Ganglioside composition of differentiated Caco-2 cells resembles human colostrum and neonatal rat intestine

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Gangliosides are glycosphingolipids found in cell membranes and human milk with important roles in cell proliferation, differentiation, growth, adhesion, migration, signalling and apoptosis. Similar changes in ganglioside composition occur during embryonic development, lactation and cancer cell differentiation. It is not known, however, whether ganglioside compositional changes that occur in differentiating colon cancer cells reflect changes that occur during intestinal development. The Caco-2 cell line is commonly used to study physiological and pathophysiological processes in the small intestine and colon. Therefore, to examine this question, undifferentiated and differentiated Caco-2 cells were grown and total lipid was extracted from cell supernatant fractions using the Folch method. The upper aqueous phase containing gangliosides was collected and purified. Total gangliosides were measured as ganglioside-bound N-acetyl neuraminic acid, while individual ganglioside content was quantified via a colorimetric assay for sialic acid and scanning densitometry. The total ganglioside content of differentiated Caco-2 cells was 2·5 times higher compared with undifferentiated cells. Differentiated Caco-2 cells had significantly more (N-acetylneuraminyl) 2-galactosylglucosylceramide (GD3) and polar gangliosides, and a lower N-acetylneuraminylgalactosylglucosylceramide (GM3):GD3 ratio than undifferentiated cells. The present study demonstrates that the total ganglioside content and individual ganglioside composition of differentiated Caco-2 cells are similar to those of human colostrum and neonatal rat intestine. Differentiated Caco-2 cells may therefore be an alternative model for studying physiological and pathological processes in the small intestine and colon, and may help to elucidate possible functions for specific gangliosides in development and differentiation. Further research using more sensitive techniques of ganglioside analysis is needed to confirm these findings.

Ganglioside content and composition: Caco-2 cells: Differentiation: Intestinal development: Lactation

Gangliosides, amphiphilic glycosphingolipids containing sialic acid (N-acetyl neuraminic acid; NANA), are found in plasma membranes of mammalian cells and are biologically important molecules involved in cell differentiation, proliferation, growth, adhesion, migration, signalling and apoptosis(1–3). The ganglioside composition of the brush-border membrane of the developing intestine influences patterns of bacterial colonisation and susceptibility to pathogen attachment and invasion(4,5). Sialylated compounds have growth-promoting effects on bifidobacteria and lactobacilli, but further research is warranted to determine whether a specific ganglioside mediates the proliferative effect(6).

In normal physiological processes such as embryogenesis and lactation(7) and in pathological conditions including tumour onset and progression(8), changes in ganglioside composition occur and have been shown to play significant regulatory roles. For example, melanoma cells, embryonic stem cells and human colostrum show an increase in ganglioside content and express more (N-acetylneuraminyl) 2-galactosylglucosyl ceramide (GD3) than normal adult cells and mature human milk(9,10). Moreover, the N-acetylneuraminyl-galactosylglucosylceramide (GM3):GD3 ratio increases during development and lactation and decreases during cancer cell differentiation from highly metastatic (poorly differentiated) cancer cells to benign (highly differentiated) cells(9,10).

Ganglioside GM3 is an enterocyte receptor analogue for specific microbes(11,12) and promotes cell proliferation, migration, tumorigenesis and cancer cell resistance to anticancer drug therapy(13–15). Depending on the concentration, ganglioside GD3 exhibits a diversity of effects, such as inhibiting cell growth, inducing apoptosis, enhancing radiation and anti-cancer drug therapy efficacy and exerting anti-inflammatory effects(16). Change in ganglioside composition relies on the balance between activities of enzymes in ganglioside biosynthetic and degradative pathways(9,17,18). A simplified diagram of ganglioside biosynthesis and degradation is illustrated in Fig. 1.

Sialyltransferase (SAT)-1 drives lactosylceramide towards GM3 synthesis while SAT-2 catalyses the biosynthesis of

Abbreviations: EMEM, Earle’s minimum essential medium; GD3, (N-acetylneuraminyl) 2-galactosylglucosylceramide; GM2, N-acetylgalactosaminyl-galactosyl-(N-acetylneuraminyl)-glucosylceramide; GM3, N-acetylmuramylgalactosylglucosylceramide; NANA, N-acetyl neuraminic acid; SAT, sialyltransferase; Tris, 2-amino-2-hydroxymethyl-propane-1,3-diol.

