee, "Problematizing Population," 54–89; Lee, "Differing Conceptions."

⁷⁵ Furthermore, Kyoto University ordered Yamamoto to voluntarily resign after he spoke at the public seminar on birth control organized by Suimyakusha, which was based in the provincial Tottori City. Obayashi, *Yamamoto Senji to haha Tane*, 113–15. Toshiji Sasaki and Akinori Otagiri, eds., *Yamamoto Senji zenshū* (Chobunsha, 1979), 3: 559.

For a policy discussion on birth control and eugenics during this period, see Kiyoshi Hiroshima, "Gendai nihon jinkō seisakushi shōron: Jinkō shishitsu gainen wo megutte (1916–1930)," Jinkō mondai kenkyū, no. 154 (April 1980): 48–49; Sugita, "Yūsei," "yūkyō."

socioeconomic groups.⁷⁷ Seeing this trend, Takata broadcast his "give birth, multiply" argument. Similarly, his colleague Teruoka Gitō (1889–1966), known as the pioneer of labor science and a proponent of social hygiene, characterized the intellectual class's practices as the "unconscientious propagation of birth control" and warned it would "lead to racial suicide."⁷⁸ Policy intellectuals were acutely aware of this "racial suicide" argument presented by population experts.

Against this backdrop, the Bureau of Social Affairs, which was drafting the IC-PFP Secretariat's reference plan, included "Regarding Birth Control" as a subject for deliberation within the Population Section, as shown in the aforementioned list. However, the Secretariat's response was tepid. In the fifth Secretariat meeting on September 21, 1927, Chairperson Hatoyama said that this item could be removed because "the issue will naturally come up in the [Population Section] committee meetings anyway. After the discussion, the Secretariat decided to drop the item from the original draft of the reference plan and replaced it with "Investigations Regarding the Eugenics Movement," and it was included in the final version given to the Population Section.

Why was the Secretariat hesitant about birth control? Why did it recommend eugenics instead? A plausible reason was that the term "eugenics" embraced broader meanings, including birth control, whereas the reverse was not the case. By adopting "eugenics," the Secretariat might have left more space for the Population Section to decide which topics to discuss. Another reason, which was more political, was that birth control, and population control more broadly, was a controversial topic at the time, certainly more so than eugenics. At some point in the deliberation process, Secretariat members confessed, "once the [policy recommendation for] the problem of population control is codified as a report and published in society, ... [it] could invite quite a few

⁷⁷ Shigeyoshi Masuda, "Sanji seigen ni kansuru chōsa" (Jinkō Shokryō Mondai Chōsakai, February 1928), 12, PDFY10121605, the Tachi Bunko Archive, National Institute of Population and Social Security Research, Tokyo (hereafter Tachi Bunko).

⁷⁸ Gitō Teruoka, "Waga kuni shusshōritsu no shakai seibutsugakuteki kansatsu," Rōdō kagaku kenkyū 1, no. 2 (1924): 56; Sugita, "Yūsei," "yūkyō," 31–53.

^{79 &}quot;Jinkō mondai nikansuru chōsa kōmoku," in The Cabinet of the Japanese Government, Jinkō shokuryō mondai chōsakai shorui kyū kanjikai gijiroku', 1927, National Archives of Japan Digital Archives, 26, accessed August 20, 2019, www.digital.archives.go.jp/das/image/F00000000000000008867.

^{80 &}quot;Dai sankai kanjikai giji gaiyō," in The Cabinet of the Japanese Government, Jinkō shokuryō mondai chōsakai shorui kyū kanjikai gijiroku', September 21, 1927, National Archives of Japan Digital Archives, 45–57, on 50–51, accessed August 20, 2019, www.digital.archives.go.jp/das/image/F0000000000000068867.

⁸¹ Ibid.

misunderstandings."⁸² Apprehensive of the possibility that the general public would misconstrue the government's motivation for engaging with birth control, the Secretariat dropped birth control from the reference plan. Therefore, this decision could be interpreted as an attempt to deflect any potential public controversies arising from officially recommending politically contentious measures.

In turn, the Population Section poured much energy into the subject. It even set up an independent Small Committee dedicated to population control, namely, the IC-PFP Population Section Small Committee on Population Control. It had three members: Nagai Tōru, Nagai Hisomu (1876–1957, chair of the Department of Physiology at Tokyo Imperial University), and renowned economist Fukuda Tokuzō (1874–1930). Within the Small Committee, the ideas presented by Nagai Tōru and Nagai Hisomu shaped the contours of the discussion within the committee.

