High physiological demands in intensively raised pigs: impact on health and welfare*

A. Prunier, M. Heinonen and H. Quesnel

INRA, UMR1079 SENA, F-35590 Saint-Gilles, France; Agrocampus Ouest, UMR1079 SENA, F-35000 Rennes, France; University of Helsinki, Faculty of Veterinary Medicine, Paroninkuja 20, 04920 Saarentaus, Finland

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Genetic selection and better control of the environment of the pigs have resulted in increased production levels concerning both reproduction and growth. Such high performances imply high physiological demands that may deteriorate health and welfare. The aims of this paper are to review the physiological challenges that pigs are facing, to identify possible consequences on health and welfare, to propose ways of detecting and correcting problems whenever possible. At weaning, piglets are submitted to abrupt changes in food supply, housing and social environment. Behavioural changes and efficient adaptations of the digestive tract are critical for their health and welfare. Physiological demands to support these adaptations and risks of failure are inversely related to the age of the pigs. During fattening, modern pigs have high daily weight gain especially of lean tissue as well as elevated feed conversion rate. These high growth performances are suspected to favour stress and disease susceptibility, undesirable behaviours as well as leg weakness, but further experimental data are necessary to validate these effects and find their origin. In reproductive females, high prolificacy generates elevated foetal demands for nutrients and space that are not fully met as shown by an increased number of light piglets having difficulties to adapt successfully to the neonatal life. During lactation, sows with high milk production have high nutrient requirements leading to intense catabolism that may affect their health, welfare and future reproductive abilities.

Keywords: pig, health, welfare, reproduction, growth

Implications

It is suspected that highly productive pigs have difficulties to cope with environmental challenges and are at risk for behavioural, physiological and immunological problems. This review focused on the relationships between high physiological demands, health and welfare in pigs partly validates this hypothesis. Therefore, better knowledge of the problems that are encountered by highly productive pigs is needed to define new goals for selection as well as for future technical changes. More efforts should be done on fattening pigs for which the magnitude and origin of problems are least known.

Introduction

During the past decades, production levels of pigs have considerably increased thanks to genetic selection, to acceleration of the reproductive cycles and to improvement of the environment including housing and feeding as well as husbandry and health management. These higher production levels concern reproduction (prolificacy and duration of reproductive cycles) and growth (growth rate, lean tissue development and feed conversion) as illustrated in Table 1. Therefore, animals must cope with high physiological demands that may be difficult to be met due to external and internal limitations of resources. Modification of the environment allows increasing the amount of external resources available to animals, for example, by increasing the energy and protein contents of diets. It can also allow reducing the physiological demands, for example, by controlling the ambient temperature or the load of pathogens. However, possibilities to change the environment are limited by the availability of the resources and the cost of the improvements. Genetic selection can improve the efficiency of the animals to use the available resources but also has limits. For example, feed intake is restricted by the size of the animals and feeding efficiency is limited by the energetic cost of the biochemical processes involved in nutrient uptake and utilization. Reaching the limits is likely

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E-mail: Armelle.Prunier@rennes.inra.fr
to have detrimental effects on health and welfare as suggested in the resource allocation theory (Beilharz et al., 1993; Rauw, 2009). Therefore, the aims of this paper are to identify the situations when physiological demands are very high in the pig production and evaluate the possible consequences on health and welfare. Where possible, ways of attenuating problems will be suggested or further research will be pointed out.

Weaned piglets and growing pigs

The average weaning age of piglets has been reduced from about 8 weeks of age in the 1950s to about 27 days 20 years ago and to about 25 days of age nowadays in France. This reduction was realized in order to augment the number of litters weaned per sow and per year and was allowed by technical changes. In parallel, average daily gain of fattening pigs has increased in commercial herds from about 670 to 770 g/day during the past 20 years and percentage of lean tissue was also increased (Table 1). These better performances are essentially due to genetic selection as demonstrated by Tribout et al. (2004) showing similar differences in contemporary growing pigs originating from the frozen semen of large white (LW) boars born either in 1977 or in 1998. Margins for improvement with a better control of the environment still exist as shown by results in experimental herds, whereas average pigs daily gains above 1 kg/day during the fattening period (30 to 115 kg live weight) are frequently observed (e.g. in Lebret et al., 2006; Arthur et al., 2008). Therefore, growing pigs must face high physiological demands from weaning to slaughter.

Challenges at weaning

In natural or semi-natural conditions, weaning the pig is a progressive process characterized by a substitution of maternal milk by other food, mainly from plant origin, starting around the 4th week of age and terminating between the 9th and 17th week of age (Newberry and Woodgush, 1985; Jensen, 1986; Boe, 1991). Nowadays, weaning is an abrupt process that occurs very commonly during the 4th week of age when milk still represents the essential of the nutrient intake of the sucking piglets (Boe, 1991). At weaning, change in the diet is accompanied by a change in the physical environment as piglets are usually moved from the farrowing unit to a new building, and by a social change due to the withdrawal of the contacts with the dam and the frequent mixing of piglets originating from different litters. Therefore, weaning represents a critical period of adaptation and stress, imposing high demands for adaptive processes.

