Carrageenan-induced granuloma and iron status in rats with dietary polyunsaturated fatty acid deficiency

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Sprague-Dawley rats were fed for 4 months on a control diet or a polyunsaturated-fatty-acid (PUFA)-deficient diet. The combined effects of iron overload (Fe dextran) or Fe deficiency (desferrioxamine) on carrageenan-induced granuloma were studied. PUFA deficiency induced changes in Fe metabolism, but no alterations in lipid peroxidation variables were observed. Inflammation implied an increase in lipid peroxidation, Fe storage and caeruloplasmin concentration, together with symptoms of anaemia. PUFA deficiency in inflamed rats gave rise to a lower inflammatory response (granuloma weight and prostaglandin E₂ concentration) and ethane exhalation. Fe overload potentiated inflammatory and lipid peroxidation processes, whereas Fe deficiency decreased them.

Fatty acids: Iron status: Carrageenan-induced granuloma: Rat

Inflammatory processes are related to lipid peroxidation of the membranes mediated by low molecular weight iron (Gutteridge et al. 1981) and implicate an increase in prostaglandin E₂ synthesis (Yoshino et al. 1984). It has been suggested that Fe dextran induces an exacerbation of the inflammatory diseases (Winyard et al. 1987) while high levels of desferrioxamine (Fe-chelating drug) reduce inflammation but the effects are dependent on the administered dose (Blake et al. 1983).

The type of fatty acid in the diet strongly influences the fatty-acid composition of tissue and serum lipids (Morganroth et al. 1987), and eicosanoid metabolism is largely dependent on the amount and type of fatty-acid precursor in the diet (Codde et al. 1985; Terano et al. 1986). Thus, eicosapentaenoic acid (EPA; 20:5n-3), precursor of the n-3 eicosanoid family, has been relevant in the treatment of arthritis either in experimental models (McColl et al. 1987) or in clinical situations (Kremer et al. 1985, 1987; Moncada & Salmon 1986). Moreover, polyunsaturated-fatty-acid (PUFA)-deficient diet is associated with changes in physical properties of the membrane, which lead to altered bound-enzyme, transport proteins (Cambon-Gros et al. 1989) as well as lowering the production of free radicals, hydroperoxides and aldehydes (Christon et al. 1988). PUFA-deficient diet also induces the substitution of the physiological eicosanoid precursor by a non-suitable substrate for the cyclooxygenase enzyme system (EC 1.14.99.1; Ziboth et al. 1974).

* For reprints.
Direct proof for the combined role of Fe and PUFA in inflammation (carrageenan-induced granuloma in rats) has not been demonstrated. Accordingly we have studied the effect of Fe status (Fe overload or Fe deficiency) in inflamed rats submitted to a control or a PUFA-deficient diet. Indicators of inflammation, PUFA oxidation and Fe variables were determined.

MATERIALS AND METHODS

Animals and diets

The experiments were carried out on forty male Sprague-Dawley rats. After weaning they were separated in two equal groups. One group was fed with commercially available rat chow (UARR; Villemoison, France), containing 50 g fat/kg (25 g rapeseed oil and 25 g peanut oil/kg; control diet). The other group was offered a diet (UARR) containing 50 g tripalmitin/kg (PUFA-deficient diet). On analysis by flame atomic absorption spectrophotometry both diets contained 58 mg Fe/kg.

Pretreatment of experimental animals

After 4 months of treatment each group was divided into four subgroups of five rats. All C and D groups received control and deficient diets respectively (see Table 1). The pretreatments for inflamed rats (I) were: on day 0, a carrageenan granuloma pouch (Fukuhara & Tsuruji, 1969) was induced by a dorsal injection of 5 ml air, followed 24 h later by 4 ml carrageenan (20 g/l) (Viscarin 402, Marine Colloids, Springfield, NJ) (groups CI and DI). Fe overload (Imf) was induced by injection of Fe dextran (Imferon, Instituto Llorente, Barcelona, Spain) at 50 mg Fe/kg body-weight into the granuloma pouch on days 0, 3 and 5 (groups CIImf and DIImf). Fe deficiency (Dfx) was induced by a daily subcutaneous injection of desferrioxamine (Desferin, Ciba-Geigy, Barcelona, Spain) at 100 mg/kg body-weight, 2 d before the granuloma induction, and into the granuloma pouch on the following 5 d (groups CIDfx and DIDfx). Rats were killed 6 d after the granuloma induction. Desferrioxamine was dissolved in sterile saline (9 g sodium chloride/l) treated with Chelex-100 (Bio-Rad Laboratories, Richmond, CA). All groups received the corresponding volume of saline treated with Chelex-100 in order to obtain the same final liquid volume injected.

