Chapter 9 Reflective practice and theory

Useful websites and resources

[Critical reflection and analysis – The British Association of Social Workers (BASW)](https://www.basw.co.uk/professional-development/professional-capabilities-framework-pcf/the-pcf/social-worker/critical-reflection-and-analysis)

The BASW is the professional membership organisation for social workers in the United Kingdom. The BASW Professional Capabilities Framework outlines nine core capabilities that social workers should demonstrate in their professional practice. The sixth capability, critical reflection and analysis, highlights the profession’s commitment to evidence-based and critically reflective practice in diverse and complex contexts.

Online readings

[‘The meaning and value of supervision in social work field education’ – Melissa Ketner, Dianna Cooper-Bolinskey Diane VanCleave](https://fieldeducator.simmons.edu/article/the-meaning-and-value-of-supervision-in-social-work-field-education/)

This article in *Field Scholar* discusses the role and importance of supervision for social work students on field placement by highlighting the perspectives of both field educators and students. Supervision serves an important function in social work education by enabling students to process and critically reflect on their field experience as well as the strengths and weaknesses that they demonstrate.

Multimedia links

[The journey from reflection towards reflexivity – Siobhan Maclean [YouTube]](https://www.youtube.com/watch?v=6UxggX6M1eg)

In this video Siobhan Maclean, an experienced social worker, educator and author, discusses the differences between reflection, critical reflection and reflexivity. The move from reflection to reflexivity requires the ability to engage in a circularity of self-awareness to understand both the impact that we have on the situation and the impact that the situation has on us.

[‘The importance of social work supervision and supervision training’ – Better Care Network](https://bettercarenetwork.org/library/social-welfare-systems/social-service-workforce-strengthening/the-importance-of-social-work-supervision-and-supervision-training)

In this video, Leang Lo from Save the Children Cambodia introduces the Social Work Supervision Training Program to the Family Care First network. Lo highlights the important role and functions of supervision in supporting social workers with capacity building, problem-solving and vicarious trauma. Lo also discusses some key enablers and challenges to effective supervision at the relational and organisational level.