Change of diet. When piglets are maintained with their dam until 28 to 35 days of age and receive creep feed from 14 to 21 days of age, creep feeding is marginal, representing <1% to 20% of the daily metabolic energy intake (reviewed by Pluske et al., 1995). Consumption of creep feed is highly variable between studies (reviewed by Pluske et al., 1997), within and between litters of a given herd (e.g. Appleby et al., 1991; Pajor et al., 1991; Delumeau and Meunier-Salau¨ n, 1995). Most animals do not eat significant amounts of creep feeding during lactation and hence undergo an abrupt change of diet at weaning. During lactation, piglets receive milk that flows from the dam at about hourly intervals. Milk is liquid and warm, contains lactose and animal proteins, is rich in lipids and contains non-nutritional products that regulate intestinal physiology and health (reviewed by Xanthou, 1998; Xue et al., 2000; Salmon et al., 2009). Among them, immunoglobulin A, macrophages, lactoferrin and lysozyme are probably of special importance for protecting the digestive tract against pathogens. Numerous growth factors support gastrointestinal growth, maturation and even tissue repair after damage. After weaning animals must eat, from a feeder, a dry diet that contains no milk-bioactive products but is rich in starch and plant proteins requiring enzymes to be digested (reviewed by Pluske et al., 1997). Levels of these enzymes in the digestive tract are low at weaning and a few days are needed to reach sufficient levels for efficient digestion. Animals have some difficulties to adapt to this new diet and voluntary feed intake decreases; metabolic energy intake falls and 2 to 3 weeks are necessary to

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Variation in growth and reproductive performance of French commercial pig herds between 1986 and 2006 (Institut du Porc, IFIP 1986)</th>
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<tbody>
<tr>
<td>1986</td>
<td>1996</td>
</tr>
<tr>
<td>---------</td>
<td>---------</td>
</tr>
<tr>
<td>Growth rate between 35 and 115 kg liveweight (g/day)</td>
<td>676</td>
</tr>
<tr>
<td>Percentage of lean tissue</td>
<td>No data</td>
</tr>
<tr>
<td>Number of pigs/litter, total born</td>
<td>11.1</td>
</tr>
<tr>
<td>Number of pigs/litter, born alive</td>
<td>10.5</td>
</tr>
<tr>
<td>Number of pigs/litter, weaned</td>
<td>9.1</td>
</tr>
<tr>
<td>Percentage of pigs, still birth</td>
<td>5.4</td>
</tr>
<tr>
<td>Percentage of pigs, dead during lactation</td>
<td>13.3</td>
</tr>
<tr>
<td>Percentage of pigs, dead in total</td>
<td>17.6</td>
</tr>
<tr>
<td>Age at weaning, days</td>
<td>27.4</td>
</tr>
<tr>
<td>Interval between two farrowings, days</td>
<td>155.8</td>
</tr>
</tbody>
</table>

\(^1\)value in 1997 as not available in 1996.
restore the lactational level (reviewed by Pluske et al., 1997). A growth check, as well as numerous changes in the gastrointestinal tract, such as villous atrophy and crypt hyperplasia, are generally observed (reviewed by Pluske et al., 1997; Le Dividich and Sève, 2000; Xu et al., 2000). As a consequence of these nutritional and physiological disorders, diarrhoea is very frequent. It occurs essentially during the 2nd and 3rd weeks after weaning in commercial herds (Madec et al., 1998). Growth check lasted for 9 days in piglets weaned at 21 days, whereas only for 2 days in piglets weaned at 28 days (Colson et al., 2006). In addition to adapting to a new diet, animals must learn to drink from a new form of water supply at weaning. They must learn to get water separately from nutrients and to use drinking troughs. It can take more than 1 week for the weaned piglets to restore their fluid intake to the level observed before weaning (Gill, 1989 cited in Brooks and Tsourgiannis, 2003). Insufficient nutrient and water intakes are likely to induce welfare problems since animals may suffer from hunger, thirst and coldness. The risk of coldness is all the more acute because body reserve mobilization induces a significant decrease in thickness of backfat, which is important for thermal isolation of the animals (Fenton et al., 1985). In addition, diarrhoea impairs welfare.

Changes in the social and physical environment. Adaptation to a new social group and to a new physical environment constitutes a stressful situation for pigs that induces neuroendocrine and behavioural reactions. It is generally accepted that weaning induces a transient activation of the adrenal and sympathetic axis (reviewed by Dunshea, 2003) even though significant increases after weaning are not observed in numerous studies when measuring plasma cortisol (Funderburke and Seerley, 1990; Carroll et al., 1998), salivary cortisol (Jarvis et al., 2008) or urinary corticoids and catecholamines (Hay et al., 2001; Colson et al., 2006). In most of the studies, the effects of the nutritional stress were confounded with those related to the changes in the social and/or physical environments. Funderburke and Seerley (1990) tried to partition the cortisol response of piglets weaned at 4 weeks of age into psychological, climatic and nutritional effects, but failed to detect variation between the suckling group and any experimental group. More recently, Colson et al. (2005) found that weaning had nearly no effect on salivary cortisol when weaned piglets remained in their home pen, whereas a marked increase was observed when piglets were transferred to a new environment at weaning and even more marked when social mixing was added to this second stressor. However, often in modern swine industry, the housing conditions for the newly weaned piglets are better in weaning rooms than in farrowing pens. Regarding behaviour, some perturbations are very transient and observed mainly on the day of weaning as vocalizations, whereas others last longer, like aggressive behaviours (until about 6 days), massaging and suckling other piglets (until about 14 days) as shown by Weary and Fraser (1997), Orgeur et al. (2001) and Colson et al. (2006). Overall, behavioural perturbations are more marked in piglets weaned around 1 week of age than in those weaned at 3 or 4 weeks of age that differ only marginally (Table 2).

