WATCHING NEURONS
HAND OFF MOLECULES
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Since the discovery of nerve growth factor, it has been thought that neurotrophic factors are released or secreted from target cells. However, more recently it has been suggested that a specific neurotrophic factor known as brain-derived neurotrophic factor (BDNF) may reach target cells directly from presynaptic axons. It has not been known how these molecules get from the neuron in which they are produced to the target cells. Keigo Kohara, Akihiko Kitanura, Mieko Morishima, and Tadaharu Tsumoto have demonstrated that BDNF is transported anterogradely from presynaptic neurons to target neurons.

It would be technically difficult, if not impossible, to demonstrate transsynaptic transport in cortical neurons in situ. Kohara et al. got around this problem by using cultured cortical neurons extracted from the cortex of neonatal mice. A plasmid that contained the complimentary DNA for BDNF and green fluorescent protein (GFP) was injected directly into the nuclei of selected neurons under direct vision using a 40x objective on an inverted microscope. Green fluorescence was observed within these neurons within 24 hours, indicating that the BDNF-GFP molecule was adequately transcribed and translated within the neurons. The fluorescent pattern was seen as points of fluorescence grouped as clusters within nerve processes, whereas in the nerve cell bodies the fluorescent signal was dense and diffused. This pattern of fluorescence was quite similar to that previously reported for endogenous BDNF. To further confirm that the fluorescent signal corresponded to BDNF in the plasmid-injected neurons, some neurons were fixed and stained immunocytochemically with an antibody to BDNF. Comparing the micrographs of the fluorescent cells to the pattern of BDNF localized immunocytochemically was almost identical within the same cell; as confirmed by superimposition of micrographs. There were a small number of points seen within the distal aspect of nerve cell processes that did not correspond to fluorescent points and these were interrupted to be endogenous BDNF. The plasmid-injected neurons were shown to be electrophysiologically the same as non-injected neurons.

The next challenge for Kohara et al. was to determine if fluorescence-tagged BDNF was localized within axons of the injected cells. To separate dendrites from axons, they used two approaches. One was to immunocytochemically detect microtubule associated protein 2 (MAP2) which is known to exist in dendrites but not axons. Other neurons were stained with an antibody against tau, which is known to exist almost exclusively in axons. Points of fluorescent signal were seen in the MAP2-negative and tau-positive nerve cell processes of these neurons. These two lines of evidence established that BDNF exists not only within the nerve cell body and dendrites of neurons, but also in the axon and its branches. Furthermore, the velocity of movement of these points representing BDNF could be measured and was approximately 0.3 μm per second, comparable to the velocity of a synaptic vesicle protein that had been previously measured.

The important question was to ask if the BDNF in the axons can move transsynaptically to the target or post-synaptic neurons. To answer this question, Kohara et al. simultaneously injected two different plasmids into the nucleus; one plasmid containing the tagged-BDNF and another one containing another dye referred to as DsRed. These two distinct protein products within a single neuron was detected by changing the wave length of the fluorescent excitation. DsRed and GFP-BDNF were expressed together within the nerve cell body and nerve cell processes of these plasmid-injected neurons. Again using an antibody to map tau, it was demonstrated that DsRed-positive material was within terminals of an axon that surrounded the nerve cell body of a post-

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synaptic neuron. The points of DsRed were demonstrated to be at pre-synaptic sites by co-localizing the DsRed signal with an immunocytochemical stain for a protein known to be associated with synaptic vesicles, referred to as synapsin I. Of particular interest, it was shown in the plasmid-injected neurons that GFP-BDNF and DsRed had virtually the identical distribution, whereas the nerve cell body of the post-synaptic neuron was only labeled with GFP-BDNF. These results suggest that BDNF was transferred from the pre-synaptic axon to the post-synaptic neuron because only the pre-synaptic neuron received the injection of plasmid, and the DsRed was not similarly transferred.

Next, Kohara et al. addressed the question whether the transfer of the GFP-BDNF was mediated through the BDNF receptor, referred to as TrkB. When the receptor was blocked with TrkB-immunoglobulin G, the GFP-BDNF was not transferred to the post-synaptic neurons. This suggested that TrkB mediates the transfer of BDNF. Finally, the relationship between neuronal activity and BDNF transsynaptic transfer was examined. When plasmid-injected neurons were paralyzed with tetrodotoxin, the nerve cell bodies of the neuron adjacent to the DsRed-positive terminals did not show any GFP signal. The results indicated that the transsynaptic transfer of BDNF was dependent on neuronal activity. This was further confirmed when picrotoxin, a molecule that excites neurons, was added, and the GFP signal doubled in the post-synaptic neurons, indicating that increased neuronal activity resulted in an increased transfer of BDNF.

