# **Against Fatalism**

Exercising Utopianism through Augusto Boal's Theatre of the Oppressed

Guilherme E. Meyer



## "We have the obligation to invent another world"

On 29 March 2009, just a few months before his death, Brazilian theatre practitioner and author of the influential *Theatre of the Oppressed* (1974), Augusto Boal, was appointed Global Ambassador for the International Theatre Institute (ITI) at the United Nations Educational, Scientific, and Cultural Organization (UNESCO) in Paris. A couple of days earlier, on 27 March, he gave a speech—his last public one—on the occasion of World Theatre Day in which he unapologetically reaffirmed his utopian conviction that "another world is possible":

Seeing the world beyond appearances, we see oppressors and oppressed in all societies, ethnicities, genders, classes, and castes; we see an unjust and cruel world. We have the obligation

TDR 67:4 (T260) 2023 https://doi.org/10.1017/S1054204323000461 © The Author(s), 2023. Published by Cambridge University Press for Tisch School of the Arts/NYU. This is an Open Access article, distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivatives licence (https://creativecommons.org/licenses/by-nc-nd/4.0/), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is unaltered and is properly cited. The written permission of Cambridge University Press must be obtained for commercial re-use or in order to create a derivative work. to invent another world because we know that another world is possible. But it is up to us to build it with our hands—stepping into the scene, onstage and in life. (2009a)<sup>1</sup>

By 2009, "another world is possible" (an expression that goes back to the Zapatistas) had become one of the main slogans of the Left in Latin America, as exemplified by the World Social Forum, whose first edition took place in Porto Alegre, Brazil, in 2001. After Boal's death, the slogan would be taken up in anticapitalist protests all over the world, from those following the global crisis of 2008 (which Boal mentioned in his speech) to the more recent ones following the police killing of George Floyd in 2020. This conviction was especially powerful in Boal's home country, which had hosted the first three editions of the WSF and where former union leader Luiz Inácio Lula da Silva of the Workers' Party (PT), of which Boal was a member,<sup>2</sup> was at the time serving his second term as Brazil's president—something truly unprecedented in the history of the country.

The election of Jair Bolsonaro as president in 2018 in the aftermath of the 2016 right-wing coup that impeached Lula's successor, Dilma Rousseff, consolidated the reemergence of the Far Right in Brazil approximately three decades after the end of the military regime of 1964–1985. Daily life changed for Brazilians. The combination of Bolsonarismo with the environmental crisis, as evidenced by the collapse of the Brumadinho dam in 2019 (in which the worst affected were black and poor inhabitants of the area) and, a year later, the Covid-19 pandemic (which disproportionately affected Brazil's most vulnerable populations) has made Boal's "another world" seem impossible and an increasingly unjust world inevitable. Understandably, the response of many to this combination has been fatalism. Boal's contemporary and comrade Paulo Freire wrote about a type of fatalism born of "hopelessness and despair [...] in which it is impossible for us to gather the strength that is indispensable to our struggles to recreate the world" (1992:10). Freire believed that succumbing to this "pessimistic" and "paralyzing" fatalism had serious repercussions for the Left (10) because it meant "ceas[ing] to be utopian" and inadvertently "identif[ying] with the Right" by echoing a different type of fatalism ([1970] 1972:71), namely the "neoliberal fatalism" of those who claimed that "change is always difficult, almost impossible, if the change in question is in favor of the poor" (2000:125). As Freire noted, this fatalism was so pervasive in Latin America in the 1990s at the height of neoliberalism that it could be heard in everyday expressions such as, "It's sad, but, what can we do? This is what reality is" (78), and "reality is the way it is, there is no use in fighting" (60).

Kathi Weeks refers to this fatalism as the neoliberal version of "an anti-utopianism of the Right"<sup>3</sup> that "alternates between [two] basic options, an anti-utopianism fueled by a sense of liberalism under threat and one born of a sense of its dominance [,...] between the claim that there should be no alternative and the assurance that there is no alternative" (2011:181). I believe that what we have recently been facing (especially in Brazil) is the resurgence of a "neoconservative," neofascist

Figure 1. (previous page) Projection-intervention by the art-activist collective The Illuminator. Imagine Repair public event at the Cathedral of St. John the Divine, 23 April 2022. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

Guilherme E. Meyer (New York University) is a PhD candidate in the Department of English. His main research interests are social justice theatre, utopianism, and Marxism. emeyer.guilherme@gmail.com

<sup>1.</sup> All quotations from original sources in Brazilian Portuguese are my own translations.

<sup>2.</sup> In 1992, Boal was elected vereador (city counselor) of the city of Rio de Janeiro.

<sup>3.</sup> The neoliberal anti-utopianism that "dominated the 1990s [...c]entered on the strident insistence that, in Margaret Thatcher's famous formulation, there is no alternative," an "acquiescence cast as realism [that] was compounded by what Pierre Bourdieu characterizes as a new kind of economic fatalism 'that wants us to believe that the world cannot be any different from the way it is" (Weeks 2011:180; see Bourdieu 1998:128).

"anti-utopianism of crisis [...] fueled by a sense of liberalism under threat" (181),<sup>4</sup> as indicated by the rise of the Far Right and its accompanying anticommunism, encapsulated, for instance, in the Bolsonarista slogan "A nossa bandeira jamais será vermelha" (Our flag will never be red)—which is not an "assurance that there is no alternative" but a "claim that there should be no alternative" (Weeks 2011:181), otherwise there would be no need for fascism's "ultimate protection of propertied society against radical change," to borrow Raymond Williams's for-



Figure 2. Robert McInnis in Transformation of Objects. Rehearsals for Change workshop at the Cathedral of St. John the Divine, 16 October 2021. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

mulation (1966:231).<sup>5</sup> At the same time, there is a pessimistic, paralyzing fatalism resulting from the injustices and catastrophes that keep piling up around us, a "fatalism in which there is no room for utopia" (Freire 1992:168). This fatalism pervades many who think that there should be an alternative to this capitalist world, but who risk identifying with the Right by echoing "the conclusion that there *is* no alternative" (Weeks 2011:181), so "there is no use in fighting" (Freire 2000:60). Although this fatalism is understandable in our moment, its conclusion tends to lead only to resignation.<sup>6</sup>

The recent victory of Lula in the 2022 elections rekindles the utopian belief that a just world is possible, especially in the context of what some understand to be a left-wing turn in Latin America. At the same time, the 58 million votes received by Bolsonaro (after the four catastrophic years of his administration) and the election of many candidates aligned with Bolsonarismo to congress and to the government of key states such as Minas Gerais and São Paulo suggest that the Far Right that rose in Brazil around 2014-15 has gained rather than lost ground. In his first speech after losing the election, Bolsonaro affirmed that "the Right has really emerged in our country. Our robust representation in congress shows the strength of our values: God, nation, family, and freedom. We have created many leaders across the country. Our dream is more alive than ever" (2022). Bolsonaro's speech exemplifies the antiutopianism of a Right whose "dream" is that there should never be an alternative to capitalism. It may be true that Bolsonaro overstates the strength of the Far Right in Brazil, as some commentators have suggested, and that the majority of his 58 million voters are not supporters of fascism. Still, in a country ravaged by a decades-long fascist regime that ended less than 40 years ago, 58 million people were willing to vote for a fascist (as many had already done in 2018) to keep Lula and the Workers' Party from being reelected, a horrific fact that cannot be overstated.

How can we not succumb to pessimistic fatalism when, faced with the consolidation of the Far Right and the resultant exacerbation of the injustices of this capitalist world, we feel that there is no use

<sup>4.</sup> Weeks refers to a neoconservative "anti-utopianism of the Right" that emerged in the US in the early years of the 2000s in the context of "[f]inancial crises, global rebellions against neoliberalism, and terrorism and the ongoing war on terror" (2011:181).

<sup>5.</sup> When fascism was spreading across Latin America in the 1970s, Freire denounced this type of fatalism of those on the Right who "want to stop time" and "who intend to make the future repeat their present" ([1970] 1972:41)—those who "claim that there should be no alternative" and who intend to violently guarantee that there will be no alternative (Weeks 2011:181).