Analytical techniques

At the end of the pretreatment period, four rats of each group were placed together for 4 h in a specially-designed expired gases collection chamber which enabled the monitoring in vivo of the peroxidative degradation of polyunsaturated lipids. Ethane production is a good indicator of $n$-3 fatty acid peroxidation. Changes in the level of ethane production between groups may be due to a lower peroxidation of $n$-3 fatty acids or to a relatively higher content of other fatty acids, such as $n$-9 which gives octane, undetectable in expired gases. The ethane content of the gas phase was measured in samples of 10 ml injected into a gas-chromatograph equipped with a flame ionization detector. The column used was 2 m $\times$ 2 mm packed with Poropak Q (Waters Associates, Framingham, MA) 100–200 mesh. Gas flow was helium at 35 ml/min. The column temperature was programmed from 50° to 170°. Samples were taken within 5 min after the animals were sealed in the chambers (this value was subtracted from all subsequent ethane determinations) and at 1, 2, 3, and 4 h.

Then the animals were anaesthetized with diethyl ether and exsanguinated by cardiac puncture. The granuloma and the liver were removed and weighed. The non-haem-Fe (Torrance & Bothwell, 1968) and the ferritin-Fe (Drysdale & Munro, 1965) levels in the liver were measured. Packed cell volume, haemoglobin concentration (Drabkin & Austin, ...
Table 1. Body-weight, liver-weight and liver iron content of rats offered different diets and pretreatments*

(Results are means with their standard errors for five rats)

<table>
<thead>
<tr>
<th>Body-wt (g)</th>
<th>Liver-wt (g)</th>
<th>Ferritin-Fe (µg/g)</th>
<th>Non-haem-Fe (µg/g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group</td>
<td>Mean</td>
<td>SE</td>
<td>Mean</td>
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<tr>
<td></td>
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<td></td>
<td>Mean</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Mean</td>
</tr>
<tr>
<td>C</td>
<td>422&lt;sub&gt;ab&lt;/sub&gt;</td>
<td>13</td>
<td>10.3&lt;sub&gt;ab&lt;/sub&gt;</td>
</tr>
<tr>
<td>D</td>
<td>391&lt;sub&gt;bc&lt;/sub&gt;</td>
<td>11</td>
<td>10.7&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>CI</td>
<td>378&lt;sub&gt;bc&lt;/sub&gt;</td>
<td>22</td>
<td>9.8&lt;sub&gt;ab&lt;/sub&gt;</td>
</tr>
<tr>
<td>DI</td>
<td>396&lt;sub&gt;bc&lt;/sub&gt;</td>
<td>14</td>
<td>9.1&lt;sub&gt;bc&lt;/sub&gt;</td>
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<tr>
<td>CIImf</td>
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<td>23</td>
<td>9.7&lt;sup&gt;be&lt;/sup&gt;</td>
</tr>
<tr>
<td>DIImf</td>
<td>395&lt;sub&gt;bc&lt;/sub&gt;</td>
<td>17</td>
<td>9.5&lt;sub&gt;bc&lt;/sub&gt;</td>
</tr>
<tr>
<td>CIDfx</td>
<td>437&lt;sub&gt;a&lt;/sub&gt;</td>
<td>12</td>
<td>9.8&lt;sub&gt;ab&lt;/sub&gt;</td>
</tr>
<tr>
<td>DIDfx</td>
<td>358&lt;sub&gt;c&lt;/sub&gt;</td>
<td>18</td>
<td>8.1&lt;sup&gt;c&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

* Values in the same column with different superscript letters were significantly different (Miller's multiple comparison test): \( P < 0.05 \).

