DOI: 10.1079/BJN2002732

Dietary interrelationships among arginine, methionine, and lysine in young broiler chicks

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(Received 5 September 2001 – Revised 30 July 2002 – Accepted 11 August 2002)

Since excess dietary lysine (Lys) can increase the chick's arginine (Arg) requirement and excess Arg can increase the chick's methionine (Met) requirement, experiments were conducted to test the hypothesis that responses to dietary Lys and Met are also interrelated. Day-old Ross × Ross chicks were fed a maize-soyabean meal-based diet supplemented with four levels of L-Arg (0, 5, 10 or 20 g/kg), factorially arranged with four levels of supplemental DL-Met (0, 1, 2 or 3 g/kg). Three replicate pens of ten chicks each were randomly assigned to each treatment and fed for 14d. An increase in Arg in the diet caused growth and feed-intake depression (P=0.0001), but increasing Met in the diet enhanced growth and feed intake (P=0.0001). Arg toxicity was dependent on the Met level of the diet (Arg × Met interaction; P=0.0153). Experiment 2 was conducted to study interrelationships among Arg, Met, and Lys. Eight treatments were factorially combined: two levels of supplemental L-Arg (0 or 10 g/kg), two levels of supplemental DL-Met (0 or 2 g/kg), and two levels of supplemental L-Lys (0 or 6 g/kg). Six replicate pens of eight chicks per treatment were used. A three-way interaction among Arg, Met, and Lys was observed for body-weight gain and feed intake (P < 0.023). As expected, kidney arginase activity increased as dietary Lys increased (P=0.0004). No interactions were found for kidney arginase activity. Muscle creatine increased when chicks were fed the higher Arg (25.2 g/kg) diet (P=0.0047). A three-way interaction among Arg, Met, and Lys was found for muscle creatine (P=0.0075). Excess dietary Lys depressed muscle creatinine concentration, but only in the presence of the lower concentrations of Arg and Met. To conclude, an interrelationship among Arg, Met, and Lys was demonstrated, and it was probably related to creatine biosynthesis.

Arginine-methionine interaction: Arginine-lysine interaction: Arginase: Creatine

Anderson & Dobson (1959) were among the first to observe a relationship between the dietary lysine (Lys) and arginine (Arg) requirements of broilers. Several other subsequent reports contained similar observations (Lewis et al. 1963; Jones, 1964; Smith & Lewis, 1966; D'Mello & Lewis, 1970). Dean & Scott (1968) reported that the addition of excess Lys to a basal diet retarded the growth of chicks, but that further supplementation of the diet with Arg would alleviate the poor growth response. They concluded that the Arg requirement was higher when the diet contained more Lys (Arg X Lys interaction). Later it was discovered that excess dietary Lys did increase the dietary Arg requirement of chicks, since the activity of the Arg catabolizing enzyme, arginase, was stimulated by increasing the dietary concentration of Lys (Nesheim, 1968).

A relationship between Arg and methionine (Met) in

broiler chicks was also observed. Keshavarz & Fuller (1971b) reported that the addition of Arg (20 g/kg) to a maize-soyabean-meal diet decreased the growth rate of chicks and the growth depression could be alleviated by supplementing the diet with Met (2 g/kg). They suggested that at least one of the mechanisms involved in the interaction between Arg and Met was the formation of muscle creatine. Fisher *et al.* (1956) reported that during the first 4 weeks of life, creatine biosynthesis was an important factor in the Arg metabolism in chicks. This initial observation by Fisher *et al.* (1956), however, appears not to have been investigated further.

Creatine, as a precursor of creatine phosphate, has two important roles in normal muscle function: it carries high-energy phosphate from mitochondria to myosin filaments; it acts as a reservoir of high-energy phosphate that can regenerate ATP from ADP (Marks *et al.* 1996).

When creatine spontaneously cyclizes to form creatinine, it can no longer be metabolized and must be excreted from the body. Anything that influences creatine synthesis or creatinine excretion has the potential to make less Arg available for protein synthesis and growth.

Due to the relationships between Arg and Lys as well as Arg and Met, we hypothesized that in young broiler chicks there could be an interrelationship among Arg, Lys, and Met involving arginase and/or creatine formation. Any dietary interactions between Lys and Met have not been documented. Therefore, the current studies were conducted to confirm the dietary Arg and Met interrelationship and test the hypothesis that there was a relationship among dietary Arg, Met, and Lys levels that could affect chick growth.