<sup>6.</sup> As Weeks notes, an echo of "the conclusion that there *is* no alternative" can be found in "Left brands of anti-utopianism" (2011:181) that are "characterized by the affects of loss and sometimes despair" (185) and "tend, in some instances at least, to deflate desires for different and better futures" (186).

in fighting because another world seems impossible?<sup>7</sup> I want to suggest here that certain techniques from Boal's Theatre of the Oppressed (TO)—two in particular: the game Transformation of Objects<sup>8</sup> and the technique from Image Theatre named Image of Transition—offer us a way to exercise a type of utopianism that provides an alternative to the pessimistic fatalism that threatens to take over many of us at a time not unlike the period of the rise of fascism in Latin America in the 1970s, when Boal and Freire, like many others, at some point must have felt that another world was impossible.

"Utopianism is the general label for a number of different ways of dreaming or thinking about, describing or attempting to create a better society" (Sargent 1998). The first thing to say about utopianism, then, is that there is a difference between utopia as a "fictional place, usually a society, that is better than the society in which the author lives and which functions as a criticism of the author's society," and utopianism as a "wa[y] of dreaming or thinking about [...] a better society" (Sargent 1998). From the period when the Far Right took power in Brazil in the 1960s to his death in the 1990s, Freire dedicated a considerable portion of his work to the elaboration of a type of utopianism, or what he called "prophetic thought, which is also utopian" (2000:118). Like everything else in his work, it is difficult to pin down this prophetic, utopian thought. Nevertheless, throughout his writings, it appears as a way of thinking about a better world one radically different from the "perverse [...] capitalist world" (1992:180)--that negotiates the relationship between present and future in the form of "the denunciation of how we are living and the annunciation of how we could live" (Freire 2000:118-19). Freire's prophetic, utopian thought, then, does not "announce what will necessarily happen, but what may or may not happen. Its announcement is not fatalistic or deterministic," because it views the future not as "inexorable," but "problematic" (119), that is, as open to different possibilities. "There are different possible futures," none of which is inevitable (119). Although this is "a hopeful mode of thought" (119), it "is not necessarily a source of optimism," to borrow from Michael Löwy's analysis of Walter Benjamin (2005:110): "as the history of the twentieth century abundantly illustrates," as does the history of the 21st century and our moment, seeing the future as "problematic" means seeing it as possibly even more unjust and cruel than the present; it means "taking into account the possibility-though not the inevitability-of catastrophes on the one hand and great emancipatory movements on the other" (110).

When I say that certain techniques from TO offer us a way to exercise utopianism, I mean the kind of utopianism elaborated by Freire. Freire's utopianism has roots in at least two traditions. The first is the tradition of prophetic eschatology, which, according to Martin Buber, is distinguished from apocalyptic eschatology by their respective views of the future as "established from the beginning" and "immutably fixed" (1957:201; 1949:10) in the apocalyptic view, and as "not fixed" (1957:198) in the prophetic one. For Buber, this difference derives from the role each of these forms of eschatology ascribes to us in "the redemptive process" (1949:10): while prophetic eschatology sees us as "participants" whose "decisions and deeds" have a decisive effect "in the preparing of Redemption" (10), apocalyptic eschatology sees us as mere "tools" whose "decisions are only sham struggles" (1949:10; 1957:201). The second tradition is a strain of Marxism that has privileged what José Carlos Mariátegui (one of its earliest proponents in Latin America) referred to as its "voluntarist character" (1996:155), that is, its focus on the "creative power" of revolutionary subjects (158) rather than "of the immanent laws of capitalist production itself" (Marx [1867] 1990:929) as the decisive factor in bringing about social change. This strain of Marxism is thus fundamentally opposed to a "fatalistic Marxism" (Geoghegan 1987:59), according to which the demise of capitalism would be an inevitable outcome, which, for Freire, amounted to a "liberatory

<sup>7.</sup> In *¡Presente!: The Politics of Presence,* Diana Taylor poses a question that has inspired my own: "What can we do when it seems that nothing can be done and doing nothing is not an option?" (2020:245).

<sup>8.</sup> In 200 exercícios e jogos para o ator e o não-ator (1977), Boal called this game There Are Many Objects in a Single Object. In the revised and expanded Jogos para atores e não-atores (1998), he renamed it Homage to Magritte—This Bottle Is Not a Bottle. George Emilio Sanchez, director of the Rehearsals for Change workshop in October 2021, calls it Transformation of Objects, which is the name I use throughout this article.

fatalism" of the Left (1992:51). In Buber's account, the apocalyptic kind of eschatology found its secularized expression in Marxism, which, as he noted, "is not to say that no prophetic element is operative here—it has only been overpowered by the apocalyptic" (1949:10). For Buber, "Marx's view of the future," which "has erroneously been ascribed a prophetic origin," was "an optimistic modern apocalyptic" (1957:203), even if he conceded that Marx's writings sometimes displayed "flashing sparks of the prophetic fire" (204). Whereas Buber's account draws a line between the prophetic and Marxist traditions, Freire's writings bring them together as compatible and capable of producing a mode of utopianism alight with "flashing sparks" of both prophetic eschatology and voluntaristic Marxism that powerfully sets itself "against any kind of fatalism" of both the Right and the Left (Freire 2000:119).

Freire argued that this mode of utopianism had to "express itself [...] in the praxis" of leftist groups so as to sharpen their antagonism to the Right, since, he believed, one fundamental "difference between the two groups stems from the utopian nature of the revolutionary groups, and the impossibility of the Right to be utopian" ([1970] 1972:71).9 As evidenced by Boal's TO, Freire's claim can be extended to artistic praxis. Freire's utopianism "expresses itself" in TO, and, what is more, the game Transformation of Objects and the technique Image of Transition can be understood as parts of a theatrical practice through which we exercise a type of utopianism that stands in opposition to the anti-utopianism of the Right in its neoliberal and neofascist iterations, and we do so with our bodies "stepping into the scene" (Boal 2009a). One powerful contribution of TO is a practice through which we repair our utopian conviction that there is use in fighting because the world should and can be different at the very moment the Right tries to convince us of the opposite. Boal was vocal about his admiration for Freire,10 and many critics have recognized the parallels between their work (see Boal [1996] 2020:10),11 including, at least in one case, with some reference to "utopia" (see Vittoria 2019). Nevertheless, the affinity between TO and the utopianism elaborated by Freire has not received much attention.<sup>12</sup> It is an affinity that can be tracked back from Boal's last public speech in 2009 to the birth of TO in the 1970s.

This utopianism has proved relevant beyond Brazil. In 2021–2022, I was a graduate fellow for the New York City–based Zip Code Memory Project: Practices of Justice and Repair (ZCMP), a public humanities project in which a group of participants from different neighborhoods and of different ages, races, ethnicities, and socioeconomic backgrounds sought to find community-based ways to memorialize the losses resulting from the pandemic. Throughout the project, one of the losses many of us referred to was the loss of a sense of an open future, and, as a result, of hope in the possibility of creating a more livable and just world. In workshops that used Boal's TO specifically Transformation of Objects and Image Theatre—we exercised a Freirean utopianism that helped repair this loss. The project provides a basis for my argument that the exercise of utopianism through TO repairs our sense of the future as open to alternatives, thus potentially sustaining hope and activist engagement in times of fatalism.

<sup>9.</sup> Freire's view of the Right's anti-utopian character was based on Leszek Kolakowski's claim in *Toward a Marxist Hu-manism: Essays on the Left Today* that "The Right, as a conservative force, needs no utopia; its essence is the affirmation of existing conditions [...] The Right strives to idealize actual conditions, not to change them" (1968:71–72).

<sup>10.</sup> In his memoir *Hamlet e o filho do padeiro: memórias imaginadas* ([2000] 2014), Boal tells the story of how "publishers argued that no one would buy a book titled *Poéticas políticas*," which is why he changed it first to *Poéticas do oprimido*, "as a homage to Paulo Freire," and eventually to *Teatro do oprimido*. In 1994, while vereador of Rio de Janeiro, Boal gave a speech when awarding the Medalha de Mérito Pedro Ernesto to Freire, in which he stated that "In order for me to exist Paulo Freire needs to exist" ([1996] 2020:189). When Freire died in 1997, Boal published a piece with the affectionate title "Paulo Freire, meu último pai" (Paulo Freire, my last father).