Nagai Tōru, after graduating from the Faculty of Law at Tokyo Imperial University in 1903, embarked on his career as a high-rank government official at the Ministry of Agriculture and Commerce and then at the Ministry of Railways until 1920.⁸³ Between 1920 and 1926, he became involved in social policy through his role as a managing director at the Harmonization Society (*Kyōchōkai*), a half-government, half-private organization established in 1919 to coordinate the labor-management relationship.⁸⁴ After gaining a doctorate in economics in 1925, Nagai Tōru established himself as one of the most pursued experts for the government's social and population policies.

Nagai Hisomu was a key figure in eugenics in this period.⁸⁵ In the 1910s, he began to present his eugenic theories widely in professional journals, popular magazines, and newspapers.⁸⁶ In 1923, he headed the Japanese Society for Sexology (*Nihon Sei Gakkai*), and in 1930, he headed the new Japanese Society of Racial Hygiene (*Nihon Minzoku*

⁸² Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu tōshin setsumei" (Jinkō Shokryō Mondai Chōsakai, April 1930), 117.

⁸³ For Nagai Tōru, see, e.g., Sugita, "Yūsei," "yūkyō," 116-41; Sugita, Jinkō, kazoku, seimei, 184-233.

⁸⁴ On Kyōchōkai, see Andrew Gordon, The Evolution of Labor Relations in Japan: Heavy Industry, 1853–1955 (Cambridge, MA: Council on East Asian Studies, Harvard University Press, 1985).

⁸⁵ Mitsuko Chuman, "Nagai Hisomu saikō: Yūseigaku keimō katsudō no shinsō wo saguru," in Seimei no rinri, ed. Kiyoko Yamazaki (Fukuoka: Kyushu Daigaku Shuppankai, 2013), 228.

⁸⁶ Chuman, "Nagai Hisomu saikō," 230–35.

Eisei Gakkai). 87 Alongside this, Nagai Hisomu promoted eugenics in policymaking. In the 1910s, as an HHSG member, he lobbied for an independent committee for eugenics within the HHSG. 88 At that time, his plan did not materialize. However, in the 1930s, his campaign – this time to promote a eugenic policy like the one in Nazi Germany – became more readily accepted in policymaking, so much so that it culminated in the establishment of eugenic population policies in the early 1940s.

Within the IC-PFP, Nagai Tōru acted as a core member of the Population Section from the outset, assuming a position in all the subcommittees set up within the section. Applying his expertise, he submitted private proposals for most of the issues deliberated within the section. In turn, although Nagai Hisomu was not a founding member of the Population Section, he quickly became one of the most vocal members after being appointed to the section's special committee on December 13, 1927. For the Population Section's Small Committee on Population Control, the two presented draft proposals, and Fukuda came up with a revised proposal based on the two documents. 90

Fukuda was confronted with an enormous task, because both Nagai Hisomu and Nagai Tōru had distinctive, yet strong, opinions regarding birth control and eugenics as solutions to the population problem. Trained primarily in the social sciences, Nagai Tōru maintained that the population problem required a sociological approach. He contended that population was determined by the "social scientific law," which was "calculated based on the contrast between a population and the social force – the force of a society that by itself acts like a living body." Thus, the population problem "was neither the [Malthusian] problem of food nor the [Marxian] problem of employment" but the problem of the "ratio between society's productive power and the power of a population to expand." This idea of population exhorted him to focus on the details of population structure (e.g., sex and age ratio) and population dynamics (e.g., fertility and mortality rates) as critical factors determining the quality of a population. It also urged him to define the population

⁸⁷ In 1935, Minzoku Eisei Gakkai was renamed Minzoku Eisei Kyōkai. For the role of the Society in eugenic movements in modern Japan, see Takashi Yokoyama, "Yūseigakushi niokeru nihon minzoku eisei gakkai no ichi," Nihon kenkō gakkaishi 86, no. 5 (2020): 197–208.

⁸⁸ Hoken Eisei Chōsakai, "Hoken eisei chōsakai dai ikkai hōkokusho," 34. Hiroshima, "Gendai nihon jinkō seisakushi shōron," 48–49.

⁸⁹ The Cabinet of the Japanese Government, Jinkō shokuryō mondai chōsakai shorui ichi, 40-41.

