

# INSTRUCTIONS TO CONTRIBUTORS

**Behaviour Change** is a quarterly journal devoted to the publication of research involving the application of behavioural and cognitive-behavioural principles and techniques to the assessment and treatment of health, social, organisational, community and educational problems. It publishes original empirical studies using either single subject or group comparison methodologies, review articles, case studies, brief technical and clinical notes, invited book reviews, and special issues dealing with particular topics in depth.

## MANUSCRIPTS SHOULD BE SUBMITTED TO:

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Four copies of each manuscript, prepared according to the Publication Manual of the American Psychological Association, 4th edition (1994) should be sent to the editor with a cover letter requesting review of the manuscript. Spelling should conform to the Macquarie Dictionary. The cover letter should contain a statement indicating that the manuscript has not been published elsewhere nor is it currently under editorial review.

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The manuscript must have a cover page with the title of the article, author(s) names and affiliation, a running head and at the bottom of the paper the name and postal address of the person to whom correspondence, proofs and reprint requests should be sent. To facilitate anonymous review the second page should include the title of the article without author identification.

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Tables require consecutive numbering and should be referenced by number in the text. Tables should be typed on separate sheets. Indicate in the text the approximate location of tables and figures.

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# CONTENTS

Volume 12, Number 1, 1995

## Special Issue: Behaviour Therapy and Schizophrenia — Part TWO

**Introduction to Behaviour Therapy and Schizophrenia (II):  
Conclusion to the Two-part Special-issue Series** 1

*W. Kim Halford*

**Early Intervention in Psychotic Relapse:  
Cognitive Approaches to Detection and Management** 2

*Max Birchwood*

**An Intervention for Substance Abuse in Schizophrenia** 20

*David J. Kavanagh*

**New Developments in Social Skills Training** 31

*Kim T. Mueser, Charles J. Wallace, and Robert P. Liberman*

**Behaviour Therapy and Schizophrenia in Context: Challenges and Opportunities  
Provided within the Changing Mental Health System** 41

*W. Kim Halford*

**Obsessive-compulsive Disorder in Children and Adolescents** 51

*Neville J. King, Thomas H. Ollendick, and Iain M. Montgomery*

**Book Reviews** 59