Public Health Nutrition

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Public Health Nutrition provides an international forum for the publication and discussion of research and scholarship in the form of peer-reviewed original papers and reviews, and for discussion in the form of editorials, commentaries, and correspondence, with a specific focus on nutrition-related public health. The scope of Public Health Nutrition includes food systems and supplies, patterns of diet, foods and drinks, nutrition, body composition, physical activity, and associated factors, and their effects on disease, health and well-being, and the whole living and physical world. We welcome papers that:

- Address nutritional status assessment, monitoring, and surveillance
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Position papers, including declarations and other statements of policy, may be invited or unsolicited.

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Aims and Scope

- Describe, discuss, debate and influence food and nutrition policy
- Focus on improving food and nutrition-related public health, especially as it is applied in low income settings
- Debate and build capacity for effective public health nutrition action, including worldwide development and educational issues
- Develop and test innovative and emerging models, methods and approaches to public health nutrition practice and research

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Probiotics: a proactive approach to health. A symposium report

*Linda V. Thomas, Kaori Suzuki, Jia Zhao*

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Preface and Acknowledgements

The year 2015 marked the 80th anniversary of Yakult worldwide, and the 20th anniversary of Yakult in Germany. Reflecting the scientific research heritage of the company but also looking to the future, the 8th International Yakult symposium, entitled *Probiotics, a proactive approach to health*, was held on 23-24th April in Berlin. This report reflects the content of the symposium; the manuscript was approved by all the speakers.

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Moderator of discussion session: Professor Glenn Gibson (University of Reading, UK)

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Dr Tomoyuki Sako

On behalf of the Symposium Scientific Committee