⁹⁰ Sugita, Jinkō, kazoku, seimei, 198.

⁹¹ Toru Nagai, Nihon jinkoron (Ganshodo, 1929), 7.

⁹² Ibid., 5–6, 17–18.

problem as first and foremost a societal problem that occurred primarily when the population structure and its dynamics became distorted.⁹³

Based on this logic, Nagai Tōru thought the source of the current population problem was the "phenomenon of high birth, high [infant] death," which he believed represented the underdeveloped state of the "social organization" and "people's intellect." To solve the problem, he believed that the state should establish social policies that would help implement institutions fostering the practice of, what he called, "child-care preservation" (*ikuji hozen*) instead of popularizing birth control. At the same time, he also acknowledged it would take time for Japanese society to mature enough to accommodate a full range of "childcare preservation" institutions. Thus, Nagai Tōru recommended birth control as an interim measure that should only be implemented until society developed fully. 95

In turn, Nagai Hisomu's idea about population – which he categorically viewed as synonymous with biological race – was premised largely on eugenics, which he insisted on calling "racial hygiene." ⁹⁶ He claimed that recent progress in genetics had clarified how parents' traits were passed down to children equally, irrespective of social groups. Thus, to improve the quality of the Japanese race, the government should strive to "select the good-quality genetic substance and exclude the bad-quality one" and "eliminate the genealogy of families, for instance, with mental illnesses, prone to tuberculosis, and prone to disability."97 Yet, Nagai Hisomu was also skeptical about directly applying Mendelian laws of animal and plant heredity to humans. He thought that human sexual behaviors were unpredictable. Furthermore, it would be unrealistic to arrange interbreeding among different human groups within a controlled environment, as Mendelian geneticists had done with their experimental subjects. 98 For this reason, Nagai additionally relied on the biometric approach to heredity, which had its origins in the Galtonian tradition of eugenics. 99 This eclectic understanding of eugenics underpinned Nagai Hisomu's activism. In practice, he lobbied for a state policy on eugenic birth control, including sterilization, to improve the genetic composition of the Japanese race.

⁹³ Ibid., 8.

⁹⁴ Ibid., 7-8.

⁹⁵ Ibid., 415-24.

⁹⁶ Chuman, "Nagai Hisomu saikō," 230.

⁹⁷ Nagai (1913) quoted in in Chuman, "Nagai Hisomu saikō," 267. Also see Fujino, Nihon fashizumu to yūsei shisō, 56-62; Suzuki, Nihon no yūseigaku, 93-97.

⁹⁸ For details, see Chung, Struggle for National Survival, 43.

⁹⁹ Ibid.

Over the 1920s, Nagai Hisomu expressed his dissatisfaction that his long-term campaign for eugenic birth control was often mixed up with what he saw as frivolous popular birth control activism. What particularly bothered him was that this activism was propagating birth control among the urban intellectual class, who he thought should procreate more because of their "superior traits" (yūshū na seishitsu). 100 Thus, like Takata, Nagai Hisomu believed the birth control movement was damaging the quality of the Japanese race. Specifically, it was stimulating differential fertility, or the widening gap in fertility among different social groups, which, in this case, was symbolized by lowering fertility rates within the urban intellectual class and sustained high fertility in the lower socioeconomic groups. Borrowing from the Darwinian concept of natural selection, Nagai Hisomu called this "reverse selection" (gyaku tōta) and characterized it as "those with inferior traits" (retsuaku na soshitsu no mono) dominating those with "superior traits." 101 He saw the question of "reverse selection" as a pressing population problem but also observed that the current debate neglected this issue as it concentrated on the Malthusian problem of overpopulation. To rectify the situation, Nagai Hisomu became convinced that the government should intervene in current birth control practices more proactively. He believed the government should establish eugenic birth control as a national policy and work toward implementing a more regulated birth control initiative targeting "those with inferior traits" to solve the problems of population quantity and quality.

With this in mind, Nagai Hisomu submitted a draft proposal to the Small Committee. The proposal was titled "Draft of a Report on Eugenic Problems," which clearly demonstrated his conviction that a policy on eugenic birth control was necessary to tackle population issues. The preamble defined the "population problem" as "not simply an issue of population quantity but also something that intends to improve population quality from a eugenic point of view." Following this definition, three out of the nine recommendations in the proposal were about reproductive practices and were aimed to prevent the process of "reverse selection." Specifically: (1) the establishment of "appropriate institutions enabling consultations on marriage, childbirth, and birth control"; (2) the enforcement of "control over distribution, sales, and

¹⁰⁰ Sugita, Jinkō, kazoku, seimei, 193.

