## PREHOSPITAL and DISASTER MEDICINE

Volume 33, Number 5

October 2018







The Official Journal of the World Association for Disaster and Emergency Medicine

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#### VOLUME 33, NUMBER 5

OCTOBER 2018

## Table of Contents

EDITORIAL The Hennepin Ketamine Study
ORIGINAL RESEARCH
DISASTER HEALTH Hospital Surge Capacity during Expo 2015 in Milano, Italy
Acceptable Limitations on Paramedic Duty to Treat During Disaster: A Qualitative Exploration
A Randomized Trial Comparing Telephone Tree, Text Messaging, and Instant Messaging App for Emergency Department Staff Recall for Disaster Response
Epidemiological Evaluation of Dogs Rescued in the Fukushima Prefecture Following the Great   East Japan Earthquakes of 2011   Aki Tanaka, DVM, MPVM, PbD; Beatriz Martinez-Lopez, DVM, MPVM, PbD; Philip Kass, DVM, MPVM, MS, PbD
MASS GATHERINGS Prospective Evaluation of Point-of-Care Ultrasound at a Remote, Multi-Day Music Festival
EMERGENCY MEDICAL SERVICES Prehospital Invasive Arterial Pressure: Use of a Minimized Flush System
Effects of Tactical Emergency Casualty Care Training for Law Enforcement Officers
<b>Barriers to Providing Prehospital Care to Ischemic Stroke Patients: Predictors and Impact on Care</b>
Self-Perception of Theoretical Knowledge and Practical Skills by Primary Health Care Physicians in Life-Threatening Emergencies
José Antonio Cernuda Martínez, PhD; Rafael Castro Delgado, PhD; Elena Ferrero Fernández, PhD; Pedro Arcos González, PhD

October 2018

<b>Tourniquet Training Program Assessed by a New Performance Score</b>	519
<b>International Survey of Violence Against EMS Personnel: Physical Violence Report.</b> 52 Brian J. Maguire, Dr.PH, MSA, EMT-P; Matthew Browne, PhD; Barbara J. O'Neill, PhD, RN, BSN, PGCertNursEd; Michael T. Dealy, PhD; Darryl Clare, OAM; Peter O'Meara, PhD, MPP, BHA	6
Prehospital Airway Management Examined at Two Pediatric Emergency Centers	2
COMPREHENSIVE REVIEWS	
Impact of Patients Presenting with Alcohol and/or Drug Intoxication on In-Event Health Care   Services at Mass-Gathering Events: An Integrative Literature Review   Makayla Bullock; Jamie Ranse, RN, FACN, FCENA, BN, PbD; Alison Hutton, RN, BN, MN, PbD, FACN	9
Emergency Department Response to Chemical, Biological, Radiological, Nuclear, and   Explosive Events: A Systematic Review   Saydia Razak, MSc; Sue Hignett, PhD; Jo Barnes, PhD	3
SPECIAL REPORTS	
Wisdom of the Crowd in Saving Lives: The Life Guardians App 55   Eli Jaffe, EMT-P, PhD; Ziv Dadon, MD; Evan Avraham Alpert, MD	0
Mortality at Music Festivals: An Update for 2016-2017 – Academic and Grey Literature for Case Finding 55 Sheila A. Turris, RN, PhD; Tracie Jones, RN, MA-DEM; Adam Lund, MD, FRCPC (Emergency)	3
BRIEF REPORT	
Descrit Descrit 1 Chill Descrites to the Secret 11, 2001 West 1 Tests Conten Arts 1	

#### **Cover** Artwork

#### I May Be the Seed that Needed Fire to Free Me, Acrylic Painting by Gayle Lorraine

Gayle Lorraine's abstract compositions are intuitive expressions of emotion rather than visual realities. With knife and brush, fluid gesture, and precise, delicate overlays, she strives to create balance, beauty, depth, and motion in her black and white acrylic paintings.

Recent works come about from personal rebuilding; a journey of suffering, grief, acceptance, and hope. As a therapeutic necessity, her artwork took a new direction after the traumatic experience of witnessing the life she knew and loved, consumed by a 70,000-acre wildfire in 2015.

In nature, some seeds need fire in order to germinate. Many ecosystems have evolved with fire as an essential contributor to habitat vitality and renewal. *I May Be the Seed that Needed Fire to Free Me* is a symbolic reminder of the regenerative gift of change and its power to enhance future potential.

Gayle Lorraine's work can be view at: www.gaylelorraine.com.

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Cambridge University Press One Liberty Plaza New York, NY 10006 USA USAdSales@cambridge.org

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Printed in United States of America on acid-free paper.

Postmaster: Send address changes in the USA and Canada to *Prehospital and Disaster Medicine*, Subscription Department, Cambridge University Press, One Liberty Plaza, New York, NY 10006, USA.

Periodical postage rate paid at New York, NY and additional mailing offices.

*Prehospital and Disaster Medicine* (Print ISSN 1049-023X; Electronic ISSN 1945-1938) is published bimonthly in the months of February, April, June, August, October, and December for the World Association for Disaster and Emergency Medicine. PDM incorporates the Journal of the World Association for Emergency and Disaster Medicine and the Journal of Prehospital Medicine.

Aims and Scope: The principal mission of Prehospital and Disaster Medicine is the distribution of information relevant to the practice of out-of-hospital and in-hospital emergency medical care, disaster medicine, emergency public health and safety, and disaster mental health and psychosocial support.

**Submissions:** All manuscripts must be submitted through the Journal's online submission platform, ScholarOne Manuscripts, at http://mc.manuscriptcentral.com/pdm. Please review the Author Instructions and Author Checklist available online before finalizing a submission. All studies that include human subjects must be submitted for review or exemption to a formal human subjects ethics committee.

**2018** Subscription Information: Institutions print and electronic: US\$764.00 in the USA, Canada, and Mexico; UK£466.00+VAT elsewhere. Institutions electronic only: US\$563.00 in the USA, Canada, and Mexico; UK£345.00+VAT elsewhere. Individuals print and electronic: US\$222.00 in the USA, Canada, and Mexico; UK£136.00+VAT elsewhere. Individuals electronic only: US\$161.00 in the USA, Canada, and Mexico; UK£92.00+VAT elsewhere. Single Part: US\$146.00 in the USA, Canada, and Mexico; UK£89.00+VAT elsewhere. Prices include postage and insurance. Airmail or registered mail is extra. Back volume prices are available upon request. Claims of non-receipt or damaged issues must be filed within three months of cover date.

**Subscription Offices:** (for USA, Canada, and Mexico) Cambridge University Press, One Liberty Plaza, New York, NY 10006, United States; (for UK and elsewhere) Cambridge University Press, University Printing House, Shaftesbury Road, Cambridge CB2 8BS, UK.

Indexing: PDM is covered by Clarivate Analytics services and indexed and abstracted in the Science Citation Index (also known as SciSearch®) and the Journal Citation Reports/ Science Edition. PDM is comprehensively indexed by the US National Library of Medicine (MEDLINE), Scopus®, Cumulative Index to Nursing and Allied Health (CINAHL), and Health Star Cumulative Index. Abstracts and search capability available at https://www.cambridge.org/core/journals/ prehospital-and-disaster-medicine.

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