Probiotics: a proactive approach to health. A symposium report
Linda V. Thomas, Kaori Suzuki and Jia Zhao

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Published online by Cambridge University Press
https://doi.org/10.1017/S000711451500447X
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Publication of this supplement was supported by an educational grant from Yakult Europe BV. This review has undergone the standard review process and may be cited.
Preface and Acknowledgements

The year 2015 marked the 80th anniversary of Yakult worldwide, and the 20th anniversary of Yakult in Germany. Reflecting the scientific research heritage of the company but also looking to the future, the 8th International Yakult symposium, entitled Probiotics, a proactive approach to health, was held on 23-24th April in Berlin. This report reflects the content of the symposium; the manuscript was approved by all the speakers.

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Acknowledgements

Yakult Europe B.V would like to thank the presenters for their contribution to the success of the meeting, and their support of this publication. In addition, we would like to express appreciation of the work of Dr Jessica Türk, Dr Irmtrud Wagner, Dr Jia Zhao and Miss Francesca Boi in helping organise this symposium.

Dr Tomoyuki Sako

On behalf of the Symposium Scientific Committee