¹⁰¹ Ibid., 192-93.

Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu," 41. Also see Sugita, Jinkō, kazoku, seimei, 190–99; Fujino, Nihon fashizumu to yūsei shisō, 121–31; Hiroshima, "Gendai nihon jinkō seisakushi shōron," 50–59.

advertisement for instruments, pharmaceuticals, and other materials assisting contraception"; and (3) the promotion of "research on various institutions from the eugenic viewpoint." ¹⁰³

In contrast, Nagai Tōru's draft proposal, titled "Measures Regarding Population Regulation," mirrored his view that the population problem was a problem of population itself, caused by the "current situation of high birth, high death, as well as high marriage and high divorce rates," and thus claimed the state should implement policies aiming to regulate population structures and dynamics. ¹⁰⁴ Reflecting his focus on "childcare preservation," the proposal stressed the necessity for implementing "social institutions protecting women giving birth and preserving childcare" and opportunities to teach men and women about population problems. ¹⁰⁵ While Nagai Hisomu's proposal put eugenic birth control at the fore, Nagai Tōru's draft hid the statement, placing it almost casually in the middle of a paragraph and merely suggesting the government should encourage "investigation and research" on birth control. ¹⁰⁶

Fukuda, in consultation with Nagai Tōru and Nagai Hisomu, made great efforts to merge the two draft proposals into the final draft report. Having looked at both documents, Fukuda came up with a neutral title: "On Various Measures for Population Control." After many discussions, the three agreed on the following broad definition of population control:

Unlike so-called birth control, population control does not only refer to the control of the number of a population, it even includes positive meanings, such as the decrease in mortality rates and the prolongation of average life expectancy. Furthermore, it does not only aim to solve the problem of the population number but to improve the quality of the population.¹⁰⁷

Based on this understanding, the draft report presented a total of nine policy recommendation items, which were, on the whole, more sympathetic to Nagai Tōru's social policy approach than Nagai Hisomu's eugenic recommendations. Echoing the sentiment of the HHSG (see Chapter 2), many of these items were about measures for the promotion of maternal and infant health, public health in rural farming villages and cities, and the prevention of tuberculosis. Only two items were

¹⁰³ Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu," 40-41.

¹⁰⁴ Ibid., 39.

¹⁰⁵ Ibid., 38-40.

¹⁰⁶ Ibid., 39.

¹⁰⁷ Ibid., 118.

specifically on birth control. With regard to eugenics, it adopted the view presented in Nagai Tōru's proposal, only recommending "research on various institutions relevant from the viewpoint of eugenics." The draft report was approved at the IC-PFP general assembly on December 19, 1929.

By passing "On Various Measures for Population Control," the IC-PFP implicitly endorsed population control by means of social policy – and to a lesser extent eugenics – as a solution to the population problem. However, the IC-PFP did not make any further efforts to act on this policy recommendation. ¹⁰⁹ Consequently, no population control policies came about as a result of the exercise. This was a stark contrast to the draft report on migration submitted by the Population Section, which, as mentioned above, directly corresponded to the Overseas Migration Cooperative Societies Law.

Official Research on the "Population Problem"

While failing to make an actual policy, the Population Section's deliberation efforts made a significant mark in the history of population science in modern Japan: It paved the way for institutionalizing policy-oriented population research.

As mentioned in the previous chapters, the analysis of population figures comprised a significant part of the daily work of official bureaucrats by this period. However, policy-oriented population research was conducted on a project or ad hoc basis. The need to set up an official, permanent institution dedicated to coordinated, policy-oriented population studies was addressed early on by the members of the Population Section's Special Committee. Among them, committee member Nitobe Inazō – by now established as a prominent colonial-policy scholar and undersecretary-general of the League of Nations – took a first step. Nitobe, also present at the abovementioned World Population Conference, submitted a written opinion piece to the special committee in the spring of 1929 in favor of a permanent research organization for population issues.¹¹⁰ Others agreed with Nitobe.¹¹¹ Based on Nitobe's written

¹⁰⁸ Ibid., 56-57.

