THE RISE OF PROFESSIONAL PHARMACY IN ISLAM

by

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The emergence of professional pharmacy in medieval Islam as a separate entity from medicine has followed almost the same pattern of development as that which modelled other branches of the health field during this period. But difficulty arose from the fact that there was no clear governmental legislation to prohibit the pharmacist from diagnosing and giving medical treatment to his customers or to restrict the physician from compounding and dispensing drugs to his patients. The charlatan and uncultured from both professions, not only in rural areas but also in cities, prevented pharmacy from attaining professional status. Nevertheless, in larger hospitals and centres close to governmental supervision retail pharmacists as well as those in hospital and government service enjoyed recognition and prestige.

The seventh century saw the institution and the expansion of the Arabic empire and the wide spread of the new faith, Islam, as the spiritual force behind it. In the early eighth century, Arabic military power reached its climax under the Umayyad dynasty in Damascus. Then the Abbasids took over (750–1258), and the centre of activity moved from Syria to Iraq, where a new era of cultural progress shortly started.

Under Caliph al-Mansûr (754–75), medicine as well as other fields of learning had a strong impetus to develop. With no discrimination for reasons of race or faith, the Caliph encouraged physicians, astronomers, mathematicians, architects and other learned men to cultivate their talents and help to advance intellectual pursuits. Notwithstanding, the first eight years of al-Mansûr’s reign were spent in labouring to stabilize and consolidate the Empire. Meanwhile, he accumulated enough riches to launch, in A.D. 762, the building of his new capital city Baghdad, which he called ‘Madinat al-Salâm’ (the city of peace). It took over four years to complete this magnificent city, which was destined to become not only the seat of a great empire but also the centre of tremendous cultural activity which kept the torch of ancient learning shining brightly for centuries.

The establishing of the first privately owned apothecary shop, marking the beginning of pharmacy’s independence from medicine, has been discussed by a number of eminent historians of the health profession. Many reported Baghdad to have been the site in A.D. 754 or about 750 of the first pharmacy shop as the precursor of our modern drug store. But one need not emphasize the inaccuracy of such dating, for, as we have explained, Baghdad was founded and completed only a little over a decade later. These dates were presumably reported because one coincides with the rise of the Abbasids and the other was al-Mansûr’s inaugural year. We see therefore, the need for a fresh study of the incentives to and
the nature of the rise of this profession and its consequent development in each particular area of the Islamic domain. The present paper is an attempt to throw light on this issue which is so vital to the history of pharmacy.

Early Arabic sources mention the existence of privately owned pharmacy shops (Dakākīn al-Sayyādīlah) during the reign of al-Manṣūr's son, Caliph al-Mahdī (775–85), not very far from the area where the royal palace was located in Baghdād. But a careful study of the records shows that these shops were owned and operated by drug-sellers with no real academic training. They owed their knowledge of the profession rather to wide experience in drug compounding and dispensing. In addition, they practised the organoleptic method of urine analysis for diagnosis, a practice followed by practitioners until early modern times.

Famous among this class of uneducated pharmacists (Sayyādīlah) was 'Isā Abū Quraysh, who in examining a bottle of urine one day predicted the birth of a male child, an early unscientific method for diagnosing pregnancy and determining the sex of the embryo through the analysis of urine. Mention is also made of other contemporaries of 'Isā such as Māsawayh, the father of the famous physician Yūhannā ibn Māsawayh (Mesue the elder); Ishāq, the father of the great scholar and chief-translator Hunayn; and Sahl, the author of the first known formulary in Islam for the use of pharmacists in hospitals and retail drug stores. All of them, we are told, were pharmacists, but we are not sure whether they had any academic training in the profession. The fragmentary reports of at least two of them show that their knowledge of drugs was only through practical experience. Yet in spite of their lack of academic training, they provided the highest possible medical education available at the time for their children who later on became leading figures in the practice and teaching of Arabic medicine.