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GD₃ (Fig. 1). GM₂ and GD₃ are desialylated by a group of enzymes called the sialidases which are classified based on their location in the cell (1 = lysosome, 2 = cytosol, 3 = plasma membrane and 4 = mitochondria)(19). In a recent study, the expression of SAT-1 and SAT-2 mRNA was found to be lower in tumour tissues from patients with colorectal cancer than in corresponding healthy tissues(20). In contrast, the expression of human plasma membrane sialidase, an enzyme involved in removing terminal sialic acid from gangliosides, was found to be up-regulated in colon cancer tissue and fetal colon(17). Furthermore, differentiation of colon cancer cell lines (metastatic to poorly metastatic phenotype) and susceptibility to apoptosis were found to be associated with a decrease in human plasma membrane sialidase expression and activity(17). Thus, it would be expected that a differentiating colon cancer cell would have low amounts of mitotic GM₃ and high amounts of apoptotic GD₃ and complex gangliosides, a ganglioside profile similar to that of human colostrum and neonatal rat intestine(18,21,22). Despite evidence for similar changes in expression of enzymes involved in ganglioside synthesis and degradation during development, lactation and oncogenic transformation, it has not been investigated whether ganglioside compositional changes in differentiating colon cancer cells reflect changes that occur during intestine development.

Caco-2 cells are a human colon cancer cell line isolated from a 72-year-old Caucasian male presenting with an adenocarcinoma of the colon(23). In a study of twenty human colon tumour cell lines, Caco-2 alone showed the ability to undergo spontaneous differentiation to develop a number of characteristics more commonly associated with small-intestinal enterocytes(24). The development of the enterocyte-like phenotype is only evident when the cells reach confluence. During the 7–20 d post-confluence differentiation time the phenotype is only evident when the cells reach confluence. Thus, it would be expected that a differentiating colon cancer cell would have low amounts of mitotic GM₃ and high amounts of apoptotic GD₃ and complex gangliosides, a ganglioside profile similar to that of human colostrum and neonatal rat intestine(18,21,22). Despite evidence for similar changes in expression of enzymes involved in ganglioside synthesis and degradation during development, lactation and oncogenic transformation, it has not been investigated whether ganglioside compositional changes in differentiating colon cancer cells reflect changes that occur during intestine development.

The present study was designed to determine whether differentiating Caco-2 cells acquire a ganglioside composition profile similar to human colostrum and neonatal rat intestine, thereby resulting in a decrease in the GM₃:GD₃ ratio. The ganglioside composition of undifferentiated and differentiated Caco-2 cells has not been assessed. Considering that the Caco-2 cell line is the most widely used cell line for studying physiological and pathophysiological processes in the small intestine and colon, understanding the changes in ganglioside composition during differentiation is important to assess the potential use of differentiating Caco-2 cells as a model for studying intestine development and paediatric intestinal disorders.

**Experimental methods and materials**

**Cell culture**

Human colon cancer Caco-2 cells (passage 44–54) were obtained from the American Type Culture Collection (ATCC, Rockville, MD, USA) and cultured in Earle’s minimum essential medium (EMEM) containing 10 % (v/v) fetal bovine serum, 1 % (v/v) antibiotic/antimycotic, 26 mM-sodium bicarbonate, 10 mM-HEPES and 1 mM-pyruvic acid. Cells were grown as adherent monolayers in 75 cm² T-flasks under standard incubator conditions (humidified atmosphere, 5 % CO₂, 37°C) with medium replaced every 2–3 d. Monolayers were subcultured on reaching 80–90 % confluence at a split ratio of 1:3 (one T75 flask and two T150 flasks) using 0.25 % trypsin–0.03 % EDTA.

For each ganglioside composition experiment, sixteen confluent T150 flasks of undifferentiated cells and four 20 d post-confluent T150 flasks of differentiated cells were collected in cold 2-amino-2-hydroxymethyl-propane-1,3-diol (Tris) buffer–EDTA washing using a cell scraper and were pooled together into an undifferentiated group and a differentiated group of Caco-2 cells. Cell suspensions were centrifuged for 10 min at 1000 rpm and the resulting cell pellet was lysed in 0.5 ml of 2 mM-Tris HCl–40 mM-mannitol lysis buffer and sonicated for 30 s on ice. Cell homogenates were centrifuged for 10 min at 12,000 rpm and cell supernatant fractions were saved for protein and ganglioside analysis.