Bedding material, particularly straw, has been shown to relieve stress being a recreational stimulus, a nutritional substrate and providing thermal, as well as physical comfort (Fraser et al., 1991).

In order to detect the problems associated with weaning and to be able to take immediate action when necessary, behaviour, feed and water intake as well as disease symptoms of piglets should be observed daily. Solutions to prevent problems are based on the improvement of the management, the housing and the feed strategy. Animals

![Figure 1](image-url) Variation in the percentage of pens where piglets are suffering from diarrhoea according to the numbers of days from weaning (Madec et al., 1998)

### Table 2

<table>
<thead>
<tr>
<th>List of disturbances</th>
<th>6 to 7</th>
<th>21</th>
<th>28</th>
</tr>
</thead>
<tbody>
<tr>
<td>Growth check</td>
<td>16</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>Increase in the number of vocalizations</td>
<td>8</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Increase in aggressive behaviour</td>
<td>1 to 6</td>
<td>6 to 12</td>
<td>6 to 12</td>
</tr>
<tr>
<td>Increase in suckling and massages of littermates</td>
<td>1 to 14</td>
<td>6 to 12</td>
<td>6 to 12</td>
</tr>
</tbody>
</table>
should not be weaned before 4 weeks as recommended in the European Union (EU) regulation (Directive 2001/93/EC) and social mixing should be avoided. A good hygiene based on all-in all-out management, cleaning and disinfection of housing facilities is also very important (Madec et al., 1998). The ambient temperature should be comfortable, especially during the first days after weaning when animals eat very little, with appropriate ventilation but without draught. Moderate bedding as compared with barren environment is an easy way of improving the housing. It may reduce post-weaning diarrhoea and increase growth in weaners (Munsterhjelm et al., 2009).

**Challenges during fattening: rapid growth rate and high muscular development**

Genetic selection for growth rate, lean tissue development and feed efficiency is likely to have modified the release and/or action of hormones supporting nutrient utilization and storage. These hormones are numerous and often interrelated with biological effects beyond their influence on nutrient fluxes and metabolism. Among them, cortisol and catecholamines are of special importance since they are the main mediators of the animal's response to stressors. In addition, these hormones have mainly immunosuppressive effects on the immune system (for reviews see: Munck et al., 1984; Merlot, 2004) and are able to influence bone growth (for review see: Robson et al., 2002). Other metabolic hormones from the somatotropic axis (e.g. growth hormone and IGF-I), the thyroid gland (triiodothyronine and thyroxine) or the adipose tissue (e.g. leptin) are also known to influence the activity of the immune system (for reviews see: Dorshkind and Horseman, 2000; Lago et al., 2007) and the bone metabolism (for reviews see: Butler and Le Roith, 2001; Robson et al., 2002; Cirmanova et al., 2008).

Changes in stress hormone release due to genetic selection for growth and leanness were evaluated by comparing contemporary pigs originating from frozen semen of LW or Landrace (LR) boars, born either in 1977 or in 1998 to 2000 (Foury et al., 2009). For that purpose, concentrations of cortisol and noradrenaline were measured in urine of slaughter fatteners and expressed as their ratios to creatinine content to correct for the variable dilution of urine. The results indicate a genetic trend for a decrease in catecholamine and cortisol ratios in LW but not in LR pigs. The decrease in cortisol ratio observed in LW pigs could be related to the selection for leanness given the influence of this hormone on energy fluxes (Scheurink and Steffens, 1990; Dallman et al., 1993) and the negative phenotypic correlation between this ratio and carcass lean content (Foury et al., 2009). Alternatively, the decrease in cortisol and catecholamines ratios could be explained, at least in part, by the increase in muscle mass since creatinine excretion is directly proportional to this mass (Heymsfield et al., 1983).

Changes in circulating levels of metabolic hormones due to genetic selection were evaluated by measuring hormone levels at each generation of pigs selected for growth rate or against backfat (te Pas et al., 2001) or, more convincingly, by comparing contemporary pigs selected for divergent performance regarding feed intake, growth rate or backfat (Cameron et al., 2003a and 2003b). Regarding plasma IGF-I, te Pas et al. (2001) did not see any differences between lines of pigs, whereas Cameron et al. (2003a) observed higher levels in pigs selected for high daily food intake or lean tissue growth. However, in the first study, higher levels of pituitary GH mRNA were observed in the lines selected for growth rate or against backfat together with a variation in the characteristics of plasma GH pulses (higher frequency but lower amplitude). Finally, lower plasma levels of leptin were observed in the leaner lines that were selected either for low feed intake or high growth rate under restricted feeding (Cameron et al., 2003b).