Materials and methods

Experiment 1

Day-old female broiler chicks (Ross × Ross 208; Ross Breeders Inc., Huntsville, AL 35805, USA) were obtained from a commercial hatchery (Seaboard Farms of Athens, Athens, GA 30601, USA). Birds were wing-banded, weighed, and randomly assigned to individual pens in raised wire-floored batteries (Petersime Incubator Co., Gettysburg, OH 54238, USA). There were three replicate pens of ten chicks each per dietary treatment. A maizesoyabean-meal diet formulated to meet the requirements (National Research Council, 1994) for all nutrients except for the S-containing amino acids was used as a basal diet (Table 1). There were sixteen treatments with

Table 1. Composition and nutrient content of the basal diet

	Composition (g/kg)
Ingredients	
Maize	534.5
Soyabean meal	377⋅2
Poultry fat	59.6
Defluorinated phosphate	17.0
Limestone	6.4
Common salt	4.0
Mineral premix*	0⋅8
Vitamin premix†	0.5
Calculated composition‡	
Metabolizable energy (MJ/kg)	13.39
Ca (g/kg)	9.0
Available P (g/kg)	4.5
Crude protein (g/kg)	230.0
Choline (mg/kg)	1400
Arginine (g/kg)	15⋅2
Methionine (g/kg)	3.5
Cystine (g/kg)	3.7
Lysine (g/kg)	12.6
Glycine + serine (g/kg)	24.6

^{*}Trace mineral premix provided the following (mg/kg diet): Mn, 60; Zn, 50; Fe, 30; Cu, 5; I, 1.5.

four levels of supplemental L-Arg (L-Arginine-HCl; Seltzer Chemical, Inc., Carlsbad, CA 92008-7305, USA) (0, 5, 10 or 20 g/kg) and four levels of supplemental DL-Met (Degussa Corporation, Kennesaw, GA 30144, USA) (0, 1, 2 or 3 g/kg). Due to the high percentage of L-Arg used in the present experiment, cellulose was added to equalize other nutrient concentrations. Feed and water were provided for ad libitum consumption. The experiment was conducted for 14 d. Body-weight gain, feed intake, and feed conversion ratio (FCR) were measured from 1 to 14 d of age.

Experiment 2

Animals

Ross × Ross 208 broiler chicks were locally hatched. Six replicate pens of eight unsexed chicks per dietary treatment were used. The basal diet (Table 1) was supplemented with two levels of L-Arg (0 or 10 g/kg), of DL-Met (0 or 2 g/kg), and of L-Lys (BASF INC., Mount Olive, NJ 07828, USA) (0 or 6 g/kg) in a factorial arrangement. At the end of the 14 d experimental period, three chicks from each pen were randomly chosen and killed by CO₂ asphyxiation. Whole kidneys and breast muscles from each chick were taken and pooled by pen for arginase and creatine analysis, respectively.

Tissue preparation

For the kidneys, fresh homogenates (100 g/kg) were prepared in 0.02-M potassium phosphate buffer, pH 7.5, by homogenizing the tissue for 20s with a motor-driven Ultra-Turrax T25 homogenizer (J&K IKA-Works, Inc., Cincinnati, OH 45240, USA). The mixture was chilled in ice during the collection process and then stored at -80° C until the analysis.

Breast muscles were pooled and chopped into pieces no larger than 2 mm. Muscle (1 g) was placed into a 25 x 150 mm test tube with 1-M sulfuric acid (20 ml). After all samples were collected and mixed with sulfuric acid, they were autoclaved for 45 min at 1.1 kg/cm² pressure. Samples were stored at 4°C until analysis.

Arginase and protein assays

Arginase activity was measured by the rate of urea formation. The assay was identical to the assay described by Tamir & Ratner (1963), except the kidney homogenate was diluted to 1:25 with potassium phosphate buffer and diluted homogenate (0.8 ml) was used for the assay. The urea formed was estimated by the colorimetric procedure of Van Slyke & Archibald (1946). The sulfuric-phosphoric acids mixture was used as modified by O'Dell et al. (1965). One unit of arginase activity was defined as 1 μmole urea formed/h per mg kidney protein at 38°C. Protein was determined by the method of Lowry et al. (1951) using bovine serum albumin as a standard.