Birgit Fritz's *The Courage to Become: Augusto Boal's Revolutionary Politics of the Body*, for example, has an entire chapter on "Freire and Boal" (2017:39–52).

<sup>12.</sup> José Soeiro implies this affinity when he notes that "the praxis of Boal and Theatre of the Oppressed" is based on "the principle of a history open to our will, to our action, to the alternatives that are never definitively decided and that also depend on us" (in Boal [1996] 2020:250–51), that is, on the Freirean "conception of history as possibility" (Freire 2000:126).

#### "Latin America is a red continent: rivers of blood"

In 1971, Boal was arrested, tortured, and forced into exile.<sup>13</sup> He spent the next five years in Argentina until the Far Right seized power in 1976, as it had done in Brazil in 1964, and he left for a "second exile," this time in Europe (Boal 1979:17). Fascism was spreading, and it seemed to follow Boal. In 1972, he went to Chile for the celebration of the 50th anniversary of the Communist Party (PCCh). In 1973, he went to Peru to work in the Programa de Alfabetización Integral (ALFIN) of the then left-wing government. By 1975, both Chile and Peru had suffered right-wing coups and were part of the US-backed Operation Condor designed to keep Latin American countries from becoming "new Cubas" and pave the way for the neoliberal policies that would ravage the continent for decades—in other words, to ensure that there would be no alternative to capitalism.

As Boal wrote in the 1970s, "aí nasceu o Teatro do Oprimido!" (this is where Theatre of the Oppressed was born!) (1979:17).<sup>14</sup> All forms of theatre that make up TO, he explained,

were invented as an aesthetic and political response to the terrible repression that now exists in that bloodied continent, where dozens of men and women are daily murdered by the military dictatorships that oppress so many peoples, where people are shot down on the streets and driven away from public squares, where popular proletarian and peasant, student, and artistic organizations are systematically dismantled and destroyed, where their leaders are arrested, tortured, murdered or exiled. (17)

To illustrate the "terrible repression" underway in the "bloodied continent" of Latin America at the time, Boal listed a series of atrocities. One of these atrocities stands out: "a musician had his arms cut off in the Estadio Nacional of Chile" (17). The unnamed musician was Victor Jara, a member of the PCCh who had been involved in the campaign that led to the election of Salvador Allende in 1970 and who was murdered by Augusto Pinochet's regime on 16 September 1973.<sup>15</sup> The murder of Jara, like that of so many other fellow leftist artists, must have deeply affected Boal.<sup>16</sup> Jara was the artistic director of the celebration of the 50th anniversary of the PCCh in which Boal participated in 1972. Boal wrote a piece about this event titled "Teatro de massas. Militantes atores ou atores militantes?" (Theatre of Masses. Actors Militants or Militants actors?; 1972) in which he referred to Allende as "comrade President of the Republic" and stated that "for a communist, it will be hard to forget the closing act of the 50th anniversary of the Party, which took place in the afternoon of 8 January 1972 at the Estadio Nacional" (1979:108)—the exact same place where, a year later, "thousands were arrested, hundreds were killed," Jara among them, and where "the Chilean democracy [was] buried" ([2000] 2014:346).

TO was "born" in a moment that was hardly conducive to utopianism—when, in fact, the possibility of a "red" Latin America following the revolution in Cuba in 1959 and the victory of Allende in Chile in 1970 was so violently repressed that Latin America (to use Boal's haunting image) became a very different "Red" continent: "A América Latina é um continente vermelho:

<sup>13.</sup> For more about what Boal went through in this period, see chapters 22–24 of *Hamlet e o filho do padeiro* ([2000] 2014).

<sup>14.</sup> As Boal explains elsewhere, "Theatre of the Oppressed began to be developed during the bloodiest phase of the Brazilian dictatorship: Newspaper Theatre (1971)," and it was further developed under other Latin American dictatorial regimes with "Forum Theatre, Invisible Theatre, and Image Theatre (1971–1976)" ([1996] 2020:30).

<sup>15. &</sup>quot;Some say that the Chilean dictatorship killed Victor Jara by cutting off his arms, the only way to separate him from his guitar, his life! Others say that he was shot in the chest 35 times," Boal exclaimed in a footnote in *Hamlet e o filho do padeiro* ([2000] 2014:344). Years later, an autopsy revealed that Jara's arms had not been cut off; rather, he had been so severely beaten on the wrists that his hands barely hung from his arms.

<sup>16.</sup> In *Hamlet e o filho do padeiro*, Boal also mentions Francisco "Paco" Urondo, the Argentinian writer "assassinated by the *militares*" in 1976 ([2000] 2014:336).

rios de sangue" (Latin America is a red continent: rivers of blood; 1979:18).<sup>17</sup> In other words, TO was born at a moment characterized by a right-wing anti-utopianism that was fueled not by a sense of liberalism's dominance (as was its later neoliberal version) but by a sense of liberalism under threat-the threat of communism (Weeks 2011:181). The claim made by this anti-utopianism in slogans such as "O Brasil não será uma nova Cuba" (Brazil will not be a new Cuba)—which was displayed in the Marcha da Família com Deus pela Liberdade in 1964,18 and which, like many others, has reappeared in right-wing demonstrations in Brazil—was not that "there is no alternative" to capitalism (the slogan itself implied that Cuba was an alternative) but that "there should be no alternative" (Weeks 2011:181). In precisely this context of anti-utopianism, Boal affirmed that it was possible and necessary to change the world (1979:20), and "make this earth finally livable" ([1974] 1975:109). Not unlike now, with white supremacy on the rise, the growing environmental crisis, the persistence of Covid, and the ongoing threat of nuclear war, a livable earth must have seemed an unrealizable dream in a context of widespread torture and murder perpetrated by fascist regimes. Still, at a period when many understandably felt fully "surrounded by present time, without seeing anything beyond" ([2000] 2014:341), the utopian prospect of a livable earth may have spurred Boal to keep going during an unlivable moment in Latin American history.

As he stated multiple times, for Boal "The role of utopias is not to be reached: it is to stimulate us to try harder and go further" ([1992] 2002:10); they do "not exist for us to reach, but as inspiration, for us to pursue" (2006:81); "It does not matter that we never reach utopia because there is always another one further away: let's walk toward it—that's life, and it is better than standing still, passively watching the carriage go by, because doing so makes our legs go rusty!" (2009b:34). Like a lot of Boal's writings, these excerpts stylistically resemble manifestos, which Weeks characterizes as a "utopian form of writing" whose primary role, like the role of utopias, is "to provoke desire for, imagination of, and movement toward a different future" (2011:213), as exemplified by Boal's use of "the manifesto's characteristic pronoun 'we'" (Lyon 1991:104), especially in declarative sentences that almost sound like ultimatums (Weeks 2011:215)—"We have the obligation to invent another world," as he put it in his speech (2009a). Like TO itself, Boal's manifesto-like excerpts "concentrat[e] on the agents who could bring an alternative into being" (Weeks 2011:215)—"the changers of society," as he put it, borrowing from Bertolt Brecht (Boal [1977] 1982:22).<sup>19</sup>

Moreover, Boal and Freire use the term "utopia" interchangeably with "dream": "we have to dream [...and] fight for the dream to get there or at least as close as possible" (2008:61). Whether or not we can get there or at least get close is uncertain. Implied in these excerpts, then, is the recognition that "there is movement between the impossible and the possible," as John Storey puts it, and that what produces this movement and "ultimately define[s]" these categories (2019:7) and the "boundary" between them is our struggle for change (6). Here we see a parallel between Boal's and Freire's writings on utopias and dreams. For both, engaging in utopianism is a "necessary political

<sup>17.</sup> Boal's image echoed *Las venas abiertas de América Latina* ([1971] 1973), the influential book by Uruguayan writer Eduardo Galeano, another artist who had to leave his home country after the Far Right took power in 1973. Against the nationalism of right-wing regimes such as the one in power in Brazil—whose slogan "Brasil: ame-o ou deixe-o" (Brazil: love it or leave it) has found renewed expression in the Bolsonarista "Brasil acima de tudo, Deus acima de todos" (Brasil above all, God above everyone)—Boal offered the image of a series of countries united into a single "red continent" by "rivers of blood" (1979:18).