Kohara et al. have used an elegant, although technically challenging technique to demonstrate the direct transsynaptic transfer of a neurotrophic factor. This almost certainly occurred in an anterograde direction. It is possible that axon terminals of the post-synaptic neuron may have contacted the nerve cell body of the plasmid-injected neuron and that BDNF might have been transported retrogradely to the nerve cell body of the post-synaptic neuron but this possibility appears to be unlikely because fluorescent signal was not detected in axons that came from post-synaptic neurons. These results indicate transneuronal transfer of BDNF is dependent on neuronal activity and is not part of a general movement of protein between neurons because the DsRed was not transported to post-synaptic neurons. The co-expression of two fluorescent proteins in the study made it possible for Kohara et al. to directly observe the activity-dependent, transneuronal transfer of BDNF. Quite an accomplishment!

1. The author gratefully acknowledges Professor Tadaharu Tsumoto for reviewing this article.

Does The World Need A Traceable Ruler?

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According to the International Standards Organization (ISO), for companies that are in compliance with ISO-9000 or QS-9000, traceable measurements shall be made when products or processes require dimensional measurements be made to a known uncertainty. These measurements are often made with a traceable ruler or micrometer. For magnification (the ratio of object size to image size) to be traceable, both the image and object size must be measured with calibration standards that have traceable dimensions. In the current ISO jargon the "uncertainty" of the instruments used to make the measurements must be known. The word "accuracy" is now only considered to be a subjective term and shall remain dimensionless. The uncertainty "budget" must consider all the factors, which may degrade the measurement result. This procedure is detailed in section 4.7 of the ISO-17025 (which replaced ISO Guide 25) "General Requirements for the Competence of Testing and Calibration Laboratories". This document is available from the International Standard Organization at www.iso.org.

In microscopy, the magnified image is usually measured with a ruler having millimeter graduations. To determine the magnification, the object that is magnified (calibration standard) shall also have dimensions with a known uncertainty. The resultant magnification is useful only under the specific conditions used. For details and procedures using the SEM see ASTM E766-98. For optical microscopy see ASTM E1951-98. These ASTM documents are available from www.astm.org.

So, do we really need a traceable ruler? How inaccurate can a ruler be? If we had the answer to that question we would not need one! During a trade show within the last several years I happened to visit a stand occupied by a national laboratory (many countries have national laboratories). They were giving away plastic rulers - both long and short ones. When I placed the mm markings on the long and short rulers together there was a discrepancy of about 0.5 mm over a length of 80 mm. Which, if either, was accurate? All we know is that the measurements did not agree. If we had a traceable ruler the uncertainty of the "give aways" could be determined.

We have addressed this subject and developed a "traceable ruler". The MR-1 has a scale of 150 mm in length with minimum markings of 0.01 mm. It is pretty "accurate". The uncertainty over the whole length of the scale is +/- 2.5 µm, and +/- 1 µm over the first 10 mm. Further information can be obtained at http://www.gellermicro.com/microruler.pdf. Geller MicroAnalytical Laboratory is ISO-9001 certified and accredited to ISO-17025.

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Micro-Ruler 'MR-1'*

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NIST-MAS Special Topics Workshop, postponed from 15/18 October 2001 is now scheduled for 8/11 April 2002. For attendance information contact Ryna Marinenko at (301)975-3901 or by email: ryna.marinenko@nist.gov

3D Microscopy of Living Cells, the 7th annual international 11 day short course, will be held on 10/20 June 2002 and its post-course workshop on 22/24 June 2002 at the University of British Columbia, Vancouver BC, Canada.

The course includes 4 days on 2D techniques, 5 days of 3D techniques and 2 days on 3D measurement and display. It includes everything from basic microscopy to confocal and multiphoton microscopy. A half day pre-course is offered for those wishing to brush up on basics.

Applications may be obtained from Prof. James Pawley: (608)263-3147, email: jpawley@facstaff.wisc.edu

FRONT COVER IMAGE
Winner of Nikon Small World Photomicrograph Contest

The freshwater rotifer Testudinella patina, photographed using a Vickers (Cooke, Troughton & Simms) M10 microscope, Vickers Microplan optics. A Vickers Holos darkfield condenser was employed, though not full darkfield illumination used. The condenser offers a variable size "darkstop", which can be adjusted to achieve a "hollow cone" type of illumination, particularly suited for live material.

The image was recorded using an Olympus OM2n camera body matched with a T32 dedicated flash system. Film used was Fuji Velvia.

