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Present State and Future Prospects of Psychotherapy and Medical Psychology in Ukraine

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The psychotherapeutic care in Ukraine is carried out in structure psychiatric, psychoneurological and somatic hospitals and polyclinics.

The basic organizational unit care is the cabinet of psychotherapy, which common number on 1.01.2014 year was 317, from them at the psychiatric network 132 (42%), at the somatic - 185 (58%). The psychotherapeutic care is carried out by the medical and psychological models.

Now in a medical network there are 314 psychotherapists, medical psychologists medical educated (181 person) and psychological educated (1036 person).

The basic problem is defficiency posts of psychotherapists in specialized and somatic networks. The general deficiency of staff makes 1000 persons.

Unfortunately, the psychotherapeutic network has a tendency to decrease: compared to January 1st, 2002 the number of psychotherapeutic rooms decreased from 324 to 317.

For establishing of new increase tendency, the Ministry of Health of Ukraine has taken measures towards essential improvement of the organizational structures and the forms of psychotherapeutic care.

An integrative model of psychotherapy should be created, containing the necessary attributes of the completed medical act: diagnosis of the pathological state of a patient; identifying the individually typological traits of the patient; constitution and realization of the psychotherapeutic directives.

Elaboration of a concept of a psychological model of psychotherapy and psychological counseling and determining the range of psychotherapeutic and psychocorrectional measures for medical psy-chologists.