<sup>18.</sup> On 19 March 1964, hundreds of thousands gathered in São Paulo for the first Marcha da Família com Deus pela Liberdade. On 2 April, two days after the coup of 31 March, an even bigger Marcha da Vitória (as it was renamed in commemoration of the "victory" against the threat of communism) took place in Rio de Janeiro (Cordeiro 2021:3).

<sup>19. &</sup>quot;Our representations of human social life are designed for river-dwellers, fruit farmers, builders of vehicles and upturners of society, whom we invite into our theatres and beg not to forget their cheerful occupations while we hand the world over to their minds and hearts, for them to change as they think fit" (Brecht [1964] 1996:185).

act" (Freire 1992:91), because it stimulates us to fight for a different world and, in the process, potentially change some of the unjust conditions in which we live.<sup>20</sup>

Boal's writings reveal some of the ways in which utopianism negotiates the relationship between present and future. One way is in the form of a negotiation between utopia as "end or goal" and "process and project" (Weeks 2011:224–25). Boal's use of terms like "reach," "go further," "pursue," and "walk toward" suggests an understanding of utopia as a goal, yet his emphasis is less on the achievement of utopian goals and more on the process of pursuing those goals to create social change. A second is in the form of a negotiation between two functions of utopianism, one of "negation" and the other of "affirmation" (Weeks 2011:204): the "estrangement function" seeks to "undercut the present social order's ascribed status as a natural artifact, necessary development, and inevitable future" (205); the "provocation function" seeks "to provoke the desire for, imagination of, and movement toward a different future" (213). Boal's writings indicate an emphasis on the provocation function of utopianism. However, the Transformation of Objects game is an example of how TO also performs the estrangement function, in this case by undercutting the familiar status of everyday objects.

#### "The world is not. The world is being"

According to Boal, Transformation of Objects "is based on the statement by Bertolt Brecht that there are many objects in a single object, if the final goal is revolution; but there will be no objects in any object if this is not the final goal" ([1977] 1982:89).<sup>21</sup> The game is simple. Participants sit or stand in a circle (depending on the space, whether chairs are available, etc.). The facilitator presents an everyday object to the group such as a plastic water bottle and places it on the ground in the center of the circle. Then, the facilitator says, "this bottle is not a bottle, so what will it be?" (Boal 1998:216). Taking turns, participants go to the center of the circle and, using only their bodies and without speaking or making any sounds, assume a posture or perform an action through which the bottle is replaced by another object (for example, a chair), and the game restarts. As the game progresses, the facilitator increases the challenge by placing more than one object in the center of the circle (a bottle and a chair) and asking participants to transform both objects at the same time.

What do we need in order to transform the object? As indicated by Boal's inclusion of this game in the category Exercises of Imagination ([1977] 1982:40), we need to use our imagination: "the objects are no longer only what they have always been, but become what our memory and imagination allow us to create—they are what we want them to be and not what they objectively are" (Boal [1996] 2020:107). But imagining a new object is not enough to transform the one in front of us. We have to step into the center of the circle and use the object in relation to our body to build a static or dynamic image of the new object for the other participants (1998:216). In other words, we have to "build it with our hands—stepping into the scene" (2009a).<sup>22</sup> For Boal and Freire, when

<sup>20.</sup> This is what leads Freire to provocatively affirm that dreams too are "an engine of history" (and not only class struggle). "There is no change without dream as there is no dream without hope" (1992:91).

<sup>21.</sup> The phrase "there are many objects in a single object" is from *The Horatians and the Curiatians* (1934), which Brecht described as a "Lehrstück for children about dialectics" (1997:401). In the scene "The Seven Uses of the Spear," one of the characters repeats the line "there are many objects in a single object" as he transforms a spear into seven other objects. If we take Brecht's description of "the new social scientific method known as dialectical materialism" as a way of looking at the world that "regards nothing as existing except in so far as it changes" ([1964] 1996:193), *The Horatians and the Curiatians* can be understood as a lesson about dialectics that teaches us to regard things as changeable.

<sup>22.</sup> This is an example of the first of the "two fundamental principles" of TO: "transformation of the spectator, a passive, recipient, depositary being, into protagonist of the dramatic action, subject, creator, transformer" (Boal 1979:18). It draws inspiration from Freire's writings on "the 'banking' concept of education as an instrument of oppression" (1970:71), in which he denounces the reduction of education to "an act of depositing, in which the students are the depositories," the "'receptacles' to be 'filled,'" "and the teacher is the depositor" (72).

we combine our imagination and intervention, we practice utopianism. The capacity to look at a chair and imagine another object, or a whole other entity like a person, is the capacity to look at the world we live in and imagine the world we would like to live in. Our imagination enables us to look at a chair and picture it as something else, but only our intervention can enact the change, in the same way that only our fight for the dream of a just world can make it come true. The ambition of TO is to promote social change "indirectly" by changing those "who will act in real life"—"the changers of society" (Boal [1977] 1982:22). One way in which Transformation of Objects can change us, or at the very least affect us, is by stimulating these two capacities, imagination and intervention, so we can use them in our life.

Why is this game important? As participants point out, we are so familiar with a plastic water bottle that, when the facilitator first shows it to us, it is hard to regard it as an object that "has many objects in it"-a bottle is a bottle, period. The problem with this way of regarding things is that it echoes the neoliberal fatalism according to which change is difficult "because reality is the way it is" (Freire 2000:125). If "reality is the way it is," what can we do about the unjust conditions in which we live? We at best deplore but still accept them as things we cannot change, rather than rebel against them as things we cannot accept and need to fight to change-to paraphrase Angela Davis's oft-quoted formulation. Against the neoliberal maxim that the world "is the way it is," Freire set the utopian one that "The world is not. The world is being" (2000:79). Boal echoed this maxim, stating that "In Theatre of the Oppressed, we must show that things are not, but are being. Nothing is, everything is being" ([1974] 2013:213-14). In other words, in TO we must perform the estrangement function of utopianism, showing that things such as a plastic water bottle "are not, but are being." Transformation of Objects is a perfect example of this. It starts with the facilitator's estrangement gesture of presenting the bottle as not a bottle, thus releasing it from the "stamp of familiarity" and "turning it into something that [can] be altered" (Brecht [1964] 1996:192)---"this bottle is not a bottle"; it is being a bottle, which means it can be something else, "so what will it be?" (Boal 1998:216). This question, open-ended and in the future tense, poses a problem for us to tackle with our imagination and intervention. As we use these capacities to change the bottle into an infinity of things, we regard it not as something that is, but as something that is being, and thus can be different. If we can change an object, why do we feel we cannot change the unjust conditions in which we live, but have to resign ourselves as if they could never be otherwise?

Seeing Transformation of Objects as a game that makes the "changeability of things" its lesson sheds light on the statement that Boal attributes to Brecht (Benjamin [1966] 1998:74), in which the relation between social change (and, even more so, the utopian "final goal" of revolution) and whether "there are many objects in a single object" may seem arbitrary. If we regard an object as unchangeable, how can we regard social conditions and society as a whole as changeable, and how can we believe that a just world is possible? If our goal is the transformation of this capitalist world into a truly livable one, we have to regard it as changeable, and we have to learn and relearn to do so throughout our life. In 2014, Julian Boal suggested that "perhaps what Theatre of the Oppressed has to offer right now is [...] a practice with which we see the world as transformable" (in Reis 2014). This is crucial in times of fatalism, when we feel that things will never change. "Those still alive," Brecht urges us in his 1933 poem "In Praise of Dialectics," "can't say 'never" (1997:151), as do the Bolsonaristas who claim that "our flag will never be red." Transformation of Objects is a simple game, but we need practices that help us "see the world as transformable" instead of succumbing to the feeling that the world "is the way it is" and there is no use in fighting.