¹⁰⁹ Fujino, Kōseishō no tanjō, 42; Fujino, Nihon fashizumu to yūsei shisō, 131.

The Cabinet of the Japanese Government, Jinkö shokuryö mondai chösakai shorui jüroku daigokai sökai giji sokkiroku, March 27, 1930, National Archives of Japan Digital Archives, 38–44, accessed February 20, 2020, www.digital.archives.go.jp/das/image/F000000000000008880.

¹¹¹ The Cabinet of the Japanese Government, Jinkō shokuryō mondai chōsakai shorui jūroku, 38.

piece, Nagai Tōru drafted "The Proposal Concerning the Establishment of a Population Research Institute." 112

The draft recommended the government set up a permanent research organization named the Population Research Institute (Jinkō Kenkyūsho), as either a national institute or a public interest corporation, with the objectives of conducting research on population problems and making recommendations in response to government inquiries. The Population Research Institute would consist of "experienced academic specialists" and "bureaucrats in the relevant fields" acting as councilors, as well as a small number of researchers. They would conduct studies on: (1) the population composition, distribution, and dynamics; (2) eugenics and other topics relevant to population control; (3) specific measures on overpopulation; and (4) other population policies and theories. The members of the institute would be obliged to present and publish their research findings, organize lectures and seminars, and join the "international councils on population" and dispatch representatives to its general meetings.

Based on Nagai Tōru's proposal, the Population Section made the resolution, "Matters Concerning Setting Up a Permanent Research Organization Specialized in Population Problems," which the IC-PFP passed and submitted to the government on March 29, 1930. The resolution claimed that, given the complex nature of population problems, the government would "take a wrong course" and "make errors in setting the standards for policy measures" for population problems if it did not have a permanent research institution supplying up-to-date data and analysis. ¹¹⁶ It also stressed the advantage of a permanent institution from the international viewpoint. An official institution, according to the resolution, would act as a collaborative partner internationally, liaising between the Japanese government and international population organizations, such as the International Union for the Scientific Investigation of Population Problems (est. 1928) that was a result of the World Population Conference.

The government initially took up the resolution and secured a budget to set up a permanent population research institute for the 1931 financial

[&]quot;Jinkō kenkyūsho secchi nikansuru kengian (Nagai iin shian)," April 10, 1929, in The Cabinet of the Japanese Government, "Dai nikai jinkōbu tokubetsu iinkai shōiinkai giji gaiyō," Jinkō shokuryō mondai chōsakai shorui roku jinkōbu tokubetsu iinkai gijiroku', 1927–30, National Archives of Japan Digital Archives, 295–322, on 301–2, accessed August 22, 2019, www.digital.archives.go.jp/das/image/F0000000000000008870.

¹¹³ Ibid., 301.

¹¹⁴ Ibid., 301-2.

¹¹⁵ Ibid., 301-2.

¹¹⁶ Sugita, Jinkō, kazoku, seimei, 188.

year. However, the plan fell through due to the cabinet's resignation on April 13, 1931 after Prime Minister Hamaguchi Osachi was shot.¹¹⁷ Nevertheless, the IC-PFP's call was not entirely futile. It eventually led to the establishment of the Foundation-Institute for Research of Population Problems (*Zaidan Jinkō Mondai Kenkyūkai*, hereafter IRPP) on November 22, 1932. Though not directly a government body, in many ways the IRPP was a successor organization to the IC-PFP Population Section, de facto acting as a policy research institute and a government inquiry body on population matters.¹¹⁸ The Population Section's campaign in the late 1920s laid a foundation for establishing an institution specialized in policy-relevant population discussion and research.

In addition to lobbying for a permanent research institute, the Population Section itself contributed to the policy-oriented research on population problems. Specifically, the Home Ministry Bureau of Social Affairs conducted birth control research during the policy deliberation process. The study not only supplied materials for discussion to the Population Section but significantly also buttressed the official policy on birth control in later years.