C, control diet; D, polyunsaturated fatty acid (PUFA)-deficient diet; CI, control diet and inflamed; DI, PUFA-deficient diet and inflamed; CIImf, control diet, inflamed and pretreated with interferon; DIImf, PUFA-deficient diet, inflamed and pretreated with interferon; CIDfx, control diet, inflamed and pretreated with desferrioxamine; DIDfx, PUFA-deficient diet, inflamed and pretreated with desferrioxamine.

** For details of diets and pretreatments, see p. 498.

1935), plasma Fe concentration and total Fe binding capacity (International Committee for Standardization in Haematology, 1971) were assayed immediately. The following variables were examined in plasma samples frozen in liquid nitrogen and stored at \(-80^\circ\) for a few days: caeruloplasmin was measured as its \( p \)-phenylenediamine oxidase (EC 1.4.3.6) activity (Sunderman & Nomoto, 1970), malondialdehyde by the thiobarbituric acid reaction (Yagi, 1976) and prostaglandin \( E_2 \) by radioimmunoassay (Saragen Inc., Boston, Mass).

**Statistical methods**

Results are expressed as means for five rats with corresponding standard errors. Data were evaluated by the one-way analysis of variance with eight groups per variable. When the variable effect was statistically significant, the groups were compared pairwise by a multiple comparison method (Miller, 1966). The means are given several superscript letters thus allowing the comparison of the statistical significance between groups \( (P < 0.05) \). Groups from the same column having at least one common superscript letter are not statistically different.

**RESULTS**

The main object of this study was the effect of Fe status on inflammatory variables in normal and PUFA-deficient rats. The results (Table 1) show that no important alterations in body and liver weights were observed, except in group DIDfx. PUFA deficiency induced an increase in Fe storage in the liver. Inflammation had a significant increasing effect only in non-haem-Fe stores in the liver of control rats, while Fe-overloading groups gave the highest content. A clear decrease in liver Fe content was observed when comparing the corresponding inflamed groups (CI and DI) with their respective desferrioxamine pretreated groups (CIDfx and DIDfx).

The more relevant results in blood variables related directly or indirectly to Fe (Table 2)
Table 2. **Packed cell volume (PCV), blood haemoglobin (Hb), plasma iron concentration, total Fe-binding capacity (TIBC), transferrin saturation and caeruloplasmin (Cp) concentration in rats offered different diets and pretreatments**

(Results are means with their standard errors for five rats)