[†] Vitamin premix provided the following (/kg diet): vitamin A, 1892 μg from trans-retinyl acetate; cholecalciferol, $27.5\,\mu g;$ vitamin E, 11 mg from all-ractocopherol acetate; riboflavin, 4.5 mg; calcium pantothenate, 12 mg; nicotinic acid, 44 mg; choline cloride, 220 mg; vitamin B₁₂, 6.6 µg; vitamin B₆, 2.2 mg; menadione, 1.1 mg; (as menadione sodium bisulfate complex); folic acid, 0.55 mg; d-biotin, 0.11 mg; thiamine, 1.1 mg (as thiamine mononitrate); ethoxyquin, 125 mg. ‡National Research Council (1994).

Muscle creatine analysis

The method of Rose et al. (1927) was modified for the determination of muscle creatine. Samples were transferred to 100 ml volumetric flasks. Sample tubes were rinsed twice with deionized water to remove all contents. NaOH (2-M, 18 ml) was added to each flask, followed by sodium tungstate (100 g/kg, 5 ml). The flasks were filled to 100 ml with deionized water. Samples were shaken well and then allowed to stand for 5 min before being filtered (Filter Paper no. 1; Whatman Inc., Clifton, NJ 07014, USA). The clear filtrate (10 ml) was placed into another 100 ml volumetric flask, and 5 ml of alkaline picrate (fresh mixture of 50 ml saturated picric acid (saturated solution; Sigma Diagnostics, St. Louis, MO 63178, USA) and NaOH (10 ml, 100 g/kg)) was added to convert creatine to creatinine. Samples were then mixed well and allowed to stand for 10 min. The samples were diluted to 100 ml with deionized water. A creatinine (anhydrous; Sigma Chemical Co., St. Louis, MO 63178, USA) standard stock solution (500 µg/ml) was prepared and a standard curve (0-1 mg) was made. Absorbance of the samples and standards was read in a spectrophotometer at 450 nm.

Statistical analysis

The experimental unit was the pen mean. FCR, arginase, and muscle creatine data were analysed using the general linear model procedure of SAS® (SAS Institute, 1985) for ANOVA. Body gain and feed intake data were analysed by analysis of covariance (Montgomery, 1997). Differences among means were determined by Duncan's new multiple range test (Steel & Torrie, 1980).

Results and discussion

Experiment 1 confirmed the results of Keshavarz & Fuller (1971a,b) and established that our model system, with a much faster growing broiler, would give similar results. We demonstrated the Met \times Arg interaction for broiler chick growth (Table 2). Considering the main effect means, an increase in Arg in the diet caused growth and feed-intake depression (P=0·0001); on the other hand, increasing Met in the diet enhanced growth and feed intake (P=0·0001). FCR (feed:gain) was significantly improved by additional Met (P=0·0001) in the diet up to 6·5 g/kg in the present study. However, graded levels of Arg had no consistent effect on FCR (P=0·0547).

Table 2. The effect of levels of arginine and methionine on average body-weight gain, feed intake and feed conversion ratio (Feed:gain) of chicks (n 10 per replication per treatment) fed with a maize—soyabean meal basal diet for 14 d (Experiment 1)*

(Mean values with their standard errors)