**Determination of cell protein**

The amount of protein in cell supernatant fractions was determined using the bicinchoninic acid assay. Cell supernatant fractions were diluted 1 in 5 with double-distilled water. Bovine serum albumin standards and diluted cell supernatant fractions (10 μl) were each mixed with 190 μl of a 50:1 mixture of bicinchoninic acid solution and 4 % (w/v) CuSO₄·5H₂O for 30 min at 37°C. The absorbance at 562 nm was measured with a microplate reader (Molecular Devices Corp., Sunnyvale, CA, USA).

**Assessment of cell differentiation markers**

Caco-2 cells were seeded on inserts in twelve-well transwell plates at a density of 400,000 cells well in 0.5 ml EMEM-10. The bottom compartment received 1.5 ml EMEM-10. Transepithelial resistance was measured after...
equilibration to room temperature before media change every 2–3 d for 30 d with a voltmeter to access monolayer polarity as a marker for cell differentiation. As cell polarity increases, tight junctions begin to form and the intestinal barrier becomes intact (less permeable)\(^{(27)}\).

Alkaline phosphatase activity of undifferentiated and differentiated Caco-2 cells was measured as a marker of crypt–villus differentiation. Intestinal alkaline phosphatase is a brush-border enzyme expressed exclusively in villus-associated enterocytes and expression indicates the development of digestive and absorptive function\(^{(30)}\).

For each alkaline phosphatase activity experiment, one T150 flask each of undifferentiated (confluence) and differentiated (10 d and 20 d post-confluence) Caco-2 cells was collected and cell homogenates were prepared in Tris-mannitol buffer with sonication as described previously in the cell-culture methods section. Cell homogenates and p-nitrophenol standards (10 \(\mu\)l) were added to wells in a ninety-six-well plate and mixed with 190 \(\mu\)l alkaline phosphatase reagent for 30 min at 37°C. The reaction was stopped with 2 M-NaOH and the absorbance at 405 nm was measured with a microplate reader.

**Ganglioside extraction**

Total lipid was extracted from cell supernatant fractions using the Folch method\(^{(31)}\). In short, 0-9 ml samples of cell supernatant fraction were mixed with 18 ml chloroform–methanol (2:1, v/v) and incubated overnight on a shaker. Distilled water was added to give a final ratio of 5:1 chloroform–methanol (2:1, v/v)–water. The upper aqueous phase containing gangliosides was collected. To increase the yield of gangliosides, the lower organic phase was washed twice with Folch upper phase solution (chloroform–methanol–water, 3:48:47, by vol.). The upper aqueous phases containing gangliosides were pooled together and purified by passage through Sep-Pak C\(_{18}\) cartridges (Waters Corporation, Milford, MA, USA) pre-washed with 10 ml methanol, 20 ml chloroform–methanol (2:1, v/v) and 10 ml methanol as described by Williams & McCluer\(^{(32)}\). The upper phase extract was loaded onto C\(_{18}\) cartridges. Cartridges were washed with 20 ml distilled water to remove salts and water-soluble contaminants. Gangliosides were eluted with 5 ml methanol and 20 ml chloroform–methanol (2:1, v/v), dried under N\(_2\) gas and redissolved in 500 \(\mu\)l chloroform–methanol (2:1, v/v). Gangliosides were stored at −20°C until analysis.

**Analysis of total and individual ganglioside content**

Total gangliosides were measured as ganglioside-bound NANA as described by Suzuki\(^{(33)}\). A 100 \(\mu\)l sample of purified ganglioside sample was dried under N\(_2\) gas and dissolved with 0-5 ml distilled water and 0-5 ml resorcinol-HCl in screw-capped Teflon-lined tubes. The purple blue colour developed by heating the sample for 8 min at 150–160°C was extracted into butylacetate–butanol (85:15, v/v) solvent. Optical density was read by a spectrophotometer (model 8452A, Hewlett Packard, Palo Alto, CA, USA) at 580 nm. For quantitative analysis, NANA (Sigma, St Louis, MO, USA) was used as a standard.