**Stress susceptibility, abnormal behaviour and immunity**

A common way to increase muscle development in pigs consists of raising animals carrying the $n$ allele(s) of the gene RYR1 with homozygous animals having higher muscular development than heterozygous animals that have, themselves, better performance than NN animals. The RYR1 gene codes for the type 1 ryanodine receptor, a $Ca^{2+}$ release channel in the skeletal muscle sarcoplasmic reticulum, and a single amino acid substitution was found to be responsible for the effect on lean tissue development (Fuji et al., 1991). In addition, this allele affects mortality because animals that are nn homozygous are highly susceptible to stress. They develop malignant hyperthermia under various stress conditions such as elevated ambient temperature, transport, social mixing or even farrowing. Meat quality problems (the so-called pale soft and exudative meat) are also associated with the presence of the $n$ allele, especially in homozygous animals. Therefore, nn animals are avoided in commercial herds, whereas heterozygous animals are still raised for their better propensity to develop lean tissue. In a survey realized in slaughterhouses in Spain, the $n$ allele was detected in nearly 60% of the pigs, most of them (90%) being heterozygotos (Gispert et al., 2000). Those heterozygous animals may still be relatively sensitive to stress since higher rectal temperature and respiratory rate after loading and transport were observed in nn than in NN animals (Yoshioka et al., 2004).

Modern genotypes of pigs may be more susceptible to demonstrate abnormal behaviour such as tail biting. Indeed, a significant positive genetic correlation has been observed between tail biting predisposition and lean tissue growth rate as well as a significant negative genetic correlation between tail biting predisposition and back fat thickness (Breuer et al., 2005). Given that feeding patterns and intake show some heritability in pigs and are positively genetically correlated with growth rate and fatness (Labroue et al., 1997), it is conceivable that heritability of tail biting is related to heritability of these motivational and physiological processes (European Food and Safety Authority report, 2007).

It is also suspected that pigs highly selected for growth rate and leanness are more aggressive. However, data from
Turner *et al.* (2006a) did not show any significant genetic correlations between skin lesions and growth rate or backfat depth even though skin lesions are good indicators of pig aggressiveness (Turner *et al.*, 2006b) and have been shown to be under genetic control (estimated heritability of 0.22, Turner *et al.*, 2006a). More recently, Velie *et al.* (2009) observed the behaviour of resident pigs when non-familiar pigs were introduced in their home pen. They failed to demonstrate genetic correlations between indicators of aggressiveness and growth rate, backfat thickness or loin muscle area.

The selection for high production efficiency (leanness, feed efficiency and litter size) may have resulted in correlated responses in abilities of pigs to overcome immune challenges according to Rauw *et al.* (1998) and Knap and Rauw (2009). They hypothesized that selection has decreased metabolic resources that are used by the animals to face environmental challenges, including immune challenges. In the same line, Le Floc’h and Sève (2007) wondered whether in animals highly selected for growth, immune defences always have priority over body growth for nutrient utilization. In addition, selection for growth performance may have resulted in correlated responses in hormones that are known to influence the immune system (c.f. Challenges during fattening: rapid growth rate, high muscular development). However, experimental data are missing to clearly demonstrate an influence of genetic selection on immune competence of pigs. Comparing genetic lines selected for divergent lean tissue development, Clapperton *et al.* (2005) observed, in the increased performing line, higher α1-acid glycoprotein levels (one acute phase protein), more circulating leucocytes, lymphocytes and monocytes as well as modified numbers of specific subsets of circulating lymphocytes. However, these differences are difficult to interpret and may reflect either a greater incidence of sub-clinical infections or a better immune response to environmental pathogens. Finally, significant negative genetic correlations between growth rate and number or percentage of specific subsets of circulating lymphocytes were observed but, again, their significance for immune competence is not known (Clapperton *et al.*, 2008).

Overall, the question of negative consequences of selection for feed efficiency and lean tissue deposition on pig’s sensitivity to stress, behavioural disorders and diseases is opened and merits further investigation.

**Leg weakness.** One important cause of leg weakness and lameness in pigs is osteochondrosis (OCD; for reviews see: Ytrehus *et al.*, 2007; Jensen and Toft, 2009). OCD is a non-infectious disease affecting the joint cartilage as well as the epiphyseal plates, characterized by a disturbance of the transformation of cartilage into bone. The frequency of the lesions is greatest in the elbow (distant humerus and proximal ulna) and knee (distant femur) joints (for review see: Nakano *et al.*, 1987). When lesions are severe, they cause lameness, pain and may lead to insufficient feed intake and unnecessary culling of animals (for reviews see: Nakano *et al.*, 1987; Jensen and Toft, 2009). First signs of OCD can be seen in piglets already at 2 weeks of age and are commonly observed by 2 months of age (Hill *et al.*, 1990). Clinical signs usually appear when pigs are 4 to 18 months old (for review see: Dewey, 1999) and are characterized by a progressive and chronic lameness affecting one or more limbs.

OCD is a multifactorial disorder, but intrinsic features of the pigs seem to play a very important role (reviewed by Nakano *et al.*, 1987; Ytrehus *et al.*, 2007; Jensen and Toft, 2009). There is a clear genetic component as shown by differences between breeds and offspring of different sires as well as by a heritability ranging between 0.1 and 0.5 according to studies and more importantly to the site of the disturbance (Stern *et al.*, 1995; Jørgensen and Andersen, 2000; Kadarmideen *et al.*, 2004; Ytrehus *et al.*, 2004a; Jørgensen and Nielsen, 2005; Luther *et al.*, 2007). The differences between genotypes may be explained, at least in part, by differences in anatomic conformation that affects local overloading of joints and hence the occurrence of OCD (Grondalen, 1974a and 1974b; Ytrehus *et al.*, 2004b). A segregating major gene could be involved in the occurrence of the disease (Kadarmideen and Janss, 2005).

