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This manual is based on the clinical, personal and research experiences of the authors in Zimbabwe, India and Ethiopia. These experiences have been supplemented by reviewing other books and papers and by consulting an international panel of reviewers. However, there is no better judge of the book than the reader. Most importantly, the value of this manual depends entirely on how

practical its style and contents are for each reader. We would be grateful if you would write to us with your comments on any aspect of the book. These will be invaluable in revising its contents with the hope that it will serve the needs of the general health worker where there is no psychiatrist. Comments may be sent to: wherenopsychiatrist@gmail.com