Editorial

Surveillance of Surgical-Site Infections: The World Coming Together?

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Surgical-site infections (SSIs) are associated with substantial risk of morbidity, resulting in prolongation of hospital stay and monetary costs attributable to the infection. ¹⁻³ Reporting surgeon-specific SSI rates back to the surgeon has been shown in a number of studies to reduce SSI rates significantly, with appropriate cautions. ⁴⁻⁷ Because of this, several countries have recently examined and reported their SSI experience. ⁸⁻¹³ This issue of the Journal brings another article for consideration. ¹⁴ This article describes the first year of the Dutch national surveillance of SSIs and risk factors. The results, while preliminary, show many of the same findings seen in other studies:

- There are multiple risk factors for SSIs. The Dutch study found age, preoperative length of stay, wound class, anesthesia score, and duration of surgery to be independently important risk factors for SSIs when all procedures were pooled together for analysis.
- Risk factors vary by procedure. The nature and relative importance of the risk factors differed when individual procedures were examined in the Dutch PREZIES (Preventie van Ziekenhuisinfecties door Surveillance [Prevention of Nosocomial Infections Through Surveillance]) Project.
- SSIs are very costly to the healthcare system. The Dutch study found an attributable increased length of stay of 8.2 days for patients with SSIs. In any nation, an additional week or so of hospitalization is expensive.

It should not be surprising that so many countries are attempting to monitor this infection. However, the efforts of Geubbels and colleagues point out the difficulties with which all countries struggle in doing so. These include monitoring a national representation based upon a probability sampling of procedures; cooperation of hospitals and, in particular, surgeons; adequate sample size for certain surgical procedures; accuracy of data, especially

with regard to postdischarge surveillance; and, ultimately, validity of comparisons with other SSI rates.

Despite the difficulties, the Dutch study specifically points out the feasibility of such a surveillance system. The study also confirmed that many of the risk factors from the Basic SSI Risk Index used in the Centers for Disease Control and Prevention (CDC)'s National Nosocomial Infections Surveillance (NNIS) System were risk factors in The Netherlands. Further, there was close correlation of the 75th percentile of duration of surgery between the Dutch system and the NNIS system for similar group procedures. In general, if differences existed, they were minor, with the NNIS durations tending to be longer (Table). The differences may be due simply to smaller sample size and thus poorer estimates for the 75th percentiles in the PREZIES Network compared to the NNIS System; the distributions of the specific ICD-9 codes may have been different for the procedures (which are grouped codes in both systems); the actual measure of duration of surgery may have differed slightly between The Netherlands and the United States; or Dutch surgeons may have been slightly faster at operating. The reasons for the differences in duration of surgery are not any clearer than the reasons for differences in the SSI rates. Thus, even for the simplest of variables, duration of surgery, comparisons across surveillance systems are difficult; only where enormous differences occur can conclusions be drawn. For example, a comparison of surveillance systems for SSIs in Belgium and The Netherlands found an extraordinary difference in the use of antimicrobial prophylaxis for herniorrhaphies (3.7% in The Netherlands vs 41.9% in Belgium). This observation led directly to closer examination of antimicrobial prophylaxis in Belgium.¹⁶

More recently, at the 4th Decennial International Conference on Nosocomial and Healthcare-Associated

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TABLE
COMPARISONS OF THE 75TH PERCENTILE OF THE DURATION OF
SURGERY FROM THE DUTCH PREZIES NATIONAL NETWORK AND
THE NATIONAL NOSOCOMIAL INFECTIONS SURVEILLANCE SYSTEM,
BY SELECTED PROCEDURES

	PREZIE Network ¹⁴ 75th Percentile Duration of Surgery	NNIS System ²⁰ 75th Percentile Duration of Surgery
Procedure	(min)	(min)
Cesarean section	60	60
Mastectomy	115	120
Appendectomy	45	60
Abdominal hysterectomy	90	120
Laparoscopic cholecystectomy	90	95*
Colon surgery	135	180
Herniorrhaphy	85	120
Vaginal hysterectomy	85	120

Abbreviations: NNIS, National Nosocomial Infections Surveillance; PREZIES, Preventie van Ziekenhuisinfecties door Surveillance [Prevention of Nosocomial Infections Through Surveillance] Project.

Infections, a number of countries presented preliminary findings from surveillance systems for SSIs. Many of the systems confirmed the findings above, including the multiple nature of risk factors for SSIs and the differences in risk factors by procedure. Typically, although many of the factors in the Basic NNIS SSI Risk Index were included, the relative weights differed among the systems presented. None of these results is very surprising. What may be more noteworthy are the methods used by these diverse systems. Computer software has aided systems in France and Germany. Data collection is used with computerized scanning technology in Northern Ireland and with palm computing platforms in Australia. Statistical process control charts are used for data analysis in Argentina and Brazil. Multivariate analyses of data from a variety of the SSI surveillance systems were presented at the conference, and different relative weights were found of risk factors for SSIs in nearly all cases.¹⁷ As reported recently, these analyses cast a large shadow on the continued use of the Basic NNIS SSI Risk Index, in which all of the factors are equally weighted.18

Where is this all leading? The rapid development of SSI surveillance in so many countries will lead either to convergence or divergence of the approaches. Recommending converging is easy; achieving it will be difficult. The advantage of converging approaches is that the findings from one system can confirm those of a similar system, thus lending credibility to both systems. Lessons in converging approaches can be learned from countries in the European

Union.¹⁹ The process will be hard, but may be made easier by Internet technology that will allow communications and even data to cross borders far easier than we have seen in the 20th century. The benefit to all will be reductions in rates of SSIs, which currently cause such tragic worldwide consequences.

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^{*} Unpublished NNIS data, 1997-1999.