In one of the workshops of the Zip Code Memory Project (ZCMP), Diana Taylor made the following comment after we played Transformation of Objects:

How do we imagine a way forward and then get there? We are transforming an object, but how do we articulate what is happening now in our lives and what we consider the real stumbling blocks or obstacles? This exercise seems the most lucid and simplest way of inviting us to envision, imagine, and articulate. (in ZCMP 2022) Moreover, this game is an invitation for us to exercise utopianism. But Transformation of Objects is only the start of this invitation. The question of how to articulate "what is happening now in our lives" and how to imagine a "there" that is different from "here" and "ways forward" requires that we turn to the form of TO known as Image Theatre.

#### "The image of something that really happened"

In 1973, Boal went to Peru to participate in the ALFIN literacy program of the then left-wing government. For Boal it was "an experience of popular theatre" that became the most important chapter of *Theatre of the Oppressed*. In Peru, Boal encountered a challenge, namely "the vast number of languages and dialects spoken by its inhabitants" ([1974] 1975:124). In the face of this challenge, he strengthened his notion of theatre as an artistic language made of "words, colors, forms, movements, sounds, etc." (171) that could be learned and used by anyone (126), and developed one of the most important forms of TO, Image Theatre.<sup>23</sup> Through Image Theatre, participants can express their collective opinion about a theme not by speaking, but by using the bodies of other participants to create a set of three images: the *real image*, the *ideal image*, and the *image of transition*.

In this technique, called Image of Transition,<sup>24</sup> a participant volunteers to be the sculptor, and uses the bodies of other participants to create a "base image" of the given theme (1979:138).<sup>25</sup> If the group disagrees with the image, another participant creates a different one, and so on (one person at a time) until someone creates an image of the theme with which the whole group agrees. If the group partially agrees with an image, they may alter this "base image" until they fully agree with it. The image with which the group fully agrees is the *real image*, which, according to Boal, "is always the representation of an oppression" (138), or, put differently, of "a reality we want to transform" because it is unjust, intolerable, unacceptable ([1974] 1975:144). Then, participants create the *ideal image*, "in which the oppression has disappeared, and that represents the society we desire to build, the *dream*: an image in which the current problems have been overcome. They are always images of peace, tranquility, love, etc.: ideal image" (1998:6). Ideal images are utopian images, or, to borrow from Buber, "utopian picture[s...of] 'what should be'" (1949:7). But, whereas Buber's "utopian pictures" are "pictures [...] of something not actually present but only represented" (7), ideal images complicate this distinction because they give "physical representation" or "sculptural concretion" to something that does not exist ("the society we desire to build") and yet becomes present to the senses (and open to the intervention) of participants (Boal [1974] 1975:144). Rather than detailed blueprints of a desired society, ideal images are images that "desire a future. Desire, imagine. Image[s] of the desire" (Boal [1996] 2020:33).26 Lastly, participants create an image of transition that shows how to go from the real to the ideal image-"we have a reality we want to transform; how do we transform it?" (Boal [1974] 1975:144). One at a time, participants may change whatever they deem necessary in the real image "to visually show how it will be possible, starting from this

150

<sup>23. &</sup>quot;Image Theatre is made of a series of techniques I have been developing over the years, and that began to appear during my work with indigenous people in Peru, Colombia, Venezuela, and Mexico. Their mother tongue was not Spanish and neither was mine. So, when we communicated through a language that was not ours, we always misunderstood one another; it thus became necessary to resort to images, and the techniques naturally began to emerge" (Boal 1998:232).

<sup>24.</sup> In *Teatro do oprimido* (1974) Boal referred to this technique simply as "Image-Theatre." In *Técnicas latino-americanas de teatro popular* (1979) he called it "Statue-Theatre" (138). In *200 exercícios e jogos* (1977) it appeared as "Variations of the Sculpture" (82). In *Jogos para atores e não-atores* (1998) it became "Image of Transition," a specific technique of Image Theatre (5). Regardless of these changes in name, this technique is foundational to Image Theatre and TO more broadly.

<sup>25. &</sup>quot;This theme can be broad, abstract, such as 'imperialism,' or it can more concretely refer to a local problem, like the lack of running water" (Boal [1974] 1975:143); it can be "[the sculptor's] home town, the current political regime, [the sculptor's] school or factory, etc." (1979:138)—basically any theme that is "of common interest, which participants wish to discuss" ([1974] 1975:143).

<sup>26.</sup> For Buber too the "primary thing" on which such pictures "centr[e] with architectonic firmness [...] is a wish," which is why Buber also refers to them as "wish-picture[s]" (1949:7).

concrete reality, to create the reality we desire" (1998:6). The participants who are not acting as sculptors "must say whether they think each of the solutions is realizable or magical (that is, fantastical, impossible to realize!), but without speaking, since the discussion must be carried out only through images" (244). Going back to Taylor's comment, we can think of the real image as the image of a "stumbling block or obstacle" we are currently facing and need to overcome; the ideal image as the image of a different, more just "there" we want to get to; and the image of transition as the image of "a way forward" (in ZCMP 2022).<sup>27</sup>

As a "concrete example" of the use of this technique in his work in Peru, Boal shared the story of "a young literacy instructor who lived in a small *pueblo*, called Otusco," and who was invited to show the other participants what her village was like:

In Otusco, before the current revolutionary government, there was a peasant revolt; the *latifundistas* (who no longer exist in Peru) arrested the rebel leader, took him to the central square of the village and, in front of everyone, castrated him. The young woman from Otusco created the image of the castration [...] A terrible, tragic, pessimistic, defeatist image, but, at the same time, the image of something that really happened. When she was asked to show how she would like her village to be, the young woman created an image of people who loved each other, who worked, in short, a happy and contented Otusco. First the *real image*, then the *ideal image*. ([1974] 1975:144–45)

This image of torture must have deeply resonated with Boal, given his own experience with torture just a few years earlier. Many images of being in prison, Boal wrote, "are archived in my memory" ([2000] 2014:314) and stamped "in the retina, never to be erased!" (321), such as the image of "Albertina, my first wife, imprisoned, relearning to walk" after being tortured (317). Along with the image of Jara, the musician who was tortured to death in the Estadio Nacional of Chile, the real image created by the woman from Otusco later became part of Boal's list of atrocities that exemplified the "terrible repression" (1979:17) that was his impetus for creating TO. In writing about the woman from Otusco, Boal seems to have viewed the "terrible, tragic, pessimistic, defeatist image" of Otusco as representative of the "abominable procedure" of torture practiced by the fascists across the continent (Boal [2000] 2014:320). Similarly, the image of "a happy and contented Otusco" can be seen as the ideal image of "a happy and contented" Latin America, which, at the time, must have seemed a "magical," unreachable dream. Boal shared five images of transition created by participants. In one of them, a woman showed the five men who in the real image were kneeling down with their hands tied behind their backs as if they had freed themselves, then attacked and captured their perpetrators ([1974] 1975:146). In addition to making these figures the agents of the transformations that happened in the image of transition, the young woman made one of them "go to all the other participants, clearly indicating that, in her opinion" (as in Boal's) "social transformations are carried out by the people as a whole, and not just by a vanguard" (146).<sup>28</sup>

What is striking about the real image of Otusco is that it is an image of the past. Although Boal insisted that "Theatre of the Oppressed does not present images of the past, but prepares models of action for the future" (1979:20),<sup>29</sup> the young literacy instructor created the image of something "archived in [her] memory" that had happened in the past ([2000] 2014:314), and could not be

<sup>27.</sup> As shown here and recognized by critics such as Fritz (2017:110), the three images in Image of Transition are a transposition into theatrical images of the Freirean categories of "situação-limite" (limit situation), "inédito viável" or "sonho possível" (viable not-yet existent or possible dream), and "atos-limite" (limit acts; see Freire 1992:205–07).