This ambitious beginning under the eastern caliphate in Iraq led in the first half of the ninth century to the rise of a new class of true pioneers of educated pharmacists fully alert to the ethical and technical responsibilities of their calling. It is no surprise, for the expansion of the drug and spice trade, the acceleration in the translation of a great number of invaluable medical works into Arabic, and the vigorous intellectual endeavour then cultivated and promoted as never before in Islam, had brought new challenges and opened new avenues of cultural achievements. It also gave rise to a precise and improved synthesis of ancient learning and to the accumulation of new knowledge which made specialization, particularly in the health field, inevitable. Oculists, surgeons, alchemists, and educated pharmacists, besides skilled physicians, are reported to have been active in their respective fields. Thus Castiglioni states that pharmacy 'began its scientific existence with the Arabians because of their special inclination to chemical studies and the great abundance of valuable drugs' pouring into the markets of Islamic cities from countries of the Middle East and the Orient. During the reign of al-Mu'tasim (833–45) it was reported that educated and morally responsible pharmacists (Sayyādīlah) were granted licences to operate their own drug stores near army camps, while uncultured drug sellers and quacks

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were forbidden such privileges. It must be immediately stated, however, that throughout this whole period the two classes existed side by side in all branches of the healing arts.\textsuperscript{20} The uncultured charlatans among pharmacists, for example, constituted, in most cases, the overwhelming majority and disgraced the profession they falsely claimed to represent. As a result, many eminent physicians preferred to compound their own medicines, or had assistants to do the job under their supervision, rather than write them on prescriptions to be prepared in privately owned pharmacy-shops in which they were not always sure of the man in charge. Moreover, the great prestige attained by learned physicians from the rulers and the upper class enticed ambitious students to seek specialization in the healing art without limiting their career to the practice of pharmacy alone.\textsuperscript{21} Therefore, whatever experience they had in the compounding of simples they used in the preparation of medicines for their patients, except for the larger variety of materia medica and those popular pharmaceutical preparations which were normally sought at the apothecary shop.

During this ninth century, nevertheless, pharmaceutical literature reached a high standard of adequacy. Al-Nadim mentions\textsuperscript{22} a certain Riwâq al-Şaydanânî (the pharmacist) who wrote one of the earliest Arabic works on pharmacy, the \textit{Book of the Apothecary Art} (\textit{Kitâb al-Šaydanah}), which apparently is lost. Yūḥannâ ibn Mâsawayh (d. 857)\textsuperscript{23} as well as Ya'qūb al-Kindî (d. 873) wrote\textsuperscript{24} treatises closely related to the art of pharmacy. But unlike the \textit{Aqrâbadhîn al-Kabîr} of Sâbîr (d. 869), theirs could hardly be classified technically as formularies. Yet such works demonstrate the authors' acquaintance with and interest in pharmaceutical and chemical techniques. Of great importance to pharmacy in particular, however, was the translation of Dioscorides' \textit{Materia Medica}\textsuperscript{25} about the middle of the century. It enriched and enhanced the scientific approach to this art throughout the period. Then about the turn of the century Muḥammad ibn Zakariyâ al-Râzî (Latin, Rhazes, d. 925), the greatest clinician of Islam and a pioneer chemist, wrote\textsuperscript{26} several chemical and pharmaceutical treatises of great value to the profession which he acknowledged as separate from medicine. This was over a century before Abū al-Rayhân al-Bīrûnî (973–1048) wrote his monumental \textit{Book of Pharmacy in the Healing Art} (\textit{Kitâb al-Šaydanah fi al-Ţibb}).\textsuperscript{27}

In this investigation so far we have been using the words apothecary and pharmacy and their derivatives interchangeably both for learned and untrained pharmacists (şayâdîlah) as the case might be. However, the 'aṭṭârîn (perfumers and spicers, also sellers of drugs, mainly medicinal herbs) in Iraq and Persia were specialized in extracting sesame and other oils (adhâh) from seeds of plants, as well as the making of butter out of milk,\textsuperscript{28} besides distilling aromatic waters.

These developments no doubt influenced other areas of the Islamic domain. In Syria and Egypt, for example, the shops of the ‘aṭṭârîn continued to operate throughout this period of Islamic history and up to modern times.\textsuperscript{29} Meanwhile, a new class of qualified pharmacists was gradually rising to acquire high recognition after the eleventh century, both inside and outside the hospitals and government service. Yet in the first half of the twelfth century, physicians were still reported to have owned and operated pharmacy shops,\textsuperscript{30}
which reminds us of similar cases in the history of American pharmacy during the seventeenth to the nineteenth centuries. However, eminent physicians associated with the Nūrī Hospital at Damascus, which contained a well equipped pharmacy (Khizānāt al-Adwiyah),

<del>did not compound medicines for their patients. Instead they wrote prescriptions to be dispensed by pharmacists. Names of physicians mentioned in this regard include the one-time hospital director, ‘Adb al-Raḥīm al-Dakhwar, and his associate Rādī al-Dīn al-Raḥīb.