Average bodyweight gain Feed intake (g/14 d) Feed:gain (g/g) (g/chick per 14 d) Arginine (g/kg diet) Methionine (g/kg diet) Mean Mean Mean SE se SE 442^{bc} 1⋅39^{ab} 15.2 319^c 5 0.02 251^d 369^d 1.44a 20.2 3.5 20 10 0.06 217^{de} 310^e 1.44a 25.2 3.5 18 17 0.05 189^e 1.32^{cde} 35.2 3.5 12 251^f 0.04 17 1.31^{bcde} 494^{ab} 377^{ab} 15.2 4.5 4 5 0.005 1.30^{bcde} 356^{abc} 464^{abc} 20.2 4.5 5 12 0.02 1.36^{abc} 459^{abc} 336^{bc} 11 25.2 4.5 11 0.02 1.31^{bcde} 337^{de} 259^d 35.2 4.5 26 0.04 26 372^{abc} 1.28^{cde} 473abc 5.5 13 0.02 15.2 9 $34\bar{4}^{bc}$ 1.25^{de} 430^c 20.2 5.5 6 16 0.02 363^{abc} 461^{abc} 1.27^{cde} 25.2 5.5 30 30 0.03 364^{abc} 454^{abc} 1·25^{de} 14 35.2 5.5 17 0.01 1⋅25^{de} 409^a 507^a 26 0.04 15.2 6.5 16 385^{ab} 466^{abc} 1.21e 20 27 0.02 20.2 6.5 487^{abc} 1.27^{cde} 383^{ab} 25.2 6.5 10 10 0.04 360^{abc} 435^{bc} 1.20^e 6.5 11 24 0.03 Main effect means Arginine (g/kg diet): 15.2 369 12 479 8 1.31 0.02 334 16 432 14 1.30 0.03 20.2 325 22 25.2 21 429 1.34 0.03 35.2 293 23 369 26 1.27 0.02 244 16 343 22 Methionine (g/kg diet): 3.5 1.40 0.02 332 15 439 19 1.32 0.01 4.5 5.5 1.26 361 8 455 10 0.01 6.5 384 474 12 1.23 0.02 **ANOVA** Arginine, df = 3, P= 0.0001 0.0001 0.0547 Methionine, df = 3, P= 0.0001 0.0001 0.0001 Interaction, df = 10. P= 0.0004 0.7207

a,b,c,d,e,f Mean values within a column with unlike superscript letters were significantly different (P<0.05).

^{*} For details of diets and procedures, see Table 1 and p. 656.

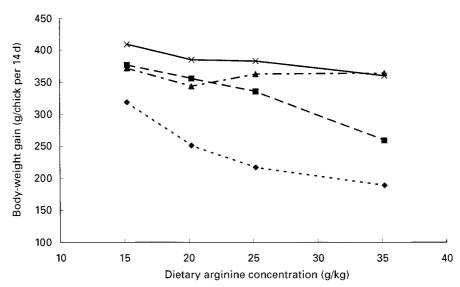


Fig. 1. The relationship between arginine and graded levels of methionine ((- \bullet -), 3-5 g methionine/kg diet; (- \blacksquare -), 4-5 g methionine/kg diet; (- \blacksquare -), 5-5 g methionine/kg diet; (- \times -), 6-5 g methionine/kg diet) based on body-weight gain data (Experiment 1).

The growth decline caused by higher Arg was most severe when the diet contained limiting levels of Met and the depression could be alleviated by adding small amounts of Met (Fig. 1). However, levels of Met to relieve the adverse effect was dependent upon Arg levels in the diet. The growth depression caused by graded levels of Arg up to 25·2 g/kg in the Met-deficient (3·5 g/kg) diet was overcome with 1 g additional DL-Met/kg (Table 2 and Fig. 1). When the Met-deficient diet containing the highest level of Arg (35·2 g/kg) was fed, the growth depression was

Table 3. The effect of levels of arginine, methionine, and lysine on average body-weight gain, feed intake and feed conversion ratio (Feed: gain) of chicks (n 8 per replication per treatment) fed with a maize—soyabean meal basal diet for 14 d (Experiment 2)*

(Mean values with their standard errors)

Arginine (g/kg diet)	Methionine (g/kg diet)	Lysine (g/kg diet)	Average body-weight gain (g/14 d)		Feed intake (g/chick per 14 d)		Feed:gain (g/g)	
			Mean	SE	Mean	SE	Mean	SE
15.2	3.5	12.6	260°	8	347 ^c	14	1⋅33 ^{bc}	0.02
15.2	5.5	12⋅6	313 ^{ab}	10	387 ^{ab}	18	1⋅24 ^d	0.03
15.2	3⋅5	18⋅6	265 ^c	8	357 ^{bc}	11	1⋅35 ^b	0.03
15.2	5⋅5	18⋅6	303 ^b	10	397 ^a	14	1⋅31°	0.03
25.2	3⋅5	12⋅6	213 ^d	4	287 ^d	9	1.35	0.05
25.2	5⋅5	12⋅6	328 ^a	7	416 ^a	10	1⋅27 ^d	0.01
25.2	3⋅5	18⋅6	213 ^d	3	286 ^d	3	1⋅34 ^a	0.02
25.2	5∙5	18⋅6	326 ^{ab}	9	405 ^a	11	1⋅24 ^d	0.01
Main effect means								
Arginine (g/kg diet): 15·2			285	7	373	9	1.31	0.02
25⋅2			270	12	349	13	1.29	0.03
Methionine (g/kg diet): 3⋅5			238	5	319	8	1.34	0.02
5.5			318	5	401	6	1.26	0.02
Lysine (g/kg diet): 12-6			279	11	359	13	1.29	0.03
18.6			277	10	361	11	1.30	0.02
ANOVA and analysis of covariance								
Arginine, $df = 1$, $P =$			0.0100		0.0081		0.0863	
Methionine, df = 1, P =			0.0001		0.0001		0.0001	
Lysine, $df = 1$, $P =$			0.8158		0.7388		0.7569	
Arginine \times methionine, df = 1, P =			0.0010		0.0001		0.0008	
Arginine \times lysine, df = 1, P =			0.0056		0.0018		0.0305	
Methionine \times lysine, df = 1, P =			0.1026		0.2216		0.2964	
Arginine \times methionine \times lysine, df = 1, P = Gain, df = 1, P =						0.0230 (0.0001		331
Consumption, $df = 1$, $P=$			0.000	01	2 00	-		