The remaining 400 \(\mu\)l of sample ganglioside was dried under N\(_2\) and redissolved in 100 \(\mu\)l chloroform–methanol (2:1, v/v). Individual gangliosides were separated by silica gel high-performance TLC (Whatman Inc., Clifton, NJ, USA) along with ganglioside standards GM1, GD1a, and bovine brain ganglioside mixture (Alexis, San Diego, CA, USA) in a solvent system of chloroform–methanol–0-2% (w/v) CaCl\(_2\)-2H\(_2\)O (55:45:10, by vol.). Individual gangliosides were visualised under UV light by spraying high-performance TLC plates with 0-1% (w/v) 8-anilino-1-naphthalene-sulfonic acid. Each ganglioside band was scraped into a glass tube. Gangliosides were eluted from silica by vortex, sonication and shaking overnight in 10 ml chloroform–methanol (2:1, v/v). Tubes were centrifuged for 10 min at 1000rpm to spin down the silica. The chloroform–methanol (2:1, v/v) phase was collected and combined with a 10 ml chloroform–methanol (2:1, v/v) wash and a 5 ml methanol wash of the silica. Individual gangliosides were measured as ganglioside-bound NANA as described above. To determine the percentage of individual gangliosides in the mixture, gangliosides separated on high-performance TLC plates were sprayed with resorcinol-HCl and heated for 7–10 min at 150–160°C to visualise purple ganglioside bands. Each ganglioside band was quantified as a percentage of the total gangliosides by densitometry (Beckman CDS-200; Beckman Coulter, Mississauga, ON, Canada) using Quantity One software (Biorad Laboratories Inc., Hercules, CA, USA).

**Statistical analysis**

Sample size determination for a one-tailed comparison at 80% power to detect a 2-fold increase in liver gangliosides (44.3 nmol/g wet weight to 79.1 nmol/g wet weight; \(P < 0.01\)) requires a sample size of three\(^{(34)}\). All values are displayed as mean values with their standard errors for a sample size of six (six different passages of cells) for individual gangliosides measured by the colorimetric, NANA assay, a sample size of five (five different passages of cells) for total gangliosides and a sample size of four (four different passages of cells) for individual gangliosides measured by densitometry and differentiation markers. Significant differences in amount and composition of gangliosides between undifferentiated and differentiated Caco-2 cells were determined by a one-way ANOVA and a Tukey test with SAS statistical software (version 9.1; SAS Institute Inc., Cary, NC, USA). A \(P\) value of less than 0.05 was considered statistically significant.

**Results**

**Transepithelial resistance and alkaline phosphatase activity of undifferentiated and differentiated Caco-2 cells**

Transepithelial resistance was measured when Caco-2 cells reached confluence and every 3 d post-confluence up to 30 d to monitor cell polarity as a marker of cell differentiation and development of an intact intestinal barrier. As indicated in Fig. 2 (a), transepithelial resistance displayed a linear increase over time as Caco-2 cells differentiated. Alkaline phosphatase activity was measured when Caco-2 cells reached confluence and 10 and 20 d post-confluence as a marker of crypt–villus differentiation and development of digestive
and absorptive function. As indicated in Fig. 2 (b), alkaline phosphatase activity was significantly higher 10 and 20 d post-confluence compared with undifferentiated, confluent Caco-2 cells.

Total ganglioside content of undifferentiated and differentiated Caco-2 cells

The influence of differentiation on total ganglioside content of human colon cancer Caco-2 cells is shown in Fig. 3. Caco-2 cells differentiated for 20 d had 2·5 times higher ganglioside content compared with undifferentiated, confluent Caco-2 cells.