Image compliments of Nikon and the winner, Mr. Harold Taylor.
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Methods

Applied Polarized Light Microscopy (1201)
January 21-25 March 18-22 April 29-May 3
July 8-12 August 26-30 October 21-25
December 9-13
Advanced Applied Polarized Light Microscopy (1251*)
February 25-29 September 16-20
Chemical Microscopy (1202)
(Taught in Ithaca, NY at Cornell University)
January 14-18
Digital and Video Microscopy (1105)
April 15-19 October 28-November 1
Fluorescence Microscopy (1210)
2-4 October
Microchemical Methods (1270A*)
October 14-18
Crystal Morphology and Optics (1301)
June 3-7
Particle Isolation, Manipulation and Mounting for Additional Analysis (1501E)
November 4-8
Advanced Infrared Microspectroscopy (1422)
April 22-26 September 9-13
Microtome Methods for Light Microscopy (1502)
(Phone to register your interest)
Conoscopic Techniques for Polarized Light Microscopy (1310*)
(Next offered in 2003, phone to register your interest)
Scanning Electron Microscopy (1402)
April 8-12 November 11-15

Specialities

Scientific Imaging (1107)
November 18-22
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Polymer Microscopy (1205)
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Pollen and Spore Identification (1537)
July 8-12
Microscopy of Food and Foreign Body Identification (1560)
August 19-23
Microscopy of Crystal Caking Problems (1760)
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Materials / Forensics

Forensic Microscopy (1204)
(Same as 1201 Applied Polarized Light Microscopy)
Advanced Forensic Microscopy (Trace Evidence) (1701*)
(Same as 1251 Advanced Applied Polarized Light Microscopy)
February 25-29 September 16-20
Forensic Hair and Fiber Microscopy (1207)
May 20-24
Forensic Microscopy of Glass (1712)
May 13-17
Forensic Botanical Microscopy (1720)
May 8-12
Microscopy of Detrital Minerals (1503)
July 15-19
Wood and Vegetable Fiber Microscopy (1540)
June 10-15
Forensic Fiber Analysis: Advanced Microscopy and Microchemistry (1507)
August 5-9
Comparative Microscopy of Soils (1710)
Microscopy of Illicit Drugs and Excipients (1726*)
Forensic Paint Microscopy (1715)
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Asbestos / Environmental

Microscopical Identification of Asbestos (1608A)
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August 12-16 September 30-Oct. 4 December 2-6
Advanced Asbestos Identification (1608B*)
November 11-15
Indoor Air Quality: Fungal Spore Identification (1630)
January 14-18 February 18-22 March 11-15
April 1-5 May 20-24 July 29-August 2
September 9-13 November 11-15 December 9-13
Indoor Air Quality: Advanced Fungal Spore Identification (1631)
April 11-13
Advanced Indoor Air Quality: Fungal Culture Plate Identification (1632)
October 17-19
Indoor Air Quality: Identification of House Dust and Indoor Particles (1633)
April 25-27
Asbestos Fiber Counting (NIOSH 582) (1616)
February 11-15 October 7-11

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YEAR 2002 APPLIED OPTICAL MICROSCOPY CALENDAR
Smithsonian Ctr for Materials Research & Educ. (Suitland, MD)
✓ March 11/15: Microscopy of Protective and Decorative Coatings
✓ April 8/12: Practical Wood Anatomy in a Museum Environment
✓ July 8/12: Polarized Light Microscopy—kFundamentals and Applications
For further information: Ms. Francine Lewis: (301)238-3700 X102

✓ March 17/22 ’02: PITTCON 2002 New Orleans, LA. (412)825-3220, program@pittcon.org
✓ April 8/10 ’02: NIST-MAS Special Topics Workshop, Understanding the Accuracy Barrier In Quantitative Electron Probe Microanalysis and the Role of Standards. (NIST), Gaithersburg, MD. (301)417-1321, www.nist.gov
✓ May 17/20 ’02: Practical Wood Anatomy in a Museum Environment
✓ July 8/12: Polarized Light Microscopy—kFundamentals and Applications

✓ May 22/June 1: EMBO Practical Course on Electron Microscopy, Immunocytochemistry and Stereology for Cell Biology (EMBL) Heidelberg, Germany. www.db.embl-heidelberg.de/CoursesConferences.html
✓ June 5/12 ’02: Optical Microscopy in the Biological Sciences (Univ. of Texas Health Science Ctr), San Antonio, TX, Victoria Centonze Frohlich, frohlich@uthscsa.edu, www.uthscsa.edu/csb/Imagery/Announcements.html

2002 LEHIGH MICROSCOPY SCHOOL
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✓ June 9: Introduction to SEM and EDS
✓ June 17/20: Advanced Scanning Electron Microscopy
✓ June 17/20: Quantitative X-ray Microanalysis
✓ June 17/20: Analytical Transmission Electron Microscopy
✓ June 18/21: EM Specimen Preparation
✓ June 18/21: Atomic Force Microscopy
✓ June 17/20: Characterization of Nanostructures
Lehigh University, Bethlehem, PA
For info: Sharon Cee, (610)758-5133, sharon.coe@lehigh.edu

✓ June 24/27 ’02: 17th Annual Short Course on Molecular Microspectroscopy (Miami Univ.) Oxford, OH (613)529-2874, www.muse.edu/html

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