<sup>28.</sup> Although Boal emphasized the importance of the image of transition in this technique, creating the juxtaposition of the "pessimistic, defeatist image" of Otusco and its optimistic counterpart is analogous to the acts of denunciation and annunciation, which, for Freire, fundamentally characterize utopianism. For him, there is no genuine utopianism without "the tension between the denunciation of a present becoming increasingly intolerable and the annunciation of a future to be created [...] by us" (1992:91).

<sup>29.</sup> This is particularly true of techniques such as Image of Transition, which Boal characterized as "prospective" (not *re*trospective) ([1990] 1996:87).



Figure 3. "Separated and alone in our own despair": Illustrating "Covid" Using Other People's Bodies. From left, clockwise: Linda Aristondo, Erachie Brown, Alo Gorozpe, Guilherme Meyer, Nancy Ko, Mariana Tchen, Maday Sarmiento, and Alcira Forero-Pena. Rehearsals for Change workshop at the Cathedral of St. John the Divine, 30 October 2021. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

altered. In this case, the creation of images of transition became an exercise in "reinvent[ing] the past" (Boal [1996] 2020:34), in imagining how something that actually took place could have happened differently. This technique thus helps us articulate a past instance of injustice not "as a fatality, as Destiny" ([1974] 1975:142), but, as Williams puts it in relation both to theatrical and social tragedies, as a "tragedy that could have been avoided but was not avoided" (1966:203).30 As Williams noted, "We have to see not only that suffering is avoidable, but that it is not avoided" (202-03), which we saw worldwide during the pandemic. The Image of Transition technique

gives us a way to do this, and to counter "tragic acceptance" or "resignation" with indignation (199). The *real image* of Otusco is "terrible, tragic," but "No one should cry over the *fatality*" that befell the rebel leader; "they should cry of anger" against the latifundium system and those who defend it (Boal [1974] 1975:110), as against the fascist regime that murdered Jara. Finally, this technique gives us a chance to "fuse memory and imagination—which are two indissociable psychic processes—to, in the present, reinvent the past and invent the future" (Boal [1996] 2020:44) at a moment when the present seems to inevitably lead to a future of even greater injustice. "This is where the immense and powerful force of theatre resides" (Boal [1996] 2020:44).

## "We are not alone. We are here together"

A very different example of the use of Image Theatre comes from the ZCMP. In performance artist and activist George Emilio Sanchez's Rehearsals for Change workshop in October 2021, participants created images of "Covid" using Boal's technique of "Illustrating a Theme Using Other People's Bodies" (1998:239),<sup>31</sup> which precedes and provides the basis for Image of Transition (244). As in Image of Transition, a participant volunteers to be the sculptor, and uses the bodies of other participants to create the image of "a theme proposed by the group" (239). If needed, participants take turns acting as the sculptor, and the other participants may alter the image until the group arrives at a "collective image of the theme" (239). Unlike Image of Transition, this "collective image of the theme" does not have to be "the representation of an oppression" ([1974] 1975:138).

In one of the images for the "Covid" theme, created by Leah Elimeliah, eight people sit on the ground in a circle. They all face the outside of the circle, with their backs turned to the center, and hold their heads down with both hands. "They are all together," yet "separated" and "alone," as Alena

<sup>30.</sup> In *Teatro do oprimido*, Boal quotes a section of Brecht's poem "On Everyday Theatre" (ca. 1930) in which Brecht describes how a man standing in front of a car accident "shows that it was possible to avoid the accident" (in Boal [1974] 1975:112).

<sup>31.</sup> This is the second version of the technique "Image of the Word" ([1992] 2002:181), which "consists of choosing a word that is meaningful for the particular group with whom we are working, and asking the participants to make an image of it, using their bodies; the word can be the name of a country, a region, a political party, a profession, a state of mind, a historical character, a recent event; it can be a noun or an adjective; a word which represents something or someone relevant to the group" ([1990] 1996:87).

Lipatnikova and Ethel Croskey described (in ZCMP 2021b). I was one of the participants in the circle, and I could not see anyone around me. No one could. We were in the same circle, but without any contact, each of us "separated and alone in our own despair," as Elimeliah put it (in ZCMP 2021b). This image is a great example of what Boal calls "signaletic gestures" (2009b:40), in which signifier (holding one's head down with both hands) and signification (despair) are indissociable (1998:233). The image recalls sculptures of "despair" such as those by Auguste Rodin and Hugo Robus. The key difference is that in the living sculpture of "Covid" created by participants of the ZCMP there are multiple figures "separated and alone in [their] own despair" (in ZCMP 2021b).

This image of "Covid" was not meant to be a real image, yet it is a "terrible, tragic, pessimistic, defeatist image" of "a reality we want to transform" (Boal [1974] 1975:144-45). The despair to which it gives form has been exacerbated by the intense social isolation to which many of us were subjected throughout the pandemic, and which was not only not avoidable but necessary to contain the spread of the virus and avoid an even greater amount of death and suffering. At the same time, this despair was a result of the avoidable and not avoided catastrophe that engulfed cities like New York, which became a "dystopia of wailing ambulance sirens" and "refrigerator trucks loaded with bodies" (Fisher, Wilson,



Figure 4. "A warm cocoon of safety and resilience": Illustrating "Covid" Using Other People's Bodies. Julie Apostolou (lying) and Pablo Kemezis (sitting). Rehearsals for Change workshop at the Cathedral of St. John the Divine, 24 October 2021. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

and Hernández 2020). Whenever we heard sirens during the first workshops of the ZCMP, when it seemed that we were past the worst, everyone became slightly uneasy. The sadness and fear we all felt had stayed with us and the deep sense of despair articulated in this image from the workshop cannot be separated from the avoidable and not avoided dystopia of the pandemic.

This living sculpture of "Covid" can also be understood as the *real image* of a despair that preceded the pandemic and is directly related to the rise of the Far Right in places like the US and Brazil and the Far Right's neglect of the environmental crisis and promotion of white supremacy. When we look at this image and the bodies' gestures of despair, we remember that (in the US, for instance) this has been a dystopian period not only because of the pandemic, but because of the election of Donald Trump in 2016; the Unite the Right rally in Charlottesville in 2017; the synagogue shooting in Pittsburgh in 2018; the police killings of Breonna Taylor and George Floyd in 2020; the increase of racist violence (especially against Asians and Asian Americans) and gender violence during the pandemic; the increasingly severe California wildfires of the past few years—and this list of atrocities, like Boal's list in the 1970s, goes on. This technique of Image Theatre gave us a tool to collectively articulate the despair of the pandemic, and, more broadly, the fatalism of this dystopian moment as a product of injustice.

Unfortunately, we did not have the time to proceed from Illustrating a Theme Using Other Peoples' Bodies to Image of Transition in the ZCMP. But, if we take this as a *real image* of "Covid"



Figure 5. Person to Person. From left: Guilherme Meyer and Yves Dossous. Rehearsals for Change workshop at the Cathedral of St. John the Divine, 30 October 2021. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

and use "the speculative imagination" of utopianism (Weeks 2011:219), what could have been its ideal counterpart? Perhaps it could have been similar to another one of the images of "Covid" from the ZCMP, created and described by Nazia Malik as the image of "a warm cocoon of safety and resilience" (2022). As Carl Medina put it, it shows "one person comforting another person who is lying on top of them," the "idea of comforting" (signification) given by "the gentle holding of the other person" (signifier) (in ZCMP 2021a). Julie Apostolou, who

was held in this position by Pablo Kemezis, expressed feeling comforted and protected (in ZCMP 2021a)—a reminder that such acts are real even if they take place within a theatrical technique.<sup>32</sup> When I shared a photo of the image with Malik months after the workshop, the first thing she wrote back was, "Thanks for sharing this image with me. I feel so comforted by it" (2022). Perhaps the *ideal image* of "Covid" could have looked like one of the circles formed in our workshops, in which we stood close together facing the center (and thus each other), with arms around or locked with those of the people next to us. In stark contrast to the circle of people "separated and alone in [their] own despair," in these circles we connected through touch and formed a "warm cocoon of safety and resilience" of not two but several people holding one another, an image in which the circle of despair has been transformed into a circle of "radical bonding" (in Contreras 2022).<sup>33</sup>