Some studies have suggested that rapid growth may favour the occurrence of OCD. Indeed, data from Danish herds showed that the risk of OCD increased by about 20% for each 100 g increase in the daily gain during the finishing period (Busch *et al.*, 2007). In addition, positive genetic correlations between growth rate and prevalence of OCD have been observed (Lundehjelm, 1987; Jørgensen and Andersen, 2000; Luther *et al.*, 2007). However, other studies do not support this view failing to show positive phenotypic (e.g. Ytrehus *et al.*, 2004a and 2004b; Jørgensen and Nielsen, 2005; Luther *et al.*, 2007) or genetic (Kadarmideen *et al.*, 2004; Jørgensen and Nielsen, 2005) correlations between growth rate and prevalence of OCD. A positive genetic correlation between the occurrence of OCD and the percentage of lean tissue has also been demonstrated in some studies (Kadarmideen *et al.*, 2004; Jørgensen and Nielsen, 2005; Busch *et al.*, 2007) but not in others (Jørgensen and Andersen, 2000; Luther *et al.*, 2007). One explanation for these controversial results should be that rapid growth may favour OCD that in turn may have negative consequences on appetite, and hence on overall growth and lean tissue development depending on the severity of the damage. After a genetic selection for lean tissue growth rate on either a low or a high protein diet, Stern *et al.* (1995) observed a tendency for OCD score in the knee to be higher in the line that was leaner after four generations.

Leg problems can be detected by observing gait abnormalities during movement (Velarde, 2007). In lame animals, OCD or osteoarthrosis is diagnosed by thorough inspection of the limbs showing no obvious swelling of any joint, no external lesion, infection or overgrown claws (Hill, 1990). Clinical examination of the joints can also be realized at the slaughterhouse. Treatment of live animals by pharmacological means or by changes in management
physiological limits in pigs

Reproductive sows and suckling piglets

During the past decades, prolificacy of sows has been regularly improved in commercial herds as shown by French databases. The total number of piglets at birth has increased by nearly 25% between 1986 and 2006 (Table 1). During the same period, the number of weaned piglets per litter has increased by 15%, the lower gain being due to higher percentages of stillbirth and piglets dead during lactation. It was demonstrated experimentally that those increases are largely due to genetic selection for prolificacy (Canario et al., 2007a). The increase in piglet mortality was particularly noticeable after the introduction of hyperprolific sows into commercial herds. In parallel to the increase in litter size, it is likely that live weight gain of sows during gestation as well as mineral and nutrient needs to support foetal growth and milk production have increased. Therefore, it can be questioned whether physiological limits are close to be met on both the mother and the offspring sides. Regarding the sow, we will examine the possible consequences of rapid live weight increase during gestation on leg weakness and of large litters on sow’s nutritional deficit and related problems. Regarding the offspring, we will focus on the consequences of large litters on survival, health and welfare.

Challenging situations and consequences regarding the sow

Rapid live weight increase in pregnant females. Leg disorders are important problems of reproductive females all over their life and are one of the major causes for culling, especially in gilts and primiparous sows (Lucia et al., 2000). The reasons for lameness have been studied, and in many reports, OCD is the most important cause (Dewey et al., 1993; Heinonen et al., 2006). For example, about 10% of gilts and primiparous sows and 7% of multiparous sows were diagnosed lame in loose-housed herds and the clinical reason for lameness was estimated to be OCD/osteoarthritis in half of the animals (Heinonen et al., 2006). Fast growth rate and local overloading in the joints may be implicated in the development of leg weakness, especially OCD (c.f. Challenges during fattening: rapid growth rate, high muscular development). Indeed, it was demonstrated that increasing growth rate of rearing gilts by supplying higher feed level resulted in more frequent problems of leg weakness and in a reduced percentage of females completing four reproductive cycles (Jørgensen and Sorensen, 1998).

During pregnancy, live weight increase is due to growth in gilts (20 to 50 kg) or body reserve restoration in primiparous and multiparous sows (5 to 50 kg), development of the mammary glands (6 to 10 kg), development of the uterus (3 to 5 kg) and development of the foetuses including the placenta and fluids (15 to 30 kg) (Noblet et al., 1985; Dourmad, 1991; Dourmad et al., 1996). Overall, live weight gain during the first pregnancy reaches 40 to 90 kg representing an increase of 20% to 60% in live weight (Dourmad, 1991; Prunier et al., 2001). The gain associated with uterus and foetuses development represents between one-third and one-half of the overall gestation gain and is likely to increase with prolificacy. Gain due to restoration of body reserves is also important and is likely to increase with previous lactation loss that itself augments with prolificacy (c.f. Energy and protein demands for milk production). Therefore, it is likely that modern types of pig females are at risk for leg disorders. In addition, the trend for higher adult body weight may exacerbate problems due to local overloading on the joints.

Consequences of leg problems are similar in reproductive females to those described in growing pigs, that is, pain and insufficient feed intake, but the economic consequences are probably more severe given the consequences on reproductive performances (c.f. Energy and protein demands for milk production) and the cost of replacement of breeding animals.