<table>
<thead>
<tr>
<th>Group</th>
<th>PCV (g/l)</th>
<th>Hb (g/l)</th>
<th>Plasma Fe (µg/l)</th>
<th>TIBC (µg/l)</th>
<th>Transferrin (saturation %)</th>
<th>Cp (mg/l)</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>0.46&lt;sup&gt;a&lt;/sup&gt; 0.013 144&lt;sup&gt;a&lt;/sup&gt; 40</td>
<td>1310&lt;sup&gt;c&lt;/sup&gt; 160</td>
<td>4910&lt;sup&gt;b&lt;/sup&gt; 290</td>
<td>27</td>
<td>270&lt;sup&gt;d&lt;/sup&gt; 25</td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>0.46&lt;sup&gt;a&lt;/sup&gt; 0.013 139&lt;sup&gt;a&lt;/sup&gt; 2.7</td>
<td>1730&lt;sup&gt;bc&lt;/sup&gt; 330</td>
<td>5020&lt;sup&gt;b&lt;/sup&gt; 320</td>
<td>34</td>
<td>320&lt;sup&gt;a&lt;/sup&gt; 34</td>
<td></td>
</tr>
<tr>
<td>CI</td>
<td>0.42&lt;sup&gt;b&lt;/sup&gt; 0.019 111&lt;sup&gt;c&lt;/sup&gt; 7.8</td>
<td>1120&lt;sup&gt;c&lt;/sup&gt; 50</td>
<td>3590&lt;sup&gt;c&lt;/sup&gt; 120</td>
<td>31</td>
<td>490&lt;sup&gt;c&lt;/sup&gt; 15</td>
<td></td>
</tr>
<tr>
<td>DI</td>
<td>0.46&lt;sup&gt;b&lt;/sup&gt; 0.006 136&lt;sup&gt;b&lt;/sup&gt; 3.4</td>
<td>1910&lt;sup&gt;b&lt;/sup&gt; 110</td>
<td>5140&lt;sup&gt;b&lt;/sup&gt; 260</td>
<td>37</td>
<td>710&lt;sup&gt;b&lt;/sup&gt; 10</td>
<td></td>
</tr>
<tr>
<td>CIImf</td>
<td>0.47&lt;sup&gt;ab&lt;/sup&gt; 0.002 121&lt;sup&gt;c&lt;/sup&gt; 1.6</td>
<td>4870&lt;sup&gt;a&lt;/sup&gt; 120</td>
<td>7300&lt;sup&gt;a&lt;/sup&gt; 500</td>
<td>67</td>
<td>530&lt;sup&gt;be&lt;/sup&gt; 34</td>
<td></td>
</tr>
<tr>
<td>DIImf</td>
<td>0.48&lt;sup&gt;a&lt;/sup&gt; 0.012 129&lt;sup&gt;bc&lt;/sup&gt; 3.2</td>
<td>7660&lt;sup&gt;a&lt;/sup&gt; 1550</td>
<td>10260&lt;sup&gt;a&lt;/sup&gt; 1590</td>
<td>75</td>
<td>710&lt;sup&gt;a&lt;/sup&gt; 36</td>
<td></td>
</tr>
<tr>
<td>CIDfx</td>
<td>0.47&lt;sup&gt;ab&lt;/sup&gt; 0.007 116&lt;sup&gt;c&lt;/sup&gt; 4.7</td>
<td>1570&lt;sup&gt;be&lt;/sup&gt; 310</td>
<td>4810&lt;sup&gt;b&lt;/sup&gt; 140</td>
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<td>540&lt;sup&gt;be&lt;/sup&gt; 43</td>
<td></td>
</tr>
<tr>
<td>DIDfx</td>
<td>0.46&lt;sup&gt;ab&lt;/sup&gt; 0.002 126&lt;sup&gt;bc&lt;/sup&gt; 3.9</td>
<td>1540&lt;sup&gt;be&lt;/sup&gt; 490</td>
<td>4610&lt;sup&gt;b&lt;/sup&gt; 290</td>
<td>33</td>
<td>670&lt;sup&gt;be&lt;/sup&gt; 56</td>
<td></td>
</tr>
</tbody>
</table>

<sup>a, b, c, d</sup> Values in the same column with different superscript letters were significantly different (Miller’s multiple comparison test): <i>P</i> < 0.05.

C, control diet; D, polyunsaturated fatty acid (PUFA)-deficient diet; CI, control diet and inflamed; DI, PUFA-deficient diet and inflamed; CIImf, control diet, inflamed and pretreated with imferon; DIImf, PUFA-deficient diet, inflamed and pretreated with imferon; CIDfx, control diet, inflamed and pretreated with desferrioxamine; DIDfx, PUFA-deficient diet, inflamed and pretreated with desferrioxamine.

* For details of diets and pretreatments, see p. 498.

Table 3. **Granuloma-weight and blood prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and malondialdehyde (MDA) concentrations in rats offered different diets and pretreatments**

(Results are means with their standard errors for five rats)