The Home Ministry Bureau of Social Affairs began investigations on birth control in 1922 – upon Sanger's visit to the country. However, the work conducted at the time concentrated on the collection and analysis of publications on birth control. In the late 1920s, for a policy deliberation within the IC-PFP, the Bureau of Social Affairs conducted a more thorough investigation. First, it prepared a reference list on birth control research that had been conducted internally. The list, dated January 1928, was used by Bureau of Social Affairs Secretary Kawanishi when he presented at the Population Section Special Committee meeting on July 13, 1928, which brought up birth control and eugenics for discussion for the first time within the Population Section. In the Internal Internal

Along with this, Bureau of Social Affairs bureaucrat Masuda Shigeki conducted research on the birth control movement that justified why the Bureau of Social Affairs had recommended birth control research in its draft of the IC-PFP Secretariat's reference plan. Masuda, who had long engaged with population issues for his work on social work and labor policies, adopted eclectic approaches to the topic. For the

¹¹⁷ Ibid

¹¹⁸ Sugita, "Yūsei," "yūkyō," 188-89.

¹¹⁹ Jinkō Shokryō Mondai Chōsakai, "Jinkō mondai nikansuru yoron," January 1928.

¹²⁰ Ibid

¹²¹ Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu," 33-34.

internal classified report, "An Investigation on Birth Control," dated February 1928, Masuda first conducted a review of the world history of "modern thoughts regarding birth control," starting from the publication of Thomas Malthus's An Essay on the Principle of Population in 1798, and studied the evolution of birth control movements in Britain, the United States, Holland, and Norway, as well as international movements since the mid-nineteenth century. 122 He then gathered information on the popular birth control movement in Japan since Sanger's visit in 1922. He collected names, addresses, and the details of the services provided by individuals running birth control clinics and selling birth control products, including abortifacients, in the cities of Tokyo, Osaka, Chiba, Nagoya, and Kobe, as well as in Chiba and Shizuoka Prefectures. Additionally, Masuda examined various birth control methods, including surgical methods such as hysterectomy. Based on the report, Masuda explained the situation surrounding birth control at the meeting of the Population Section Special Committee on July 13, 1928, standing next to his boss, Kawanishi. 123

Masuda's report generally maintained a neutral take on birth control, concentrating mostly on giving the factual data he had gathered through his investigation. Yet, from time to time, certain views shaped the report, especially when he gave analysis and policy recommendations. Of these, one echoed the concern over "reverse selection" addressed by Nagai Hisomu. Elaborating on the argument in favor of birth control from the viewpoint of population problems, Masuda warned that officials in Japan would have to consider the following two points if they were planning to endorse birth control policies: (1) "the fact that the birth rate is declining among the upper class," and (2) "the [fact that] population growth ... refers to the drastic growth of the people in low classes."124 Following this comment, Masuda showed statistical data on fertility among different social groups in Japan, such as the table showing the number of births per every thousand in the "rich" and "poor" areas within Tokyo's Yotsuya-Ward, and suggested that a process of "reverse selection" had a jumpstart in Japan, at least in cities. 125

In conjunction with this, Masuda introduced the birth control initiative in Holland as an example of a successful state-led birth control campaign. He praised the initiative for not only "decreas[ing] the mortality and infant mortality rates significantly" but for also making

¹²² Masuda, "Sanji seigen ni kansuru chōsa," 1.

¹²³ Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu," 34.

¹²⁴ Masuda, "Sanji seigen ni kansuru chōsa," 12.

¹²⁵ Ibid., 12-19.

the rate of natural population growth in Holland "one of the best in the world," thus projecting the message that a birth control initiative with a strong government presence could tactfully adjust the population size and quality to an optimal state. ¹²⁶ Based on this information, he made five recommendations toward the end of the report, which included government leadership in "the establishment of a consultation clinic catering to the women of the lower class and poverty class with many children who, because of their situations, wish to practice birth control." ¹²⁷ The report clearly projected the view that a government-led birth control program was integral to social work and that specifically targeting the lower classes would adequately circumvent the process of "reverse selection."

Though produced by a mid-rank bureaucrat, Masuda's report had a lasting impact on the government's attitude toward birth control. 128 It not only underpinned the official discourse on the subject but also provided a blueprint for the government's birth control policy. 129 The aforementioned Population Section Small Committee dedicated to population control decided to incorporate two of the policy recommendations presented in Masuda's report which recommended, respectively, that the government should "establish appropriate institutions enabling consultations on marriage, childbirth, and birth control" and "enforce control over distribution, sales, and advertisement for instruments, pharmaceuticals, and other materials assisting contraception."130 Of these, the latter was taken up by the Special Committee on Racial Hygiene (Minzoku Eisei nikansuru Tokubetsu Iinkai), established on June 24, 1930 within the HHSG following the dissolution of the IC-PFP in April 1930. This special committee - which Nagai Hisomu was instrumental in founding – submitted a draft proposal calling for the control of "harmful" $(y\bar{u}gai)$ contraceptives. ¹³¹ The Home Ministry adopted the proposal and issued the Ordinance for the Control of Harmful Contraceptive Devices on December 27, 1930 as Ministerial Ordinance No. 40 (enacted on January 6, 1931). 132 Following Masuda's original report, the ministerial

¹²⁶ Ibid., 3, 28-30.