At this time, when the apothecary’s art became recognized in Egypt, the output of pharmaceutical literature reached a high standard. In the late twelfth century, Mūsā ben Maymūn (Maimonides, 1135–1204) wrote a glossary of drug synonyms and a manual on poisons. Then at the beginning of the thirteenth century Al-Dustūr al-Bīmāristānī (Hospital Formulary) was completed by al-Shaykh al-Sadīd abū al-Bayān. Probably the most popular work ever written in Egypt during this whole period as a manual for the apothecary was Minhāj al-Duḵkān wa Dustūr al-‘Ayān by Abū al-Mūnā Kohen al-‘Aṭṭār in 1259. The last three famous doctors who flourished in Egypt were of the Jewish faith although they wrote their works in Arabic.

In ‘Afriqiyah, Tunisia of today, Išāq ibn ‘Imrān (fl. 900), who gained much popularity ‘in the knowledge of drugs and the treatment of disease’, wrote prescriptions for his patients to secure their medicines from privately owned apothecary-shops. However, Ahmad al-Jazzār (d. 1009) of al-Qayrawān appointed an assistant to prepare the necessary medicines for his patients, under his supervision. This was probably either because of fear that his prescriptions would fall into the hands of unqualified ‘aṭṭārīn’, or due to the fact that physicians who sold their own prepared drugs amassed much wealth, especially if their drugs proved successful. For these reasons, many physicians owned pharmacies or had special sections at their ‘clinics’ for this purpose.

The development of pharmacy in Morocco was similar to that of al-Andalus (the part of the Iberian peninsula under Islamic rule). In both countries physicians throughout the ninth to the eleventh centuries compounded their own drugs. We are also told that Ahmad ibn Yūnis established by order of Caliph al-Ḥakam II (reigned 961–76) a pharmacy shop (called then al-Khizānāh or Khizānāt al-Adwiyāh) in a room at the palace. Up to the end of the tenth century, this shop was never surpassed in contents and elegance, in al-Andalus. Ahmad had therein twelve young men working under his supervision to prepare remedies, many of which were dispensed free to the poor. Khalaf al-Zahrāwī (Abulcasis, d. 1013) refers to the ‘aṭṭārīn’ repeatedly in his al-Taṣrif, with no mention of the educated pharmacists. In the 25th treatise of his work he also reports that the ‘aṭṭārīn’ were engaged in the preparation of water and oil-of-roses and other ‘adhān’ of plants for medicinal use. Later on the ‘aṭṭār’, depending on his previous education and training, occupied the position of the pharmacist in Morocco and Arabic Spain (al-Andalus). By the second half of the twelfth century we read of the physician Abū Bakr al-Zuhri of Seville who depended on apothecary shops for his orders. He wrote prescriptions for his patients to obtain the drugs they needed. Thereafter, Ahmad
al-Qurtubi (of Cordova) wrote a book concerning the shop of the ‘‘atțār’’ entitled Ḥānūt al-‘Aṭtār.40

In the great hospital founded about 1190 in Marrākesh, then the capital city of Morocco, there was a section designed as a pharmacy shop. The manufacturing, compounding and dispensing of drugs were the speciality of trained pharmacists (ṣayādlah) appointed to the medical staff.41 Herbs were cultivated in the hospital’s garden for medical consumption. Up to modern times, writings of that period which pertain to pharmacy and the identification and ‘virtues’ of drugs42 continued to be followed uninfluenced by the later Western scientific accomplishments in this field.

In conclusion, one might say that privately owned ‘public’ pharmacy shops existed in Iraq in the last quarter of the eighth century. Educated, responsible pharmacists are reported almost forty years later. In the second part of the ninth century pharmacy was well recognized as a profession in Persia also. However, charlatans, spice and perfume sellers and drug dealers continued to form a majority. In some cases it is hard to draw the line between the ‘atțārin, the drug sellers and spicers, and the retail pharmacist. The fear of physicians that their prescriptions would not be handled properly by untrained ‘atțārin’ and their hope of material gain by selling their own preparations hampered the progress of professional pharmacy, especially when government supervision was of no effect. Nevertheless, the separation of pharmacy from medicine in Islam, when it was made, was not the result of legislative action enforced by the central government. Rather it was the outcome of a need for specialization in view of expanding trade and knowledge of drugs and the skill required for compounding the various pharmaceutical preparations.