Problems can be detected by observing claws and gait abnormalities during movement as in growing pigs. Animals should also be examined for abnormal posture such as fore- or hind-legs that are turned out (Kirk et al., 2008). Records of culling reasons of reproductive females and clinical examination of euthanized pigs are very important to ascertain the occurrence of different kinds of leg problems.

Solutions are based on housing, management and breeding programmes as developed in growing pigs (c.f. Leg weakness). Energy intake should be controlled to avoid excessive growth rate in gilts and excessive variations of live weight in reproductive sows. However, limiting energy intake to fulfill just nutritional needs generates a welfare problem. It is well known that restricted feeding during pregnancy may be associated to hunger as well as to behavioural disorders such as stereotypes and aggressiveness between animals (Terlouw and Lawrence, 1993; Robert et al., 1997). Therefore, dietary fibre should be incorporated into diets to alleviate feeding frustration (Meunier-Salain et al., 2001).

Particular care should be taken in the management of the groups of females in order to facilitate the introduction of the young females and to limit aggressive behaviour.
between females regardless of parity. Recently, a group of researchers studied the effect of exercise during gestation on several parameters (Schenck et al., 2008). Exercise resulted in faster lying down time, decreased piglet mortality and increased bone density. Although there was no benefit of exercise on lameness, the other benefits are in favour of housing systems enabling sows to move more.

Energy and protein demands for milk production. Nutritional deficiency during lactation is frequent in primiparous and multiparous sows and results in mobilization of fat and protein body reserves (Noblet and Etienne, 1986; Dourmad et al., 1996). It is more severe in young sows that still need nutrients for body growth and have a lower appetite than older sows (reviewed by Eissen et al., 2000) despite an already good milk production (Noblet and Etienne, 1986). Nutritional deficiency also depends on litter size as feed intake increases with the number of suckling piglets but in a lesser extent than milk production (reviewed by Noblet et al., 1990; Eissen et al., 2000). Therefore, modern sows that have been selected for prolificacy are probably more at risk for nutritional deficiency during lactation. In parallel to selection for prolificacy, pigs have been selected for growth rate and leanness. Thus, it can be speculated that appetite and body reserves of adult animals have also been modified. Indeed, a genetic trend over years for lower fat body reserves at farrowing and higher lactational weight loss have been observed in sows of parity one and two (Canario et al., 2006 and 2007a). In contrast, feed intake during lactation did not seem to have been modified.

The detrimental impact of nutritional deficiency during lactation on subsequent performance of reproduction has been extensively reviewed (e.g. Foxcroft, 1992; Prunier and Quesnel, 2000; Quesnel, 2009). A severe nutritional deficiency during lactation results in a delayed oestrus after weaning and is associated with a reduction in fertility rate and subsequent litter size. Ultimately, nutritional deficiency enhances the rate of culling. In the most recent studies, however, a severe feed restriction during first lactation or during the last week of lactation delayed only marginally the post-weaning oestrus but resulted in a reduction of embryonic survival (reviewed by Quesnel, 2009). It seems that rapid return to oestrus occurs at the expense of other parameters of reproduction. Reduction in embryonic survival is likely to be related to poor ovocyte quality and impaired secretory activity of follicles and corpora lutea. Embryonic loss could be due to epigenetic defects originating from severe lactational catabolism (Vinsky et al., 2006). Whether surviving embryos are also of poor quality, leading to impaired placental development and foetal growth remains unknown.

At farm level, post-weaning reproductive disorders can be anticipated by observing litter growth rate, sow feed intake and sow body condition. Strategies must aim at preventing or limiting sow’s catabolic status. First, reducing demand for milk can be achieved by cross-fostering, anticipated- or split-weaning. Anticipated weaning consists of weaning a litter several days before the other litters of the farrowing batch and split weaning in removing the heaviest piglets of the litter before the others. Anticipated- and split-weaning are usually applied to primiparous sows or sows in dramatically catabolic state. However, it should be reminded that weaning piglets at earlier ages has more detrimental consequences than at older ages (c.f. Challenges at weaning). Moreover, depending on batch management, anticipating weaning may require a hormonal treatment by a progestagen to synchronize post-weaning oestrus with other sows from the batch. Second, management should stimulate sow feed intake, by avoiding high ambient temperature, cleaning troughs to keep diet appetite and adapting diet formulation. For example, in hot climate, reducing the total protein content of the diet will minimize heat production and favour appetite (Silva et al., 2009). Third, increasing sow body reserves at farrowing has been shown to reduce the impact of protein deficiency during lactation (Clowes et al., 2003; Quesnel et al., 2005). Moreover, as mentioned above, restricting feeding during pregnancy may be associated with hunger and behavioural disorders. On the other hand, higher feed intake during gestation resulting in increased body reserves at farrowing has a detrimental effect on appetite during lactation (Dourmad, 1991; Prunier et al., 2001) and may alter leg status (c.f. Rapid live weight increase in pregnant females). Therefore, the best compromise should be found between positive and negative effects of increased feed intake during gestation taking also into account the welfare and nutritional aspects. Alternative strategies could consist of allowing sows to recover from lactational catabolic status by delaying post-weaning insemination. This can be achieved by inseminating sows at the second oestrus after weaning (Clowes et al., 1994) or delaying the first post-weaning oestrus by administration of a progestagen (Patterson et al., 2008). Consequences of such strategies on litter and newborn characteristics need to be investigated. Finally, sows’ appetite could be taken into account in genetic selection.