<table>
<thead>
<tr>
<th>Group</th>
<th>Granuloma wt (g)</th>
<th>PGE&lt;sub&gt;2&lt;/sub&gt; (µg/l)</th>
<th>MDA (µmol/l)</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>—</td>
<td>1'68&lt;sup&gt;bc&lt;/sup&gt; 0.33</td>
<td>2'00&lt;sup&gt;c&lt;/sup&gt; 0.11</td>
</tr>
<tr>
<td>D</td>
<td>—</td>
<td>1.06&lt;sup&gt;d&lt;/sup&gt; 0.08</td>
<td>2.13&lt;sup&gt;c&lt;/sup&gt; 0.13</td>
</tr>
<tr>
<td>CI</td>
<td>24.7&lt;sup&gt;ab&lt;/sup&gt; 2.67</td>
<td>3.86&lt;sup&gt;a&lt;/sup&gt; 0.71</td>
<td>2.88&lt;sup&gt;b&lt;/sup&gt; 0.19</td>
</tr>
<tr>
<td>DI</td>
<td>14.1&lt;sup&gt;c&lt;/sup&gt; 1.15</td>
<td>0.88&lt;sup&gt;d&lt;/sup&gt; 0.10</td>
<td>2.38&lt;sup&gt;bc&lt;/sup&gt; 0.33</td>
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<tr>
<td>CIImf</td>
<td>27.6&lt;sup&gt;a&lt;/sup&gt; 2.46</td>
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<tr>
<td>DIImf</td>
<td>18.2&lt;sup&gt;bc&lt;/sup&gt; 2.36</td>
<td>1.19&lt;sup&gt;rd&lt;/sup&gt; 0.49</td>
<td>1.55&lt;sup&gt;d&lt;/sup&gt; 0.09</td>
</tr>
<tr>
<td>CIDfx</td>
<td>20.9&lt;sup&gt;ab&lt;/sup&gt; 1.00</td>
<td>2.50&lt;sup&gt;ab&lt;/sup&gt; 0.23</td>
<td>1.13&lt;sup&gt;a&lt;/sup&gt; 0.15</td>
</tr>
<tr>
<td>DIDfx</td>
<td>16.1&lt;sup&gt;c&lt;/sup&gt; 1.69</td>
<td>1.28&lt;sup&gt;rd&lt;/sup&gt; 0.30</td>
<td>1.29&lt;sup&gt;a&lt;/sup&gt; 0.14</td>
</tr>
</tbody>
</table>

<sup>a, b, c, d</sup> Values in the same column with different superscript letters were significantly different (Miller’s multiple comparison test): <i>P</i> < 0.05.

C, control diet; D, polyunsaturated fatty acid (PUFA)-deficient diet; CI, control diet and inflamed; DI, PUFA-deficient diet and inflamed; CIImf, control diet, inflamed and pretreated with imferon; DIImf, PUFA-deficient diet, inflamed and pretreated with imferon; CIDfx, control diet, inflamed and pretreated with desferrioxamine; DIDfx, PUFA-deficient diet, inflamed and pretreated with desferrioxamine.

* For details of diets and pretreatments, see p. 498.

were the alterations induced by inflammation itself or by the PUFA deficiency in haemoglobin, plasma Fe, total Fe-binding capacity, transferrin saturation and caeruloplasmin with regard to their respective controls. In all groups, inflammation induced a significant increase in caeruloplasmin levels, which was more important in PUFA-
Fig. 1. Accumulated values of ethane expired by different groups of four rats placed together in a collection chamber and offered different diets and pretreatments. For details of diets and pretreatments see p. 498. C, control diet; D, polyunsaturated fatty acid (PUFA)-deficient diet; CI, control diet and inflamed; DI, PUFA-deficient diet and inflamed; CIImf, control diet, inflamed and pretreated with imferon; DIImf, PUFA-deficient diet, inflamed and pretreated with imferon; CIDfx, control diet, inflamed and pretreated with desferrioxamine; DIDfx, PUFA-deficient diet, inflamed and pretreated with desferrioxamine.

deficient rats. This seemed to be independent of Fe because both overloading and desferrioxamine treatments were without effect.

