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RELATIONSHIP BETWEEN SOCIAL SUPPORT AND SOCIAL SUPPORT IN FAVORABLE INTERACTIONS WITH THE GENERAL DEPRESSION,FEEL ANXIETY AND LACK OF AROUSAL

S. Shabani[1], T. Ahmadi Gatab[2], A. Delavar[1], K. Saleh Ahangar[3]
[1]Allameh Tabataba'i University, Tehran, [2]Islamic Azad University & Young Researchers Club, Qhaemshahr Branch, Qhaemshahr, [3]Education Department of Babol, Babol, Iran

Introduction: The theory of social support can influence the overall broad range of social networks on people to create positive experiences that people bring, the experience can feel the predictability and stability in situations of life and enhance self-worth is effective.

Objectives: This study reviews the relationship between social support and social support optimal interactions with general depression, lack of arousal and anxiety felt among the students was fun.

Methods: The study sample of 293 students are Tabatabai University.

Results: The status of students in the social protection component interactions in daily emotional support, emotional support and protect significant issue oriented issue is above average and good social support in daily emotional support component, useful daily support and protection issue higher orbit are average. Pearson correlation results show that social support and favorable interactions with the general depression, anxiety and lack of arousal feel in 0 / 05 and 0 / 01 is significant and negative relationship with one another are significant. Regression analysis showed that the spatial step feel and lack of arousal component of anxiety in social support interactions to predict depression and components of general social support will predict the optimum.

Conclusions: The results of this study also shows that the highest correlation between social support and lack of interaction feel is the highest correlation between social support and depression in general is good.