

Sociolinguistic Diversity Can Boost Cognitive Functions

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INTRODUCTION

- Luk & Bialystok (2013): Bi-/Multilingualism is a multidimensional construct that involves many factors and thus cannot be treated as a categorical variable
- Major problem in the field: variation in multilingual population is often oversimplified or simply ignored
- Linguistic diversity is unavoidable when multiple languages exist and interact
- Bice & Kroll (2019): monolinguals in a diverse linguistic context showed distinct brain activations from monolinguals in a unilingual context
- Tsimpli et al. (2020): sociolinguistic diversity can enhance cognitive performance for disadvantaged school children

RESEARCH QUESTIONS

- Is there a variation in sociolinguistic diversity context within a multilingual population?
- Is sociolinguistic diversity associated with executive functions?

METHODS & MATERIALS

PARTICIPANTS

127 healthy adults from Malaysia

- 86% self-rated as multilingual, 13% bilingual, 1% monolingual
- 23 languages and dialects reported
- 51% reported English as their most proficient language, 39% Mandarin Chinese

PROCEDURE

Online experiment via Gorilla:

- **Contextual Linguistic Profile** Questionnaire (CLiP-Q, Wigdorowitz et al., 2020) includes CILD (contextual and individual linguistic diversity) measure for sociolinguistic diversity
- Flanker task (inhibitory control)
- **Set-shifting task** (colour-shape task switch)
- 2-back task (updating skills and working memory)

DATA ANALYSIS

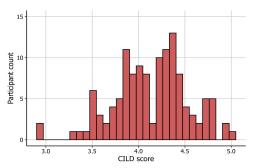
Multiple linear regression models

- CILD score, SES, age
- DV: Flanker – interference effect (accuracy and reaction times) Set-shifting – mixing cost and shifting cost (accuracy and reaction times) N-back – A-prime score (accuracy/hit rate and false alarm rate)

RESULTS

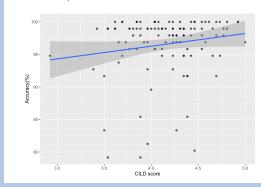
SOCIOLINGUISTIC DIVERSITY CONTEXT

- Mean CILD score = 4.14 (SD = 0.40)
- Relatively high sociolinguistic diversity context in Malaysia (compared to 3.86 for South Africa and 2.59 for the UK: Wigdorowitz et al., 2020)
- The population varied in CILD scores, although almost all of them were bi/multilinguals
- Multilingual experience is not homogeneous



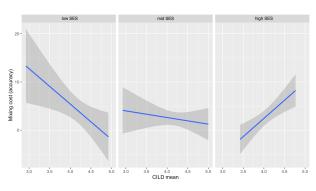
FLANKER TASK

- Marginally significant effect of CILD (β = 0.17, p = 0.069) for overall task accuracy
- Significant negative correlation (B = -15.15, p < 0.05) between CILD and interference effect



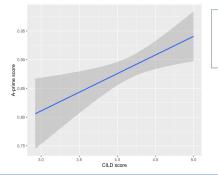
SET-SHIFTING TASK

- No significant effects for switching costs, only significant effects for mixing costs
- Main effect of CILD ($\beta = -0.16$, p < 0.05), SES ($\beta = -0.09$, p < 0.05), and significant interaction between CILD and SES ($\beta = 0.18$, p < 0.05)
- Low SES group: significant negative correlation between CILD and mixing cost ($\beta = -0.43$, p < 0.05)
- High SES group: significant positive correlation between CILD and mixing cost (β = 0.75, p < 0.01)



N-BACK TASK

• Main effect of CILD (β = 0.25, p < 0.01) for A-prime score



A-prime score of 1 indicates perfect discriminability;

0.5 indicates chance

performance

CONCLUSIONS

- Sociolinguistic diversity improved cognitive performance in the Flanker and 2-back tasks. reflecting exceptional interference suppression and updating skills
- Low SES participants who are typically disadvantaged in cognitive control also benefited from a more diverse linguistic context displayed by reduced mixing cost and better accuracy in the set-shifting task
- According to Miyake & Friedman (2012)'s model: linguistic **diversity advantage** for inhibitory control and common EF, and updating-specific ability
- Being exposed to diverse languages across social contexts requires the need to inhibit nontarget language information and maintain different linguistic representations in memory

Bice, K., & Kroll, J. F. (2019). English only? Monolinguals in linguistically diverse contexts have an edge in language learning Brain and Language, 196(December 2018), 104644. Luk, G., & Bialystok, E. (2013), Bilingualism is not a categorical variable: Interaction between language proficiency and usage. Journal of Cognitive Psychology, 25(5), 605-621. Miyake, A., & Friedman, N. P. (2012). The nature and organization of individual differences in executive functions: Four general conclusions. Current Directions in Psychological Science, 21(1). Tsimpli, I. M., Vogelzang, M., Balasubramanian, A., Marinis, T., Alladi, S., Reddy, A., & Panda, M. (2020). Linguistic Diversity, Multilingualism, and Cognitive Skills: A Study of Disadvantaged Children in India, Languages, 5(1) Wigdorowitz, M., Pérez, A. I., & Tsimpli, I. M. (2020), A holistic measure of contextual and individual linguistic diversity. International Journal of Multilinaualism, 0(0), 1-19.

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