 $^{^{}a,b,c,d}$ Mean values within a column with unlike superscript letters were significantly different (P<0.05).

^{*} For details of diets and procedures, see Table 1 and p. 656.

relieved only by higher levels of Met (5.5 and 6.5 g Met/kg). In the present experiment we observed significant interactions between Arg and Met on average bodyweight gain (P=0.0153) and feed consumption (P=0.0004). However, we did not find an interaction for FCR (P=0.7207).

These results are in agreement with studies done by Fuller *et al.* (1967) and Keshavarz & Fuller (1971*a,b*) who demonstrated that excess dietary Arg caused a growth depression in chicks, which could be alleviated by supplemental Met. They suggested that growth depression with graded levels of added Arg could result from withdrawing more methyl groups from Met for creatine formation and consequently augmenting a Met deficiency (Keshavarz & Fuller, 1971*a,b*).

Overall chick performance in Experiment 2 was not as good as in Experiment 1 (Table 3). Even though we used the same genetic stock (Ross \times Ross 208) in both experiments, the hatchery and experimental environment may have caused the variation in growth. Body-weight gain was highest in chicks fed the diet containing 5.5 g Met/kg and lowest in those fed the diet containing the basal Met level (3.5 g Met/kg) (P=0.0001), demonstrating that the basal diet was deficient in Met (Table 3). Feeding the 25.2 g Arg/kg-containing diet to chicks decreased their body-weight gains (P=0.01). Three-way interactions among Arg, Met, and Lys were observed (P<0.05), for weight gain and feed intake. At the lower Arg level, the growth response to Met was dependent on Lys level. At

the high Arg level, there was no difference in the growth response to Met due to Lys level.

As expected, an increase in kidney arginase activity from 45 to 77 µmol urea/h per mg protein was caused by increasing Lys from 12.6 to 18.6 g/kg in the diet (Table 4; P=0.0004). These results were similar to those of Jones et al. (1967) who reported that excess dietary Lys would increase the Arg requirement of chicks by increasing its degradation through the activity of kidney arginase. Nesheim (1968) reported that chickens with a genetically higher requirement for Arg had a greater increase in arginase activity in response to an excess of dietary Lys than chickens with a lower Arg requirement. In Experiment 2, kidney arginase activity was unaffected by dietary Arg or Met (P > 0.05). No other interactions were found (P>0.05) for arginase activity, indicating that Arg × Met interactions for growth were not due to changes in kidney arginase activity. An interaction between Arg and Lys was also not observed for kidney arginase activity in the present study (P > 0.05).

Arg is metabolized by at least two different pathways (Cynober *et al.* 1995). If Arg is converted to ornithine by arginase, the endproducts will be CO₂, water and uric acid. If Arg is condensed with glycine and then methylated, the endproduct will be creatine. Creatine is either accumulated in muscle or is excreted as creatine or creatinine. If kidney arginase is increased, then less Arg should be available for creatine synthesis.