¹²⁷ Ibid., 72.

¹²⁸ Hiroshima, "Gendai nihon jinkō seisakushi shōron," 53–54.

¹²⁹ Ibid., 53

¹³⁰ Jinkō Shokryō Mondai Chōsakai, "Jinkō shokuryō mondai chōsakai jinkōbu." Also see Sugita, Jinkō, kazoku, seimei, 185–99. Yokoyama, Nihon ga yūsei shakai ni naru made, 198–218.

¹³¹ Hoken Eisei Chōsakai, "Hoken eisei chōsakai dai jūyonkai hōkokusho" (1930), 11.

¹³² Hidebumi Kubo, Nihon no kazoku keikaku shi: Meiji, Taisho, Showa (Shadan Hōjin Nihon Kazoku Keikaku Kyōkai, 1997), 44.

ordinance defined harmful contraceptive devices to include "contraceptive pins," and "other contraceptives designated by the home minister to cause harm from the viewpoint of hygiene." In the 1930s, Masuda's report set the tone for the official attitude toward birth control as a population measure at a time when population became redefined as a valuable resource to be mobilized for Japan's engagement in a total war.

Conclusion

In the 1920s, with the increased availability of demographic data, "population problems" became a topic of public discussion. The heightened public interest in "population problems" exhibited an emerging consensus that a distorted population trend could be a source of economic, political, and social problems. High-rank bureaucrats and politicians followed public debate's logic. They portrayed "population problems" as dovetailing with a wide range of interlinked issues, such as food, industry, employment, poverty, space, and race, and thought they should be tackled with government policies. ¹³³ Through public and policy discussions, "population problems" became shorthand for a myriad of issues associated with the population trend that were subjected to government intervention.

The establishment of the IC-PFP as the first-ever official research committee specializing in population matters in this context symbolized the burgeoning of a new mode of interplay between science and the governing of Japan's population. It was set in motion by the belief that rational population management required government policies as well as an independent institution dedicated to policy discussion and research. Reflecting the all-encompassing concept of "population problems," the IC-PFP singlehandedly took charge of coordinating policy-oriented population research under one roof. Yet, recognizing that the population problems required intervention from many disciplinary angles, the IC-PFP also summoned population experts from diverse medical and scientific fields. As a consequence, the IC-PFP – reifying the government's commitment to solving "population problems" through policies – helped foster population research as an institutionally-based, multidisciplinary endeavor. It also produced a new kind of population specialists, an amorphous community of bureaucrats, scientists, and medical researchers acting as policy experts, who were united by the effort to conduct policy-oriented population research and to advise the government on population issues based on the research.

¹³³ Sugita, Jinkō, kazoku, seimei, 189-90.

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Overall, the new mode of science-governing interplay built around the IC-PFP was productive. The population research conducted under the aegis of the IC-PFP directly fed policy discussion, which then yielded policy recommendations on the topics initially raised by the government. Yet, the actual deliberation process also highlighted elements of discord in this relationship, as exhibited in the discussions on birth control, eugenics, and population control within the IC-PFP Secretariat and the Population Section. But, the dissonance did not automatically mean this interplay was unproductive. In the 1930s, as Japan's entry into total war heightened official interests in eugenic population management, "On Various Measures for Population Control" made a significant mark in history. 134 It paved the way for institutionalizing eugenic and social policy measures with a specific aim to "improve" the quality of the Japanese race and population. From the government's point of view, even the elements of discord yielded a productive outcome.

The 1930s saw the rise of another conception of population – as a "resource" – which in turn shaped the official narrative. Amid total war, the policy agenda informed by this understanding addressed issues of population quantity, quality, and movement, but specifically focused on the relationship between people and the intangible yet emotionally charged concept of "national land" (*kokudo*).

¹³⁴ Sugita, Jinkō, kazoku, seimei, 199; Hiroshima, "Gendai nihon jinkō seisakushi shōron," 56.