Mineral needs for foetal growth and milk production in highly prolific females. Mineral requirements are very high for milk production that increases with litter size. In pigs, milk production can be estimated from litter growth and it is possible to calculate mineral needs according to that parameter (Table 3). Diets for lactating sows are formulated to meet mineral and vitamin requirements, but in highly productive sows, mineral demand may exceed mineral retention from feed if feed intake is not sufficient. When mineral demand for milk production exceeds mineral retention from feed, sows have to mobilize bone mineral stores (Mahan, 1990; Jondreville and Dourmad, 2005). Taking the example of phosphorus, it was calculated that 1% to 22% of the initial bone store is mobilized during a 4-week lactation, when average lactational feed intake decreases from 6 to 4 kg/day (Table 3). Negative balance is not expected for vitamins, but due to a lack of available
information, it is not possible to ascertain that intake is always sufficient to optimize performance and health in lactating sows with a high productive level (reviewed by Matte et al., 2009).

Mobilization of mineral stores from bones increases the risk of fractures and hence of lameness, pain and culling. The identification of the problem is based on the monitoring of severe lameness in herds and of bone fractures at slaughterhouses. Solutions are based on balanced diets for minerals and vitamins and on any measure to stimulate the appetite of lactating sows (c.f. Energy and protein demands for milk production). In addition, cross fostering is a good tool to limit excessive milk production and hence mineral deficit (c.f. Energy and protein demands for milk production).

Challenging situations and consequences regarding the offspring

In large litters, competition among pigs for space and/or nutrients might be severe both during foetal life and after birth. With the increase in litter size, longer farrowing duration could be expected. However, to our knowledge, there are no data supporting this hypothesis that will not be examined further in the present paper.

Foetal demand for space and nutrients. In utero development and survival have been extensively investigated in the 1970s and 1980s, in sows that were moderately prolific compared with modern ones. It was established that a major wave of mortality occurs around implantation of embryos (20% to 40% of loss) followed by moderate mortality (5% to 10%) in late gestation (reviewed by Ashworth and Pickard, 1998). Uterine space available to each embryo before 25 or 30 days of gestation has little influence on embryonic survival, as demonstrated by experiments of ova or embryo transfer. For example, embryonic survival was similar in sows receiving 24 or only 12 embryos (Pope et al., 1972). Consistently, embryonic mortality seems not to be markedly increased in modern genotypes exhibiting high ovulation rates. A mean mortality of 40% was reported by day 25 of gestation in sows exhibiting 23 or 26 ovulations on average (Vonnahme et al., 2002; Town et al., 2005). Good embryonic survival (85%) was also observed in gilts, resulting in 17 live embryos in the uterus at day 27 of gestation (Quesnel et al., 2009).

The increased number of conceptuses surviving the embryonic period results in uterine crowding around day 30. As a consequence, a second wave of mortality occurs in the post-implantation period, between days 25 and 55 of gestation, in highly prolific sows (Vonnahme et al., 2002; Town et al., 2005). This mortality occurs when placental development has started. Excessive, and even moderate, uterine crowding in the post-implantation period has also been shown to impair placental development and induce extreme in utero growth retardation, as evidenced by disproportionate changes in organ development (Town et al., 2005; Tse et al., 2008). Although uterine blood flow has been shown to increase with the number of foetuses, blood flow per foetus, and thus nutrient availability decreases when litter size increases (Père and Etienne, 2000, Figure 2). Consequently, foetuses and piglets at birth are lighter in large than in small litters. This was further supported by recent studies on newborn piglets from pure LW or crossbred LR × LW sows showing that the proportion of light piglets (<1 kg) increases, whereas that of heavy piglets (>1.6 kg) decreases when litter size increases (Figure 3, Quesnel et al., 2008). Consistently, genetic improvement of prolificacy over 10 years resulted in a 5% to 10% decrease in mean birth weight. Using frozen semen from LW boars born either in 1977 or in 1998, genetic changes in piglet characteristics at birth accompanying selection for prolificacy were examined (Canario et al., 2007a and 2007b). Data showed an increase over time in individual birth weight when it was adjusted on litter size but a trend for delayed maturity at birth as

<table>
<thead>
<tr>
<th>Litter growth rate (g/day)</th>
<th>2000</th>
<th>2500</th>
<th>3000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirements in digestible P for maintenance (g/day)</td>
<td>2.0</td>
<td>2.0</td>
<td>2.0</td>
</tr>
<tr>
<td>Requirements in digestible P for milk production (g/day)</td>
<td>10.8</td>
<td>13.5</td>
<td>16.2</td>
</tr>
<tr>
<td>Bone demineralization</td>
<td>% of initial store for 4 kg feed intake/day</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td>% of initial store for 5 kg feed intake/day</td>
<td>2</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>% of initial store for 6 kg feed intake/day</td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 3 Influence of litter growth during lactation on mineral demand and bone demineralization in sows fed with a standard diet using the example of phosphorus (Jondreville and Dourmad, 2005)

![Figure 2](https://via.placeholder.com/150)

Figure 2 Influence of the litter size in the uterine horn at 112 days of gestation on the overall blood flow per uterine horn and on the average blood flow per foetus (Père and Etienne, 2000)
indicated by a lower percentage of dry matter and lower concentrations of plasma IGF-I and albumin. Therefore, improvement on prolificacy was obtained at the expense of other traits.