In regard to the West, these developments have played a significant role. The Arabs brought from their homelands new impetus to progress into Sicily during its occupation from the middle of the ninth century to the eleventh. The advanced knowledge embodied in a growing medical literature no doubt became accessible in the island. At that early date, therefore, the stage was set for the edict of the Emperor Frederick II in 1240 in which he gave official recognition to pharmacy in the West as a profession separate from medicine.43 It also established standard formularies and governmental supervision of pharmaceutical practice. From the late tenth century al-Andalus became increasingly a centre of great cultural activity. The emergence of professional pharmacy in the twelfth century under Islam led to its further development and maturity in Christian Spain from the thirteenth century onwards.44

BIBLIOGRAPHY AND FOOTNOTES

1. In his Kitāb ‘uyūn al-Akhbār, 2, Cairo ed., 1925, pp. 100–4, ʿAbd Allāh ibn Qutaybah al-Dinawārī (d. 890) ridicules the irrational approach of untrained practitioners of the time. Muhammad Z. al-Rāzī (d. 925), in the introduction to his treatise on Drugs Found in All Places Fi al-Adwiyah al-Mawjūdah fi Kull Makān, mentions how uneducated physicians of Iraq and Persia prided themselves on memorizing the names of a variety of drugs in

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order to impress their customers by their ‘comprehensive’ learning. For this reference I wish here to express my gratitude to the library of Yale University for allowing me to consult the Arabic manuscript No. 21052, item 2 of the work mentioned above. For further information on the part played by charlatans during the Middle Ages see Heinrich Schipperges ‘Der Scharlatan im arabischen und lateinischen Mittelalter’, in *Zur Geschichte der Pharmazie*, 12, No. 2 (1960), 9–13.

2. Details regarding the establishment and description of this celebrated round city is to be found in Isma’il al-Dimashqi, *al-Bidāyah wa al-Nihāyah* (10, Cairo, 1933), 96–97; and Ahmad al-Baghdādī, *Tārikh Baghdād* (Cairo, 1931), 66–82.


4. For some insight into this phase of historical investigation I am indebted to Professor Glenn Sonnedecker of the University of Wisconsin, who encouraged me to consult original sources related to the history of Arabic pharmacy. I also wish to thank Dr. Ernst Stieb for checking with me the major works of the nineteenth and twentieth centuries which discuss the rise of professional pharmacy.


10. Ḫasyṣī‘ah, *‘Uyun*, 2, 98–100; and Bar Hebraeus, *Ṭārikh Mukhtāṣar al-Duwal*, ed. Antūn Salihānī (Beirut, 1890), 239, 250.


14. Ḫasyṣī‘ah, *‘Uyun*, 2, 116–17 reports that the well favoured Jubrā ‘il al-Kahhāl, the oculist of al-Mamūn (reigned 813–33), was equipped with the necessary tools of the oculist to perform his work efficiently. However, charlatans known as the highway oculists (Kahhālū al-Turqāt) were numerous and eloquent in advertising their skill and products. They prepared eye-salves from starch and gum Arabic (acacia) coloured with red by the
addition of minium (red oxide of lead), green by curcuma (kurkum) and yellow by saffron. They also made other eye remedies from the Egyptian ban dissolved in gum mucilage or from the burned seeds of myrobalan mixed with pepper for spraying into the eye. Ahmad ‘Isā, al-Bimāṣrīstānāt ft al-Islām (Damascus, 1939), 54.


16. No doubt alchemy was widely practised in Iraq during the ninth century. An alchemist who is said to have worked for Al-Mamūn (813–33) was Yusuf ibn Laqwah, Qiftī, Akhbar, 129. We also read of Ya ’qūb al-Kindī (d. 873) who criticized in his writings those who believed in the possibility of transmuting lesser metals into gold or silver. See Hajji Khalifa, Kashf al-Zunūn ‘an Asmā’ al-Kutub wa al-Funūn (2, Cairo ed., 1274 A.H. [A.D. 1858]), 196.