What could have been the *image of transition*, which shows how it would be possible to transform the "current reality" into the "reality we desire" (Boal 1998:6)? Perhaps an image in which each of the eight people in the *real image* places a hand on the arm of someone next to them, as Nkem Stanley-Mbamelu did with Andres Fluffy Aguilar in one of our workshops before hugging him—an act of "attuned touch" (Kolk 2014:253) that could begin to transform the circle of despair. In the game Person to Person, pairs of participants join specific body parts until they are tangled together, while in the Circle of Knots, groups of participants entangle their hands and then (without letting go of each other's hands) try to undo the knot. These and other games from TO provide glimpses of an image of transition that could change the circle of despair, just as they gave us playful ways to begin to repair the isolation to which many of us had been subjected and to establish the trust and connection necessary to form the circles of radical bonding. How do we imagine a way forward from the despair that many of us have been experiencing and try to get to a "there" that is different from this dystopian "here," in the face of which we risk succumbing to the conclusion that there is no use in fighting when we so urgently need to do so? The images of "Covid" and other moments

154

<sup>32.</sup> TO traverses various borders, such as that "between fiction and reality" (Fritz 2017:82). When we perform an act through one of its techniques, the act is both fictional and real: fictional because it happens within "fictional terms" (Boal [1974] 1975:152), and "real" because it takes a "visible, palpable, concrete" form (144), and because it can have a real effect on us.

<sup>33.</sup> This phrase comes from a message left in María José Contreras's *Talk to the Future*, which was part of the final public event of the ZCMP. In this performance, a plastic tent serves as a time capsule for those who want to leave a message to the future in response to the question, "What do you want future generations to know about Covid in NYC?" One by one, the messages are written by Contreras on the walls of the tent. One of these messages is, "Covid unleashed radical cruelty. Covid unleashed radical bonding" (Contreras 2022).

in our workshops suggest that we can begin with what María José Contreras said in one of the circles—"Feel the body of who is beside us. We are not alone. We are here together" (2021).

#### "We have to dream with our eyes open"

Boal's 1992 campaign for vereador of Rio de Janeiro was at a time when Brazil, and Latin America more broadly, was being submerged under what he referred to as the neoliberal "tsunami" of privatizations ([1996] 2020:74), which led to a loss of hope in the prospect of a better future for the country and



Figure 6. The Circle of Knots. From left: Sandra Long, Thomonique Moore, Ana Ofelia Rodriguez, Pablo Kemezis, and Carl Medina. Rehearsals for Change workshop at the Cathedral of St. John the Divine, 24 October 2021. (Photo by Desiree Rios; courtesy of Marianne Hirsch)

continent. Against this fatalism, the pamphlet of Boal's campaign, whose slogan was "The Courage to Be Happy," asserted the utopian conviction that, "when we decide to take our destiny into our hands," we can create a world with "pleasure, work and bread" for all (20). In utopian fashion, Boal affirmed that "refus[ing] what we hate" is crucial but it must be combined with dreaming with a desired outcome or else a different "future will not come and we will be stuck forever in this present of anguish, insecurity and fear" (20). TO, he went on, is powerful because it gives us a way "to dream with our eyes open" (20). This is especially true of Image Theatre, through which we create images of "the society we desire to build: the *dream*" (1998:6). Boal's unapologetic defense of utopianism in the pamphlet distributed during his campaign for vereador is striking not only because it refused to be submerged under the "tsunami" of neoliberal fatalism of the time, but because it intersected with the development of Legislative Theatre, a then new form of TO created to have more direct and "practical effects" on social conditions ([1996] 2020:53) by "channel[ing] all the creative energy sparked" in participants by TO into efforts to change unjust laws and create more just ones (46). Whereas TO seeks to spark participants' "desire for transformation," Boal explained, "Legislative Theatre seeks to go beyond and transform this desire into legislation" (58–59).

When read in conjunction with his campaign pamphlet, Boal's statement on the difference between TO and Legislative Theatre evokes Image Theatre. If the *ideal images* give form to our utopian desire to invent a different future, as I have argued, then perhaps there is a way to go beyond a technique like Image of Transition and utopian desire into what Weeks terms "utopian demands." Utopian demands are characterized by a tension between its two constituent terms, because, while *utopia* "points toward the broader social horizon of a future that is always beyond our grasp," *demand* "directs our attention to the present, to the specific desires that can be named and the definite interests that can be advanced" (Weeks 2011:219). This is something TO shares with utopian demands, because it too has to negotiate "the speculative ideals of utopia" that infuse Image Theatre and "the pragmatism of demands" that is at the heart of Legislative Theatre (219). According to Weeks, a utopian demand should "direct our attention to the present" (219), but also:

point toward the possibility of a break, however partial, with the present. It must be capable of cognitively reorienting us far enough out of the present organization of social relations that some kind of critical distance is achieved and the political imagination of a different future is called to work [...T]he demands that merit the label "utopian" [...] are necessarily larger in scope than their formulation as policy proposals would initially indicate. None of its supporters presumed that wages for housework would signal the end of either capitalism or patriarchy. But they did hope the reform would bring about a gendered system characterized

by a substantially different division of labor and economy of power, one that might give women further resources for their struggles, make possible a different range of choices, and provide discursive tools for new ways of thinking and imagining. (220)

Another good example is the demand to defund the police, which spread in the global uprisings of 2020. As Angela Davis argues, "the call to defund the police is [...] an abolitionist demand," and it

is not simply about withdrawing funding for law enforcement and doing nothing else [...but] about shifting public funds to new services and new institutions—mental health counselors, who can respond to people who are in crisis without arms. It's about shifting funding to education, to housing, to recreation [...] It's about learning that safety, safeguarded by violence, is not really safety. (in Democracy Now 2020)

The demand to defund the police can therefore be understood as a utopian demand that focuses on redirecting public funds while gesturing to a broader abolitionist future built on a radically different understanding of safety.

The final public event of the ZCMP included the projection by the art-activist collective The Illuminator of a demand for justice on the façade of the Cathedral of St. John the Divine, which echoed the uprisings of 2020 ("What do we want? Justice. When do we want it? Now"). The idea was to hold a workshop prior to this event in which we were going to move from Illustrating a Theme Using Other People's Bodies to Image of Transition to create the set of three images and use them (especially the *ideal image* of "what we want") as a springboard to develop a demand (or series of demands) together. The workshop never came to fruition. I can't help but wonder what we would have come up with had we held that workshop. Boal's statement about the transformation of "desire into legislation" and his campaign pamphlet suggest that Image of Transition may offer us a tool to "dream with our eyes open" ([1996] 2020:33) and transform utopian desire into utopian demand. If this could be done, then Image Theatre would not only give us a practice through which to exercise utopianism, but also to channel utopianism into the formulation of specific demands for social justice that activists can organize around and fight for.

#### References

Benjamin, Walter. (1966) 1998. Understanding Brecht. Trans. Anna Bostock. Verso.

Boal, Augusto. (1974) 1975. Teatro do oprimido e outras poéticas políticas. Civilização Brasileira.

- Boal, Augusto. (1974) 2013. Teatro do oprimido e outras poéticas políticas. Cosac Naify.
- Boal, Augusto. (1977) 1982. 200 exercícios e jogos para o ator e o não-ator com vontade de dizer algo através do teatro. Civilização Brasileira.
- Boal, Augusto. 1979. Técnicas latino-americanas de teatro popular: uma revolução Copernicana ao contrário. Hucitec.
- Boal, Augusto. (1990) 1996. O arco-íris do desejo: método Boal de teatro e terapia. Civilização Brasileira.
- Boal, Augusto. (1992) 2002. Games for Actors and Non-Actors. Trans. Adrian Jackson. Routledge.

Boal, Augusto. (1996) 2020. Teatro Legislativo. Editora 34.