Quantification of individual ganglioside composition in undifferentiated and differentiated human colon cancer Caco-2 cells

The amounts and percentages of individual gangliosides as well as changes in the GM3:GD3 ratio of undifferentiated and differentiated Caco-2 cells measured using a colorimetric NANA assay and scanning densitometry are illustrated (Fig. 4). Differentiated Caco-2 cells had a significantly higher amount of GD3 and polar gangliosides and a trend towards lower amounts of GM3 compared with undifferentiated cells (Fig. 4 (a)). Moreover, the percentage GD3 and polar gangliosides was also significantly higher in differentiated cells (Fig. 4 (b)). Undifferentiated cells had a higher percentage of GM1 and N-acetylgalactosaminyl-galactosyl-(n-acetylneuraminyl)-glucosylceramide (GM2) (Fig. 4 (b)). Independent of the method used to quantify individual gangliosides, the GM3:GD3 ratio decreased when Caco-2 cells were differentiated and the drop in the ratio was significant when gangliosides were quantified using the NANA assay (Fig. 4 (a) and (b)).

Discussion

The discovery that changes in glycosphingolipid metabolism are similar during development and oncogenic transformation...
prompted research on the characterisation of ganglioside content and composition during different stages of cell differentiation. Differentiating nerve and leukaemia cell lines have been investigated thoroughly; however, knowledge on the ganglioside content and composition of differentiating intestinal cells is limited. With increasing evidence that parallel changes in ganglioside content and composition occur during lactation and intestinal development, it became of interest to investigate whether ganglioside alterations during intestinal cell differentiation resemble the compositional changes during lactation and intestinal development. A comparable shift in ganglioside content and composition would demonstrate the potential use of differentiating Caco-2 cells as a model for studying the physiology and pathophysiology of the neonatal gut.

The present study investigated the ganglioside content and composition of undifferentiated and differentiated human colon cancer Caco-2 cells. The study demonstrated that differentiated human colon cancer Caco-2 cells have 2.5 times more total gangliosides than poorly differentiated Caco-2 cells. The trend for enhanced ganglioside content following differentiation is supported by the observation that ganglioside sugar-chain elongation is enhanced in differentiated human colon cancer HT-29 cells. Moreover, lipid-bound sialic acid levels are significantly elevated in hepatoma tissues during proliferation and differentiation. Similar to differentiated colon cancer cells, human colostrum has twice as many gangliosides as mature milk and a larger fraction of complex gangliosides with branched sugar chains. Although the ganglioside content of the infant bowel has not been investigated, it is known that neonatal rat intestine contains more gangliosides than adult rat intestine and that the ganglioside composition varies along the crypt–villus axis. Recently, acidic milk oligosaccharides, some of which are precursors for the synthesis of gangliosides, were demonstrated to inhibit Caco-2 cell growth and induce differentiation at concentrations 100-fold higher than the concentration of gangliosides present in human milk, and known to be effective in down-regulating the inflammatory response. The accumulation of individual gangliosides in colostrum, immature intestine and differentiated intestinal cells suggests a unique physiological role for specific gangliosides in cell development and differentiation.

Individual ganglioside composition of undifferentiated and differentiated Caco-2 cells was determined and compared with human colostrum and immature rat intestine to elucidate possible functions for specific gangliosides in development and differentiation. The effect of gangliosides on proliferation and migration and differentiation are differential and depend on cell type and ganglioside-associated molecules in the individual cell types. In the present study, ganglioside accumulation in differentiated Caco-2 cells was accompanied by changes in the individual ganglioside composition. Differentiated Caco-2 cells contained more GD3 and polar, complex gangliosides than undifferentiated Caco-2 cells. Human colostrum and differentiated human embryonic stem cells also contain high amounts of GD3 and polar, complex gangliosides, which play a role in tight-junction formation. The accumulation of GD3 and polar gangliosides in colostrum, differentiated stem cells and differentiated colon cancer cells may support a role for GD3 and polar gangliosides in promoting intestinal development and enterocyte differentiation. In Caco-2 cells, Ca-sensing receptors that regulate cell proliferation and are modulated by gangliosides are most concentrated in crypt cells and differentiated colon cancer lesions. Accumulation of GM3, GD3 and polar gangliosides in cells with receptors that regulate cell proliferation and growth suggests a role for GM3, GD3 and polar gangliosides in regulating cell proliferation during development, intestinal restitution and tumour progression. The relative amount of each molecular species of ganglioside determines the balance between proliferation and apoptosis.