Table 3 shows results concerning the inflammatory process. In all groups offered a deficient diet (groups D, DI, DIImf and DIDfx) in relation to their respective controls (C, CI, CIImf and CIDfx) there was a significant decrease in granuloma weight (with the exception of groups C and D, which were not inflamed), and in plasma prostaglandin $E_2$ concentration. In group CI, prostaglandin $E_2$ and malondialdehyde levels were significantly increased in comparison with group C. The Fe pretreatment in inflamed rats (CIImf) increased the malondialdehyde levels whereas desferrioxamine (CIDfx) had an opposite effect with regard to group CI. The differences in the malondialdehyde level were only statistically significant in DIImf rats. Variations in ethane exhalation were also observed (Fig. 1): group CIImf showed the greatest values while PUFA deficiency induced a decrease in the ethane exhaled by inflamed rats pretreated with Imferon or with desferrioxamine (DIImf and DIDfx) when compared with their controls (CIImf and CIDfx).

DISCUSSION

In relation to the control group, PUFA deficiency gives rise to a less inflammatory activity which is expressed as a lower granuloma weight together with a lower prostaglandin $E_2$ concentration in the plasma, suggesting that the inflammatory response is directly related to the lipid constituents of the diet. In this sense, it has been observed that when rats are maintained on a PUFA-deficient diet, arachidonic acid (20:4n-6) and homo γ-linolenic acid (20:3n-6) (prostaglandin precursors) are mainly substituted by eicosatrienoic acid (20:3n-9) (Morganroth et al. 1987) which is not a proper substrate for the cyclooxygenase enzyme system activity (Ziboth et al. 1974).

Inflammation induces an increase in the synthesis of some acute-phase proteins such as ferritin (Konijn et al. 1981) and caeruloplasmin (Rice, 1961). Surprisingly enough, in
inflamed PUFA-deficient rats, which consequently show a low inflammatory response, the caeruloplasmin concentration is more elevated and related to increased Fe variables in blood and liver. Osaki & Johnson (1969) postulated that caeruloplasmin is required for the oxidation of Fe at the cell surface before this Fe can be bound to transferrin. In addition, caeruloplasmin acts as a superoxide radical scavenger (Goldstein et al. 1979) and according to Samokyszyn et al. (1989) it also inhibits superoxide and ferritin-dependent lipid peroxidation, largely via its ability to reincorporate reductively-mobilized-Fe back into ferritin by ferroxidase activity. These facts could explain the increase in caeruloplasmin levels in control inflamed rats and in PUFA-deficient rats as a defence mechanism in the presence of increased iron stores.

As the diet is implicated in the inflammatory response, we became interested in the effect of dietary lipids on the peroxidation capacity of the cell. In this sense, we must take into account the fact that the oxidative degradation of 20:3n-9 leads to the formation of other biologically-active metabolites such as 4-hydroxyundecenal and other compounds (Benedetti et al. 1980). This activity is not very well known, but may explain the maintenance of lipid peroxidation levels in rats offered the PUFA-deficient diet (group D). However, the PUFA-deficient diet in the Fe-overload group gives rise, in relation to its control group, to a decrease in the production of malondialdehyde levels together with an increase in plasma Fe. We believe that these alterations are independent: the decrease in lipid peroxidation is related, according to Lefkowith (1988), to the depressed levels of macrophages in the exudate as a result of the diet; the changes observed in Fe metabolism as a consequence of the PUFA-deficient diet cannot easily be explained and need further research. However, findings have been published on the interrelationship of dietary factors and Fe absorption (Davis & Deller, 1966; Van Campen, 1974; Monsen & Cook, 1979), and according to Van Dokkum et al. (1983) an increase of linoleic acid (18:2n-6) intake causes a reduction in the Fe balance.

In our experimental work some efforts have been directed to the role of Fe deficiency in inflammation. Desferrioxamine pretreatment induces alterations in lipid peroxidation, possibly related to its activity as an Fe-chelating agent. The anti-inflammatory action of this drug supports the suggestion that Fe has an important role in the initiation and maintenance of inflammation (Blake et al. 1983), but high doses of desferrioxamine must be administered as it is excreted very rapidly, making it difficult to achieve concentrations high enough to chelate Fe effectively (Peters et al. 1966).

In summary, our findings show that a PUFA-deficient diet is able to reduce the inflammatory response and alter the peroxidation capacity of the cells. Fe plays a different role in lipid peroxidation according to the presence or absence of PUFA in the diet.

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