- Boal, Augusto. 1997. "Paulo Freire, meu último pai." Instituto Augusto Boal. acervoaugustoboal.com.br/ paulo-freire-meu-ultimo-pai
- Boal, Augusto. 1998. Jogos para atores e não-atores. Civilização Brasileira.
- Boal, Augusto. (2000) 2014. Hamlet e o filho do padeiro: memórias imaginadas. Cosac Naify.
- Boal, Augusto. 2006. The Aesthetics of the Oppressed. Trans. Adrian Jackson. Routledge.
- Boal, Augusto. 2008. "Entrevista de Augusto Boal para o Movimento Humano Direitos." augustoboal.com. br/2019/04/17/entrevista-de-augusto-boal-para-o-movimento-humanos-direitos/
- Boal, Augusto. 2009a. "Dia Mundial do Teatro." 27 March. augustoboal.com.br/2018/03/29/dia-mundialdo-teatro/
- Boal, Augusto. 2009b. A Estética do Oprimido: Reflexões errantes sobre o pensamento do ponto de vista estético e não científico. Funarte.

- Bolsonaro, Jair. 2022. "Veja e leia a íntegra do primeiro discurso de Bolsonaro após derrota no segundo turno." *G1 - o portal de notícias da globo*, 1 November. g1.globo.com/politica/eleicoes/2022/noticia/2022/11/01/vejae-leia-a-integra-do-discurso-de-bolsonaro-dois-dias-apos-derrota-em-segundo-turno.ghtml
- Bourdieu, Pierre. 1998. "A Reasoned Utopia and Economic Fatalism." New Left Review 227:125-30.
- Brecht, Bertolt. (1964) 1996. Brecht on Theatre: The Development of an Aesthetic. Ed. and trans. John Willett. Hill and Wang.
- Brecht, Bertolt. 1997. Collected Plays: Three. Ed. and trans. John Willett. Bloomsbury.
- Buber, Martin. 1949. Paths in Utopia. Trans. R.F.C. Hull. Routledge.
- Buber, Martin. 1957. Pointing the Way: Collected Essays. Ed. and trans. Maurice S. Friedman. Harper.
- Contreras, María José. 2021. "Match Exercise" (by Gabriella Canal). Clip of Aquí/Here workshop, 6 November 2021. Author's personal archive.
- Contreras, María José. 2022. "Covid unleashed radical cruelty. Covid unleashed radical bonding" (anonymous message). *Talk to the Future*. Accessed 27 June 2023. zcmp.org/talk-to-the-future/
- Cordeiro, Janaína Martins. 2021. "A Marcha da Família com Deus pela liberdade em São Paulo: direitas, participação política e golpe no Brasil, 1964." *Revista de História (USP)* 180:1–19. doi.org/10.11606/issn.2316-9141. rh.2021.167214
- Democracy Now. 2020. "Angela Davis on Abolition, Calls to Defund Police, Toppled Racist Statues & Voting in 2020 Election." *Democracy Now*, 12 June. www.democracynow.org/2020/6/12/angela\_davis\_on\_ abolition\_calls\_to
- Fisher, Marc, Scott Wilson, and Arelis R. Hernández. 2020. "Covid's U.S. toll: Nearly 300,000 dead and a stalemate between fatalism and hope." *Washington Post*, 12 December. www.washingtonpost.com/national/ covid-300000-dead-us/2020/12/12/5f40686c-364f-11eb-8d38-6aea1adb3839\_story.html
- Freire, Paulo. 1970. Pedagogy of the Oppressed. Trans. Myra Bergman Ramos. Seabury.
- Freire, Paulo. (1970) 1972. Cultural Action for Freedom. Trans. Loretta Slover. Penguin.
- Freire, Paulo. 1992. Pedagogia da esperança: um reencontro com a pedagogia do oprimido. Paz e Terra.
- Freire, Paulo. 2000. Pedagogia da indignação: cartas pedagógicas e outros escritos. Unesp.
- Fritz, Birgit. 2017. The Courage to Become: Augusto Boal's Revolutionary Politics of the Body. Trans. Lana Sendzimir and Ralph Yarrow. Danzig & Unfried.
- Galeano, Eduardo. (1971) 1973. Open Veins of Latin America: Five Centuries of the Pillage of a Continent. Trans. Cedric Belfrage. Monthly Review Press.
- Geoghegan, Vincent. 1987. Utopianism and Marxism. Methuen.
- Kolakowski, Leszek. 1968. Toward a Marxist Humanism: Essays on the Left Today. Trans. Jane Zielonko Peel. Grove Press.
- Kolk, Bessel van der. 2014. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma. Viking Press.
- Löwy, Michael. 2005. Fire Alarm: Reading Walter Benjamin's 'On the Concept of History.' Trans. Christopher Turner. Verso.
- Lyon, Janet. 1991. "Transforming Manifestoes: A Second-Wave Problematic." Yale Journal of Criticism 5, 1:101–27.
- Malik, Nazia. 2022. Personal email to author, 14 March.
- Mariátegui, José Carlos. 1996. The Heroic and Creative Meaning of Socialism: Selected Essays. Ed. and trans. Michael Pearlman. Humanities Press.
- Marx, Karl. (1867) 1990. Capital: A Critique of Political Economy, Volume One. Trans. Ben Fowkes. Penguin.
- Reis, Lea Maria Aarão. 2014. "Boal e o Teatro do Oprimido: Vários outros mundos são possíveis." Vermelho, 23 May. vermelho.org.br/2014/05/23/boal-e-o-teatro-do-oprimido-varios-outros-mundos-sao-possiveis/
- Sargent, Lyman Tower. 1998. "Utopianism." Routledge Encyclopedia of Philosophy. Taylor and Francis. doi.org/10.4324/9780415249126-S064-1

Storey, John. 2019. Radical Utopianism and Cultural Studies: On Refusing to be Realistic. Routledge.

Taylor, Diana. 2020 ¡Presente!: The Politics of Presence. Duke University Press.

- Vittoria, Paolo. 2019. "Paulo Freire and Augusto Boal: Praxis, Poetry, and Utopia." In The Routledge Companion to Theatre of the Oppressed, eds. Kelly Howe, Julian Boal, and José Soeiro, 58–65. Routledge.
- Weeks, Kathi. 2011. The Problem with Work: Feminism, Marxism, Antiwork Politics, and Postwork Imaginaries. Duke University Press.
- Williams, Raymond. 1966. Modern Tragedy. Stanford University Press.
- ZCMP. 2021a. "Covid Sculpture 2 George Workshop," ed. Gabriella Canal). Video of Rehearsals for Change workshop, 24 October 2021. Accessed 20 December 2022. vimeo.com/691107290
- ZCMP. 2021b. "Covid Sculpture 3 George Workshop," ed. Gabriella Canal. Video of Rehearsals for Change workshop, 30 October 2021. Accessed 20 December 2022. vimeo.com/691139797/f1eb0ab67a
- ZCMP. 2022. "'Train the Trainers' Video Sample," ed. Gabriella Canal). Video of Train the Trainers workshop, 4 and 11 June 2022. vimeo.com/757752432/94c1aed16a

#### TDReadings

- Boal, Augusto and Susana Epstein. 1990. "The Cop in the Head: Three Hypotheses." TDR 34, 3 (T127):35-42. doi.org/10.2307/1146067
- Fleming, John. 2002. "Honduras's Teatro La Fragua: The Many Faces of Political Theatre." *TDR* 46, 2 (T174):47–65. doi.org/10.1162/105420402320980505
- Heritage, Paul. 1994. "The Courage to Be Happy: Augusto Boal, Legislative Theatre, and the 7th International Festival of the Theatre of the Oppressed." *TDR* 38, 3 (T143):25–34. doi.org/10.2307/1146376
- Liang, Shen. 2014. "Performing Dream or Reality: The Dilemma of Chinese Community-Based Theatre." TDR 58, 1 (T221):16–23. doi.org/10.1162/DRAM\_a\_00325
- Paterson, Doug. 2008. "Three Stories from the Trenches: The Theatre of the Oppressed in the Midst of War." TDR 52, 1 (T197):110–17. doi.org/10.1162/dram.2008.52.1.110

158