**Piglet demand for colostrum and milk.** Although milk yield has not been included among selection criteria, the genetic ability to milk production has been improved together with the increase in sow prolificacy (reviewed by Etienne et al., 2000). Regarding colostrum production, to our knowledge, the influence of selection during the last decades is not known.

Colostrum production does not increase with litter size and its availability per piglet decreases when litter size increases (Devillers et al., 2007, Figure 4). It can be calculated that colostrum intake per piglet decreases by 20 g on an average for each additional piglet in the litter. Unlike colostrum production, milk yield has been well demonstrated to increase with litter size and litter weight (Auldist et al., 1998; Nielsen et al., 2002). However, the increase being not proportional to the number of piglets, each piglet has less milk available in large than in small litters. To summarize, because of increased competition among foetuses and nursed piglets, high prolificacy is associated with greater risks for low birth weight, low colostrum intake and low milk intake. Consequences regarding piglet health and welfare are numerous. Colostrum consumption is essential for piglet survival because energy stores and immune protection of the newborn piglet are poor, and because newborn piglets have high energy needs for thermoregulation, growth and physical activity (reviewed by Le Dividich et al., 2005). Light piglets have been shown to consume less colostrum than their heavier littersmates, because they are generally less vigorous and less able to compete for teat access (Devillers et al., 2007). As a consequence, mortality rate until weaning reaches 25% in piglets weighing <1 kg at birth, whereas it is only 5% in piglets weighing at least 1.6 kg (Roehre and Kalm, 2000; Quiniou et al., 2002). Difficulties of light piglets are exacerbated in large litters especially when they have to compete with heavy piglets (Milligan et al., 2002). Besides this ultimate consequence, low colostrum consumption can impact piglet health and welfare before and after weaning. It increases piglet susceptibility to diseases, because of low immunoglobulin intake, and problems at weaning related to impaired development of the gastrointestinal tract. Furthermore, low colostrum and milk consumption is associated with hunger, thirst and coldness because of feed nutrient and water intake. Competition for teats in order to get milk induces agonistic behaviour between piglets that may result in skin lesions as shown by more lesions when litter size increases and when growth rate decreases (Norring et al., 2006). Moreover, fighting piglets may disturb the sow, which will become more prone to terminate nursing sessions and hence will exacerbate the problems.

Problems related to poor welfare and health of piglets must be detected at birth and in early lactation in order to develop strategies to alleviate them and limit detrimental consequences. Problems can be predicted from several criteria at birth, such as long farrowing process, light piglets and large litter size. During lactation, piglets must be observed for skin lesions, poor hair-coat, agonistic or isolation behaviour, occurrence of diarrhoea and low weight gain. Above all, mortality rate of piglets must be registered. Strategies that can be implemented at farm level will aim at controlling litter size, on the one hand, and at providing extra feeding, on the other hand. Light piglets can be provided by energy rich pastes or by preserved colostrum. This latter solution is probably more efficient as colostrum provides energy but also immunoglobulins and growth factors. However, it is also more time consuming because of colostrum collection and bottle-feeding. Litter size must not exceed the number of functional teats of the dam (from 14 and 16) and standardized by cross fostering within 48 h after birth. Supernumerary piglets must
be adopted by a nurse (Boulot et al., 2008). Weaning before 21 days of age may be recommended but again the welfare aspects of early weaning should be considered (c.f. Challenges at weaning). During lactation, piglets can be provided by good quality creep feed and should have free access to water.

Other strategies, especially those related to sow nutrition during gestation and genetic selection, are subjected to extensive research. Increasing feed or energy supply to the sow during the last days of gestation slightly improved piglet vitality or weight at birth, but had no consequence on survival rate until weaning (Quiniou, 2005; Papadopoulos et al., 2009). Providing diets rich in unsaturated fatty acids n-3 to the dam would alter piglet fat composition and reduce piglet mortality by 1.5% until weaning at 5 weeks of age (Rooke et al., 2001).

Regarding selection, piglet health and welfare could be improved by taking into account overall maternal quality, including nursing behaviour and colostrum and milk production. In Europe, several projects have aimed at determining improved by taking into account overall maternal quality, not only during a single phase of the whole life of the animals, not only during a single phase of the animals, but also during their whole life regarding performance, health and welfare should be evaluated.

**Conclusion**

Present review of the literature indicates that high physiological demands of modern types of pigs in intensive piggeries are likely to induce health and welfare problems. However, the frequency and intensity of the problems can be limited by good housing and management, appropriate diets and a good control of genetics. However, when selecting for a given trait, possible consequences on other traits should be taken into account in order to avoid deterioration on any other trait, especially those related to health and welfare. Moreover, it is important to evaluate the effects of selection during the whole life of the animals, not only during a single phase of their life. Similarly, before implementing any change in management and housing at one stage, possible consequences during the whole life of the animals regarding performance, health and welfare should be evaluated.

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**References**