Austic & Nesheim (1972) observed a large growth

Table 4. Kidney arginase activity and muscle creatine of chicks (*n* 8 per replication per treatment) fed a maize—soyabean meal basal diet containing graded levels of arginine, methionine, and lysine for 14 d (Experiment 2)*

(Mean values with their standard errors)

Arginine (g/kg diet)	Methionine (g/kg diet)	Lysine (g/kg diet)	Arginase activity (μmole urea/h per mg protein)		Muscle creatinine (mg/g muscle)		
			Mean	SE	Mean	SE	
15-2	3.5	12-6	50 ^{abc}	8	3.63 ^{ab}	0.39	
15⋅2	5⋅5	12-6	34 ^c	7	3⋅05 ^b	0.28	
15⋅2	3⋅5	18⋅6	85 ^a	15	1⋅85 ^c	0.16	
15⋅2	5⋅5	18⋅6	61 ^{abc}	16	3⋅53 ^{ab}	0.13	
25⋅2	3⋅5	12-6	52 ^{abc}	12	4·01 ^a	0.17	
25⋅2	5⋅5	12-6	42 ^{bc}	8	3⋅23 ^b	0.19	
25⋅2	3⋅5	18⋅6	82 ^a	13	3.49 ^{ab}	0.13	
25⋅2	5⋅5	18⋅6	78 ^{ab}	13	3⋅20 ^b	0.22	
Main effect means							
Arginine (g/kg diet): 15·2			58	6	3.02	0.17	
25⋅2			64	6	3.48	0.10	
Methionine (g/kg diet): 3.5			67	7	3.25	0⋅18	
5⋅5			54	6	3.25	0.11	
Lysine (g/kg diet): 12⋅6			45	5	3.48	0.14	
18⋅6			77	7	3.02	0.14	
ANOVA							
Arginine, $df = 1$, $P =$			0.4861		0.0047		
Methionine, $df = 1$, $P=$			0.1291		0.9516		
Lysine, $df = 1$, $P =$			0.0004		0.0053		
Arginine \times methionine, df = 1, P =			0.45		0.0011		
Arginine \times lysine, df = 1, P =			0.87		0.0001		
Methionine \times lysine, df = 1, P =			0.96		0.2418		
Arginine \times methionine \times lysine, df = 1, P =			0.67	09	0.00	1/5	

a,b,c Mean values within a column with unlike superscript letters were significantly different (P<0.05).

^{*} For details of diets and procedures, see Table 1 and p. 656.

response to dietary creatine in their high Arg requirement line, but not their low Arg requirement line. They attributed the effect of creatine on growth solely to sparing Arg otherwise used for creatine synthesis. Apparently chickens must maintain some minimum level of muscle creatine, or Arg will be transferred from other uses to creatine synthesis.

Muscle creatinine increased from 3.02 to 3.48 mg/g muscle when chicks were fed the higher dietary Arg level (from 15.2 to 25.2 g Arg/kg; P=0.0047) (Table 4). This result is similar to previous reports by Keshavarz & Fuller (1971a,b). They reported that the addition of 20 g Arg/kg to a maize-soyabean-meal diet increased muscle creatine. Their results suggested that an increase in dietary Arg increased substrates involved in the creatine biosynthesis pathway. In our study, we found that breast muscle creatine was reduced when chicks were fed supplemental Lys (P=0.0053). There are two possible explanations for how Lys reduced muscle creatine. First, an increase in dietary Lys increased arginase activity and thus possibly reduced the amount of Arg available for the creatine synthesis pathway. Second, an increase in dietary Lys may have decreased transamidinase activity. Transamidinase is the enzyme that utilizes Arg and glycine as substrates to produce guanidoacetone and ornithine in creatine biosynthesis. Jones et al. (1967) reported that transamidinase activity was decreased in chicks fed excess dietary Lys.

Highly significant Arg \times Met (P=0.0011) interactions were observed for muscle creatine (Table 4). These results suggest that at least creatine biosynthesis was involved in the Arg-Met interaction and the Met-Lys interaction. However, how they interact with each other has to be further investigated. A three-way interaction among Arg, Met, and Lys was found (P=0.0075) for muscle creatine concentration, indicating that all three amino acids may be important in determining responses and requirements for any of the three.

To conclude, the null hypotheses tested here were found to be false. A dietary interrelationship was found among Arg, Met, and Lys in the present study. The interactions were probably the result of changes in Arg metabolism and creatine biosynthesis. These results suggest that more concern is prudent when considering the amino acid balance among Arg, Met, and Lys in the diet of young broiler chicks for maximum growth (and muscle creatine).

Acknowledgements

This study was supported by state and Hatch funds allocated to the Georgia Agricultural Stations of The University of Georgia.

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