Differentiated Caco-2 cells also contained a relatively lower percentage of GM3 when compared with undifferentiated Caco-2 cells. This ganglioside compositional change was accompanied by a small decrease in the GM3:GD3 ratio. Nojiri demonstrated that differentiated HCT-116 colon cancer cells lose tumorigenic activity and become susceptible to apoptosis by artificially increasing GM3 content. Differentiated leukaemia cells and macrophages have been shown to have elevated levels of GM3. Unlike some other differentiated cell lines, the differentiated Caco-2 cell line did not have a significantly different GM3 content from that of the undifferentiated form. The intestinal barrier has a unique role in protecting the host from the external environment from birth through to adulthood, and undergoes frequent cell turnover. The presence of GM3 in undifferentiated Caco-2 cells may be important for cell proliferation and renewal while GM3 enrichment in the villi as observed in neonatal rat intestine may be important for regulating bacteria colonisation and protection against microbe invasion. The differentiated Caco-2 cell also had a lower percentage of GM3 and GM2. The decrease in the GM3:GD3 ratio is attributed to an increase in GD3 content with a small decline in GM3. Perhaps differentiating Caco-2 cells up-regulate SAT-2 and convert GM3 into GD3 with hydrolysis of GM2, possibly some of the lost GM3. Several studies have observed an elevation in the GD3 synthesis level of apoptotic cells. Saha demonstrated that the level of GM2 and GM3 correlates with metastatic potential. Furthermore, differentiation of colon cancer cell lines (metastatic to poorly metastatic phenotype) and susceptibility to apoptosis was found to be associated with a decrease in human plasma membrane sialidase expression and activity. Taken together with previous studies, the susceptibility of differentiated Caco-2 cells to apoptosis may be explained by elevated apoptotic GD3 while malignancy may be promoted by suppressing apoptosis through hydrolysis of GD3.

The difference in the GM3:GD3 ratio between undifferentiated and differentiated Caco-2 cells was small in comparison with the large changes reported in the literature during lactation. Depending on the ganglioside analysis method, undifferentiated Caco-2 cells had a GM3:GD3 ratio that was 2-4-3.5 times higher than the GM3:GD3 ratio of differentiated Caco-2 cells. In a study that followed the change in ganglioside composition of human milk over time, the GM3:GD3 ratio was reported to be seventy times greater in mature milk compared with colostrum (0.05 colostrum v. 3.5 mature milk). The shift in the ratio during lactation was consistent with the change in ganglioside composition in the neonatal gut.
associated with a large increase in GM_3_ levels along with a large decrease in GD_3_ levels^{(18)}. The GM_3:GD_3_ ratio of mature rat small intestine is 26, similar to the ratio of 19:8 observed in mature milk^{(18,53)}. For neonatal rat small intestine, the GM_3:GD_3_ ratio has not been determined; however, it is known that neonatal tissues decrease in GD_3_ content and increase in GM_3_ content during development^{(21,22,41)}. Although the ganglioside composition changes are similar during rat intestine development, lactation and oncogenic transformation of colon cells, further ganglioside analysis work should be completed with infant bowel to determine changes in the GM_3:GD_3_ ratio during development and look at the degree of change in GM_3_ and GD_3_ levels. The changes in ganglioside content and composition of Caco-2 cells should also be measured in partially differentiated Caco-2 cells and confirmed with a more sensitive ganglioside analysis method such as liquid chromatography–tandem MS to more accurately access individual ganglioside composition^{(54)}. Adapting a more sensitive ganglioside analysis method would decrease tissue requirements, eliminate cell pooling and help clarify the changes that occur in individual species of polar, complex gangliosides that are often present in small amounts.

In summary, differentiated Caco-2 cells have a much higher ganglioside content than undifferentiated cells, including significantly greater GD_3_ and polar gangliosides and a trend towards lower levels of GM_3_. An accumulation of GD_3_ and polar gangliosides in colostrum, differentiated stem cells and differentiated colon cancer cells may support a role for GD_3_ and polar gangliosides in promoting intestinal development and enterocyte differentiation. Differences in the GM_3:GD_3_ ratio between undifferentiated and differentiated Caco-2 cells were small in comparison with the large changes observed by others during lactation; therefore future studies should employ more sensitive techniques of ganglioside analysis to confirm these findings. These preliminary results suggest that differentiated Caco-2 cells may be an alternative model for studying physiological and pathological processes in the small intestine and colon, and may help to elucidate possible functions for specific gangliosides in development and differentiation.

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