17. Qiftī, Akhbar, 129; in his treatise on Al-Adwiyah al-Mawjudah (see note 1), al-Rāzī refers to the pharmacists (al-Ṣayāḍilāh) who specialized in the knowledge and compounding of the various drugs. Also Vida, G. Levi Della in his article ‘A Druggist Account on Papyrus’, Archaeological Orientalia in Memoria Ernest Herzfeld, ed. George C. Miles (New York, 1952), 150–1, studied a record of purchase or sale written on this papyrus of a ninth-century educated pharmacist; several pharmaceutical preparations are mentioned.


19. Usaybi ‘ah, ‘Uyun, 2, 92–3; and Bar Hebraeus, Tirikh, 244.

20. This is why ‘al-Muhtasib’, the government officer authorized to inspect shops and markets against all kinds of fraud and adulteration, included in his varied responsibilities the inspection of the shops of pharmacists and ‘atti'rin’. He was also supposed to instruct and admonish practitioners in all branches of healing to perform their services to the best of their ability and to punish any misconduct. See Muhammad ibn al-Ukhwuwah, Ma’dīlim al-Qurbah ft Akhām al-Ilshah, ed. Reuben Levy (Cambridge, 1938), 7, 80–6, 115–23, 150–60; and ‘Isā, Bimāṣrīstānāt, 57–8.

21. Many started their careers in the apothecary shop before turning to the practice of medicine. The celebrated poet Abū Nuwās (757–813) was sent by his widowed mother first to work as an apprentice in an apothecary shop at al-Ṭāribah, Iraq. Then young Abū Nuwās turned to literature and poetry and deserted pharmacy. See Ahmad al-Iskandari, et al., Al-Mufāṣṣal ft Tirikh al-Adab al-‘Arabi (1, Cairo, 1934), 197.

22. Nadim, Fihrīst, 454.


24. One of these works by Ya ’qūb al-Kindī was edited, translated and annotated by Karl Garbers, Kitāb Kimiyā’ al-‘Ir wāt-Taṣ ‘idā, Leipzig, 1948.

25. This translation by Iṣṭīfān ibn Basil, corrected by Hunayn ibn Ishāq, was edited, translated and annotated by César E. Dubler, and Elias Terés, La ‘Materia Médica’ de Dioscorides, 5 vols., Tetuan and Barcelona, 1952–7.

27. The introduction to this work has been edited, translated and annotated by Max Meyerhof, ‘Das Vorwort zur Drogen Kunde des Beruni’, in Quellen und Studien zur Geschichte der Naturwissensch. und der Med., 3 (1933), Arabic text 1–18 and German translation and annotation pp. 1–52. Of interest to our topic here is pp. 7–8 of the Arabic text wherein al-Biruni regrets that many in his time did not differentiate between the learned pharmacist (al-Natasi) and the uncultured ‘attār’. Recently, Dr. Bedi N. Sehuvaroğlu published a study of this work in an article ‘Abu Rayhān Birūnī ve “Kitāb al-Ṣaydala”’, Istanbul Universit. Tip Fak. Mec., (1959), 1010–30 based on the manuscript No. 149 at Bursa Library, Turkey.


31. ‘Iṣa, Bimarīstānāt, 206; and Ahmad al-Maqrīzī, Kitāb al-Khīṭāt (1, Cairo, 1853), 406. A similar pharmacy section for storing, manufacturing and compounding drugs was also instituted in the great al-Manṣūrī hospital of Cairo. Ibid.


33. Meyerhof, Ciba Symposia, 6, 1863; and Un Glossaire de Matière Médicale de Maimonide, ed. and translated into French by Meyerhof, Cairo, 1940.


35. Ishāq was also the author of the Medical work ‘Nuzhat al-Naṣf’. See Sulaymān ibn Juljul, Tabaqat al-Āṭībbā wa al-Ḥukmā, ed. Fuād Sayyīd (Cairo, 1955), 84.


37. Sa’īd ibn Ahmad al-Andalusī, Tabaqat al-Umam, ed. Louis Cheikho (Beirut, 1912), 78, 80; and Ibn Juljul, Āṭībbā, 93–7.


40. Khalīfah, Kashf, 1, 318.


42. A work entitled Tuhfat al-Āḥbāb: Glossaire de La Matière Médicale Morocaine, edited by H. P. J. Renaud and Georges S. Colin, Paris, 1934, shows a sample of this continued tradition.
